

Pl	tnr	Name	Zeit													
DHM Herren (22)			8,3 km 320 Hm		21 P											
			1(33)	2(54)	3(34)	4(35)	5(36)	6(31)	7(32)	8(37)	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)
			15(44)	16(43)	17(49)	18(61)	19(41)	20(63)	21(42)	Ziel						
1	Ole Hensseler WG Göttingen	56:20	1:50	6:59	7:50	10:59	11:59	13:45	24:15	24:46	27:03	28:42	29:33	35:41	36:34	38:35
			1:50	5:09	0:51	3:09	1:00	1:46	10:30	0:31	2:17	1:39	0:51	6:08	0:53	2:01
			42:34	45:49	47:17	49:43	52:38	53:54	55:20	56:20						
			3:59	3:15	1:28	2:26	2:55	1:16	1:26	1:00						
2	Bjarne Friedrichs WG Heidelberg	1:00:14	1:55	7:56	8:52	11:45	12:57	15:02	27:03	27:34	29:54	31:21	32:05	38:23	39:14	41:15
			1:55	6:01	0:56	2:53	1:12	2:05	12:01	0:31	2:20	1:27	0:44	6:18	0:51	2:01
			45:32	48:50	50:30	53:15	56:19	57:40	59:14	1:00:14						
			4:17	3:18	1:40	2:45	3:04	1:21	1:34	1:00						
3	Cedrik Klein HTW Dresden	1:05:23	2:12	7:46	9:17	12:08	13:25	15:16	27:49	28:23	31:59	33:48	34:32	40:39	41:48	44:13
			2:12	5:34	1:31	2:51	1:17	1:51	12:33	0:34	3:36	1:49	0:44	6:07	1:09	2:25
			48:52	52:43	54:19	57:24	1:01:02	1:02:25	1:04:23	1:05:23						
			4:39	3:51	1:36	3:05	3:38	1:23	1:58	1:00						
4	Matti Bruns WG Göttingen	1:06:08	1:56	7:46	8:43	11:44	13:07	14:46	27:00	27:34	31:00	32:41	33:36	40:34	41:47	44:15
			1:56	5:50	0:57	3:01	1:23	1:39	12:14	0:34	3:26	1:41	0:55	6:58	1:13	2:28
			48:55	53:05	54:52	58:15	1:01:10	1:02:58	1:04:46	1:06:08						
			4:40	4:10	1:47	3:23	2:55	1:48	1:48	1:22						
5	Tilo Pompe Uni Leipzig	1:14:26	2:02	8:01	9:14	13:06	14:28	16:18	30:33	31:08	33:57	35:56	36:51	45:05	46:10	48:31
			2:02	5:59	1:13	3:52	1:22	1:50	14:15	0:35	2:49	1:59	0:55	8:14	1:05	2:21
			54:22	59:24	1:01:20	1:04:45	1:08:34	1:10:25	1:13:04	1:14:26						
			5:51	5:02	1:56	3:25	3:49	1:51	2:39	1:22						
6	Joris Hochstetter WG Jena	1:14:41	2:18	8:25	9:43	13:18	14:36	17:00	35:21	36:02	39:07	40:51	41:41	49:02	50:13	52:24
			2:18	6:07	1:18	3:35	1:18	2:24	18:21	0:41	3:05	1:44	0:50	7:21	1:11	2:11
			57:14	1:00:40	1:02:14	1:05:03	1:09:09	1:11:05	1:13:26	1:14:41						
			4:50	3:26	1:34	2:49	4:06	1:56	2:21	1:15						
7	Karol Kielb TU Dresden	1:19:28	2:12	9:08	10:19	13:58	15:19	17:22	30:52	31:31	36:25	38:15	39:01	46:56	48:10	50:31
			2:12	6:56	1:11	3:39	1:21	2:03	13:30	0:39	4:54	1:50	0:46	7:55	1:14	2:21
			57:05	1:01:24	1:03:14	1:08:53	1:13:33	1:15:51	1:18:23	1:19:28						
			6:34	4:19	1:50	5:39	4:40	2:18	2:32	1:05						
8	Anton Hohlfeld TU Dresden	1:22:18	2:12	8:59	10:13	13:52	15:35	19:02	34:28	35:06	38:31	40:40	41:53	51:21	52:42	55:21
			2:12	6:47	1:14	3:39	1:43	3:27	15:26	0:38	3:25	2:09	1:13	9:28	1:21	2:39
			1:01:52	1:07:03	1:09:01	1:12:54	1:17:19	1:19:14	1:21:14	1:22:18						
			6:31	5:11	1:58	3:53	4:25	1:55	2:00	1:04						
9	Robin Compeyron WG München	1:29:12	3:20	9:58	11:22	14:57	17:21	20:04	37:11	38:09	43:21	45:28	46:27	54:49	56:00	58:41
			3:20	6:38	1:24	3:35	2:24	2:43	17:07	0:58	5:12	2:07	0:59	8:22	1:11	2:41
			1:08:22	1:13:11	1:15:20	1:19:27	1:23:56	1:25:58	1:28:15	1:29:12						
			9:41	4:49	2:09	4:07	4:29	2:02	2:17	0:57						
10	Timon Lorenz WG Regensburg	1:31:25	2:38	9:08	10:07	13:21	14:47	16:47	32:00	32:45	36:26	38:32	39:34	48:03	49:45	53:37
			2:38	6:30	0:59	3:14	1:26	2:00	15:13	0:45	3:41	2:06	1:02	8:29	1:42	3:52
			1:01:46	1:08:52	1:12:25	1:18:36	1:23:22	1:26:56	1:30:10	1:31:25						
			8:09	7:06	3:33	6:11	4:46	3:34	3:14	1:15						
11	Marek Klein TU Dresden	1:33:40	2:45	11:03	12:12	16:02	17:24	19:30	37:52	38:38	42:54	45:25	46:38	57:20	58:57	1:02:14
			2:45	8:18	1:09	3:50	1:22	2:06	18:22	0:46	4:16	2:31	1:13	10:42	1:37	3:17
			1:09:25	1:14:59	1:17:22	1:21:43	1:26:19	1:29:20	1:32:07	1:33:40						
			7:11	5:34	2:23	4:21	4:36	3:01	2:47	1:33						
12	Nils Peters TU Dresden	1:38:50	3:37	27:26	28:33	31:50	33:16	35:15	49:16	49:59	54:12	56:08	56:56	1:05:46	1:07:02	1:09:30
			3:37	23:49	1:07	3:17	1:26	1:59	14:01	0:43	4:13	1:56	0:48	8:50	1:16	2:28
			1:17:21	1:22:37	1:25:00	1:29:24	1:34:06	1:35:32	1:37:30	1:38:50						
			7:51	5:16	2:23	4:24	4:42	1:26	1:58	1:20						
13	Maxime Flandrin WG München	1:40:02	8:42	17:29	19:07	23:47	25:27	28:44	43:37	44:30	49:24	51:38	52:37	1:00:52	1:02:14	1:05:10
			8:42	8:47	1:38	4:40	1:40	3:17	14:53	0:53	4:54	2:14	0:59	8:15	1:22	2:56
			1:11:54	1:16:57	1:22:12	1:26:42	1:32:55	1:35:43	1:38:49	1:40:02						
			6:44	5:03	5:15	4:30	6:13	2:48	3:06	1:13						

Pl	tnr	Name	Zeit														
DHM Pokal A (1)			6,3 km 220 Hm 19 P														
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)	
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel									
1		Torsten Kaufmann TU Dresden	1:21:51	1:57	4:28	8:42	10:19	16:52	19:12	20:38	37:19	38:35	41:48	47:22	50:11	51:37	57:19
				1:57	2:31	4:14	1:37	6:33	2:20	1:26	16:41	1:16	3:13	5:34	2:49	1:26	5:42
			1:01:44	1:07:48	1:12:48	1:16:15	1:20:21	1:21:51									
			4:25	6:04	5:00	3:27	4:06	1:30									
DHM Pokal B (2)			3,5 km 11 P														
			1(64)	2(60)	3(59)	4(46)	5(58)	6(70)	7(76)	8(66)	9(72)	10(74)	11(75)	Ziel			
1		Hanna Czerlinski WG Göttingen	38:21	2:58	9:50	15:16	18:56	22:04	25:07	28:29	31:04	33:19	35:16	37:15	38:21		
				2:58	6:52	5:26	3:40	3:08	3:03	3:22	2:35	2:15	1:57	1:59	1:06		
2		Franka Dietze WG Göttingen	40:13	2:19	8:16	12:19	16:34	19:37	24:44	29:26	31:58	35:26	37:16	39:13	40:13		
				2:19	5:57	4:03	4:15	3:03	5:07	4:42	2:32	3:28	1:50	1:57	1:00		
H18/20Q (12)			8,3 km 320 Hm 21 P														
			1(33)	2(54)	3(34)	4(35)	5(36)	6(31)	7(32)	8(37)	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)	
			15(44)	16(43)	17(49)	18(61)	19(41)	20(63)	21(42)	Ziel							
1		Martin Scheuerman LTV Sachsen	1:00:25	1:50	7:30	8:31	11:19	12:23	14:05	26:26	26:55	29:13	30:34	31:17	37:17	38:14	40:20
				1:50	5:40	1:01	2:48	1:04	1:42	12:21	0:29	2:18	1:21	0:43	6:00	0:57	2:06
			44:49	48:35	50:10	52:38	55:57	57:31	59:23	1:00:25							
			4:29	3:46	1:35	2:28	3:19	1:34	1:52	1:02							
2		Konrad Stamer Preetzer TSV	1:03:06	2:16	8:24	9:29	12:33	13:41	15:26	26:49	27:22	29:49	31:20	32:02	38:15	39:17	41:23
				2:16	6:08	1:05	3:04	1:08	1:45	11:23	0:33	2:27	1:31	0:42	6:13	1:02	2:06
			46:23	50:22	52:13	55:05	58:31	59:58	1:02:01	1:03:06							
			5:00	3:59	1:51	2:52	3:26	1:27	2:03	1:05							
3		Marek Pompe LTV Sachsen	1:07:02	2:34	8:17	9:15	11:54	13:00	15:00	28:00	28:34	31:13	32:40	33:23	40:29	41:27	43:28
				2:34	5:43	0:58	2:39	1:06	2:00	13:00	0:34	2:39	1:27	0:43	7:06	0:58	2:01
			49:05	52:52	55:58	58:38	1:01:41	1:03:06	1:05:55	1:07:02							
			5:37	3:47	3:06	2:40	3:03	1:25	2:49	1:07							
4		Anton Silier Preetzer TSV	1:09:22	2:13	8:13	9:11	11:57	13:10	15:02	27:58	28:33	30:57	32:31	33:18	42:18	43:23	45:21
				2:13	6:00	0:58	2:46	1:13	1:52	12:56	0:35	2:24	1:34	0:47	9:00	1:05	1:58
			50:17	54:11	56:50	59:40	1:03:37	1:05:33	1:08:12	1:09:22							
			4:56	3:54	2:39	2:50	3:57	1:56	2:39	1:10							
5		Marek Siegert LTV Sachsen	1:12:37	2:17	10:04	11:04	14:07	15:26	17:12	30:26	31:04	33:53	35:29	36:22	45:13	46:19	48:13
				2:17	7:47	1:00	3:03	1:19	1:46	13:14	0:38	2:49	1:36	0:53	8:51	1:06	1:54
			53:30	57:57	1:01:17	1:04:21	1:07:54	1:09:41	1:11:36	1:12:37							
			5:17	4:27	3:20	3:04	3:33	1:47	1:55	1:01							
6		Carlo Wengler Berliner Turnerscha	1:15:21	2:41	9:01	9:54	12:52	14:09	16:13	29:47	30:18	33:11	34:34	35:25	41:41	42:45	44:45
				2:41	6:20	0:53	2:58	1:17	2:04	13:34	0:31	2:53	1:23	0:51	6:16	1:04	2:00
			53:34	57:23	59:10	1:07:07	1:11:04	1:12:30	1:14:21	1:15:21			1:14:22				
			8:49	3:49	1:47	7:57	3:57	1:26	1:51	1:00			*42				
7		Till Geiler USV Jena	1:15:27	2:40	8:51	10:20	13:25	14:46	17:01	29:25	30:09	33:34	35:34	36:26	44:34	46:01	48:18
				2:40	6:11	1:29	3:05	1:21	2:15	12:24	0:44	3:25	2:00	0:52	8:08	1:27	2:17
			54:08	1:00:54	1:02:47	1:06:23	1:10:29	1:12:15	1:14:13	1:15:27							
			5:50	6:46	1:53	3:36	4:06	1:46	1:58	1:14							
8		Malte Borrmann LTV Sachsen	1:16:50	2:40	9:46	10:53	13:55	15:21	17:58	34:24	35:05	38:30	40:35	41:27	48:43	49:51	52:12
				2:40	7:06	1:07	3:02	1:26	2:37	16:26	0:41	3:25	2:05	0:52	7:16	1:08	2:21
			58:02	1:02:25	1:04:12	1:07:15	1:11:43	1:13:43	1:15:40	1:16:50							
			5:50	4:23	1:47	3:03	4:28	2:00	1:57	1:10							
9		Tom Buchholz MTK Bad Harzburg	1:20:05	2:42	9:15	10:25	13:41	15:06	17:05	32:06	32:42	36:28	38:34	39:31	46:43	47:50	50:35
				2:42	6:33	1:10	3:16	1:25	1:59	15:01	0:36	3:46	2:06	0:57	7:12	1:07	2:45
			56:54	1:05:27	1:07:03	1:10:47	1:15:10	1:16:48	1:18:47	1:20:05							
			6:19	8:33	1:36	3:44	4:23	1:38	1:59	1:18							

