

Ergebnis – DM Sprint 2024 Quali

2024-06-15

| W21-1 | (16 / 18) | | Zeit | Rückstand | | |
|---------------------|-----------------------|--------------|--------------|------------------|--------------|--|
| 1. Birte Friedrichs | MTV Seesen | | 13:42 | | | |
| 2:07 (2:07) | 0:29 (2:36) | 0:54 (3:30) | 0:48 (4:18) | 1:22 (5:40) | 1:26 (7:06) | |
| 1:19 (8:25) | 1:00 (9:25) | 0:46 (10:11) | 0:47 (10:58) | 0:09 (11:07) | 0:46 (11:53) | |
| 1:03 (12:56) | 0:34 (13:30) | 0:12 (13:42) | | | | |
| 2. Katharina Linke | MTV Seesen | | 14:24 | +0:42 | | |
| 2:12 (2:12) | 0:33 (2:45) | 0:55 (3:40) | 0:44 (4:24) | 1:40 (6:04) | 1:36 (7:40) | |
| 1:20 (9:00) | 1:04 (10:04) | 0:46 (10:50) | 0:51 (11:41) | 0:10 (11:51) | 0:49 (12:40) | |
| 1:03 (13:43) | 0:30 (14:13) | 0:11 (14:24) | | | | |
| 3. Wenke Heinemann | SV Robotron Dresden | | 14:36 | +0:54 | | |
| 2:02 (2:02) | 0:43 (2:45) | 0:55 (3:40) | 0:50 (4:30) | 1:31 (6:01) | 1:36 (7:37) | |
| 1:25 (9:02) | 1:06 (10:08) | 0:45 (10:53) | 0:49 (11:42) | 0:09 (11:51) | 0:54 (12:45) | |
| 1:11 (13:56) | 0:30 (14:26) | 0:10 (14:36) | | | | |
| 4. Patricia Siegert | USV TU Dresden | | 15:17 | +1:35 | | |
| 2:07 (2:07) | 0:40 (2:47) | 1:09 (3:56) | 0:59 (4:55) | 1:31 (6:26) | 1:35 (8:01) | |
| 1:29 (9:30) | 1:08 (10:38) | 0:57 (11:35) | 0:55 (12:30) | 0:11 (12:41) | 0:50 (13:31) | |
| 1:03 (14:34) | 0:33 (15:07) | 0:10 (15:17) | | | | |
| 5. Larissa Saß | OLF Mainz | | 15:18 | +1:36 | | |
| 2:08 (2:08) | 0:36 (2:44) | 0:50 (3:34) | 0:49 (4:23) | 1:36 (5:59) | 1:49 (7:48) | |
| 1:22 (9:10) | 1:08 (10:18) | 0:47 (11:05) | 0:54 (11:59) | 0:11 (12:10) | 0:55 (13:05) | |
| 1:16 (14:21) | 0:44 (15:05) | 0:13 (15:18) | | | | |
| 6. Marit Heinemann | SV Robotron Dresden | | 15:21 | +1:39 | | |
| 2:03 (2:03) | 1:08 (3:11) | 0:52 (4:03) | 0:50 (4:53) | 1:26 (6:19) | 1:40 (7:59) | |
| 1:25 (9:24) | 1:07 (10:31) | 1:05 (11:36) | 0:51 (12:27) | 0:09 (12:36) | 0:56 (13:32) | |
| 1:10 (14:42) | 0:30 (15:12) | 0:09 (15:21) | | | | |
| 7. Marit Wersin | TGM Budenheim | | 15:43 | +2:01 | | |
| 2:11 (2:11) | 0:41 (2:52) | 0:59 (3:51) | 0:53 (4:44) | 1:27 (6:11) | 1:59 (8:10) | |
| 1:27 (9:37) | 1:07 (10:44) | 0:51 (11:35) | 0:53 (12:28) | 0:11 (12:39) | 0:56 (13:35) | |
| 1:18 (14:53) | 0:37 (15:30) | 0:13 (15:43) | | | | |
| 8. Paula Mühlstein | OSC Kassel | | 16:05 | +2:23 | | |
| 2:09 (2:09) | 0:38 (2:47) | 0:52 (3:39) | 0:51 (4:30) | 1:30 (6:00) | 1:48 (7:48) | |
| 1:28 (9:16) | 1:09 (10:25) | 1:22 (11:47) | 0:55 (12:42) | 0:25 (13:07) | 0:54 (14:01) | |
| 1:17 (15:18) | 0:35 (15:53) | 0:12 (16:05) | | | | |
| 9. Ellen Klüser | USV TU Dresden | | 16:26 | +2:44 | | |
| 2:01 (2:01) | 0:32 (2:33) | 0:46 (3:19) | 0:45 (4:04) | 1:23 (5:27) | 3:48 (9:15) | |
| 1:25 (10:40) | 1:06 (11:46) | 0:55 (12:41) | 0:49 (13:30) | 0:09 (13:39) | 0:53 (14:32) | |
| 1:06 (15:38) | 0:37 (16:15) | 0:11 (16:26) | | | | |
| 9. Sophie Kraus | OLG Regensburg | | 16:26 | +2:44 | | |
| 2:21 (2:21) | 0:40 (3:01) | 0:52 (3:53) | 0:59 (4:52) | 1:37 (6:29) | 1:57 (8:26) | |
| 1:36 (10:02) | 1:18 (11:20) | 0:59 (12:19) | 0:52 (13:11) | 0:11 (13:22) | 0:56 (14:18) | |
| 1:17 (15:35) | 0:38 (16:13) | 0:13 (16:26) | | | | |
| 11. Veronika Engl | OLG Regensburg | | 16:41 | +2:59 | | |
| 2:10 (2:10) | 0:49 (2:59) | 1:06 (4:05) | 0:54 (4:59) | 1:42 (6:41) | 2:26 (9:07) | |
| 1:32 (10:39) | 1:14 (11:53) | 0:49 (12:42) | 0:58 (13:40) | 0:10 (13:50) | 0:57 (14:47) | |
| 1:08 (15:55) | 0:33 (16:28) | 0:13 (16:41) | | | | |
| 12. Liv Grete Olsen | USV TU Dresden | | 17:04 | +3:22 | | |
| 2:25 (2:25) | 0:37 (3:02) | 0:53 (3:55) | 0:53 (4:48) | 1:29 (6:17) | 1:44 (8:01) | |
| 1:34 (9:35) | 1:20 (10:55) | 0:59 (11:54) | 1:34 (13:28) | 0:11 (13:39) | 1:28 (15:07) | |
| 1:10 (16:17) | 0:36 (16:53) | 0:11 (17:04) | | | | |
| 13. Jasmin Hertel | OLG Regensburg | | 17:47 | +4:05 | | |
| 2:19 (2:19) | 0:44 (3:03) | 1:07 (4:10) | 0:56 (5:06) | 1:41 (6:47) | 1:53 (8:40) | |
| 1:52 (10:32) | 1:23 (11:55) | 1:00 (12:55) | 1:09 (14:04) | 0:12 (14:16) | 1:06 (15:22) | |
| 1:33 (16:55) | 0:39 (17:34) | 0:13 (17:47) | | | | |
| 14. Inken Deichmann | Ski-Club Helsa | | 17:49 | +4:07 | | |
| 2:17 (2:17) | 0:52 (3:09) | 1:27 (4:36) | 0:55 (5:31) | 1:38 (7:09) | 2:28 (9:37) | |
| 1:27 (11:04) | 1:15 (12:19) | 0:58 (13:17) | 0:57 (14:14) | 0:12 (14:26) | 1:08 (15:34) | |
| 1:23 (16:57) | 0:40 (17:37) | 0:12 (17:49) | | | | |
| 15. Pia Buchholz | MTK Bad Harzburg | | 18:31 | +4:49 | | |
| 2:22 (2:22) | 0:51 (3:13) | 1:05 (4:18) | 0:58 (5:16) | 1:49 (7:05) | 2:14 (9:19) | |
| 1:47 (11:06) | 1:26 (12:32) | 1:03 (13:35) | 1:02 (14:37) | 0:13 (14:50) | 1:16 (16:06) | |
| 1:33 (17:39) | 0:38 (18:17) | 0:14 (18:31) | | | | |
| 16. Thessa Jobst | Berliner Turnerschaft | | 22:22 | +8:40 | | |
| 2:46 (2:46) | 0:59 (3:45) | 1:09 (4:54) | 0:58 (5:52) | 1:44 (7:36) | 5:14 (12:50) | |
| 1:51 (14:41) | 1:26 (16:07) | 0:55 (17:02) | 1:05 (18:07) | 0:12 (18:19) | 1:17 (19:36) | |
| 1:42 (21:18) | 0:48 (22:06) | 0:16 (22:22) | | | | |

| W21-2 | (16 / 18) | | Zeit | Rückstand | | |
|-------------------------|---------------------|--------------|--------------|------------------|--------------|--|
| 1. Julia Fritz | OL-Team Filder | | 14:14 | | | |
| 2:13 (2:13) | 0:14 (2:27) | 0:35 (3:02) | 0:36 (3:38) | 0:21 (3:59) | 3:30 (7:29) | |
| 1:13 (8:42) | 0:46 (9:28) | 0:18 (9:46) | 0:13 (9:59) | 1:17 (11:16) | 0:48 (12:04) | |
| 0:39 (12:43) | 1:07 (13:50) | 0:12 (14:02) | 0:12 (14:14) | | | |
| 2. Lone Constanze Pompe | SV Robotron Dresden | | 14:18 | +0:04 | | |
| 2:03 (2:03) | 0:15 (2:18) | 0:30 (2:48) | 0:43 (3:31) | 0:22 (3:53) | 3:27 (7:20) | |
| 1:13 (8:33) | 0:47 (9:20) | 0:35 (9:55) | 0:12 (10:07) | 1:16 (11:23) | 0:40 (12:03) | |
| 0:40 (12:43) | 1:13 (13:56) | 0:11 (14:07) | 0:11 (14:18) | | | |

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|-----|--------------------|----------------------------|--------------|--------------|--------------|--------------|
| 3. | Patricia Nieke | USV TU Dresden | 14:27 | +0:13 | | |
| | 2:03 (2:03) | 0:19 (2:22) | 0:37 (2:59) | 0:44 (3:43) | 0:25 (4:08) | 3:25 (7:33) |
| | 1:11 (8:44) | 0:49 (9:33) | 0:19 (9:52) | 0:13 (10:05) | 1:13 (11:18) | 0:47 (12:05) |
| | 0:43 (12:48) | 1:17 (14:05) | 0:11 (14:16) | 0:11 (14:27) | | |
| 4. | Marlene Fritz | OL-Team Filder | 14:28 | +0:14 | | |
| | 2:14 (2:14) | 0:14 (2:28) | 0:34 (3:02) | 0:34 (3:36) | 0:21 (3:57) | 3:35 (7:32) |
| | 1:15 (8:47) | 0:46 (9:33) | 0:15 (9:48) | 0:15 (10:03) | 1:23 (11:26) | 0:49 (12:15) |
| | 0:38 (12:53) | 1:11 (14:04) | 0:13 (14:17) | 0:11 (14:28) | | |
| 5. | Isabel Seeger | OLG Regensburg | 14:34 | +0:20 | | |
| | 2:07 (2:07) | 0:15 (2:22) | 0:34 (2:56) | 0:46 (3:42) | 0:23 (4:05) | 3:20 (7:25) |
| | 1:17 (8:42) | 0:50 (9:32) | 0:19 (9:51) | 0:13 (10:04) | 1:23 (11:27) | 0:49 (12:16) |
| | 0:40 (12:56) | 1:12 (14:08) | 0:13 (14:21) | 0:13 (14:34) | | |
| 6. | Meike Hensseler | MTV Seesen | 15:55 | +1:41 | | |
| | 2:15 (2:15) | 0:17 (2:32) | 0:36 (3:08) | 0:40 (3:48) | 0:24 (4:12) | 3:42 (7:54) |
| | 1:28 (9:22) | 0:50 (10:12) | 0:26 (10:38) | 0:13 (10:51) | 2:02 (12:53) | 0:47 (13:40) |
| | 0:44 (14:24) | 1:08 (15:32) | 0:13 (15:45) | 0:10 (15:55) | | |
| 7. | Lisa Kästner | TV Oberbexbach | 16:31 | +2:17 | | |
| | 2:22 (2:22) | 0:18 (2:40) | 0:43 (3:23) | 0:58 (4:21) | 0:26 (4:47) | 3:52 (8:39) |
| | 1:22 (10:01) | 0:58 (10:59) | 0:24 (11:23) | 0:16 (11:39) | 1:26 (13:05) | 0:54 (13:59) |
| | 0:49 (14:48) | 1:16 (16:04) | 0:14 (16:18) | 0:13 (16:31) | | |
| 8. | Eline Kärger | OK Leipzig | 17:06 | +2:52 | | |
| | 2:37 (2:37) | 0:15 (2:52) | 0:35 (3:27) | 0:39 (4:06) | 0:23 (4:29) | 3:59 (8:28) |
| | 1:47 (10:15) | 0:51 (11:06) | 0:40 (11:46) | 0:14 (12:00) | 1:34 (13:34) | 0:52 (14:26) |
| | 0:45 (15:11) | 1:30 (16:41) | 0:14 (16:55) | 0:11 (17:06) | | |
| 9. | Franka Klein | USV TU Dresden | 17:15 | +3:01 | | |
| | 2:24 (2:24) | 0:16 (2:40) | 0:38 (3:18) | 0:44 (4:02) | 0:30 (4:32) | 4:22 (8:54) |
| | 1:29 (10:23) | 1:13 (11:36) | 0:17 (11:53) | 0:15 (12:08) | 1:34 (13:42) | 0:55 (14:37) |
| | 0:53 (15:30) | 1:18 (16:48) | 0:15 (17:03) | 0:12 (17:15) | | |
| 10. | Pina Mauch | Berliner Turnerschaft | 17:30 | +3:16 | | |
| | 2:21 (2:21) | 0:17 (2:38) | 0:40 (3:18) | 0:41 (3:59) | 0:27 (4:26) | 4:20 (8:46) |
| | 1:26 (10:12) | 0:57 (11:09) | 0:39 (11:48) | 0:16 (12:04) | 1:36 (13:40) | 0:56 (14:36) |
| | 0:55 (15:31) | 1:29 (17:00) | 0:16 (17:16) | 0:14 (17:30) | | |
| 11. | Sophie Käriäinen | USV TU Dresden | 19:01 | +4:47 | | |
| | 2:59 (2:59) | 0:18 (3:17) | 0:43 (4:00) | 0:54 (4:54) | 0:43 (5:37) | 4:16 (9:53) |
| | 1:45 (11:38) | 1:05 (12:43) | 0:21 (13:04) | 0:18 (13:22) | 1:46 (15:08) | 0:56 (16:04) |
| | 0:54 (16:58) | 1:32 (18:30) | 0:16 (18:46) | 0:15 (19:01) | | |
| 12. | Athina Hirsch | ESV Lok Berlin-Schöneweide | 19:51 | +5:37 | | |
| | 2:53 (2:53) | 0:20 (3:13) | 0:43 (3:56) | 0:43 (4:39) | 0:31 (5:10) | 4:23 (9:33) |
| | 1:43 (11:16) | 0:56 (12:12) | 1:07 (13:19) | 0:17 (13:36) | 2:09 (15:45) | 1:03 (16:48) |
| | 1:06 (17:54) | 1:30 (19:24) | 0:16 (19:40) | 0:11 (19:51) | | |
| 13. | Louisa Kollenbach | Ski-Club Helsa | 20:48 | +6:34 | | |
| | 4:05 (4:05) | 0:18 (4:23) | 0:47 (5:10) | 0:54 (6:04) | 0:27 (6:31) | 4:31 (11:02) |
| | 1:48 (12:50) | 1:01 (13:51) | 0:22 (14:13) | 0:16 (14:29) | 2:12 (16:41) | 1:10 (17:51) |
| | 0:51 (18:42) | 1:37 (20:19) | 0:16 (20:35) | 0:13 (20:48) | | |
| | Felicitas Vogt | USV TU Dresden | Fehlst. | | | |
| | 5:29 (5:29) | 0:40 (6:09) | – (-) | – (-) | – (7:03) | – (-) |
| | – (19:54) | – (-) | – (-) | – (-) | – (-) | – (-) |
| | – (22:08) | 4:10 (26:18) | 0:35 (26:53) | 0:36 (27:29) | | |
| | Kimberly Erlebach | BSV Halle-Ammendorf | Fehlst. | | | |
| | 3:23 (3:23) | 0:19 (3:42) | 1:05 (4:47) | 1:13 (6:00) | 0:31 (6:31) | 4:55 (11:26) |
| | 2:05 (13:31) | 1:13 (14:44) | 1:33 (16:17) | – (-) | – (18:06) | 2:15 (20:21) |
| | 1:10 (21:31) | 1:48 (23:19) | 0:16 (23:35) | 0:13 (23:48) | | |
| | AK__Ninett Wolfram | SG Zittau Süd | Nicht Ang. | | | |
| | – (-) | – (-) | – (-) | – (-) | – (-) | – (-) |
| | – (-) | – (-) | – (-) | – (-) | – (-) | – (-) |
| | – (-) | – (-) | – (-) | – (-) | – (-) | – (-) |

| W21-3 | | (16 / 17) | Zeit | Rückstand | | |
|-------|---------------------|----------------|--------------|--------------|--------------|--------------|
| 1. | Maren Guthier | OLV Steinberg | 13:43 | | | |
| | 1:53 (1:53) | 0:46 (2:39) | 0:51 (3:30) | 0:20 (3:50) | 0:40 (4:30) | 0:41 (5:11) |
| | 0:30 (5:41) | 2:41 (8:22) | 0:37 (8:59) | 0:52 (9:51) | 1:05 (10:56) | 0:47 (11:43) |
| | 0:20 (12:03) | 1:10 (13:13) | 0:21 (13:34) | 0:09 (13:43) | | |
| 2. | Emma Caspari | OL Team Lippe | 14:09 | +0:26 | | |
| | 2:01 (2:01) | 0:48 (2:49) | 0:48 (3:37) | 0:19 (3:56) | 0:43 (4:39) | 0:48 (5:27) |
| | 0:30 (5:57) | 2:53 (8:50) | 0:33 (9:23) | 0:45 (10:08) | 1:04 (11:12) | 0:43 (11:55) |
| | 0:20 (12:15) | 1:18 (13:33) | 0:25 (13:58) | 0:11 (14:09) | | |
| 3. | Paula Starke | USV TU Dresden | 14:17 | +0:34 | | |
| | 2:02 (2:02) | 0:47 (2:49) | 0:53 (3:42) | 0:20 (4:02) | 0:39 (4:41) | 1:02 (5:43) |
| | 0:29 (6:12) | 2:41 (8:53) | 0:32 (9:25) | 0:52 (10:17) | 1:06 (11:23) | 0:40 (12:03) |
| | 0:20 (12:23) | 1:18 (13:41) | 0:25 (14:06) | 0:11 (14:17) | | |
| 4. | Charlotte Leonhardt | USV TU Dresden | 14:50 | +1:07 | | |
| | 2:11 (2:11) | 0:48 (2:59) | 0:53 (3:52) | 0:19 (4:11) | 0:43 (4:54) | 0:45 (5:39) |
| | 0:31 (6:10) | 2:49 (8:59) | 0:35 (9:34) | 0:50 (10:24) | 1:12 (11:36) | 0:44 (12:20) |
| | 0:23 (12:43) | 1:32 (14:15) | 0:24 (14:39) | 0:11 (14:50) | | |
| 5. | Anna Reinhardt | USV TU Dresden | 15:22 | +1:39 | | |
| | 2:23 (2:23) | 0:46 (3:09) | 0:51 (4:00) | 0:23 (4:23) | 0:44 (5:07) | 0:45 (5:52) |
| | 0:30 (6:22) | 3:09 (9:31) | 0:37 (10:08) | 0:49 (10:57) | 1:10 (12:07) | 0:47 (12:54) |
| | 0:24 (13:18) | 1:24 (14:42) | 0:27 (15:09) | 0:13 (15:22) | | |
| 6. | Mareike Seeger | OLG Regensburg | 15:23 | +1:40 | | |
| | 2:13 (2:13) | 0:52 (3:05) | 0:49 (3:54) | 0:22 (4:16) | 0:45 (5:01) | 0:48 (5:49) |
| | 0:46 (6:35) | 3:00 (9:35) | 0:41 (10:16) | 0:49 (11:05) | 1:11 (12:16) | 0:43 (12:59) |
| | 0:24 (13:23) | 1:22 (14:45) | 0:26 (15:11) | 0:12 (15:23) | | |

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|-----|---------------------|-----------------------------|--------------|--------------|--------------|--------------|
| 7. | Sabine Rothaug | OSC Kassel | 15:56 | +2:13 | | |
| | 2:11 (2:11) | 0:46 (2:57) | 0:57 (3:54) | 0:21 (4:15) | 0:43 (4:58) | 0:54 (5:52) |
| | 0:33 (6:25) | 3:01 (9:26) | 0:41 (10:07) | 0:52 (10:59) | 1:07 (12:06) | 0:47 (12:53) |
| | 0:24 (13:17) | 1:59 (15:16) | 0:27 (15:43) | 0:13 (15:56) | | |
| 8. | Hanne Kaufmann | USV TU Dresden | 16:55 | +3:12 | | |
| | 2:27 (2:27) | 1:00 (3:27) | 0:51 (4:18) | 0:23 (4:41) | 0:51 (5:32) | 0:52 (6:24) |
| | 0:35 (6:59) | 3:45 (10:44) | 0:40 (11:24) | 0:53 (12:17) | 1:16 (13:33) | 0:49 (14:22) |
| | 0:25 (14:47) | 1:31 (16:18) | 0:26 (16:44) | 0:11 (16:55) | | |
| 9. | Lena-Maria Klose | MTV Seesen | 17:22 | +3:39 | | |
| | 2:42 (2:42) | 0:56 (3:38) | 1:05 (4:43) | 0:23 (5:06) | 0:48 (5:54) | 0:54 (6:48) |
| | 0:36 (7:24) | 3:31 (10:55) | 0:42 (11:37) | 1:02 (12:39) | 1:18 (13:57) | 0:53 (14:50) |
| | 0:28 (15:18) | 1:27 (16:45) | 0:26 (17:11) | 0:11 (17:22) | | |
| 10. | Friederike Graumann | ESV Lok Berlin-Schöneeweide | 17:28 | +3:45 | | |
| | 2:34 (2:34) | 0:57 (3:31) | 1:02 (4:33) | 0:23 (4:56) | 0:51 (5:47) | 0:50 (6:37) |
| | 0:33 (7:10) | 3:26 (10:36) | 0:43 (11:19) | 0:57 (12:16) | 1:36 (13:52) | 0:52 (14:44) |
| | 0:26 (15:10) | 1:35 (16:45) | 0:30 (17:15) | 0:13 (17:28) | | |
| 11. | Nora Schüßler | Gundelfinger Turnerschaft | 17:36 | +3:53 | | |
| | 2:34 (2:34) | 0:55 (3:29) | 1:03 (4:32) | 0:24 (4:56) | 0:48 (5:44) | 0:51 (6:35) |
| | 0:34 (7:09) | 3:51 (11:00) | 0:39 (11:39) | 0:59 (12:38) | 1:30 (14:08) | 0:52 (15:00) |
| | 0:26 (15:26) | 1:30 (16:56) | 0:28 (17:24) | 0:12 (17:36) | | |
| 12. | Svetlana Vasileva | USV TU Dresden | 19:51 | +6:08 | | |
| | 2:55 (2:55) | 1:01 (3:56) | 1:27 (5:23) | 0:25 (5:48) | 0:52 (6:40) | 0:49 (7:29) |
| | 0:54 (8:23) | 3:50 (12:13) | 0:53 (13:06) | 1:01 (14:07) | 1:28 (15:35) | 0:53 (16:28) |
| | 0:27 (16:55) | 2:14 (19:09) | 0:28 (19:37) | 0:14 (19:51) | | |
| 13. | Chalia Oertelt | OL Görlitz | 22:12 | +8:29 | | |
| | 3:42 (3:42) | 1:04 (4:46) | 1:17 (6:03) | 0:25 (6:28) | 1:04 (7:32) | 1:23 (8:55) |
| | 0:41 (9:36) | 4:18 (13:54) | 0:56 (14:50) | 1:00 (15:50) | 1:31 (17:21) | 1:29 (18:50) |
| | 0:31 (19:21) | 2:07 (21:28) | 0:34 (22:02) | 0:10 (22:12) | | |
| | Clara Schlittermann | ESV Lok Berlin-Schöneeweide | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | Jasmin Bechtel | OSC Kassel | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | Julia Sorgatz | OSC Hamburg | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