Pl	tnr	Name	Zeit																		
H16Q (7)			6,3 km 220 Hm		19 P																
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)					
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel													
1		Jakob Oechler OLV Landshut	54:46	1:38	3:13	6:21	7:26	11:22	13:07	14:12	26:17	27:13	29:14	32:16	34:23	35:16	39:01				
				1:38	1:35	3:08	1:05	3:56	1:45	1:05	12:05	0:56	2:01	3:02	2:07	0:53	3:45				
				41:41	45:42	50:13	51:49	53:39	54:46												
				2:40	4:01	4:31	1:36	1:50	1:07												
2		David Saupe LTV Sachsen	56:31	1:58	4:01	8:22	9:49	13:58	15:25	16:18	27:13	27:55	30:04	32:37	34:08	35:08	40:04				
				1:58	2:03	4:21	1:27	4:09	1:27	0:53	10:55	0:42	2:09	2:33	1:31	1:00	4:56				
				43:38	47:34	51:06	52:56	55:25	56:31												
				3:34	3:56	3:32	1:50	2:29	1:06												
3		Ole Magnus Baath TSV Jetzendorf	57:34	1:40	3:21	6:29	7:35	11:53	13:28	14:32	28:12	29:14	31:31	34:41	36:23	37:26	41:19				
				1:40	1:41	3:08	1:06	4:18	1:35	1:04	13:40	1:02	2:17	3:10	1:42	1:03	3:53				
				44:32	47:50	52:00	53:55	56:25	57:34												
				3:13	3:18	4:10	1:55	2:30	1:09												
4		Loic Dequiedt LTV Sachsen	1:00:08	1:42	4:09	7:45	9:14	13:25	15:39	17:16	30:24	31:27	33:30	38:06	40:20	41:17	44:47				
				1:42	2:27	3:36	1:29	4:11	2:14	1:37	13:08	1:03	2:03	4:36	2:14	0:57	3:30				
				47:23	50:59	54:25	56:42	58:56	1:00:08												
				2:36	3:36	3:26	2:17	2:14	1:12												
5		Florian Weinert LTV Sachsen	1:04:00	1:43	5:54	10:21	11:25	16:20	18:02	19:39	32:45	34:09	36:59	40:12	42:42	43:42	48:07				
				1:43	4:11	4:27	1:04	4:55	1:42	1:37	13:06	1:24	2:50	3:13	2:30	1:00	4:25				
				51:04	54:19	58:59	1:00:54	1:02:56	1:04:00												
				2:57	3:15	4:40	1:55	2:02	1:04												
6		Vincent Kunckel LTV Sachsen	1:06:43	1:48	3:32	7:05	8:32	13:18	15:28	16:26	30:45	31:47	34:31	37:31	39:58	41:04	49:06				
				1:48	1:44	3:33	1:27	4:46	2:10	0:58	14:19	1:02	2:44	3:00	2:27	1:06	8:02				
				52:16	56:29	1:00:54	1:02:42	1:05:32	1:06:43												
				3:10	4:13	4:25	1:48	2:50	1:11												
		Till Buchberger MTV Seesen	Fehlst	1:32	3:13	6:17	----	10:55	12:15	13:09	24:12	25:03	27:03	29:36	31:14	32:13	35:51				
				1:32	1:41	3:04		4:38	1:20	0:54	11:03	0:51	2:00	2:33	1:38	0:59	3:38				
				38:29	44:26	47:53	49:51	51:51	53:01												
				2:38	5:57	3:27	1:58	2:00	1:10												
D16Q (8)			4,8 km		15 P																
			1(69)	2(65)	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)					
			15(75)	Ziel																	
1		Jule Roßner LTV Sachsen	47:54	1:47	3:49	9:34	11:12	19:30	20:51	23:21	24:29	28:12	30:53	40:03	41:24	43:16	44:41				
				1:47	2:02	5:45	1:38	8:18	1:21	2:30	1:08	3:43	2:41	9:10	1:21	1:52	1:25				
				46:58	47:54																
				2:17	0:56																
2		Anne Kästner TV Oberbexbach	47:57	2:02	4:03	11:01	12:43	20:41	21:50	24:34	25:36	28:19	30:40	37:08	38:10	42:42	44:23				
				2:02	2:01	6:58	1:42	7:58	1:09	2:44	1:02	2:43	2:21	6:28	1:02	4:32	1:41				
				46:59	47:57																
				2:36	0:58																
3		Annika Stamer Preetzer TSV	48:45	1:47	4:26	9:22	11:06	18:19	19:39	22:22	23:23	26:26	31:52	39:11	40:06	43:14	45:06				
				1:47	2:39	4:56	1:44	7:13	1:20	2:43	1:01	3:03	5:26	7:19	0:55	3:08	1:52				
				47:40	48:45																
				2:34	1:05																
4		Stanja Lindig LTV Sachsen	50:19	2:16	4:22	13:24	14:59	24:05	25:22	28:14	29:29	32:30	34:45	41:49	42:42	44:57	46:50				
				2:16	2:06	9:02	1:35	9:06	1:17	2:52	1:15	3:01	2:15	7:04	0:53	2:15	1:53				
				49:21	50:19																
				2:31	0:58																

Pl	tnr	Name	Zeit														
D16Q (8)			4,8 km	15 P	<i>(Forts.)</i>												
			1(69) 15(75)	2(65) Ziel	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)	
5		Lone Constanze Po LTV Sachsen	51:06	2:09 4:21 50:10 2:30	4:21 2:12 51:06 0:56	11:20 6:59	13:18 1:58	22:02 8:44	24:02 2:00	26:49 2:47	27:57 1:08	31:22 3:25	33:48 2:26	40:22 6:34	41:13 0:51	45:46 4:33	47:40 1:54
6		Marlene Fritz OL-Team Filder	51:30	1:55 1:55 50:32 2:34	3:59 2:04 51:30 0:58	9:16 5:17	11:00 1:44	20:05 9:05	21:25 1:20	24:02 2:37	25:18 1:16	27:43 2:25	34:31 6:48	41:27 6:56	42:30 1:03	45:41 3:11	47:58 2:17
7		Julia Fritz OL-Team Filder	56:19	2:02 2:02 55:16 2:57	3:58 1:56 56:19 1:03	12:21 8:23	15:31 3:10	25:29 9:58	27:00 1:31	29:53 2:53	31:07 1:14	33:41 2:34	40:44 7:03	47:20 6:36	48:20 1:00	50:14 1:54	52:19 2:05
		Anna Mühlstädt LTV Sachsen	N Ang														
H19L (10)			8,3 km	320 Hm	21 P												
			1(33) 15(44)	2(54) 16(43)	3(34) 17(49)	4(35) 18(61)	5(36) 19(41)	6(31) 20(63)	7(32) 21(42)	8(37) Ziel	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)	
1		Markus Müller OSC Kassel	1:08:33	2:36 2:36 49:53 4:58	9:33 6:57 53:50 3:57	10:37 1:04 55:52 2:02	13:44 3:07 59:13 3:21	15:28 1:44 1:03:22 4:09	17:24 1:56 1:05:19 1:57	28:55 11:31 1:07:23 2:04	29:44 0:49	32:34 2:50	34:34 2:00	36:02 1:28	42:07 6:05	43:04 0:57	44:55 1:51
2		Karsten Leideck LTV Sachsen	1:10:58	1:50 6:14	8:04 6:14	9:17 1:13	13:17 4:00	14:31 1:14	16:18 1:47	29:15 12:57	29:51 0:36	32:36 2:45	34:29 1:53	35:22 0:53	42:20 6:58	43:35 1:15	45:49 2:14
3		Sergei Roskop Braunschweiger MT	1:24:56	2:47 2:47 1:01:28 5:41	12:13 9:26 1:08:42 7:14	14:18 2:05 1:10:51 2:09	17:26 3:08 1:14:05 3:14	18:47 1:21 1:17:59 4:14	21:14 2:27 1:20:50 3:54	34:50 13:36 1:23:31 2:51	35:31 0:41	38:59 3:28	41:25 2:26	44:36 3:11	52:05 7:29	53:14 1:09	55:47 2:33
4		Aaron Wandelt MTV Seesen	1:26:15	3:15 3:15 1:03:19 6:24	10:49 7:34 1:08:36 5:17	12:19 1:30 1:10:46 2:10	18:18 5:59 1:15:00 4:14	20:02 1:44 1:20:04 5:04	22:16 2:14 1:22:33 2:29	37:46 15:30 1:24:56 2:23	38:36 0:50	42:33 3:57	44:38 2:05	45:42 1:04	53:13 7:31	54:23 1:10	56:55 2:32
5		Nilas Stamer MTK Bad Harzburg	1:35:01	3:39 3:39 1:12:42 7:39	11:47 8:08 1:18:22 5:40	13:24 1:37 1:20:36 2:14	18:03 4:39 1:24:38 4:02	19:43 1:40 1:28:52 4:14	22:29 2:46 1:31:16 2:24	38:59 16:30 1:33:52 2:36	39:44 0:45	46:39 6:55	49:03 2:24	50:19 1:16	1:01:02 10:43	1:02:17 1:15	1:05:03 2:46
6		Fabian Ulbrich OLV Uslar	1:35:41	3:17 3:17 1:12:37 6:54	11:23 8:06 1:18:20 5:43	12:48 1:25 1:21:04 2:44	16:52 4:04 1:25:31 4:27	18:35 1:43 1:29:46 4:15	21:20 2:45 1:31:41 1:55	43:55 22:35 1:34:05 2:24	44:43 0:48	49:03 4:20	51:30 2:27	52:36 1:06	1:01:33 8:57	1:02:55 1:22	1:05:43 2:48
7		Max Sonneborn TSV Worpswede	1:38:24	3:04 3:04 1:15:38 7:06	10:25 7:21 1:21:12 5:34	12:59 2:34 1:24:05 2:53	17:57 4:58 1:28:34 4:29	19:48 1:51 1:32:56 4:22	22:11 2:23 1:34:41 1:45	40:36 18:25 1:37:02 2:21	41:23 0:47	45:06 3:43	47:23 2:17	50:40 3:17	1:03:17 12:37	1:04:59 1:42	1:08:32 3:33
8		Sebastian Fleiß Berliner Turnerscha	1:39:38	2:48 2:48 1:14:47 6:54	11:54 9:06 1:21:23 6:36	16:22 4:28 1:24:26 3:03	20:13 3:51 1:27:53 3:27	22:14 2:01 1:33:29 5:36	25:14 3:00 1:35:35 2:06	42:39 17:25 1:38:31 2:56	44:29 1:50	48:30 4:01	50:41 2:11	51:55 1:14	1:03:34 11:39	1:05:08 1:34	1:07:53 2:45