| D14-1 | | (16 / 17) | Zeit | Rückstand | | |
|--------------|----------------------|-----------------------------|--------------|------------------|--------------|--------------|
| 1. | Selma Drechsler | Post SV Dresden | 12:25 | | | |
| | 1:11 (1:11) | 0:55 (2:06) | 0:48 (2:54) | 0:20 (3:14) | 1:14 (4:28) | 1:30 (5:58) |
| | 1:01 (6:59) | 0:48 (7:47) | 0:39 (8:26) | 0:18 (8:44) | 2:00 (10:44) | 0:33 (11:17) |
| | 0:47 (12:04) | 0:10 (12:14) | 0:11 (12:25) | | | |
| 2. | Anna Basic | Ski-Club Helsa | 14:10 | +1:45 | | |
| | 1:25 (1:25) | 1:09 (2:34) | 1:02 (3:36) | 0:18 (3:54) | 1:06 (5:00) | 1:33 (6:33) |
| | 1:01 (7:34) | 1:06 (8:40) | 1:22 (10:02) | 0:19 (10:21) | 2:06 (12:27) | 0:49 (13:16) |
| | 0:33 (13:49) | 0:13 (14:02) | 0:08 (14:10) | | | |
| 3. | Jara Lauer | OLG Regensburg | 14:36 | +2:11 | | |
| | 1:34 (1:34) | 1:14 (2:48) | 0:59 (3:47) | 0:20 (4:07) | 1:18 (5:25) | 1:52 (7:17) |
| | 1:22 (8:39) | 1:02 (9:41) | 1:08 (10:49) | 0:20 (11:09) | 1:48 (12:57) | 0:43 (13:40) |
| | 0:33 (14:13) | 0:13 (14:26) | 0:10 (14:36) | | | |
| 4. | Emma Götz | USV Jena | 15:03 | +2:38 | | |
| | 1:27 (1:27) | 1:18 (2:45) | 0:57 (3:42) | 0:19 (4:01) | 1:25 (5:26) | 2:02 (7:28) |
| | 1:13 (8:41) | 1:11 (9:52) | 0:52 (10:44) | 0:21 (11:05) | 2:04 (13:09) | 0:43 (13:52) |
| | 0:44 (14:36) | 0:14 (14:50) | 0:13 (15:03) | | | |
| 5. | Nele Simon | OLG Regensburg | 15:10 | +2:45 | | |
| | 1:41 (1:41) | 1:19 (3:00) | 1:17 (4:17) | 0:20 (4:37) | 1:09 (5:46) | 1:53 (7:39) |
| | 1:19 (8:58) | 0:57 (9:55) | 1:01 (10:56) | 0:21 (11:17) | 2:15 (13:32) | 0:37 (14:09) |
| | 0:37 (14:46) | 0:12 (14:58) | 0:12 (15:10) | | | |
| 6. | Ida-Ophelia Schenker | USV Jena | 15:19 | +2:54 | | |
| | 1:26 (1:26) | 1:17 (2:43) | 1:01 (3:44) | 0:19 (4:03) | 1:53 (5:56) | 1:43 (7:39) |
| | 1:07 (8:46) | 1:05 (9:51) | 0:56 (10:47) | 0:21 (11:08) | 2:19 (13:27) | 0:42 (14:09) |
| | 0:45 (14:54) | 0:15 (15:09) | 0:10 (15:19) | | | |
| 7. | Anne von Keutz | OLG Regensburg | 16:07 | +3:42 | | |
| | 1:26 (1:26) | 1:17 (2:43) | 1:10 (3:53) | 0:16 (4:09) | 1:13 (5:22) | 2:01 (7:23) |
| | 1:25 (8:48) | 1:00 (9:48) | 1:18 (11:06) | 0:18 (11:24) | 2:58 (14:22) | 0:44 (15:06) |
| | 0:37 (15:43) | 0:14 (15:57) | 0:10 (16:07) | | | |
| 8. | Lisa Löhning | USV TU Dresden | 17:19 | +4:54 | | |
| | 1:36 (1:36) | 1:36 (3:12) | 1:06 (4:18) | 0:22 (4:40) | 1:27 (6:07) | 2:22 (8:29) |
| | 1:30 (9:59) | 1:24 (11:23) | 1:30 (12:53) | 0:22 (13:15) | 2:09 (15:24) | 0:46 (16:10) |
| | 0:41 (16:51) | 0:16 (17:07) | 0:12 (17:19) | | | |
| 9. | Sina Lexen | SC Königstein | 18:06 | +5:41 | | |
| | 1:31 (1:31) | 1:12 (2:43) | 1:06 (3:49) | 0:21 (4:10) | 1:15 (5:25) | 1:38 (7:03) |
| | 4:35 (11:38) | 0:54 (12:32) | 1:27 (13:59) | 0:19 (14:18) | 2:05 (16:23) | 0:43 (17:06) |
| | 0:38 (17:44) | 0:12 (17:56) | 0:10 (18:06) | | | |
| 10. | Emilia Schlittermann | ESV Lok Berlin-Schöneeweide | 19:01 | +6:36 | | |
| | 2:12 (2:12) | 1:33 (3:45) | 1:08 (4:53) | 0:19 (5:12) | 1:20 (6:32) | 2:01 (8:33) |
| | 1:40 (10:13) | 1:42 (11:55) | 1:09 (13:04) | 0:29 (13:33) | 3:13 (16:46) | 1:02 (17:48) |
| | 0:41 (18:29) | 0:20 (18:49) | 0:12 (19:01) | | | |

| | | | | | | |
|-----|----------------|------------------------|--------------|--------------|--------------|--------------|
| 11. | Magdalena Rödl | OLG Regensburg | 19:37 | +7:12 | | |
| | 1:49 (1:49) | 1:31 (3:20) | 1:16 (4:36) | 0:20 (4:56) | 1:23 (6:19) | 2:21 (8:40) |
| | 1:46 (10:26) | 2:49 (13:15) | 1:22 (14:37) | 0:26 (15:03) | 2:33 (17:36) | 0:49 (18:25) |
| | 0:43 (19:08) | 0:16 (19:24) | 0:13 (19:37) | | | |
| 12. | Zoe Radzio | USV Jena | 19:50 | +7:25 | | |
| | 1:50 (1:50) | 1:49 (3:39) | 1:28 (5:07) | 0:20 (5:27) | 1:16 (6:43) | 2:23 (9:06) |
| | 1:31 (10:37) | 1:16 (11:53) | 1:26 (13:19) | 0:26 (13:45) | 4:09 (17:54) | 0:55 (18:49) |
| | 0:36 (19:25) | 0:15 (19:40) | 0:10 (19:50) | | | |
| 13. | Greta Winter | SV Robotron Dresden | 20:15 | +7:50 | | |
| | 2:42 (2:42) | 1:22 (4:04) | 1:03 (5:07) | 0:19 (5:26) | 1:25 (6:51) | 2:17 (9:08) |
| | 1:21 (10:29) | 4:26 (14:55) | 1:11 (16:06) | 0:19 (16:25) | 1:52 (18:17) | 0:48 (19:05) |
| | 0:40 (19:45) | 0:19 (20:04) | 0:11 (20:15) | | | |
| 14. | Mathilda Klotz | SV Robotron Dresden | 21:37 | +9:12 | | |
| | 5:12 (5:12) | 2:07 (7:19) | 0:56 (8:15) | 0:13 (8:28) | 2:08 (10:36) | 1:58 (12:34) |
| | 1:24 (13:58) | 1:29 (15:27) | 1:35 (17:02) | 0:21 (17:23) | 2:22 (19:45) | 0:44 (20:29) |
| | 0:45 (21:14) | 0:14 (21:28) | 0:09 (21:37) | | | |
| 15. | Finja Krämer | TGM Budenheim | 22:03 | +9:38 | | |
| | 2:22 (2:22) | 1:34 (3:56) | 1:06 (5:02) | 0:19 (5:21) | 1:23 (6:44) | 2:02 (8:46) |
| | 1:30 (10:16) | 1:03 (11:19) | 1:14 (12:33) | 0:25 (12:58) | 6:55 (19:53) | 1:07 (21:00) |
| | 0:34 (21:34) | 0:14 (21:48) | 0:15 (22:03) | | | |
| 16. | Ria Wittke | SV Hildesia Diekholzen | 25:59 | +13:34 | | |
| | 6:05 (6:05) | 2:13 (8:18) | 1:15 (9:33) | 0:18 (9:51) | 1:30 (11:21) | 2:10 (13:31) |
| | 1:29 (15:00) | 2:14 (17:14) | 1:34 (18:48) | 0:22 (19:10) | 4:43 (23:53) | 0:52 (24:45) |
| | 0:41 (25:26) | 0:22 (25:48) | 0:11 (25:59) | | | |

| D14-2 | | (15 / 17) | Zeit | Rückstand | | |
|--------------|-------------------------|------------------------|--------------|------------------|--------------|--------------|
| 1. | Henriette Eckart | OLV Weimar | 13:57 | | | |
| | 1:09 (1:09) | 1:28 (2:37) | 0:19 (2:56) | 1:09 (4:05) | 1:30 (5:35) | 1:38 (7:13) |
| | 1:30 (8:43) | 0:50 (9:33) | 1:36 (11:09) | 0:26 (11:35) | 1:45 (13:20) | 0:27 (13:47) |
| | 0:10 (13:57) | | | | | |
| 2. | Lara Noller | OLG Regensburg | 14:37 | +0:40 | | |
| | 1:16 (1:16) | 1:55 (3:11) | 0:16 (3:27) | 1:06 (4:33) | 1:29 (6:02) | 1:53 (7:55) |
| | 1:19 (9:14) | 0:54 (10:08) | 1:30 (11:38) | 0:26 (12:04) | 1:47 (13:51) | 0:36 (14:27) |
| | 0:10 (14:37) | | | | | |
| 3. | Emma Narváez-Pattantyús | OC München | 15:20 | +1:23 | | |
| | 1:47 (1:47) | 1:31 (3:18) | 0:18 (3:36) | 1:11 (4:47) | 1:38 (6:25) | 1:50 (8:15) |
| | 1:41 (9:56) | 0:53 (10:49) | 1:34 (12:23) | 0:29 (12:52) | 1:46 (14:38) | 0:30 (15:08) |
| | 0:12 (15:20) | | | | | |
| 4. | Lianne Joséfine Krüger | Berliner Turnerschaft | 15:36 | +1:39 | | |
| | 1:08 (1:08) | 2:06 (3:14) | 0:16 (3:30) | 1:09 (4:39) | 2:39 (7:18) | 1:29 (8:47) |
| | 1:47 (10:34) | 0:58 (11:32) | 1:30 (13:02) | 0:27 (13:29) | 1:32 (15:01) | 0:25 (15:26) |
| | 0:10 (15:36) | | | | | |
| 5. | Sania Stamer | SV Hildesia Diekholzen | 15:45 | +1:48 | | |
| | 1:21 (1:21) | 1:51 (3:12) | 0:24 (3:36) | 1:21 (4:57) | 1:36 (6:33) | 1:55 (8:28) |
| | 1:29 (9:57) | 1:06 (11:03) | 1:35 (12:38) | 0:32 (13:10) | 1:53 (15:03) | 0:29 (15:32) |
| | 0:13 (15:45) | | | | | |
| 6. | Emma Kattwinkel | OLV Weimar | 15:59 | +2:02 | | |
| | 1:15 (1:15) | 2:01 (3:16) | 0:20 (3:36) | 1:19 (4:55) | 1:48 (6:43) | 2:06 (8:49) |
| | 1:35 (10:24) | 1:01 (11:25) | 1:31 (12:56) | 0:27 (13:23) | 1:56 (15:19) | 0:30 (15:49) |
| | 0:10 (15:59) | | | | | |
| 7. | Theresa Kärger | OK Leipzig | 17:08 | +3:11 | | |
| | 1:16 (1:16) | 2:47 (4:03) | 0:19 (4:22) | 1:18 (5:40) | 2:23 (8:03) | 1:49 (9:52) |
| | 1:41 (11:33) | 0:57 (12:30) | 1:28 (13:58) | 0:29 (14:27) | 1:56 (16:23) | 0:34 (16:57) |
| | 0:11 (17:08) | | | | | |
| 8. | Sinica Oehlke | TGM Budenheim | 18:41 | +4:44 | | |
| | 1:19 (1:19) | 2:24 (3:43) | 0:16 (3:59) | 1:15 (5:14) | 2:47 (8:01) | 2:57 (10:58) |
| | 1:44 (12:42) | 1:03 (13:45) | 1:32 (15:17) | 0:34 (15:51) | 2:05 (17:56) | 0:33 (18:29) |
| | 0:12 (18:41) | | | | | |
| 9. | Milla Cronau | TGM Budenheim | 18:52 | +4:55 | | |
| | 1:54 (1:54) | 2:11 (4:05) | 0:18 (4:23) | 1:16 (5:39) | 1:47 (7:26) | 2:51 (10:17) |
| | 1:59 (12:16) | 1:15 (13:31) | 1:27 (14:58) | 0:29 (15:27) | 2:38 (18:05) | 0:33 (18:38) |
| | 0:14 (18:52) | | | | | |
| 10. | Lene Powik | OK Mark Brandenburg | 19:19 | +5:22 | | |
| | 1:23 (1:23) | 2:08 (3:31) | 0:22 (3:53) | 1:49 (5:42) | 1:34 (7:16) | 2:30 (9:46) |
| | 2:46 (12:32) | 1:34 (14:06) | 1:57 (16:03) | 0:30 (16:33) | 2:04 (18:37) | 0:29 (19:06) |
| | 0:13 (19:19) | | | | | |
| 11. | Stine Bruns | MTK Bad Harzburg | 20:31 | +6:34 | | |
| | 1:36 (1:36) | 2:10 (3:46) | 0:23 (4:09) | 1:21 (5:30) | 2:11 (7:41) | 2:47 (10:28) |
| | 2:34 (13:02) | 1:24 (14:26) | 1:51 (16:17) | 0:54 (17:11) | 2:28 (19:39) | 0:40 (20:19) |
| | 0:12 (20:31) | | | | | |
| 12. | Lieselotte Hoke | OL Görlitz | 22:50 | +8:53 | | |
| | 2:12 (2:12) | 1:45 (3:57) | 0:26 (4:23) | 1:23 (5:46) | 2:26 (8:12) | 3:45 (11:57) |
| | 4:39 (16:36) | 0:59 (17:35) | 1:52 (19:27) | 0:32 (19:59) | 2:06 (22:05) | 0:35 (22:40) |
| | 0:10 (22:50) | | | | | |
| 13. | Romy Frank | SV Hildesia Diekholzen | 24:33 | +10:36 | | |
| | 1:42 (1:42) | 2:33 (4:15) | 0:20 (4:35) | 1:59 (6:34) | 2:08 (8:42) | 5:55 (14:37) |
| | 2:53 (17:30) | 2:00 (19:30) | 1:37 (21:07) | 0:36 (21:43) | 1:58 (23:41) | 0:41 (24:22) |
| | 0:11 (24:33) | | | | | |
| 14. | Ida Leukert | SV IHW Alex 78 Berlin | 26:43 | +12:46 | | |
| | 2:09 (2:09) | 2:35 (4:44) | 0:21 (5:05) | 1:56 (7:01) | 3:25 (10:26) | 4:19 (14:45) |
| | 2:43 (17:28) | 1:53 (19:21) | 3:18 (22:39) | 0:36 (23:15) | 2:42 (25:57) | 0:34 (26:31) |
| | 0:12 (26:43) | | | | | |

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|-------------------|--------------|--------------|--------------|--------------|---------------|
| 15. Loreen Nowack | OL Görlitz | 35:24 | +21:27 | | |
| 1:34 (1:34) | 1:41 (3:15) | 0:20 (3:35) | 2:12 (5:47) | 2:04 (7:51) | 18:47 (26:38) |
| 2:08 (28:46) | 1:17 (30:03) | 1:56 (31:59) | 0:32 (32:31) | 2:05 (34:36) | 0:33 (35:09) |
| 0:15 (35:24) | | | | | |

| D16-1 | | (12 / 13) | Zeit | Rückstand | |
|-----------------------------|---------------------|--------------|--------------|--------------|--------------|
| 1. Jannika Wetzel | SV Robotron Dresden | 12:10 | | | |
| 1:52 (1:52) | 0:22 (2:14) | 1:01 (3:15) | 3:09 (6:24) | 1:18 (7:42) | 0:21 (8:03) |
| 1:08 (9:11) | 0:52 (10:03) | 0:25 (10:28) | 1:20 (11:48) | 0:10 (11:58) | 0:12 (12:10) |
| 2. Emilia Wetzel | SV Robotron Dresden | 12:32 | +0:22 | | |
| 2:02 (2:02) | 0:22 (2:24) | 1:09 (3:33) | 3:03 (6:36) | 1:22 (7:58) | 0:24 (8:22) |
| 1:21 (9:43) | 0:55 (10:38) | 0:15 (10:53) | 1:17 (12:10) | 0:12 (12:22) | 0:10 (12:32) |
| 3. Jule Weigert | TV Jahn Wolfsburg | 13:05 | +0:55 | | |
| 2:27 (2:27) | 0:24 (2:51) | 1:01 (3:52) | 3:18 (7:10) | 1:25 (8:35) | 0:23 (8:58) |
| 1:13 (10:11) | 0:56 (11:07) | 0:15 (11:22) | 1:21 (12:43) | 0:12 (12:55) | 0:10 (13:05) |
| 4. Nele Eckert | TSV Jetzendorf | 13:17 | +1:07 | | |
| 2:20 (2:20) | 0:24 (2:44) | 1:03 (3:47) | 3:26 (7:13) | 1:36 (8:49) | 0:26 (9:15) |
| 1:07 (10:22) | 0:55 (11:17) | 0:14 (11:31) | 1:24 (12:55) | 0:12 (13:07) | 0:10 (13:17) |
| 5. Caroline Eckart | OLV Weimar | 13:18 | +1:08 | | |
| 2:21 (2:21) | 0:22 (2:43) | 1:01 (3:44) | 3:25 (7:09) | 1:26 (8:35) | 0:27 (9:02) |
| 1:22 (10:24) | 0:52 (11:16) | 0:15 (11:31) | 1:26 (12:57) | 0:11 (13:08) | 0:10 (13:18) |
| 6. Paula Weiß | OK Mark Brandenburg | 14:19 | +2:09 | | |
| 2:24 (2:24) | 0:25 (2:49) | 1:08 (3:57) | 3:35 (7:32) | 1:43 (9:15) | 0:36 (9:51) |
| 1:08 (10:59) | 1:09 (12:08) | 0:16 (12:24) | 1:32 (13:56) | 0:12 (14:08) | 0:11 (14:19) |
| 7. Írisz Narváez-Pattantyús | OC München | 14:40 | +2:30 | | |
| 2:25 (2:25) | 0:22 (2:47) | 1:06 (3:53) | 3:29 (7:22) | 1:32 (8:54) | 0:27 (9:21) |
| 2:00 (11:21) | 1:16 (12:37) | 0:15 (12:52) | 1:25 (14:17) | 0:12 (14:29) | 0:11 (14:40) |
| 8. Rut Stark | MTV Seesen | 15:05 | +2:55 | | |
| 2:30 (2:30) | 0:52 (3:22) | 1:04 (4:26) | 3:40 (8:06) | 1:41 (9:47) | 0:29 (10:16) |
| 1:24 (11:40) | 1:20 (13:00) | 0:17 (13:17) | 1:25 (14:42) | 0:13 (14:55) | 0:10 (15:05) |
| 9. Anna Holfeld | USV TU Dresden | 15:11 | +3:01 | | |
| 2:24 (2:24) | 0:22 (2:46) | 1:28 (4:14) | 4:51 (9:05) | 1:22 (10:27) | 0:24 (10:51) |
| 1:15 (12:06) | 0:59 (13:05) | 0:13 (13:18) | 1:28 (14:46) | 0:13 (14:59) | 0:12 (15:11) |
| 10. Matilda Treppe | USV TU Dresden | 17:34 | +5:24 | | |
| 2:57 (2:57) | 0:29 (3:26) | 1:24 (4:50) | 4:18 (9:08) | 1:59 (11:07) | 0:31 (11:38) |
| 2:03 (13:41) | 1:21 (15:02) | 0:20 (15:22) | 1:44 (17:06) | 0:15 (17:21) | 0:13 (17:34) |
| 11. Amelie Bleßmann | TGM Budenheim | 19:18 | +7:08 | | |
| 3:03 (3:03) | 3:14 (6:17) | 1:21 (7:38) | 4:26 (12:04) | 1:47 (13:51) | 0:28 (14:19) |
| 1:33 (15:52) | 1:08 (17:00) | 0:18 (17:18) | 1:34 (18:52) | 0:15 (19:07) | 0:11 (19:18) |
| Fina Baath | TSV Jetzendorf | Fehlst. | | | |
| 2:23 (2:23) | 0:24 (2:47) | 1:11 (3:58) | 3:38 (7:36) | 1:50 (9:26) | 0:36 (10:02) |
| 1:43 (11:45) | 1:15 (13:00) | – (–) | – (14:54) | 0:14 (15:08) | 0:12 (15:20) |

| D16-2 | | (12 / 13) | Zeit | Rückstand | |
|-------------------------|-----------------------|--------------|--------------|--------------|--------------|
| 1. Greta Pompe | SV Robotron Dresden | 13:05 | | | |
| 0:35 (0:35) | 1:38 (2:13) | 0:50 (3:03) | 3:55 (6:58) | 0:46 (7:44) | 0:18 (8:02) |
| 0:55 (8:57) | 0:48 (9:45) | 0:28 (10:13) | 0:52 (11:05) | 1:22 (12:27) | 0:26 (12:53) |
| 0:12 (13:05) | | | | | |
| 2. Marika Prolingheuer | TuS Karlsruhe-Rüppurr | 13:11 | +0:06 | | |
| 0:38 (0:38) | 1:32 (2:10) | 0:49 (2:59) | 3:34 (6:33) | 0:44 (7:17) | 0:59 (8:16) |
| 0:53 (9:09) | 0:51 (10:00) | 0:27 (10:27) | 0:47 (11:14) | 1:22 (12:36) | 0:23 (12:59) |
| 0:12 (13:11) | | | | | |
| 3. Luise Hempel | USV TU Dresden | 14:38 | +1:33 | | |
| 0:46 (0:46) | 1:53 (2:39) | 0:59 (3:38) | 4:23 (8:01) | 0:48 (8:49) | 0:20 (9:09) |
| 1:01 (10:10) | 0:53 (11:03) | 0:32 (11:35) | 1:05 (12:40) | 1:21 (14:01) | 0:25 (14:26) |
| 0:12 (14:38) | | | | | |
| 4. Margarethe Ellke | SSV Planeta Radebeul | 14:40 | +1:35 | | |
| 0:43 (0:43) | 2:06 (2:49) | 0:54 (3:43) | 3:59 (7:42) | 0:46 (8:28) | 0:19 (8:47) |
| 0:58 (9:45) | 0:58 (10:43) | 0:37 (11:20) | 1:06 (12:26) | 1:39 (14:05) | 0:25 (14:30) |
| 0:10 (14:40) | | | | | |
| 5. Lina Behrendt | OLV Steinberg | 15:22 | +2:17 | | |
| 0:52 (0:52) | 2:11 (3:03) | 0:49 (3:52) | 4:01 (7:53) | 0:54 (8:47) | 0:21 (9:08) |
| 1:04 (10:12) | 0:51 (11:03) | 1:03 (12:06) | 0:57 (13:03) | 1:41 (14:44) | 0:27 (15:11) |
| 0:11 (15:22) | | | | | |
| 6. Varvara Martemyanova | OLV Steinberg | 15:30 | +2:25 | | |
| 0:42 (0:42) | 2:07 (2:49) | 1:00 (3:49) | 4:19 (8:08) | 0:57 (9:05) | 0:22 (9:27) |
| 1:09 (10:36) | 0:55 (11:31) | 0:35 (12:06) | 1:01 (13:07) | 1:46 (14:53) | 0:26 (15:19) |
| 0:11 (15:30) | | | | | |
| 7. Jonna Rathje | TGM Budenheim | 15:58 | +2:53 | | |
| 0:46 (0:46) | 2:11 (2:57) | 0:58 (3:55) | 4:17 (8:12) | 0:52 (9:04) | 0:18 (9:22) |
| 1:16 (10:38) | 1:07 (11:45) | 0:44 (12:29) | 0:58 (13:27) | 1:52 (15:19) | 0:30 (15:49) |
| 0:09 (15:58) | | | | | |
| 8. Eileen Heinert | OLV Weimar | 16:59 | +3:54 | | |
| 0:46 (0:46) | 2:24 (3:10) | 1:02 (4:12) | 4:56 (9:08) | 0:58 (10:06) | 0:28 (10:34) |
| 1:06 (11:40) | 1:02 (12:42) | 0:39 (13:21) | 0:55 (14:16) | 1:57 (16:13) | 0:34 (16:47) |
| 0:12 (16:59) | | | | | |
| 9. Lilli Becker | OK Leipzig | 19:52 | +6:47 | | |
| 0:45 (0:45) | 2:22 (3:07) | 1:00 (4:07) | 4:31 (8:38) | 1:03 (9:41) | 0:21 (10:02) |
| 1:10 (11:12) | 3:41 (14:53) | 0:35 (15:28) | 1:10 (16:38) | 2:31 (19:09) | 0:31 (19:40) |
| 0:12 (19:52) | | | | | |