Pl	tnr	Name	Zeit															
H19L (10)			8,3 km 320 Hm		21 P		<i>(Forts.)</i>											
			1(33)	2(54)	3(34)	4(35)	5(36)	6(31)	7(32)	8(37)	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)		
			15(44)	16(43)	17(49)	18(61)	19(41)	20(63)	21(42)	Ziel								
9		Andreas Spengler	1:46:20	4:09	17:15	18:29	22:08	23:46	26:30	49:00	49:39	53:11	55:55	57:04	1:07:59	1:09:26	1:12:40	
		OLV Potsdam		4:09	13:06	1:14	3:39	1:38	2:44	22:30	0:39	3:32	2:44	1:09	10:55	1:27	3:14	
			1:21:07	1:27:26	1:29:53	1:34:11	1:40:08	1:42:25	1:44:38	1:46:20								
			8:27	6:19	2:27	4:18	5:57	2:17	2:13	1:42								
		Jan Felix Topp	N Ang															
		TSV Worpswede																
D19L (3)			6,5 km 260 Hm		18 P													
			1(33)	2(65)	3(50)	4(37)	5(51)	6(57)	7(45)	8(47)	9(40)	10(56)	11(46)	12(49)	13(43)	14(62)		
			15(61)	16(66)	17(63)	18(42)	Ziel											
1		Lea Stölting	1:48:37	10:53	17:26	32:37	39:00	42:44	44:49	54:48	56:01	57:59	1:01:40	1:16:38	1:21:41	1:26:35	1:29:28	
		OL Team Lippe		10:53	6:33	15:11	6:23	3:44	2:05	9:59	1:13	1:58	3:41	14:58	5:03	4:54	2:53	
			1:36:09	1:42:21	1:44:37	1:47:11	1:48:37											
			6:41	6:12	2:16	2:34	1:26											
2		Darja Nedoborovsk	2:43:18	4:38	12:08	34:43	41:32	48:00	50:55	1:12:23	1:14:13	1:17:26	1:21:26	1:39:30	1:48:06	1:52:54	1:57:10	
		BSV Halle-Ammend		4:38	7:30	22:35	6:49	6:28	2:55	21:28	1:50	3:13	4:00	18:04	8:36	4:48	4:16	
			2:23:32	2:30:32	2:37:21	2:41:25	2:43:18											
			26:22	7:00	6:49	4:04	1:53											
		Lea Reppnow	Aufg	7:43	14:22	34:06	40:40	45:26	47:41	1:00:30	1:02:52	1:05:14	1:13:28	1:30:05	1:37:06	1:53:04	-----	
		OLV Usiar		7:43	6:39	19:44	6:34	4:46	2:15	12:49	2:22	2:22	8:14	16:37	7:01	15:58		
			-----	-----	-----	-----	2:06:59	13:55										
D/H10b (9)			1,1 km		5 P													
			1(71)	2(72)	3(73)	4(74)	5(75)	Ziel										
1		Malin Gellhaar	10:11	1:23	4:13	5:28	6:48	8:22	10:11									
		MTV Seesen		1:23	2:50	1:15	1:20	1:34	1:49									
2		Jakob Nuske	12:04	0:57	4:11	6:14	8:12	10:14	12:04									
		Turn-Klubb zu Han		0:57	3:14	2:03	1:58	2:02	1:50									
3		Anna Knaup	13:46	1:54	5:57	8:21	10:08	12:13	13:46									
		Braunschweiger MT		1:54	4:03	2:24	1:47	2:05	1:33									
4		Karla Nuske	14:00	1:07	5:57	8:03	9:53	11:45	14:00									
		Turn-Klubb zu Han		1:07	4:50	2:06	1:50	1:52	2:15									
5		Lea Engelhardt	14:18	2:06	5:56	7:40	9:43	11:36	14:18									
		MTV Seesen		2:06	3:50	1:44	2:03	1:53	2:42									
6		Aatos Heikkilä	16:30	2:03	6:27	8:29	11:18	13:58	16:30									
		TSV Worpswede		2:03	4:24	2:02	2:49	2:40	2:32									
7		Felix Ripke	17:12	3:56	7:37	9:08	10:43	14:40	17:12									
		LBV Phönix Lübeck		3:56	3:41	1:31	1:35	3:57	2:32									
8		Jesper Bruns	36:27	14:30	20:19	24:46	28:19	31:46	36:27									
		MTK Bad Harzburg		14:30	5:49	4:27	3:33	3:27	4:41									
9		Erik Bruns	36:41	13:56	19:39	24:04	26:35	31:54	36:41									
		MTK Bad Harzburg		13:56	5:43	4:25	2:31	5:19	4:47									
D/H10 (5)			1,1 km		5 P													
			1(71)	2(72)	3(73)	4(74)	5(75)	Ziel										
1		Constantin Freuden	8:19	1:32	3:35	4:35	5:49	7:10	8:19									
		TSV Worpswede		1:32	2:03	1:00	1:14	1:21	1:09									

Pl	tnr	Name	Zeit												
D/H10 (5)			1,1 km	5 P	<i>(Forts.)</i>										
			1(71)	2(72)	3(73)	4(74)	5(75)	Ziel							
2		Hanna Stark	10:26	1:18	3:48	4:56	6:28	8:50	10:26						
		MTV Seesen		1:18	2:30	1:08	1:32	2:22	1:36						
3		Espen Liebing	14:31	5:29	8:27	9:46	11:10	12:52	14:31						
		Bovender SV		5:29	2:58	1:19	1:24	1:42	1:39						
		Katharina Lorenz	N Ang												
		SV Hildesia Diekhol													
		Konstantin Lorenz	N Ang												
		SV Hildesia Diekhol													
H12 (5)			1,9 km	6 P											
			1(58)	2(70)	3(76)	4(72)	5(74)	6(75)	Ziel						
1		Miguel Castilho Mar	19:42	1:53	7:21	11:11	14:32	17:07	18:11	19:42					
		SV Hildesia Diekhol		1:53	5:28	3:50	3:21	2:35	1:04	1:31					
2		Leif Liebing	31:14	2:17	8:01	21:46	25:37	28:56	29:51	31:14					
		Bovender SV		2:17	5:44	13:45	3:51	3:19	0:55	1:23					
3		Raphael Rattey	33:18	5:26	10:06	23:52	27:42	30:59	31:55	33:18					
		TG 1860 Münden		5:26	4:40	13:46	3:50	3:17	0:56	1:23					
AK		Gleb Zvonarov	25:08	1:46	6:35	14:02	17:48	20:51	23:33	25:08					
		kein Verein		1:46	4:49	7:27	3:46	3:03	2:42	1:35					
AK		Günter Stark	27:21	2:35	7:58	16:01	20:30	23:16	25:30	27:21					
		MTV Seesen		2:35	5:23	8:03	4:29	2:46	2:14	1:51					
D12 (6)			1,9 km	6 P											
			1(58)	2(70)	3(76)	4(72)	5(74)	6(75)	Ziel						
1		Sania Stamer	43:39	2:25	12:29	31:02	37:31	40:36	42:06	43:39					
		SV Hildesia Diekhol		2:25	10:04	18:33	6:29	3:05	1:30	1:33					
2		Ria Wittke	47:56	14:36	19:49	30:20	37:17	43:32	45:50	47:56					
		SV Hildesia Diekhol		14:36	5:13	10:31	6:57	6:15	2:18	2:06					
3		Lamis Mousa	53:55	1:53	8:54	27:32	48:50	51:33	52:27	53:55					
		OLV Uslar		1:53	7:01	18:38	21:18	2:43	0:54	1:28					
4		Leonie Lochte	1:02:35	21:49	31:42	44:11	52:00	57:15	59:24	1:02:35					
		SV Hildesia Diekhol		21:49	9:53	12:29	7:49	5:15	2:09	3:11					
		Stine Bruns	Fehlst	-----	-----	-----	4:34	8:01	9:22	10:51					
		MTK Bad Harzburg					4:34	3:27	1:21	1:29					
AK		Julia Stark	20:34	1:43	6:32	10:58	14:52	17:48	18:57	20:34					
		MTV Seesen		1:43	4:49	4:26	3:54	2:56	1:09	1:37					
H14 (8)			3,5 km	11 P											
			1(64)	2(60)	3(59)	4(46)	5(58)	6(70)	7(76)	8(66)	9(72)	10(74)	11(75)	Ziel	
1		Hannes Möhring	38:55	2:16	9:40	15:11	18:42	21:40	25:16	28:34	31:39	35:07	36:59	37:49	38:55
		TV Jahn Wolfsburg		2:16	7:24	5:31	3:31	2:58	3:36	3:18	3:05	3:28	1:52	0:50	1:06
2		Erik Urzua Wöhrer	43:03	2:24	7:33	13:26	18:39	21:48	27:01	33:07	36:26	39:02	41:02	41:48	43:03
		TV Jahn Wolfsburg		2:24	5:09	5:53	5:13	3:09	5:13	6:06	3:19	2:36	2:00	0:46	1:15
3		Johannes Eckel	49:03	2:31	8:49	14:35	19:03	22:08	26:10	30:28	33:55	44:27	46:40	47:31	49:03
		OLV Uslar		2:31	6:18	5:46	4:28	3:05	4:02	4:18	3:27	10:32	2:13	0:51	1:32
4		Felix Salau	1:01:10	4:44	23:51	29:04	36:05	41:53	46:27	49:34	52:27	56:21	58:53	59:51	1:01:10
		MTV Seesen		4:44	19:07	5:13	7:01	5:48	4:34	3:07	2:53	3:54	2:32	0:58	1:19