| | | | | | | |
|-----|------------------|----------------|--------------|--------------|--------------|--------------|
| 10. | Jasmina Kučerová | TGM Budenheim | 20:28 | +7:23 | | |
| | 0:58 (0:58) | 2:11 (3:09) | 1:25 (4:34) | 5:07 (9:41) | 0:47 (10:28) | 0:20 (10:48) |
| | 2:09 (12:57) | 1:09 (14:06) | 0:43 (14:49) | 2:50 (17:39) | 2:07 (19:46) | 0:32 (20:18) |
| | 0:10 (20:28) | | | | | |
| | Lola Caspari | OL Team Lippe | Fehlst. | | | |
| | 0:49 (0:49) | 2:29 (3:18) | 1:13 (4:31) | 5:22 (9:53) | 1:32 (11:25) | 0:27 (11:52) |
| | – (–) | – (13:09) | 0:40 (13:49) | 1:14 (15:03) | 1:55 (16:58) | 0:28 (17:26) |
| | 0:10 (17:36) | | | | | |
| | Lena Baath | TSV Jetzendorf | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | | | | | |

| D18 | | (15 / 18) | Zeit | Rückstand | | |
|-----|---------------------|-----------------------|--------------|--------------|--------------|--------------|
| 1. | Annika Stamer | Preetzer TSV | 12:27 | | | |
| | 1:04 (1:04) | 1:04 (2:08) | 0:22 (2:30) | 0:59 (3:29) | 2:12 (5:41) | 2:12 (7:53) |
| | 0:23 (8:16) | 0:27 (8:43) | 0:53 (9:36) | 0:10 (9:46) | 1:03 (10:49) | 1:13 (12:02) |
| | 0:13 (12:15) | 0:12 (12:27) | | | | |
| 2. | Norah Lindner | USV Jena | 12:51 | +0:24 | | |
| | 1:02 (1:02) | 1:13 (2:15) | 0:25 (2:40) | 1:06 (3:46) | 2:16 (6:02) | 1:52 (7:54) |
| | 0:24 (8:18) | 0:31 (8:49) | 0:56 (9:45) | 0:10 (9:55) | 1:13 (11:08) | 1:18 (12:26) |
| | 0:13 (12:39) | 0:12 (12:51) | | | | |
| 3. | Livia Uhlemann | OLV Potsdam | 14:09 | +1:42 | | |
| | 1:16 (1:16) | 1:33 (2:49) | 0:24 (3:13) | 1:03 (4:16) | 2:34 (6:50) | 2:11 (9:01) |
| | 0:26 (9:27) | 0:26 (9:53) | 0:58 (10:51) | 0:11 (11:02) | 1:11 (12:13) | 1:29 (13:42) |
| | 0:14 (13:56) | 0:13 (14:09) | | | | |
| 4. | Marie Wünsch | Post-SV Chemnitz | 15:03 | +2:36 | | |
| | 1:15 (1:15) | 1:16 (2:31) | 0:27 (2:58) | 1:05 (4:03) | 2:37 (6:40) | 2:19 (8:59) |
| | 0:29 (9:28) | 0:27 (9:55) | 1:19 (11:14) | 0:10 (11:24) | 1:43 (13:07) | 1:30 (14:37) |
| | 0:13 (14:50) | 0:13 (15:03) | | | | |
| 5. | Stanja Lindig | SSV Planeta Radebeul | 15:15 | +2:48 | | |
| | 1:14 (1:14) | 1:15 (2:29) | 0:28 (2:57) | 1:14 (4:11) | 2:33 (6:44) | 2:38 (9:22) |
| | 0:24 (9:46) | 0:42 (10:28) | 1:04 (11:32) | 0:13 (11:45) | 1:25 (13:10) | 1:34 (14:44) |
| | 0:16 (15:00) | 0:15 (15:15) | | | | |
| 6. | Anne Kästner | TV Oberbexbach | 15:49 | +3:22 | | |
| | 1:13 (1:13) | 1:25 (2:38) | 0:33 (3:11) | 1:18 (4:29) | 2:42 (7:11) | 2:42 (9:53) |
| | 0:26 (10:19) | 0:30 (10:49) | 0:59 (11:48) | 0:11 (11:59) | 1:28 (13:27) | 1:53 (15:20) |
| | 0:15 (15:35) | 0:14 (15:49) | | | | |
| 7. | Laura Faltejsková | SV Mietraching | 16:20 | +3:53 | | |
| | 1:17 (1:17) | 1:32 (2:49) | 0:28 (3:17) | 1:14 (4:31) | 2:57 (7:28) | 2:50 (10:18) |
| | 0:27 (10:45) | 0:35 (11:20) | 1:11 (12:31) | 0:10 (12:41) | 1:27 (14:08) | 1:46 (15:54) |
| | 0:15 (16:09) | 0:11 (16:20) | | | | |
| 7. | Maria Tovchigrechko | SV IHW Alex 78 Berlin | 16:20 | +3:53 | | |
| | 1:20 (1:20) | 1:40 (3:00) | 0:23 (3:23) | 1:07 (4:30) | 3:36 (8:06) | 2:36 (10:42) |
| | 0:27 (11:09) | 0:33 (11:42) | 1:13 (12:55) | 0:11 (13:06) | 1:25 (14:31) | 1:26 (15:57) |
| | 0:12 (16:09) | 0:11 (16:20) | | | | |
| 9. | Juliane Burgmair | OLG Regensburg | 17:38 | +5:11 | | |
| | 1:14 (1:14) | 1:29 (2:43) | 0:29 (3:12) | 1:55 (5:07) | 3:03 (8:10) | 2:59 (11:09) |
| | 0:32 (11:41) | 0:31 (12:12) | 1:09 (13:21) | 0:14 (13:35) | 1:55 (15:30) | 1:34 (17:04) |
| | 0:18 (17:22) | 0:16 (17:38) | | | | |
| 10. | Luise Drechsler | Post SV Dresden | 17:40 | +5:13 | | |
| | 1:09 (1:09) | 1:49 (2:58) | 0:29 (3:27) | 1:36 (5:03) | 2:53 (7:56) | 3:09 (11:05) |
| | 0:28 (11:33) | 0:34 (12:07) | 1:13 (13:20) | 0:15 (13:35) | 1:29 (15:04) | 2:04 (17:08) |
| | 0:16 (17:24) | 0:16 (17:40) | | | | |
| 11. | Lotte Strupp | TGM Budenheim | 18:37 | +6:10 | | |
| | 1:13 (1:13) | 1:32 (2:45) | 0:25 (3:10) | 1:13 (4:23) | 5:12 (9:35) | 3:12 (12:47) |
| | 0:30 (13:17) | 0:35 (13:52) | 1:06 (14:58) | 0:15 (15:13) | 1:24 (16:37) | 1:30 (18:07) |
| | 0:15 (18:22) | 0:15 (18:37) | | | | |
| 12. | Lina Leukert | SV IHW Alex 78 Berlin | 18:38 | +6:11 | | |
| | 1:24 (1:24) | 1:38 (3:02) | 0:31 (3:33) | 1:26 (4:59) | 3:11 (8:10) | 3:06 (11:16) |
| | 0:29 (11:45) | 0:50 (12:35) | 1:37 (14:12) | 0:16 (14:28) | 1:47 (16:15) | 1:57 (18:12) |
| | 0:15 (18:27) | 0:11 (18:38) | | | | |
| 13. | Ulla Horst | SC Königstein | 19:01 | +6:34 | | |
| | 1:32 (1:32) | 1:39 (3:11) | 0:26 (3:37) | 1:37 (5:14) | 3:29 (8:43) | 3:27 (12:10) |
| | 0:36 (12:46) | 0:39 (13:25) | 1:38 (15:03) | 0:15 (15:18) | 1:31 (16:49) | 1:45 (18:34) |
| | 0:14 (18:48) | 0:13 (19:01) | | | | |
| | Mila Fischer | OLV Potsdam | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | | | | |
| | Sarah Ahlbrecht | OLG Regensburg | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | | | | |

| D35 | | (10 / 11) | Zeit | Rückstand | | |
|-----|------------------------|--------------|--------------|--------------|--------------|--------------|
| 1. | Oleksandra Parkhomenko | OLV Landshut | 13:12 | | | |
| | 2:09 (2:09) | 0:20 (2:29) | 1:28 (3:57) | 3:01 (6:58) | 1:24 (8:22) | 0:22 (8:44) |
| | 0:27 (9:11) | 0:51 (10:02) | 0:24 (10:26) | 0:37 (11:03) | 1:31 (12:34) | 0:26 (13:00) |
| | 0:12 (13:12) | | | | | |

| | | | | | | |
|----|--------------------|-----------------------------|--------------|--------------|--------------|--------------|
| 2. | Anicó Kulow | Berliner Turnerschaft | 13:24 | +0:12 | | |
| | 2:01 (2:01) | 0:23 (2:24) | 1:30 (3:54) | 2:53 (6:47) | 1:27 (8:14) | 0:22 (8:36) |
| | 0:25 (9:01) | 1:11 (10:12) | 0:22 (10:34) | 0:46 (11:20) | 1:27 (12:47) | 0:27 (13:14) |
| | 0:10 (13:24) | | | | | |
| 3. | Fanny Sembdner | USV TU Dresden | 14:18 | +1:06 | | |
| | 2:19 (2:19) | 0:24 (2:43) | 1:42 (4:25) | 3:12 (7:37) | 1:22 (8:59) | 0:23 (9:22) |
| | 0:26 (9:48) | 0:52 (10:40) | 0:27 (11:07) | 0:42 (11:49) | 1:46 (13:35) | 0:29 (14:04) |
| | 0:14 (14:18) | | | | | |
| 4. | Isabell Jänich | Kaulsdorfer OLV Berlin | 16:49 | +3:37 | | |
| | 2:37 (2:37) | 0:29 (3:06) | 2:03 (5:09) | 3:33 (8:42) | 1:25 (10:07) | 0:28 (10:35) |
| | 1:19 (11:54) | 0:51 (12:45) | 0:29 (13:14) | 0:48 (14:02) | 2:02 (16:04) | 0:32 (16:36) |
| | 0:13 (16:49) | | | | | |
| 5. | Ann-Kathrin Brandt | Preetzer TSV | 16:53 | +3:41 | | |
| | 2:40 (2:40) | 0:30 (3:10) | 2:09 (5:19) | 4:04 (9:23) | 1:36 (10:59) | 0:29 (11:28) |
| | 0:32 (12:00) | 0:53 (12:53) | 0:31 (13:24) | 0:43 (14:07) | 2:01 (16:08) | 0:32 (16:40) |
| | 0:13 (16:53) | | | | | |
| 6. | Christine Büchner | ESV Lok Berlin-Schöneeweide | 17:05 | +3:53 | | |
| | 3:05 (3:05) | 0:29 (3:34) | 1:58 (5:32) | 3:50 (9:22) | 1:25 (10:47) | 0:32 (11:19) |
| | 0:38 (11:57) | 0:59 (12:56) | 0:32 (13:28) | 0:56 (14:24) | 1:47 (16:11) | 0:40 (16:51) |
| | 0:14 (17:05) | | | | | |
| 7. | Olga Kasatkina | OC München | 18:08 | +4:56 | | |
| | 2:52 (2:52) | 0:33 (3:25) | 2:06 (5:31) | 4:08 (9:39) | 1:46 (11:25) | 0:30 (11:55) |
| | 0:40 (12:35) | 1:03 (13:38) | 0:37 (14:15) | 0:52 (15:07) | 2:06 (17:13) | 0:37 (17:50) |
| | 0:18 (18:08) | | | | | |
| 8. | Julia Martemyanova | OLV Steinberg | 18:12 | +5:00 | | |
| | 2:57 (2:57) | 0:28 (3:25) | 2:08 (5:33) | 3:57 (9:30) | 1:35 (11:05) | 0:35 (11:40) |
| | 0:32 (12:12) | 1:44 (13:56) | 0:34 (14:30) | 0:50 (15:20) | 2:06 (17:26) | 0:31 (17:57) |
| | 0:15 (18:12) | | | | | |
| 8. | Katrin Hölzer | OLV Weimar | 18:12 | +5:00 | | |
| | 3:10 (3:10) | 0:30 (3:40) | 2:06 (5:46) | 3:55 (9:41) | 1:46 (11:27) | 0:34 (12:01) |
| | 0:47 (12:48) | 0:58 (13:46) | 0:32 (14:18) | 0:49 (15:07) | 2:16 (17:23) | 0:34 (17:57) |
| | 0:15 (18:12) | | | | | |
| | Franziska Rennecke | OLV Weimar | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | | | | | |

| D40 | | (14 / 15) | | Zeit | Rückstand | |
|------------|---------------------------|-----------------------|--------------|--------------|------------------|--------------|
| 1. | Ieva Grahl | Preetzer TSV | 14:14 | | | |
| | 2:17 (2:17) | 0:27 (2:44) | 1:45 (4:29) | 3:17 (7:46) | 1:08 (8:54) | 0:30 (9:24) |
| | 0:31 (9:55) | 0:44 (10:39) | 0:26 (11:05) | 0:48 (11:53) | 1:42 (13:35) | 0:26 (14:01) |
| | 0:13 (14:14) | | | | | |
| 2. | Maria Löwinger | SSV Planeta Radebeul | 14:36 | +0:22 | | |
| | 2:15 (2:15) | 0:23 (2:38) | 1:45 (4:23) | 3:03 (7:26) | 1:35 (9:01) | 0:25 (9:26) |
| | 0:33 (9:59) | 0:42 (10:41) | 0:26 (11:07) | 0:38 (11:45) | 2:12 (13:57) | 0:27 (14:24) |
| | 0:12 (14:36) | | | | | |
| 3. | Katja Engelhardt | SSV Planeta Radebeul | 14:51 | +0:37 | | |
| | 2:33 (2:33) | 0:30 (3:03) | 1:50 (4:53) | 3:14 (8:07) | 1:10 (9:17) | 0:26 (9:43) |
| | 0:29 (10:12) | 0:51 (11:03) | 0:28 (11:31) | 0:45 (12:16) | 1:50 (14:06) | 0:30 (14:36) |
| | 0:15 (14:51) | | | | | |
| 4. | Myrea Richter | Post SV Dresden | 15:19 | +1:05 | | |
| | 2:27 (2:27) | 0:26 (2:53) | 2:01 (4:54) | 3:43 (8:37) | 1:30 (10:07) | 0:28 (10:35) |
| | 0:29 (11:04) | 0:43 (11:47) | 0:30 (12:17) | 0:44 (13:01) | 1:32 (14:33) | 0:31 (15:04) |
| | 0:15 (15:19) | | | | | |
| 5. | Anett von Dalowski | Post SV Dresden | 16:06 | +1:52 | | |
| | 2:28 (2:28) | 0:28 (2:56) | 1:47 (4:43) | 3:32 (8:15) | 1:27 (9:42) | 0:25 (10:07) |
| | 0:33 (10:40) | 1:36 (12:16) | 0:27 (12:43) | 0:53 (13:36) | 1:47 (15:23) | 0:30 (15:53) |
| | 0:13 (16:06) | | | | | |
| 6. | Anne Bader | Post SV Dresden | 17:02 | +2:48 | | |
| | 2:51 (2:51) | 0:29 (3:20) | 2:01 (5:21) | 4:05 (9:26) | 1:24 (10:50) | 0:31 (11:21) |
| | 0:30 (11:51) | 0:50 (12:41) | 0:32 (13:13) | 0:52 (14:05) | 2:04 (16:09) | 0:36 (16:45) |
| | 0:17 (17:02) | | | | | |
| 7. | Katarina Tauber | BSV Halle-Ammendorf | 17:12 | +2:58 | | |
| | 2:33 (2:33) | 0:27 (3:00) | 2:01 (5:01) | 3:38 (8:39) | 1:25 (10:04) | 0:30 (10:34) |
| | 0:42 (11:16) | 2:00 (13:16) | 0:28 (13:44) | 0:52 (14:36) | 1:52 (16:28) | 0:29 (16:57) |
| | 0:15 (17:12) | | | | | |
| 8. | Margit Pattantyús-Ábrahám | OC München | 17:21 | +3:07 | | |
| | 3:24 (3:24) | 0:30 (3:54) | 2:04 (5:58) | 3:39 (9:37) | 1:38 (11:15) | 0:29 (11:44) |
| | 0:34 (12:18) | 0:49 (13:07) | 0:29 (13:36) | 0:50 (14:26) | 2:08 (16:34) | 0:31 (17:05) |
| | 0:16 (17:21) | | | | | |
| 9. | Renée Schwartz | OSC Kassel | 17:47 | +3:33 | | |
| | 3:02 (3:02) | 0:27 (3:29) | 2:08 (5:37) | 3:53 (9:30) | 1:47 (11:17) | 0:34 (11:51) |
| | 0:29 (12:20) | 0:54 (13:14) | 0:31 (13:45) | 0:54 (14:39) | 2:16 (16:55) | 0:36 (17:31) |
| | 0:16 (17:47) | | | | | |
| 10. | Friederike Götz | USV Jena | 18:14 | +4:00 | | |
| | 2:50 (2:50) | 0:27 (3:17) | 1:56 (5:13) | 3:39 (8:52) | 1:23 (10:15) | 0:35 (10:50) |
| | 0:35 (11:25) | 2:42 (14:07) | 0:29 (14:36) | 0:52 (15:28) | 1:57 (17:25) | 0:33 (17:58) |
| | 0:16 (18:14) | | | | | |
| 11. | Noemi Quabeck | Berliner Turnerschaft | 19:00 | +4:46 | | |
| | 2:44 (2:44) | 0:25 (3:09) | 2:18 (5:27) | 5:00 (10:27) | 2:02 (12:29) | 0:29 (12:58) |
| | 0:34 (13:32) | 1:45 (15:17) | 0:30 (15:47) | 0:54 (16:41) | 1:42 (18:23) | 0:26 (18:49) |
| | 0:11 (19:00) | | | | | |

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|------------|-------------------|---------------------------|--------------|------------------|--------------|--------------|
| 12. | AK Maren Pussak | Kölner OL-Team | 20:04 | +5:50 | | |
| | 3:18 (3:18) | 0:33 (3:51) | 2:10 (6:01) | 4:11 (10:12) | 1:40 (11:52) | 0:32 (12:24) |
| | 0:41 (13:05) | 2:31 (15:36) | 0:35 (16:11) | 1:01 (17:12) | 1:59 (19:11) | 0:37 (19:48) |
| | 0:16 (20:04) | | | | | |
| 13. | Heidi Wünsch | Post-SV Chemnitz | 21:11 | +6:57 | | |
| | 3:34 (3:34) | 0:34 (4:08) | 2:04 (6:12) | 4:59 (11:11) | 2:10 (13:21) | 0:31 (13:52) |
| | 0:44 (14:36) | 1:05 (15:41) | 0:40 (16:21) | 1:05 (17:26) | 2:48 (20:14) | 0:39 (20:53) |
| | 0:18 (21:11) | | | | | |
| 14. | Kathleen Radzio | USV Jena | 25:41 | +11:27 | | |
| | 3:52 (3:52) | 0:42 (4:34) | 3:02 (7:36) | 5:29 (13:05) | 2:11 (15:16) | 0:41 (15:57) |
| | 0:47 (16:44) | 1:28 (18:12) | 0:46 (18:58) | 1:48 (20:46) | 3:37 (24:23) | 0:54 (25:17) |
| | 0:24 (25:41) | | | | | |
| D45 | | (19 / 22) | Zeit | Rückstand | | |
| 1. | Ivana Knaupova | Braunschweiger MTV | 13:47 | | | |
| | 0:41 (0:41) | 1:41 (2:22) | 0:53 (3:15) | 3:53 (7:08) | 0:51 (7:59) | 0:21 (8:20) |
| | 1:02 (9:22) | 0:51 (10:13) | 0:31 (10:44) | 0:59 (11:43) | 1:26 (13:09) | 0:26 (13:35) |
| | 0:12 (13:47) | | | | | |
| 2. | Galyna Petrenko | OLV Landshut | 14:47 | +1:00 | | |
| | 1:15 (1:15) | 1:52 (3:07) | 1:02 (4:09) | 3:50 (7:59) | 0:52 (8:51) | 0:20 (9:11) |
| | 1:02 (10:13) | 1:00 (11:13) | 0:36 (11:49) | 0:52 (12:41) | 1:27 (14:08) | 0:27 (14:35) |
| | 0:12 (14:47) | | | | | |
| 3. | Meike Jaeger | Gundelfinger Turnerschaft | 15:19 | +1:32 | | |
| | 0:48 (0:48) | 2:01 (2:49) | 0:56 (3:45) | 4:21 (8:06) | 0:54 (9:00) | 0:20 (9:20) |
| | 1:08 (10:28) | 0:59 (11:27) | 0:34 (12:01) | 1:01 (13:02) | 1:31 (14:33) | 0:31 (15:04) |
| | 0:15 (15:19) | | | | | |
| 4. | Susanne Löhning | USV TU Dresden | 16:08 | +2:21 | | |
| | 0:46 (0:46) | 1:51 (2:37) | 1:03 (3:40) | 4:40 (8:20) | 0:55 (9:15) | 0:24 (9:39) |
| | 1:21 (11:00) | 1:03 (12:03) | 0:38 (12:41) | 0:53 (13:34) | 1:51 (15:25) | 0:29 (15:54) |
| | 0:14 (16:08) | | | | | |
| 5. | Kerstin Saupe | Post SV Dresden | 16:18 | +2:31 | | |
| | 0:46 (0:46) | 2:03 (2:49) | 0:57 (3:46) | 4:36 (8:22) | 0:55 (9:17) | 0:23 (9:40) |
| | 1:10 (10:50) | 1:04 (11:54) | 0:36 (12:30) | 1:20 (13:50) | 1:40 (15:30) | 0:33 (16:03) |
| | 0:15 (16:18) | | | | | |
| 6. | Yvonne Fischer | OLV Potsdam | 16:21 | +2:34 | | |
| | 0:43 (0:43) | 2:03 (2:46) | 1:11 (3:57) | 4:40 (8:37) | 1:00 (9:37) | 0:22 (9:59) |
| | 1:11 (11:10) | 1:02 (12:12) | 0:46 (12:58) | 1:02 (14:00) | 1:39 (15:39) | 0:31 (16:10) |
| | 0:11 (16:21) | | | | | |
| 7. | Anja Kästner | TV Oberbexbach | 16:52 | +3:05 | | |
| | 0:48 (0:48) | 1:54 (2:42) | 1:00 (3:42) | 4:54 (8:36) | 0:54 (9:30) | 0:21 (9:51) |
| | 1:25 (11:16) | 1:20 (12:36) | 0:40 (13:16) | 1:15 (14:31) | 1:37 (16:08) | 0:30 (16:38) |
| | 0:14 (16:52) | | | | | |
| 8. | Jana Faltejsková | SV Mietraching | 17:21 | +3:34 | | |
| | 0:46 (0:46) | 2:01 (2:47) | 1:11 (3:58) | 5:10 (9:08) | 0:54 (10:02) | 0:22 (10:24) |
| | 1:23 (11:47) | 1:03 (12:50) | 0:42 (13:32) | 1:04 (14:36) | 1:58 (16:34) | 0:32 (17:06) |
| | 0:15 (17:21) | | | | | |
| 9. | Núria Badia Comas | OC München | 17:32 | +3:45 | | |
| | 1:02 (1:02) | 2:14 (3:16) | 1:02 (4:18) | 5:10 (9:28) | 0:59 (10:27) | 0:22 (10:49) |
| | 1:21 (12:10) | 1:09 (13:19) | 0:38 (13:57) | 1:15 (15:12) | 1:37 (16:49) | 0:29 (17:18) |
| | 0:14 (17:32) | | | | | |
| 10. | Christine Hempel | USV TU Dresden | 17:58 | +4:11 | | |
| | 0:48 (0:48) | 1:54 (2:42) | 1:06 (3:48) | 5:37 (9:25) | 0:53 (10:18) | 0:23 (10:41) |
| | 1:24 (12:05) | 1:13 (13:18) | 0:52 (14:10) | 1:20 (15:30) | 1:42 (17:12) | 0:31 (17:43) |
| | 0:15 (17:58) | | | | | |
| 11. | Bianca Borrmann | OL Görlitz | 18:13 | +4:26 | | |
| | 0:52 (0:52) | 2:58 (3:50) | 1:00 (4:50) | 5:15 (10:05) | 0:58 (11:03) | 0:23 (11:26) |
| | 1:12 (12:38) | 1:07 (13:45) | 0:49 (14:34) | 1:08 (15:42) | 1:49 (17:31) | 0:31 (18:02) |
| | 0:11 (18:13) | | | | | |
| 12. | Veronika Leibiger | Post SV Dresden | 18:23 | +4:36 | | |
| | 0:54 (0:54) | 2:24 (3:18) | 1:22 (4:40) | 4:51 (9:31) | 0:59 (10:30) | 0:26 (10:56) |
| | 1:33 (12:29) | 1:01 (13:30) | 0:36 (14:06) | 1:18 (15:24) | 2:05 (17:29) | 0:37 (18:06) |
| | 0:17 (18:23) | | | | | |
| 13. | Ruta Weinert | Post SV Dresden | 19:09 | +5:22 | | |
| | 0:47 (0:47) | 2:23 (3:10) | 1:14 (4:24) | 5:02 (9:26) | 1:00 (10:26) | 0:24 (10:50) |
| | 2:42 (13:32) | 1:06 (14:38) | 0:48 (15:26) | 1:10 (16:36) | 1:49 (18:25) | 0:31 (18:56) |
| | 0:13 (19:09) | | | | | |
| 14. | Brit Kärger | OK Leipzig | 19:40 | +5:53 | | |
| | 0:52 (0:52) | 2:59 (3:51) | 1:05 (4:56) | 5:19 (10:15) | 0:59 (11:14) | 0:24 (11:38) |
| | 1:25 (13:03) | 1:09 (14:12) | 0:47 (14:59) | 1:43 (16:42) | 2:06 (18:48) | 0:37 (19:25) |
| | 0:15 (19:40) | | | | | |
| 15. | Claudia Becker | Berliner Turnerschaft | 20:11 | +6:24 | | |
| | 1:17 (1:17) | 2:37 (3:54) | 1:15 (5:09) | 5:12 (10:21) | 1:47 (12:08) | 0:23 (12:31) |
| | 1:33 (14:04) | 1:30 (15:34) | 1:00 (16:34) | 1:07 (17:41) | 1:51 (19:32) | 0:27 (19:59) |
| | 0:12 (20:11) | | | | | |
| 16. | Julia Schlei | OLV Steinberg | 20:59 | +7:12 | | |
| | 0:58 (0:58) | 2:10 (3:08) | 1:11 (4:19) | 5:26 (9:45) | 2:59 (12:44) | 0:25 (13:09) |
| | 1:43 (14:52) | 1:20 (16:12) | 0:40 (16:52) | 1:07 (17:59) | 2:10 (20:09) | 0:35 (20:44) |
| | 0:15 (20:59) | | | | | |
| 17. | Nadine Gebhardt | OLV Weimar | 23:30 | +9:43 | | |
| | 0:58 (0:58) | 2:49 (3:47) | 1:19 (5:06) | 5:45 (10:51) | 1:10 (12:01) | 0:27 (12:28) |
| | 2:02 (14:30) | 1:22 (15:52) | 0:58 (16:50) | 1:33 (18:23) | 4:13 (22:36) | 0:38 (23:14) |
| | 0:16 (23:30) | | | | | |