Pl	tnr	Name	Zeit															
H14 (8)			3,5 km		11 P		<i>(Forts.)</i>											
			1(64)	2(60)	3(59)	4(46)	5(58)	6(70)	7(76)	8(66)	9(72)	10(74)	11(75)	Ziel				
5		Ole Siebrecht	1:06:24	3:56	12:37	26:31	34:14	38:58	44:19	49:33	55:54	59:06	1:01:42	1:04:54	1:06:24			
		OLV Uslar		3:56	8:41	13:54	7:43	4:44	5:21	5:14	6:21	3:12	2:36	3:12	1:30			
		Johannes Gurtman	Aufg	4:03	36:09	----	----	----	----	----	----	----	----	----				
		TG 1860 Münden		4:03	32:06													
AK		Fabian Pfister	Aufg	5:09	11:57	15:20	19:18	22:28	59:24	----	----	----	----	----	39:28	29:29		
		kein Verein		5:09	6:48	3:23	3:58	3:10	36:56								*76	
				32:25	35:00	37:19	38:14											
				*66	*72	*74	*75											
AK		Ella Pfister	1:07:10	2:52	10:07	28:59	34:05	37:43	48:00	52:07	58:22	1:02:28	1:04:58	1:05:49	1:07:10			
		kein Verein		2:52	7:15	18:52	5:06	3:38	10:17	4:07	6:15	4:06	2:30	0:51	1:21			
D14 (7)			3,5 km		11 P													
			1(64)	2(60)	3(59)	4(46)	5(58)	6(70)	7(76)	8(66)	9(72)	10(74)	11(75)	Ziel				
1		Anna Weigert	35:15	2:00	6:50	11:31	15:12	18:42	21:57	25:56	28:46	31:25	33:28	34:07	35:15			
		TV Jahn Wolfsburg		2:00	4:50	4:41	3:41	3:30	3:15	3:59	2:50	2:39	2:03	0:39	1:08			
2		Rut Stark	36:13	2:04	7:16	12:20	15:49	18:56	23:04	26:37	29:09	32:40	34:31	35:11	36:13			
		MTV Seesen		2:04	5:12	5:04	3:29	3:07	4:08	3:33	2:32	3:31	1:51	0:40	1:02			
3		Jule Weigert	42:03	2:28	8:01	17:52	21:49	24:56	28:31	32:20	35:13	37:53	39:58	40:41	42:03			
		TV Jahn Wolfsburg		2:28	5:33	9:51	3:57	3:07	3:35	3:49	2:53	2:40	2:05	0:43	1:22			
4		Karla Breckle	45:04	2:33	7:56	12:04	16:13	22:49	26:10	30:01	36:10	39:03	41:16	43:58	45:04			
		Bovender SV		2:33	5:23	4:08	4:09	6:36	3:21	3:51	6:09	2:53	2:13	2:42	1:06			
5		Jana Knaup	48:01	2:27	8:55	15:01	19:48	23:49	28:20	32:50	41:17	44:08	46:22	47:04	48:01			
		Braunschweiger MT		2:27	6:28	6:06	4:47	4:01	4:31	4:30	8:27	2:51	2:14	0:42	0:57			
6		Lucia Stolze	51:13	2:27	9:00	14:13	19:12	22:42	32:58	36:35	44:21	47:09	49:23	50:07	51:13			
		Bovender SV		2:27	6:33	5:13	4:59	3:30	10:16	3:37	7:46	2:48	2:14	0:44	1:06			
7		Jette Körber	1:02:16	2:54	10:32	29:39	35:13	39:19	44:26	50:22	53:25	56:51	59:29	1:01:03	1:02:16			
		OLV Uslar		2:54	7:38	19:07	5:34	4:06	5:07	5:56	3:03	3:26	2:38	1:34	1:13			
H16 (9)			6,3 km 220 Hm		19 P													
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)		
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel										
1		Jonas Kögler	1:19:46	2:33	6:59	11:46	13:09	18:14	21:58	23:09	40:23	43:54	46:23	50:18	52:26	53:29	57:39	
		LTV Sachsen		2:33	4:26	4:47	1:23	5:05	3:44	1:11	17:14	3:31	2:29	3:55	2:08	1:03	4:10	
				1:03:03	1:07:11	1:13:30	1:16:07	1:18:28	1:19:46									
				5:24	4:08	6:19	2:37	2:21	1:18									
2		Jonas Knaup	1:24:31	1:54	4:49	9:34	12:35	18:44	20:28	22:04	46:49	48:02	50:21	53:47	57:11	58:41	1:02:44	
		Braunschweiger MT		1:54	2:55	4:45	3:01	6:09	1:44	1:36	24:45	1:13	2:19	3:26	3:24	1:30	4:03	
				1:06:25	1:10:09	1:16:27	1:20:01	1:23:18	1:24:31									
				3:41	3:44	6:18	3:34	3:17	1:13									
3		Marco Urzua Wöhre	1:29:58	2:46	5:50	10:47	13:49	20:23	22:26	23:46	41:19	44:59	50:13	55:13	1:00:05	1:02:06	1:08:41	
		TV Jahn Wolfsburg		2:46	3:04	4:57	3:02	6:34	2:03	1:20	17:33	3:40	5:14	5:00	4:52	2:01	6:35	
				1:14:16	1:18:23	1:22:55	1:25:31	1:28:38	1:29:58									
				5:35	4:07	4:32	2:36	3:07	1:20									
4		Aaron Niazi	1:30:13	1:53	9:43	14:12	15:51	21:24	25:20	27:15	46:16	47:45	51:26	57:34	1:00:44	1:02:32	1:07:16	
		TSV Worpswede		1:53	7:50	4:29	1:39	5:33	3:56	1:55	19:01	1:29	3:41	6:08	3:10	1:48	4:44	
				1:14:03	1:18:03	1:23:48	1:26:27	1:28:55	1:30:13									
				6:47	4:00	5:45	2:39	2:28	1:18									

Pl	tnr	Name	Zeit																	
H16 (9)			6,3 km 220 Hm		19 P		<i>(Forts.)</i>													
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)				
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel												
5		Daniel Nedoborovs	1:47:50	2:11	5:51	15:53	17:09	24:35	27:13	28:35	51:57	53:50	59:56	1:07:09	1:09:48	1:10:50	1:16:25			
		BSV Halle-Ammend		2:11	3:40	10:02	1:16	7:26	2:38	1:22	23:22	1:53	6:06	7:13	2:39	1:02	5:35			
				1:21:41	1:26:53	1:34:23	1:43:20	1:46:25	1:47:50											
				5:16	5:12	7:30	8:57	3:05	1:25											
6		Mika Wendler	1:53:29	2:40	5:11	14:24	16:06	22:47	25:14	26:47	48:29	50:21	53:23	1:04:52	1:09:58	1:11:57	1:20:52			
		SV Wissenschaft Qu		2:40	2:31	9:13	1:42	6:41	2:27	1:33	21:42	1:52	3:02	11:29	5:06	1:59	8:55			
				1:33:07	1:37:52	1:44:32	1:47:27	1:51:50	1:53:29											
				12:15	4:45	6:40	2:55	4:23	1:39											
7		Thore Napp	2:12:56	7:32	10:51	18:00	19:43	27:39	31:11	33:12	1:03:22	1:05:55	1:09:37	1:17:40	1:21:19	1:23:08	1:32:35			
		TV Jahn Wolfsburg		7:32	3:19	7:09	1:43	7:56	3:32	2:01	30:10	2:33	3:42	8:03	3:39	1:49	9:27			
				1:42:43	1:51:54	1:59:09	2:07:00	2:11:15	2:12:56											
				10:08	9:11	7:15	7:51	4:15	1:41											
		Sven-Guido Schulz	Aufg	2:20	4:53	18:50	20:13	27:05	41:36	43:42	1:18:03	1:22:26	-----	-----	-----	-----	-----			
		TV Jahn Wolfsburg		2:20	2:33	13:57	1:23	6:52	14:31	2:06	34:21	4:23								
				-----	-----	-----	-----	-----	1:54:22											
									31:56											
		Till Raake	Aufg	11:20	13:32	27:32	28:55	45:37	49:37	-----	-----	-----	-----	-----	-----	-----	-----			
		MTV Seesen		11:20	2:12	14:00	1:23	16:42	4:00											
				-----	-----	-----	-----	-----	2:09:26											
									1:19:49											
											50:51	1:59:52								
											*47	*76								
D16 (1)			4,8 km		15 P															
			1(69)	2(65)	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)				
			15(75)	Ziel																
1		Louisa Kollenbach	1:53:30	3:11	14:49	24:54	30:25	50:11	54:45	1:00:32	1:02:35	1:09:00	1:17:11	1:32:33	1:34:45	1:42:24	1:47:23			
		Ski-Club Helsa		3:11	11:38	10:05	5:31	19:46	4:34	5:47	2:03	6:25	8:11	15:22	2:12	7:39	4:59			
				1:52:06	1:53:30															
				4:43	1:24															
H18 (3)			8,3 km 320 Hm		21 P															
			1(33)	2(54)	3(34)	4(35)	5(36)	6(31)	7(32)	8(37)	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)				
			15(44)	16(43)	17(49)	18(61)	19(41)	20(63)	21(42)	Ziel										
1		Theo Henseler	1:24:19	2:57	10:15	11:45	15:13	16:39	19:06	35:12	36:00	40:05	42:29	43:44	53:00	54:17	56:53			
		MTV Seesen		2:57	7:18	1:30	3:28	1:26	2:27	16:06	0:48	4:05	2:24	1:15	9:16	1:17	2:36			
				1:03:13	1:08:15	1:10:37	1:14:59	1:18:39	1:20:42	1:22:55	1:24:19									
				6:20	5:02	2:22	4:22	3:40	2:03	2:13	1:24									
2		Moritz Lucke	1:35:07	2:54	11:45	13:26	18:00	19:41	22:15	38:15	39:03	43:17	45:48	47:03	56:20	57:48	1:00:50			
		LTV Sachsen		2:54	8:51	1:41	4:34	1:41	2:34	16:00	0:48	4:14	2:31	1:15	9:17	1:28	3:02			
				1:06:55	1:13:24	1:16:35	1:22:48	1:28:35	1:31:06	1:33:44	1:35:07									
				6:05	6:29	3:11	6:13	5:47	2:31	2:38	1:23									
3		Julius Wandelt	2:18:25	4:14	15:33	17:21	22:47	25:08	28:38	54:56	56:07	1:04:57	1:09:25	1:10:55	1:24:32	1:26:25	1:31:16			
		MTV Seesen		4:14	11:19	1:48	5:26	2:21	3:30	26:18	1:11	8:50	4:28	1:30	13:37	1:53	4:51			
				1:41:52	1:50:09	1:54:39	2:01:02	2:08:36	2:12:51	2:16:53	2:18:25									
				10:36	8:17	4:30	6:23	7:34	4:15	4:02	1:32									

Pl	tnr	Name	Zeit														
H19K (10)			6,3 km 220 Hm		19 P		<i>(Forts.)</i>										
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)	
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel									
6		Hauke Scharfenber	1:58:58	3:19	5:53	17:51	19:50	32:46	35:20	37:04	59:35	1:00:43	1:05:03	1:10:30	1:15:01	1:16:25	1:27:10
		TuS Bergen		3:19	2:34	11:58	1:59	12:56	2:34	1:44	22:31	1:08	4:20	5:27	4:31	1:24	10:45
			1:33:12	1:40:57	1:49:28	1:53:43	1:57:12	1:58:58									
			6:02	7:45	8:31	4:15	3:29	1:46									
7		Peter Nödler	2:09:50	4:49	8:29	14:52	17:08	24:29	27:31	37:01	59:24	1:00:46	1:06:24	1:12:17	1:19:41	1:21:17	1:27:56
		Ski-Club Helsa		4:49	3:40	6:23	2:16	7:21	3:02	9:30	22:23	1:22	5:38	5:53	7:24	1:36	6:39
			1:34:07	1:47:14	1:55:25	2:01:13	2:07:42	2:09:50									
			6:11	13:07	8:11	5:48	6:29	2:08									
8		Luis Moreton	2:13:51	2:45	6:40	13:03	15:12	22:10	24:46	26:32	1:14:25	1:15:49	1:19:39	1:30:36	1:34:23	1:36:04	1:43:40
		Turn-Klubb zu Han		2:45	3:55	6:23	2:09	6:58	2:36	1:46	47:53	1:24	3:50	10:57	3:47	1:41	7:36
			1:50:09	1:56:27	2:03:27	2:07:08	2:11:13	2:13:51									
			6:29	6:18	7:00	3:41	4:05	2:38									
											*47						
		Till Finkenstädt	Aufg	2:58	6:08	13:12	15:35	24:40	-----	-----	-----	-----	-----	-----	-----	36:59	42:42
		OLV Uslar		2:58	3:10	7:04	2:23	9:05									
			46:51	52:27	59:43	1:03:29	1:07:45	1:10:36									
		Daniel Liebing	N Ang	4:09	5:36	7:16	3:46	4:16	2:51								
		Bovender SV															
D19K (9)			4,8 km		15 P												
			1(69)	2(65)	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)	
			15(75)	Ziel													
1		Ann-Charlotte Span	1:03:10	1:51	4:17	10:51	13:10	24:25	26:18	29:37	31:09	34:55	38:07	50:33	51:35	56:33	59:01
		TG 1860 Münden		1:51	2:26	6:34	2:19	11:15	1:53	3:19	1:32	3:46	3:12	12:26	1:02	4:58	2:28
			1:01:52	1:03:10													
			2:51	1:18													
2		Uta Hillebrand	1:05:42	2:21	6:15	13:51	18:55	31:09	33:33	36:56	38:14	41:39	44:47	52:58	54:07	58:14	1:00:11
		Turn-Klubb zu Han		2:21	3:54	7:36	5:04	12:14	2:24	3:23	1:18	3:25	3:08	8:11	1:09	4:07	1:57
			1:04:38	1:05:42													
			4:27	1:04													
3		Jordan Sophie Meis	1:21:21	2:41	5:48	14:49	18:40	33:25	35:39	39:40	41:34	46:22	53:30	1:07:36	1:08:58	1:13:05	1:15:48
		OLV Uslar		2:41	3:07	9:01	3:51	14:45	2:14	4:01	1:54	4:48	7:08	14:06	1:22	4:07	2:43
			1:20:01	1:21:21													
			4:13	1:20													
4		Ina Conrad	1:31:24	2:58	7:27	24:06	27:34	45:10	47:57	52:30	54:55	59:36	1:03:20	1:15:05	1:16:51	1:21:33	1:24:55
		SV Wissenschaft Qu		2:58	4:29	16:39	3:28	17:36	2:47	4:33	2:25	4:41	3:44	11:45	1:46	4:42	3:22
			1:30:00	1:31:24													
			5:05	1:24													
5		Laura Finkenstädt	1:35:33	2:55	7:34	21:41	25:57	41:00	43:16	47:30	49:15	53:20	1:06:00	1:19:06	1:20:23	1:25:48	1:28:47
		OLV Uslar		2:55	4:39	14:07	4:16	15:03	2:16	4:14	1:45	4:05	12:40	13:06	1:17	5:25	2:59
			1:33:50	1:35:33													
			5:03	1:43													
6		Claudia Weigert	1:40:01	5:30	12:19	23:27	27:40	45:23	48:52	53:45	56:15	1:02:43	1:06:03	1:20:39	1:23:08	1:31:30	1:34:41
		TV Jahn Wolfsburg		5:30	6:49	11:08	4:13	17:43	3:29	4:53	2:30	6:28	3:20	14:36	2:29	8:22	3:11
			1:38:25	1:40:01													
			3:44	1:36													
7		Bente Wendler	1:54:57	4:40	16:31	27:03	30:50	53:05	55:48	1:01:45	1:03:46	1:09:10	1:23:14	1:34:46	1:36:34	1:41:14	1:46:24
		SV Wissenschaft Qu		4:40	11:51	10:32	3:47	22:15	2:43	5:57	2:01	5:24	14:04	11:32	1:48	4:40	5:10
			1:53:18	1:54:57													
			6:54	1:39													

Pl	tnr	Name	Zeit														
D19K (9)			4,8 km 15 P		<i>(Forts.)</i>												
			1(69) 15(75)	2(65) Ziel	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)	
		Saskia Ernst-Liebin	N Ang														
		Bovender SV	N Ang														
		Kiana Meisel	N Ang														
		OLV Usiar	N Ang														
H35 (9)			8,3 km 320 Hm 21 P														
			1(33) 15(44)	2(54) 16(43)	3(34) 17(49)	4(35) 18(61)	5(36) 19(41)	6(31) 20(63)	7(32) 21(42)	8(37) Ziel	9(50)	10(57)	11(38)	12(39)	13(45)	14(40)	
1		Björn Frieling	1:28:53	6:27	14:08	15:28	19:06	20:43	23:22	38:04	39:21	43:16	46:02	47:16	56:16	57:41	1:00:56
		TuS Bergen		6:27	7:41	1:20	3:38	1:37	2:39	14:42	1:17	3:55	2:46	1:14	9:00	1:25	3:15
			1:07:11	1:11:33	1:13:34	1:19:05	1:22:39	1:25:00	1:27:35	1:28:53							
			6:15	4:22	2:01	5:31	3:34	2:21	2:35	1:18							
2		Christoph Freudenf	1:32:23	2:25	13:53	15:23	18:58	20:29	22:33	38:49	39:29	43:41	45:41	46:39	54:45	56:00	58:46
		TSV Worpswede		2:25	11:28	1:30	3:35	1:31	2:04	16:16	0:40	4:12	2:00	0:58	8:06	1:15	2:46
			1:04:52	1:13:12	1:15:56	1:20:59	1:25:21	1:27:24	1:31:00	1:32:23							
			6:06	8:20	2:44	5:03	4:22	2:03	3:36	1:23							
3		Thorsten Weigert	1:41:26	8:51	16:43	19:15	24:15	25:46	28:00	43:22	44:18	48:26	50:30	51:37	1:04:30	1:05:44	1:08:25
		TV Jahn Wolfsburg		8:51	7:52	2:32	5:00	1:31	2:14	15:22	0:56	4:08	2:04	1:07	12:53	1:14	2:41
			1:16:14	1:24:16	1:26:53	1:31:24	1:34:38	1:37:30	1:39:56	1:41:26							
			7:49	8:02	2:37	4:31	3:14	2:52	2:26	1:30							
4		Michael Steube	1:42:37	6:08	14:40	16:15	20:17	22:09	24:38	45:25	46:13	51:05	53:51	55:10	1:04:48	1:06:23	1:09:08
		Turn-Klubb zu Han		6:08	8:32	1:35	4:02	1:52	2:29	20:47	0:48	4:52	2:46	1:19	9:38	1:35	2:45
			1:18:03	1:23:48	1:26:34	1:30:44	1:35:27	1:37:53	1:40:48	1:42:37							
			8:55	5:45	2:46	4:10	4:43	2:26	2:55	1:49							
5		Carsten Ripke	1:44:10	4:02	12:29	14:24	18:56	20:38	22:55	46:14	47:32	51:45	53:51	55:04	1:08:10	1:09:37	1:12:38
		OSC Hamburg		4:02	8:27	1:55	4:32	1:42	2:17	23:19	1:18	4:13	2:06	1:13	13:06	1:27	3:01
			1:20:41	1:26:09	1:28:40	1:33:44	1:37:45	1:39:51	1:42:27	1:44:10							
			8:03	5:28	2:31	5:04	4:01	2:06	2:36	1:43							
6		Jens Wittke	2:03:15	5:38	21:33	23:20	28:07	29:41	32:05	48:12	50:48	55:14	57:41	59:06	1:11:36	1:14:00	1:17:44
		SV Hildesia Diekhol		5:38	15:55	1:47	4:47	1:34	2:24	16:07	2:36	4:26	2:27	1:25	12:30	2:24	3:44
			1:28:30	1:35:24	1:38:09	1:50:13	1:55:59	1:58:46	2:01:42	2:03:15							
			10:46	6:54	2:45	12:04	5:46	2:47	2:56	1:33							
7		Paulo Urzua Torres	2:09:09	9:06	19:40	21:32	26:04	28:39	32:12	52:45	54:14	1:00:02	1:04:20	1:06:25	1:21:28	1:23:06	1:28:37
		TV Jahn Wolfsburg		9:06	10:34	1:52	4:32	2:35	3:33	20:33	1:29	5:48	4:18	2:05	15:03	1:38	5:31
			1:36:40	1:42:16	1:47:02	1:54:10	2:01:27	2:04:19	2:07:29	2:09:09							
			8:03	5:36	4:46	7:08	7:17	2:52	3:10	1:40							
8		Jan Knaup	2:10:51	3:15	12:35	14:43	19:23	21:26	25:01	46:43	47:55	55:32	59:44	1:02:04	1:19:29	1:21:17	1:25:06
		Braunschweiger MT		3:15	9:20	2:08	4:40	2:03	3:35	21:42	1:12	7:37	4:12	2:20	17:25	1:48	3:49
			1:36:28	1:44:17	1:47:53	1:53:55	2:00:57	2:04:39	2:09:03	2:10:51							
			11:22	7:49	3:36	6:02	7:02	3:42	4:24	1:48							
		Jens Struckmann	N Ang														
		Braunschweiger MT	N Ang														