| | | | | | | |
|-----|----------------|-----------------------|--------------|--------------|--------------|--------------|
| 18. | Alina Shmakova | SV IHW Alex 78 Berlin | 23:40 | +9:53 | | |
| | 1:09 (1:09) | 3:26 (4:35) | 1:26 (6:01) | 7:07 (13:08) | 1:17 (14:25) | 0:26 (14:51) |
| | 1:31 (16:22) | 1:17 (17:39) | 0:53 (18:32) | 1:53 (20:25) | 2:25 (22:50) | 0:34 (23:24) |
| | 0:16 (23:40) | | | | | |
| 19. | Ivonne Jobst | Berliner Turnerschaft | 24:36 | +10:49 | | |
| | 1:16 (1:16) | 2:49 (4:05) | 1:27 (5:32) | 7:41 (13:13) | 1:27 (14:40) | 0:30 (15:10) |
| | 1:50 (17:00) | 1:43 (18:43) | 1:01 (19:44) | 1:30 (21:14) | 2:22 (23:36) | 0:45 (24:21) |
| | 0:15 (24:36) | | | | | |

D50

| | | (13 / 14) | Zeit | Rückstand | | |
|-----|----------------------|---------------------------|--------------|--------------|--------------|--------------|
| 1. | Kristin Ritzenthaler | TSV Jetzendorf | 13:43 | | | |
| | 2:22 (2:22) | 0:24 (2:46) | 1:09 (3:55) | 3:17 (7:12) | 1:28 (8:40) | 0:25 (9:05) |
| | 1:36 (10:41) | 0:58 (11:39) | 0:15 (11:54) | 1:23 (13:17) | 0:12 (13:29) | 0:14 (13:43) |
| 2. | Daniela Zschäckel | SV IHW Alex 78 Berlin | 14:08 | +0:25 | | |
| | 2:35 (2:35) | 0:24 (2:59) | 1:01 (4:00) | 3:31 (7:31) | 1:29 (9:00) | 0:28 (9:28) |
| | 1:15 (10:43) | 0:55 (11:38) | 0:15 (11:53) | 1:48 (13:41) | 0:16 (13:57) | 0:11 (14:08) |
| 3. | Monika Depta | OLG Siegerland | 14:31 | +0:48 | | |
| | 2:20 (2:20) | 0:28 (2:48) | 1:11 (3:59) | 3:50 (7:49) | 1:32 (9:21) | 0:27 (9:48) |
| | 1:19 (11:07) | 1:00 (12:07) | 0:15 (12:22) | 1:39 (14:01) | 0:16 (14:17) | 0:14 (14:31) |
| 4. | Olena Kapara | OL-Team Filder | 14:48 | +1:05 | | |
| | 3:00 (3:00) | 0:24 (3:24) | 1:06 (4:30) | 3:54 (8:24) | 1:21 (9:45) | 0:24 (10:09) |
| | 1:29 (11:38) | 1:02 (12:40) | 0:16 (12:56) | 1:25 (14:21) | 0:14 (14:35) | 0:13 (14:48) |
| 5. | Anke von Gaza | OLV Uslar | 14:49 | +1:06 | | |
| | 2:40 (2:40) | 0:32 (3:12) | 1:07 (4:19) | 3:37 (7:56) | 1:36 (9:32) | 0:31 (10:03) |
| | 1:31 (11:34) | 1:06 (12:40) | 0:18 (12:58) | 1:23 (14:21) | 0:14 (14:35) | 0:14 (14:49) |
| 6. | Judith Pfleger | Gundelfinger Turnerschaft | 14:58 | +1:15 | | |
| | 2:27 (2:27) | 0:22 (2:49) | 1:11 (4:00) | 3:58 (7:58) | 1:31 (9:29) | 0:30 (9:59) |
| | 1:26 (11:25) | 1:30 (12:55) | 0:14 (13:09) | 1:20 (14:29) | 0:16 (14:45) | 0:13 (14:58) |
| 7. | Michaela Bruns | MTK Bad Harzburg | 15:57 | +2:14 | | |
| | 2:42 (2:42) | 0:29 (3:11) | 1:23 (4:34) | 3:57 (8:31) | 1:51 (10:22) | 0:29 (10:51) |
| | 1:30 (12:21) | 1:14 (13:35) | 0:16 (13:51) | 1:35 (15:26) | 0:16 (15:42) | 0:15 (15:57) |
| 8. | Katrin Scheuermann | SSV Planeta Radebeul | 16:10 | +2:27 | | |
| | 2:26 (2:26) | 0:30 (2:56) | 1:15 (4:11) | 4:13 (8:24) | 1:46 (10:10) | 0:45 (10:55) |
| | 1:43 (12:38) | 1:01 (13:39) | 0:17 (13:56) | 1:49 (15:45) | 0:13 (15:58) | 0:12 (16:10) |
| 9. | Kristin Leukert | SV IHW Alex 78 Berlin | 17:28 | +3:45 | | |
| | 2:53 (2:53) | 0:28 (3:21) | 2:14 (5:35) | 4:09 (9:44) | 1:46 (11:30) | 0:49 (12:19) |
| | 1:30 (13:49) | 1:08 (14:57) | 0:18 (15:15) | 1:39 (16:54) | 0:19 (17:13) | 0:15 (17:28) |
| 10. | Claudia Helling | USV TU Dresden | 17:48 | +4:05 | | |
| | 3:15 (3:15) | 0:28 (3:43) | 1:19 (5:02) | 4:09 (9:11) | 1:49 (11:00) | 0:37 (11:37) |
| | 2:06 (13:43) | 1:24 (15:07) | 0:17 (15:24) | 1:48 (17:12) | 0:18 (17:30) | 0:18 (17:48) |
| 11. | Caroline Knoll | Bielefelder TG | 18:15 | +4:32 | | |
| | 3:45 (3:45) | 0:36 (4:21) | 1:29 (5:50) | 4:25 (10:15) | 1:56 (12:11) | 0:35 (12:46) |
| | 1:30 (14:16) | 1:13 (15:29) | 0:21 (15:50) | 1:54 (17:44) | 0:16 (18:00) | 0:15 (18:15) |
| 12. | Sandra Lischewski | BSV Halle-Ammendorf | 24:30 | +10:47 | | |
| | 4:02 (4:02) | 0:32 (4:34) | 1:38 (6:12) | 9:51 (16:03) | 2:09 (18:12) | 0:41 (18:53) |
| | 1:36 (20:29) | 1:17 (21:46) | 0:25 (22:11) | 1:40 (23:51) | 0:21 (24:12) | 0:18 (24:30) |
| | Alexandra Kuntze | SV Handwerk Erfurt | Fehlst. | | | |
| | 3:17 (3:17) | 0:30 (3:47) | 1:18 (5:05) | 4:19 (9:24) | 2:10 (11:34) | - (-) |
| | - (13:58) | 1:18 (15:16) | 0:16 (15:32) | 2:04 (17:36) | 0:17 (17:53) | 0:14 (18:07) |