Pl	tnr	Name	Zeit																
H45 (19)					7,2 km 295 Hm		18 P		<i>(Forts.)</i>										
					1(65)	2(54)	3(34)	4(55)	5(67)	6(32)	7(51)	8(38)	9(39)	10(47)	11(40)	12(56)	13(44)	14(49)	
					15(61)	16(66)	17(63)	18(42)	Ziel										
7		Ralf Wittiber	1:24:53	5:03	9:20	10:43	16:17	19:05	34:22	38:21	40:35	51:16	53:42	55:25	57:31	1:02:22	1:10:28		
		Skiclub Bonn		5:03	4:17	1:23	5:34	2:48	15:17	3:59	2:14	10:41	2:26	1:43	2:06	4:51	8:06		
				1:14:51	1:18:52	1:20:46	1:23:16	1:24:53											
				4:23	4:01	1:54	2:30	1:37											
8		Martin Gertenbach	1:31:43	5:17	9:18	10:47	18:05	20:24	38:30	43:02	45:06	56:04	59:04	1:00:57	1:02:58	1:08:53	1:16:35		
		Ski-Club Helsa		5:17	4:01	1:29	7:18	2:19	18:06	4:32	2:04	10:58	3:00	1:53	2:01	5:55	7:42		
				1:20:32	1:25:44	1:27:25	1:29:58	1:31:43											
				3:57	5:12	1:41	2:33	1:45											
9		Peter Petrov	1:41:30	5:02	9:22	10:49	16:41	18:45	37:01	42:32	45:09	56:59	59:34	1:01:27	1:04:17	1:09:53	1:19:30		
		SV Schorfheide		5:02	4:20	1:27	5:52	2:04	18:16	5:31	2:37	11:50	2:35	1:53	2:50	5:36	9:37		
				1:28:01	1:33:56	1:36:04	1:39:50	1:41:30											
				8:31	5:55	2:08	3:46	1:40											
10		Oliver Hillebrandt	1:43:18	4:22	9:15	10:45	16:36	19:31	38:12	42:53	45:27	56:46	1:01:30	1:03:36	1:06:14	1:12:25	1:23:12		
		OLV Uslar		4:22	4:53	1:30	5:51	2:55	18:41	4:41	2:34	11:19	4:44	2:06	2:38	6:11	10:47		
				1:27:57	1:34:11	1:38:39	1:41:46	1:43:18											
				4:45	6:14	4:28	3:07	1:32											
11		Volker Caspari	1:49:04	4:23	9:11	10:49	16:59	20:18	39:54	44:28	47:39	1:00:33	1:03:18	1:05:17	1:07:46	1:13:55	1:24:27		
		OL Team Lippe		4:23	4:48	1:38	6:10	3:19	19:36	4:34	3:11	12:54	2:45	1:59	2:29	6:09	10:32		
				1:29:55	1:40:08	1:42:59	1:46:53	1:49:04											
				5:28	10:13	2:51	3:54	2:11											
12		Jörg Kleinholz-Mew	1:50:08	5:42	9:58	11:44	16:46	21:33	51:05	55:48	57:53	1:08:15	1:11:31	1:13:37	1:16:25	1:22:00	1:32:01		
		TuS Bothfeld 04		5:42	4:16	1:46	5:02	4:47	29:32	4:43	2:05	10:22	3:16	2:06	2:48	5:35	10:01		
				1:36:37	1:42:56	1:45:18	1:48:51	1:50:08											
				4:36	6:19	2:22	3:33	1:17											
13		Andrey Nedoborovs	1:58:27	4:55	10:49	12:49	20:16	23:29	47:31	51:51	54:13	1:14:23	1:17:45	1:19:59	1:23:17	1:30:14	1:41:34		
		BSV Halle-Ammend		4:55	5:54	2:00	7:27	3:13	24:02	4:20	2:22	20:10	3:22	2:14	3:18	6:57	11:20		
				1:46:32	1:51:46	1:54:06	1:56:56	1:58:27											
				4:58	5:14	2:20	2:50	1:31											
14		Michael Hesse	2:11:54	5:37	9:50	11:36	22:27	30:41	54:54	1:02:27	1:08:48	1:20:37	1:24:35	1:27:29	1:32:48	1:39:42	1:51:14		
		SV Wissenschaft Qu		5:37	4:13	1:46	10:51	8:14	24:13	7:33	6:21	11:49	3:58	2:54	5:19	6:54	11:32		
				1:58:15	2:04:25	2:07:47	2:10:25	2:11:54											
				7:01	6:10	3:22	2:38	1:29											
15		Sven Buchholz	2:12:45	5:47	16:20	17:43	25:22	28:38	51:59	57:06	1:00:07	1:12:35	1:17:08	1:19:45	1:23:08	1:31:28	1:48:59		
		MTK Bad Harzburg		5:47	10:33	1:23	7:39	3:16	23:21	5:07	3:01	12:28	4:33	2:37	3:23	8:20	17:31		
				1:54:52	2:01:39	2:06:21	2:11:04	2:12:45											
				5:53	6:47	4:42	4:43	1:41											
16		Olaf Stölting	2:13:57	6:44	11:21	15:48	23:25	30:55	55:48	1:01:42	1:06:08	1:25:00	1:27:55	1:29:57	1:33:17	1:42:01	1:53:40		
		OL Team Lippe		6:44	4:37	4:27	7:37	7:30	24:53	5:54	4:26	18:52	2:55	2:02	3:20	8:44	11:39		
				2:00:30	2:06:34	2:09:11	2:12:22	2:13:57											
				6:50	6:04	2:37	3:11	1:35											
		Juha Heikkilä	Fehlst	4:49	10:25	13:45	20:52	24:38	-----	-----	-----	31:13	34:07	36:13	38:54	44:54	55:07		
		TSV Worpswede		4:49	5:36	3:20	7:07	3:46											
				1:00:27	1:06:21	1:09:06	1:12:04	1:13:51											
				5:20	5:54	2:45	2:58	1:47											
		Thomas Eichner	Fehlst	12:35	35:30	41:21	55:38	1:05:29	1:47:35	2:00:42	2:06:31	2:47:38	2:54:51	3:00:43	3:25:36	3:39:44	4:04:19		
		OSC Hamburg		12:35	22:55	5:51	14:17	9:51	42:06	13:07	5:49	41:07	7:13	5:52	24:53	14:08	24:35		
				-----	-----	-----	-----	-----											
		Christoph Napp	N Ang																
		TV Jahn Wolfsburg																	

Pl	tnr	Name	Zeit															
D45 (19)			4,8 km	15 P														
			1(69)	2(65)	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)		
			15(75)	Ziel														
1	Anja Kästner	1:08:11	2:24	4:58	11:26	14:06	25:37	27:48	31:22	33:03	37:51	45:48	55:03	56:03	59:39	1:03:43		
	TV Oberbexbach		2:24	2:34	6:28	2:40	11:31	2:11	3:34	1:41	4:48	7:57	9:15	1:00	3:36	4:04		
			1:06:47	1:08:11														
			3:04	1:24														
2	Evi Drese	1:13:20	2:40	5:34	13:24	16:12	28:13	34:54	38:23	39:46	42:46	51:08	1:02:21	1:03:58	1:06:26	1:08:51		
	OLV Uslar		2:40	2:54	7:50	2:48	12:01	6:41	3:29	1:23	3:00	8:22	11:13	1:37	2:28	2:25		
			1:12:07	1:13:20														
			3:16	1:13														
3	Michaela Bruns	1:16:49	2:50	7:49	17:37	21:22	33:28	36:10	41:34	43:02	46:13	54:17	1:05:20	1:07:00	1:09:33	1:12:02		
	MTK Bad Harzburg		2:50	4:59	9:48	3:45	12:06	2:42	5:24	1:28	3:11	8:04	11:03	1:40	2:33	2:29		
			1:15:31	1:16:49														
			3:29	1:18														
4	Beate Stamer	1:19:36	3:42	6:34	16:35	19:02	29:22	31:24	36:18	38:05	41:34	45:08	58:09	59:48	1:06:09	1:09:25		
	Preetzer TSV		3:42	2:52	10:01	2:27	10:20	2:02	4:54	1:47	3:29	3:34	13:01	1:39	6:21	3:16		
			1:17:43	1:19:36														
			8:18	1:53														
5	Sandra Castillo Ma	1:21:25	2:36	5:43	14:05	17:31	30:48	33:09	37:43	39:17	43:53	58:21	1:08:04	1:09:41	1:12:57	1:15:25		
	SV Hildesia Diekhol		2:36	3:07	8:22	3:26	13:17	2:21	4:34	1:34	4:36	14:28	9:43	1:37	3:16	2:28		
			1:20:02	1:21:25														
			4:37	1:23														
6	Andrea Finkenstädt	1:28:07	3:19	7:24	19:01	21:43	34:08	36:14	40:33	42:06	46:02	54:19	1:07:02	1:08:13	1:19:15	1:22:04		
	OLV Uslar		3:19	4:05	11:37	2:42	12:25	2:06	4:19	1:33	3:56	8:17	12:43	1:11	11:02	2:49		
			1:26:32	1:28:07														
			4:28	1:35														
7	Tanja Buchholz	1:31:56	3:11	7:40	21:08	25:03	42:20	45:02	49:59	51:44	57:25	1:01:07	1:17:26	1:19:02	1:23:01	1:26:01		
	MTK Bad Harzburg		3:11	4:29	13:28	3:55	17:17	2:42	4:57	1:45	5:41	3:42	16:19	1:36	3:59	3:00		
			1:30:18	1:31:56														
			4:17	1:38														
8	Petra Schneider	1:35:10	2:50	6:15	15:38	23:14	39:25	42:48	47:22	49:22	52:54	1:04:18	1:18:22	1:20:23	1:25:48	1:28:51		
	SV Hildesia Diekhol		2:50	3:25	9:23	7:36	16:11	3:23	4:34	2:00	3:32	11:24	14:04	2:01	5:25	3:03		
			1:33:39	1:35:10														
			4:48	1:31														
9	Susanne Körber	1:36:48	4:17	8:57	22:25	27:57	45:57	49:33	54:44	56:35	1:01:09	1:08:26	1:22:50	1:24:13	1:28:19	1:30:57		
	OLV Uslar		4:17	4:40	13:28	5:32	18:00	3:36	5:11	1:51	4:34	7:17	14:24	1:23	4:06	2:38		
			1:35:31	1:36:48														
			4:34	1:17														
10	Irene Buchberger	1:41:26	3:25	14:50	24:21	28:26	42:41	45:31	49:57	51:53	57:50	1:04:55	1:27:18	1:29:17	1:33:11	1:36:06		
	MTV Seesen		3:25	11:25	9:31	4:05	14:15	2:50	4:26	1:56	5:57	7:05	22:23	1:59	3:54	2:55		
			1:40:06	1:41:26														
			4:00	1:20														
11	Brigitte Dersch-Koll	1:51:11	4:08	11:16	27:36	32:44	54:50	57:45	1:03:23	1:05:41	1:11:15	1:15:19	1:30:35	1:32:40	1:39:54	1:43:34		
	Ski-Club Helsa		4:08	7:08	16:20	5:08	22:06	2:55	5:38	2:18	5:34	4:04	15:16	2:05	7:14	3:40		
			1:48:45	1:51:11														
			5:11	2:26														
12	Silke Napp	1:52:38	3:12	7:50	29:19	33:41	51:24	54:19	59:12	1:01:18	1:07:38	1:18:34	1:33:54	1:36:25	1:40:26	1:44:16		
	TV Jahn Wolfsburg		3:12	4:38	21:29	4:22	17:43	2:55	4:53	2:06	6:20	10:56	15:20	2:31	4:01	3:50		
			1:50:41	1:52:38														
			6:25	1:57														
13	Katja Tiitinen	2:02:14	8:51	12:55	24:39	32:17	58:23	1:01:02	1:05:32	1:07:01	1:15:59	1:25:09	1:46:29	1:48:11	1:52:37	1:55:15		
	OLV Uslar		8:51	4:04	11:44	7:38	26:06	2:39	4:30	1:29	8:58	9:10	21:20	1:42	4:26	2:38		
			2:00:56	2:02:14														
			5:41	1:18														

Pl	tnr	Name	Zeit																
D45 (19)			4,8 km	15 P	<i>(Forts.)</i>														
			1(69) 15(75)	2(65) Ziel	3(40)	4(56)	5(51)	6(68)	7(52)	8(53)	9(62)	10(43)	11(66)	12(41)	13(48)	14(63)			
14		Katja Eckel OLV Uslar	2:15:45	11:40 15:43 11:40 4:03 2:14:26 2:15:45 3:44 1:19	51:41 56:21 1:18:40 1:21:54 1:26:43 1:28:57 1:35:41 1:39:18 1:57:16 1:59:11 2:07:32 2:10:42	35:58 4:40 22:19 3:14 4:49 2:14 6:44 3:37 17:58 1:55 8:21 3:10													
		Ulrike Breckle Bovender SV	Aufg	2:57 8:56 2:57 5:59 ----- 51:09 22:19	22:25 28:50 ----- ----- ----- ----- ----- ----- ----- ----- ----- ----- -----														
		Caroline Knoll Bielefelder TG	Aufg	2:54 10:53 2:54 7:59 1:35:39 1:37:19 5:23 1:40	20:27 38:45 ----- ----- ----- ----- 57:41 1:03:43 1:15:55 1:18:02 1:23:54 1:30:16	9:34 18:18 ----- ----- ----- ----- 18:56 6:02 12:12 2:07 5:52 6:22													
		Sylke Höfner OLV Uslar	Aufg	6:02 17:46 6:02 11:44 2:24:54 2:28:03 32:25 3:09	34:04 41:58 1:22:21 1:27:52 1:41:24 1:44:52 1:52:29 ----- ----- ----- ----- ----- ----- ----- -----	16:18 7:54 40:23 5:31 13:32 3:28 7:37 ----- ----- ----- ----- ----- ----- ----- -----													
		Iris Hensseler MTV Seesen	Aufg	7:41 11:16 7:41 3:35 -----	23:12 34:54 ----- ----- ----- ----- ----- ----- ----- ----- ----- ----- ----- -----														
		Stefanie Krebs Turn-Klubb zu Han	N Ang																
H55 (17)			6,3 km	220 Hm	19 P														
			1(69) 15(49)	2(65) 16(61)	3(54) 17(41)	4(34) 18(63)	5(40) 19(42)	6(45) Ziel	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)			
1		Henning Bruns MTK Bad Harzburg	1:14:40	2:04 4:19 2:04 2:15 57:41 1:01:49 3:46 4:08	8:29 10:01 4:10 1:32 1:07:25 1:10:11 5:36 2:46 2:52 1:37	10:01 15:22 5:21 2:02 1:13:03 1:14:40 2:58 1:51 2:52 1:37	18:47 34:27 1:23 15:40 18:47 34:27 37:48 41:35 43:06 46:23 50:46 53:51 55:22 1:01:28	35:32 38:12 1:05 2:40 35:32 38:12 41:35 46:03 48:45 50:04 55:36	44:32 47:11 2:39 1:34 44:32 47:11 48:45 50:04 55:36	47:11 48:45 1:34 5:10 47:11 48:45 50:04 55:36	48:45 53:55 5:10 5:10 48:45 53:55 55:36 5:32								
2		Horst von Gaza OLV Uslar	1:16:14	2:02 4:26 2:02 2:24 59:26 1:04:50 3:50 5:24	9:06 10:37 4:40 1:31 1:08:55 1:11:25 4:05 2:30 4:05 2:58 1:51	10:37 15:54 5:17 2:14 1:14:23 1:16:14 2:58 1:51 2:58 1:51	19:24 35:46 1:23 15:40 37:48 41:35 43:06 46:23 50:46 53:51 55:22 1:01:28	37:48 41:35 2:02 3:47 43:06 46:23 50:46 53:51 55:22 1:01:28	41:35 46:03 3:47 4:28 46:03 48:45 50:04 55:36	48:45 50:04 2:42 1:19 48:45 50:04 55:36	50:04 55:36 1:19 5:32 50:04 55:36								
3		Stephan Schliebene OLV Uslar	1:25:08	2:46 5:28 2:46 2:42 1:06:30 1:11:35 5:02 5:05	10:26 12:27 4:58 2:01 1:16:27 1:19:21 4:52 2:54	12:27 19:02 6:35 2:39 1:22:52 1:25:08 2:54 3:31	23:16 41:46 1:35 18:30 1:20 3:17 42:13 45:46 49:39 52:48 55:21 1:00:12	43:06 46:23 1:20 3:17 46:23 50:46 53:51 55:22 1:01:28	46:23 50:46 3:17 4:23 50:46 53:51 55:22 1:01:28	50:46 53:51 3:05 1:31 50:46 53:51 55:22 1:01:28	53:51 55:22 1:31 6:06 53:51 55:22 1:01:28								
4		Michael Kukis OSC Kassel	1:25:32	2:05 4:19 2:05 2:14 1:03:45 1:12:07 3:33 8:22	8:17 10:19 2:02 6:55 1:17:35 1:20:04 4:52 2:54	10:19 17:14 2:02 6:55 1:23:37 1:25:32 2:54 3:31	22:24 40:59 1:34 18:35 1:23:37 1:25:32 42:13 45:46 49:39 52:48 55:21 1:00:12	42:13 45:46 1:34 18:35 1:23:37 1:25:32 42:13 45:46 49:39 52:48 55:21 1:00:12	45:46 49:39 3:33 3:53 49:39 52:48 55:21 1:00:12	49:39 52:48 3:09 2:33 49:39 52:48 55:21 1:00:12	52:48 55:21 2:33 4:51 52:48 55:21 1:00:12								
5		Michael Bohsmann OL-Team Filder	1:25:50	3:08 7:11 3:08 4:03 1:07:55 1:14:00 5:52 6:05	12:59 15:20 5:48 2:21 1:18:05 1:21:01 8:22 5:28	15:20 22:01 6:41 2:30 1:21:01 1:24:08 2:29 3:33	26:04 41:36 1:33 15:32 1:24:08 1:25:50 41:36 43:52 47:19 52:41 55:13 56:44 1:02:03	43:52 47:19 2:16 3:27 43:52 47:19 52:41 55:13 56:44 1:02:03	47:19 52:41 3:27 5:22 47:19 52:41 55:13 56:44 1:02:03	52:41 55:13 2:32 1:31 52:41 55:13 56:44 1:02:03	55:13 56:44 1:31 5:19 55:13 56:44 1:02:03								
6		Christian Buchberg MTV Seesen	1:26:59	3:26 6:51 3:26 3:25 1:10:01 1:14:04 3:55 4:03	13:09 15:08 6:18 1:59 1:18:16 1:21:37 4:12 3:21	15:08 22:37 1:59 7:29 1:21:37 1:25:31 3:21 3:54	27:49 46:39 2:14 18:50 1:25:31 1:26:59 46:39 47:54 51:00 56:40 59:40 1:00:56 1:06:06	46:39 47:54 1:15 3:06 46:39 47:54 51:00 56:40 59:40 1:00:56 1:06:06	47:54 51:00 3:06 5:40 47:54 51:00 56:40 59:40 1:00:56 1:06:06	51:00 56:40 3:00 1:16 51:00 56:40 59:40 1:00:56 1:06:06	56:40 59:40 1:16 5:10 56:40 59:40 1:00:56 1:06:06								

Pl	tnr	Name	Zeit															
H55 (17)			6,3 km 220 Hm		19 P		<i>(Forts.)</i>											
			1(69)	2(65)	3(54)	4(34)	5(40)	6(45)	7(39)	8(53)	9(52)	10(37)	11(50)	12(57)	13(38)	14(62)		
			15(49)	16(61)	17(41)	18(63)	19(42)	Ziel										
7		Veikko Baath	1:29:23	2:13	4:32	8:37	10:05	15:47	17:56	19:19	41:38	43:05	46:13	52:58	56:37	58:17	1:05:00	
		TSV Jetzendorf		2:13	2:19	4:05	1:28	5:42	2:09	1:23	22:19	1:27	3:08	6:45	3:39	1:40	6:43	
			1:09:48	1:14:48	1:21:02	1:24:31	1:27:37	1:29:23										
			4:48	5:00	6:14	3:29	3:06	1:46										
8		Werner Drese	1:30:30	2:26	5:13	11:33	13:19	19:35	22:29	23:49	49:36	50:40	55:28	59:55	1:02:44	1:03:59	1:09:24	
		OLV Uslar		2:26	2:47	6:20	1:46	6:16	2:54	1:20	25:47	1:04	4:48	4:27	2:49	1:15	5:25	
			1:13:11	1:17:13	1:22:36	1:25:29	1:28:27	1:30:30										
			3:47	4:02	5:23	2:53	2:58	2:03										
9		Peter Kollenbach	1:31:49	3:46	6:50	12:37	15:02	22:08	25:00	26:29	43:33	45:06	49:19	55:47	58:28	59:47	1:05:23	
		Ski-Club Helsa		3:46	3:04	5:47	2:25	7:06	2:52	1:29	17:04	1:33	4:13	6:28	2:41	1:19	5:36	
			1:12:05	1:18:01	1:23:21	1:26:13	1:29:59	1:31:49										
			6:42	5:56	5:20	2:52	3:46	1:50										
10		Gottfried Labuhn	1:33:39	2:21	4:59	9:22	11:25	16:39	21:15	22:40	39:30	41:42	44:52	49:18	57:25	59:39	1:06:53	
		MTV Seesen		2:21	2:38	4:23	2:03	5:14	4:36	1:25	16:50	2:12	3:10	4:26	8:07	2:14	7:14	
			1:12:29	1:20:08	1:24:54	1:28:09	1:31:11	1:33:39										
			5:36	7:39	4:46	3:15	3:02	2:28										
11		Dirk Strauß	1:40:05	2:35	6:04	18:12	23:33	31:20	36:36	37:53	56:07	57:33	1:04:41	1:09:19	1:11:54	1:13:33	1:18:40	
		SV Hildesia Diekhol		2:35	3:29	12:08	5:21	7:47	5:16	1:17	18:14	1:26	7:08	4:38	2:35	1:39	5:07	
			1:22:39	1:27:15	1:33:16	1:35:37	1:38:36	1:40:05			1:00:38							
			3:59	4:36	6:01	2:21	2:59	1:29										
12		Uwe Dresel	1:45:05	2:33	6:02	12:07	14:19	21:50	25:28	27:54	47:46	49:29	55:37	1:01:57	1:05:08	1:08:24	1:15:19	
		SC Klecken		2:33	3:29	6:05	2:12	7:31	3:38	2:26	19:52	1:43	6:08	6:20	3:11	3:16	6:55	
			1:21:35	1:27:39	1:33:03	1:37:12	1:43:03	1:45:05										
			6:16	6:04	5:24	4:09	5:51	2:02										
13		Ingo Hursie	1:51:07	3:59	7:20	14:14	18:16	27:51	31:59	33:52	57:12	1:00:31	1:04:59	1:11:03	1:14:11	1:15:53	1:22:25	
		USC Magdeburg		3:59	3:21	6:54	4:02	9:35	4:08	1:53	23:20	3:19	4:28	6:04	3:08	1:42	6:32	
			1:29:32	1:34:39	1:41:11	1:45:09	1:49:02	1:51:07										
			7:07	5:07	6:32	3:58	3:53	2:05										
14		Michael Schwien	1:53:52	2:42	5:29	13:05	15:50	25:09	27:45	29:51	1:01:02	1:02:39	1:09:01	1:14:35	1:18:21	1:19:51	1:25:47	
		SC Klecken		2:42	2:47	7:36	2:45	9:19	2:36	2:06	31:11	1:37	6:22	5:34	3:46	1:30	5:56	
			1:31:07	1:38:58	1:44:11	1:47:38	1:51:28	1:53:52										
			5:20	7:51	5:13	3:27	3:50	2:24										
15		Christian Wittenbec	1:59:57	3:42	7:15	12:50	16:32	27:37	30:41	32:44	58:31	1:01:09	1:05:01	1:10:48	1:13:39	1:15:34	1:29:08	
		Turn-Klubb zu Han		3:42	3:33	5:35	3:42	11:05	3:04	2:03	25:47	2:38	3:52	5:47	2:51	1:55	13:34	
			1:34:15	1:43:09	1:50:50	1:54:32	1:58:18	1:59:57										
			5:07	8:54	7:41	3:42	3:46	1:39										
		Göran Wendler	Fehlst	2:08	4:07	8:20	9:49	15:26	18:15	19:59	37:40	40:55	44:03	47:42	49:46	50:56	56:06	
		SV Wissenschaft Qu		2:08	1:59	4:13	1:29	5:37	2:49	1:44	17:41	3:15	3:08	3:39	2:04	1:10	5:10	
			1:00:36	1:04:33	-----	1:11:26	1:14:01	1:15:40			1:09:49							
			4:30	3:57		6:53	2:35	1:39			*66							
		Frank Leppla	N Ang															
		Braunschweiger MT																
D55 (8)			3,9 km		11 P													
			1(77)	2(46)	3(53)	4(52)	5(51)	6(62)	7(66)	8(41)	9(48)	10(63)	11(75)	Ziel				
1		Heidrun Finke	48:17	2:23	6:29	14:55	16:28	19:25	24:25	36:33	37:56	40:55	43:31	47:04	48:17			
		OLV Uslar		2:23	4:06	8:26	1:33	2:57	5:00	12:08	1:23	2:59	2:36	3:33	1:13			
2		Claudia Ducki-Höck	52:08	2:43	7:56	17:00	18:45	23:10	27:48	40:25	41:29	45:03	47:27	50:54	52:08			
		MTK Bad Harzburg		2:43	5:13	9:04	1:45	4:25	4:38	12:37	1:04	3:34	2:24	3:27	1:14			

Pl	tnr	Name	Zeit												
D55 (8)			3,9 km	11 P	<i>(Forts.)</i>										
			1(77)	2(46)	3(53)	4(52)	5(51)	6(62)	7(66)	8(41)	9(48)	10(63)	11(75)	Ziel	
3		Liisa Rihko-Struck Braunschweiger MT	52:59	2:39	8:03	17:05	18:46	21:43	26:22	38:51	40:05	43:33	46:24	51:26	52:59
4		Ulrike Korff SC Achmer	54:14	2:39	5:24	9:02	1:41	2:57	4:39	12:29	1:14	3:28	2:51	5:02	1:33
5		Kristine Fritz OL-Team Filder	1:02:29	3:17	8:52	17:44	19:32	22:11	27:56	39:23	41:56	47:16	49:40	52:58	54:14
6		Barbara Dresel SC Klecken	1:19:09	3:17	5:35	8:52	1:48	2:39	5:45	11:27	2:33	5:20	2:24	3:18	1:16
7		Helena Mathea SV Schorfheide	1:20:18	3:47	10:04	23:36	24:50	29:10	33:37	46:46	48:07	52:50	55:50	1:00:42	1:02:29
		Anne Hanses TuS Bramsche	Fehlst	3:47	6:17	13:32	1:14	4:20	4:27	13:09	1:21	4:43	3:00	4:52	1:47
				3:36	10:49	23:17	25:34	28:44	35:56	1:03:48	1:05:32	1:09:51	1:12:47	1:17:11	1:19:09
				3:36	7:13	12:28	2:17	3:10	7:12	27:52	1:44	4:19	2:56	4:24	1:58
				4:43	9:40	25:52	27:55	31:58	38:50	1:03:19	1:05:36	1:11:29	1:14:48	1:18:50	1:20:18
				4:43	4:57	16:12	2:03	4:03	6:52	24:29	2:17	5:53	3:19	4:02	1:28
				6:16	13:24	-----	-----	-----	-----	-----	-----	-----	-----	44:35	46:39
				6:16	7:08									31:11	2:04
				36:03											
				*72											
H65 (17)			3,9 km	11 P											
			1(77)	2(46)	3(53)	4(52)	5(51)	6(62)	7(66)	8(41)	9(48)	10(63)	11(75)	Ziel	
1		Sergej Sonnenberg Osnabrücker TB	40:47	1:48	5:15	12:04	13:31	16:30	20:29	30:53	31:51	34:33	36:38	39:43	40:47
2		Udo Sobczak MTV Soltau	45:56	1:48	3:27	6:49	1:27	2:59	3:59	10:24	0:58	2:42	2:05	3:05	1:04
3		Erhard Jübermann SC Klecken	52:23	2:09	5:35	17:11	19:28	22:24	26:33	35:25	36:59	39:45	41:44	44:49	45:56
4		Bernd Höfner OLV Uslar	52:36	2:09	3:26	11:36	2:17	2:56	4:09	8:52	1:34	2:46	1:59	3:05	1:07
5		Wolfgang Krause SV Wissenschaft Qu	54:16	2:23	7:20	16:01	18:21	21:24	26:43	38:06	39:51	45:40	48:13	51:10	52:23
6		Helmut Conrad USV TU Dresden	55:27	2:23	4:57	8:41	2:20	3:03	5:19	11:23	1:45	5:49	2:33	2:57	1:13
7		Reinhard In der Str Osnabrücker TB	55:38	2:00	7:11	15:22	17:28	21:16	26:10	38:31	39:50	43:31	46:01	51:25	52:36
8		Siegfried May RSV Hannover	57:32	2:00	5:11	8:11	2:06	3:48	4:54	12:21	1:19	3:41	2:30	5:24	1:11
9		Wilhelm Holz OLV Uslar	59:19	3:11	7:38	17:27	18:55	21:44	26:43	40:40	41:52	45:09	49:02	52:47	54:16
10		Ferdinand Hanses TuS Bramsche	1:00:20	3:11	4:27	9:49	1:28	2:49	4:59	13:57	1:12	3:17	3:53	3:45	1:29
11		Ronald Brachmann SV Wissenschaft Qu	1:01:52	2:04	7:03	15:28	17:32	22:21	27:52	38:45	40:02	47:27	50:09	54:09	55:27
12		Thomas Schoepf OSC Kassel	1:01:57	2:04	4:59	8:25	2:04	4:49	5:31	10:53	1:17	7:25	2:42	4:00	1:18
13		Bernd Wollenberg SV Schorfheide	1:19:53	2:00	7:23	21:48	23:09	25:49	30:34	41:31	42:49	46:28	49:05	53:51	55:38
14		Alfred Newerla RSV Hannover	1:20:05	2:00	5:23	14:25	1:21	2:40	4:45	10:57	1:18	3:39	2:37	4:46	1:47
15		Karl-Heinz Seefeld OLV Uslar	1:23:34	2:09	6:55	17:12	19:49	22:47	27:32	45:10	46:47	49:58	52:22	55:54	57:32
AK		Rochus Souan SV Hildesia Diekhol	56:15	2:09	4:46	10:17	2:37	2:58	4:45	17:38	1:37	3:11	2:24	3:32	1:38
AK		Wilf Holloway	57:18	2:32	9:03	18:47	20:20	23:24	29:18	45:03	46:38	49:44	53:29	57:48	59:19
				2:32	6:31	9:44	1:33	3:04	5:54	15:45	1:35	3:06	3:45	4:19	1:31
				2:53	8:23	18:08	20:20	24:41	30:56	43:42	45:38	50:25	54:26	58:53	1:00:20
				2:53	5:30	9:45	2:12	4:21	6:15	12:46	1:56	4:47	4:01	4:27	1:27
				4:28	9:08	17:50	26:53	30:48	35:36	46:09	47:37	51:54	54:30	1:00:37	1:01:52
				4:28	4:40	8:42	9:03	3:55	4:48	10:33	1:28	4:17	2:36	6:07	1:15
				2:24	8:48	22:29	24:30	27:28	32:42	45:46	47:18	51:34	54:55	1:00:24	1:01:57
				2:24	6:24	13:41	2:01	2:58	5:14	13:04	1:32	4:16	3:21	5:29	1:33
				3:19	11:17	26:04	28:33	33:36	40:13	56:43	1:00:13	1:06:28	1:10:44	1:17:48	1:19:53
				3:19	7:58	14:47	2:29	5:03	6:37	16:30	3:30	6:15	4:16	7:04	2:05
				9:12	14:10	25:03	26:28	29:16	35:51	56:55	58:24	1:09:48	1:13:10	1:18:06	1:20:05
				9:12	4:58	10:53	1:25	2:48	6:35	21:04	1:29	11:24	3:22	4:56	1:59
				2:35	8:54	21:44	25:26	30:36	38:38	57:29	59:09	1:04:17	1:11:57	1:20:13	1:23:34
				2:35	6:19	12:50	3:42	5:10	8:02	18:51	1:40	5:08	7:40	8:16	3:21
				2:34	7:15	17:09	18:48	22:01	27:50	42:03	43:55	47:24	49:59	54:39	56:15
				2:34	4:41	9:54	1:39	3:13	5:49	14:13	1:52	3:29	2:35	4:40	1:36

Pl	tnr	Name	Zeit											
H65 (17)			3,9 km	11 P	<i>(Forts.)</i>									
			1(77)	2(46)	3(53)	4(52)	5(51)	6(62)	7(66)	8(41)	9(48)	10(63)	11(75)	Ziel
		kein Verein	2:50	6:10	11:47	1:41	2:51	5:09	12:07	1:28	3:58	3:55	4:11	1:11
D65 (4)			3,7 km	10 P										
			1(77)	2(46)	3(52)	4(53)	5(62)	6(66)	7(41)	8(48)	9(63)	10(75)	Ziel	
1		Petra Speth-Rothaug	1:03:38	4:41	10:46	24:28	26:33	32:30	49:21	51:26	54:45	57:19	1:01:57	1:03:38
		OSC Kassel		4:41	6:05	13:42	2:05	5:57	16:51	2:05	3:19	2:34	4:38	1:41
2		Antje Sobczak	1:05:38	2:40	14:36	27:21	29:18	34:13	46:54	48:39	56:15	1:00:23	1:04:23	1:05:38
		MTV Soltau		2:40	11:56	12:45	1:57	4:55	12:41	1:45	7:36	4:08	4:00	1:15
3		Birgitt Michel	1:07:12	2:54	11:40	24:25	26:39	31:03	46:06	48:57	56:54	1:00:20	1:05:18	1:07:12
		TV Jahn Wolfsburg		2:54	8:46	12:45	2:14	4:24	15:03	2:51	7:57	3:26	4:58	1:54
		Gudrun In der Strot	Fehlst	6:47	18:04	34:16	36:26	42:20	1:09:32	1:12:30	-----	1:40:02	1:49:06	1:52:10
		Osnabrücker TB		6:47	11:17	16:12	2:10	5:54	27:12	2:58	-----	27:32	9:04	3:04
H75 (6)			3,7 km	10 P										
			1(77)	2(46)	3(52)	4(53)	5(62)	6(66)	7(41)	8(48)	9(63)	10(75)	Ziel	
1		Dieter Conrad	53:30	2:17	8:08	18:33	20:07	24:05	38:52	40:13	43:26	48:02	52:13	53:30
		SV Wissenschaft Qu		2:17	5:51	10:25	1:34	3:58	14:47	1:21	3:13	4:36	4:11	1:17
2		Karlheinz Niescken	1:02:26	2:06	11:16	29:04	30:25	34:52	47:43	49:04	53:35	56:54	1:01:14	1:02:26
		SSV Langenhagen		2:06	9:10	17:48	1:21	4:27	12:51	1:21	4:31	3:19	4:20	1:12
3		Günter Gohde	1:17:26	4:42	10:51	22:01	27:44	32:33	49:31	51:12	1:07:43	1:11:30	1:15:45	1:17:26
		Turn-Klubb zu Han		4:42	6:09	11:10	5:43	4:49	16:58	1:41	16:31	3:47	4:15	1:41
4		Peter Wichmann	1:17:27	3:03	9:15	21:56	24:28	34:38	59:29	1:01:09	1:07:28	1:10:52	1:15:27	1:17:27
		USC Magdeburg		3:03	6:12	12:41	2:32	10:10	24:51	1:40	6:19	3:24	4:35	2:00
5		Reinhard Jahn	1:31:57	3:30	12:56	25:16	30:29	35:28	1:04:54	1:06:28	1:17:23	1:21:04	1:30:02	1:31:57
		Braunschweiger MT		3:30	9:26	12:20	5:13	4:59	29:26	1:34	10:55	3:41	8:58	1:55
		Dieter Brockfeld	Aufg	4:34	19:40	46:22	50:22	1:01:46	-----	-----	-----	-----	2:06:00	2:09:39
		Osnabrücker TB		4:34	15:06	26:42	4:00	11:24	-----	-----	-----	-----	1:04:14	3:39