D55

| | | (12 / 13) | Zeit | Rückstand | | |
|----|-------------------|------------------------|--------------|--------------|--------------|--------------|
| 1. | Wiebke Sihver | Post SV Dresden | 13:03 | | | |
| | 1:24 (1:24) | 1:30 (2:54) | 0:53 (3:47) | 0:37 (4:24) | 1:36 (6:00) | 1:06 (7:06) |
| | 1:14 (8:20) | 0:34 (8:54) | 0:25 (9:19) | 1:37 (10:56) | 1:39 (12:35) | 0:15 (12:50) |
| | 0:13 (13:03) | | | | | |
| 2. | Ute Schönfeld | SV TU Ilmenau | 13:49 | +0:46 | | |
| | 1:20 (1:20) | 1:41 (3:01) | 0:53 (3:54) | 0:39 (4:33) | 1:51 (6:24) | 1:11 (7:35) |
| | 1:17 (8:52) | 0:34 (9:26) | 0:29 (9:55) | 1:33 (11:28) | 1:53 (13:21) | 0:14 (13:35) |
| | 0:14 (13:49) | | | | | |
| 3. | Cornelia Eckardt | USV TU Dresden | 13:53 | +0:50 | | |
| | 1:36 (1:36) | 1:45 (3:21) | 0:55 (4:16) | 0:39 (4:55) | 1:47 (6:42) | 1:14 (7:56) |
| | 1:13 (9:09) | 0:34 (9:43) | 0:28 (10:11) | 1:28 (11:39) | 1:42 (13:21) | 0:16 (13:37) |
| | 0:16 (13:53) | | | | | |
| 4. | Katrin Kubald | Kaulsdorfer OLV Berlin | 14:05 | +1:02 | | |
| | 1:16 (1:16) | 1:47 (3:03) | 0:58 (4:01) | 0:42 (4:43) | 1:53 (6:36) | 1:08 (7:44) |
| | 1:27 (9:11) | 0:40 (9:51) | 0:30 (10:21) | 1:32 (11:53) | 1:43 (13:36) | 0:15 (13:51) |
| | 0:14 (14:05) | | | | | |
| 5. | Anke Müller | Post SV Dresden | 15:10 | +2:07 | | |
| | 1:31 (1:31) | 1:59 (3:30) | 1:00 (4:30) | 0:42 (5:12) | 1:56 (7:08) | 1:17 (8:25) |
| | 1:20 (9:45) | 0:39 (10:24) | 0:28 (10:52) | 1:56 (12:48) | 1:49 (14:37) | 0:17 (14:54) |
| | 0:16 (15:10) | | | | | |
| 6. | Annette Leonhardt | SV IHW Alex 78 Berlin | 16:11 | +3:08 | | |
| | 1:54 (1:54) | 1:54 (3:48) | 1:01 (4:49) | 0:43 (5:32) | 1:54 (7:26) | 1:22 (8:48) |
| | 1:25 (10:13) | 0:49 (11:02) | 0:33 (11:35) | 1:55 (13:30) | 2:05 (15:35) | 0:18 (15:53) |
| | 0:18 (16:11) | | | | | |
| 7. | Petra Schröter | OL Görliitz | 17:00 | +3:57 | | |
| | 1:30 (1:30) | 3:01 (4:31) | 1:06 (5:37) | 0:37 (6:14) | 1:52 (8:06) | 1:10 (9:16) |
| | 1:39 (10:55) | 0:36 (11:31) | 0:26 (11:57) | 1:36 (13:33) | 3:00 (16:33) | 0:15 (16:48) |
| | 0:12 (17:00) | | | | | |

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|-----|----------------------------|-----------------------------|--------------|--------------|--------------|--------------|
| 8. | Milena Grifoni | OLG Regensburg | 17:09 | +4:06 | | |
| | 1:31 (1:31) | 2:02 (3:33) | 1:05 (4:38) | 0:40 (5:18) | 1:53 (7:11) | 1:15 (8:26) |
| | 1:19 (9:45) | 0:43 (10:28) | 0:34 (11:02) | 3:29 (14:31) | 2:06 (16:37) | 0:17 (16:54) |
| | 0:15 (17:09) | | | | | |
| 9. | Kristine Fritz | OL-Team Filder | 19:20 | +6:17 | | |
| | 1:58 (1:58) | 2:25 (4:23) | 1:10 (5:33) | 0:48 (6:21) | 2:18 (8:39) | 1:56 (10:35) |
| | 1:35 (12:10) | 0:39 (12:49) | 1:11 (14:00) | 2:01 (16:01) | 2:37 (18:38) | 0:23 (19:01) |
| | 0:19 (19:20) | | | | | |
| 10. | Sabine Richter | ESV Lok Berlin-Schöneeweide | 23:08 | +10:05 | | |
| | 1:37 (1:37) | 2:12 (3:49) | 1:01 (4:50) | 0:39 (5:29) | 1:59 (7:28) | 1:17 (8:45) |
| | 1:31 (10:16) | 0:39 (10:55) | 0:35 (11:30) | 9:15 (20:45) | 1:50 (22:35) | 0:18 (22:53) |
| | 0:15 (23:08) | | | | | |
| 11. | Brigitte Dersch-Kollenbach | Ski-Club Helsa | 27:05 | +14:02 | | |
| | 2:37 (2:37) | 3:07 (5:44) | 1:48 (7:32) | 1:21 (8:53) | 3:46 (12:39) | 2:44 (15:23) |
| | 2:06 (17:29) | 1:00 (18:29) | 0:52 (19:21) | 3:24 (22:45) | 3:22 (26:07) | 0:30 (26:37) |
| | 0:28 (27:05) | | | | | |
| | Kristina Bringezu | OLV Potsdam | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | | | | | |

| D60 | | (11 / 13) | Zeit | Rückstand | | |
|-----|-------------------------|------------------------|--------------|--------------|--------------|--------------|
| 1. | Heike Leideck | USV TU Dresden | 16:01 | | | |
| | 1:34 (1:34) | 1:56 (3:30) | 0:58 (4:28) | 0:43 (5:11) | 2:07 (7:18) | 1:23 (8:41) |
| | 1:47 (10:28) | 0:47 (11:15) | 0:30 (11:45) | 1:44 (13:29) | 1:59 (15:28) | 0:18 (15:46) |
| | 0:15 (16:01) | | | | | |
| 2. | Catrin Nitsche-Lückmann | Post SV Dresden | 16:53 | +0:52 | | |
| | 1:46 (1:46) | 2:05 (3:51) | 1:01 (4:52) | 0:40 (5:32) | 1:48 (7:20) | 1:18 (8:38) |
| | 2:27 (11:05) | 0:50 (11:55) | 0:30 (12:25) | 1:52 (14:17) | 2:05 (16:22) | 0:17 (16:39) |
| | 0:14 (16:53) | | | | | |
| 3. | Ute Wiedenfeld | SSV Planeta Radebeul | 17:22 | +1:21 | | |
| | 1:42 (1:42) | 2:39 (4:21) | 1:07 (5:28) | 0:42 (6:10) | 2:03 (8:13) | 1:32 (9:45) |
| | 1:41 (11:26) | 0:43 (12:09) | 0:30 (12:39) | 2:08 (14:47) | 2:02 (16:49) | 0:17 (17:06) |
| | 0:16 (17:22) | | | | | |
| 4. | Heike Kraemer | Post SV Dresden | 17:46 | +1:45 | | |
| | 2:07 (2:07) | 2:27 (4:34) | 1:00 (5:34) | 0:37 (6:11) | 1:46 (7:57) | 1:13 (9:10) |
| | 2:26 (11:36) | 0:48 (12:24) | 0:25 (12:49) | 2:15 (15:04) | 2:13 (17:17) | 0:15 (17:32) |
| | 0:14 (17:46) | | | | | |
| 5. | Elena Malkova | Post SV Dresden | 17:57 | +1:56 | | |
| | 1:56 (1:56) | 2:27 (4:23) | 1:13 (5:36) | 0:48 (6:24) | 2:03 (8:27) | 1:22 (9:49) |
| | 1:28 (11:17) | 0:43 (12:00) | 0:35 (12:35) | 2:28 (15:03) | 2:24 (17:27) | 0:15 (17:42) |
| | 0:15 (17:57) | | | | | |
| 6. | Gudrun Brettschneider | Kaulsdorfer OLV Berlin | 18:09 | +2:08 | | |
| | 2:04 (2:04) | 2:06 (4:10) | 1:25 (5:35) | 0:50 (6:25) | 2:24 (8:49) | 1:31 (10:20) |
| | 2:13 (12:33) | 0:43 (13:16) | 0:32 (13:48) | 1:48 (15:36) | 1:58 (17:34) | 0:18 (17:52) |
| | 0:17 (18:09) | | | | | |
| 7. | Ulrike Korff | SC Achmer | 18:22 | +2:21 | | |
| | 1:51 (1:51) | 2:00 (3:51) | 1:06 (4:57) | 0:57 (5:54) | 2:11 (8:05) | 1:40 (9:45) |
| | 1:53 (11:38) | 0:40 (12:18) | 0:41 (12:59) | 2:08 (15:07) | 2:35 (17:42) | 0:23 (18:05) |
| | 0:17 (18:22) | | | | | |
| 8. | Barbara Dresel | SC Klecken | 19:27 | +3:26 | | |
| | 2:03 (2:03) | 2:28 (4:31) | 1:20 (5:51) | 0:52 (6:43) | 2:32 (9:15) | 1:48 (11:03) |
| | 1:46 (12:49) | 0:43 (13:32) | 0:43 (14:15) | 2:08 (16:23) | 2:19 (18:42) | 0:24 (19:06) |
| | 0:21 (19:27) | | | | | |
| 9. | Barbara Kloos | TV Oberbexbach | 20:02 | +4:01 | | |
| | 2:07 (2:07) | 3:03 (5:10) | 1:49 (6:59) | 0:47 (7:46) | 2:36 (10:22) | 1:29 (11:51) |
| | 1:29 (13:20) | 0:42 (14:02) | 0:35 (14:37) | 2:19 (16:56) | 2:33 (19:29) | 0:18 (19:47) |
| | 0:15 (20:02) | | | | | |
| 10. | Jana Gorecki | USV Jena | 20:30 | +4:29 | | |
| | 1:51 (1:51) | 2:14 (4:05) | 1:08 (5:13) | 0:42 (5:55) | 2:19 (8:14) | 1:47 (10:01) |
| | 1:56 (11:57) | 0:48 (12:45) | 0:33 (13:18) | 4:45 (18:03) | 1:58 (20:01) | 0:16 (20:17) |
| | 0:13 (20:30) | | | | | |
| 11. | Marion Friebe | USV Jena | 20:42 | +4:41 | | |
| | 2:17 (2:17) | 2:21 (4:38) | 1:15 (5:53) | 0:53 (6:46) | 2:38 (9:24) | 1:48 (11:12) |
| | 2:15 (13:27) | 0:51 (14:18) | 0:41 (14:59) | 2:26 (17:25) | 2:35 (20:00) | 0:23 (20:23) |
| | 0:19 (20:42) | | | | | |

| D65 | | (6 / 8) | Zeit | Rückstand | | |
|-----|-------------------|----------------------|--------------|--------------|--------------|--------------|
| 1. | Martina Fritzsche | SV Lengfeld | 13:26 | | | |
| | 0:58 (0:58) | 0:46 (1:44) | 1:04 (2:48) | 1:15 (4:03) | 0:46 (4:49) | 0:36 (5:25) |
| | 2:12 (7:37) | 1:40 (9:17) | 1:22 (10:39) | 1:41 (12:20) | 0:49 (13:09) | 0:17 (13:26) |
| 2. | Bettina Schmidt | OL-Team Wehrsdorf | 13:46 | +0:20 | | |
| | 1:06 (1:06) | 0:46 (1:52) | 1:00 (2:52) | 1:10 (4:02) | 0:44 (4:46) | 0:41 (5:27) |
| | 1:53 (7:20) | 2:13 (9:33) | 1:26 (10:59) | 1:46 (12:45) | 0:46 (13:31) | 0:15 (13:46) |
| 3. | Andrea Janus | SSV Planeta Radebeul | 15:22 | +1:56 | | |
| | 0:59 (0:59) | 0:49 (1:48) | 1:45 (3:33) | 1:31 (5:04) | 0:46 (5:50) | 0:36 (6:26) |
| | 2:04 (8:30) | 1:55 (10:25) | 1:37 (12:02) | 2:09 (14:11) | 0:53 (15:04) | 0:18 (15:22) |
| 4. | Viola Kaiser | OL - Bad Schandau | 19:08 | +5:42 | | |
| | 1:13 (1:13) | 0:53 (2:06) | 2:38 (4:44) | 1:22 (6:06) | 0:48 (6:54) | 0:37 (7:31) |
| | 2:16 (9:47) | 2:02 (11:49) | 1:41 (13:30) | 4:23 (17:53) | 0:57 (18:50) | 0:18 (19:08) |

| | | | | | | |
|----|--------------------|----------------|--------------|--------------|--------------|--------------|
| 5. | Petra Speh-Rothaug | OSC Kassel | 19:28 | +6:02 | | |
| | 1:13 (1:13) | 0:55 (2:08) | 1:58 (4:06) | 1:43 (5:49) | 1:08 (6:57) | 1:00 (7:57) |
| | 2:46 (10:43) | 3:03 (13:46) | 1:59 (15:45) | 2:14 (17:59) | 1:07 (19:06) | 0:22 (19:28) |
| 6. | Larysa Zviagina | USV TU Dresden | 24:57 | +11:31 | | |
| | 1:41 (1:41) | 1:20 (3:01) | 4:20 (7:21) | 1:52 (9:13) | 1:52 (11:05) | 0:43 (11:48) |
| | 3:56 (15:44) | 2:39 (18:23) | 2:33 (20:56) | 2:26 (23:22) | 1:15 (24:37) | 0:20 (24:57) |

| D70 | | (7 / 9) | Zeit | Rückstand | | |
|------------|------------------|----------------------|---------------|------------------|--------------|--------------|
| 1. | Gisela Tonn | SSV Planeta Radebeul | 14:36 | | | |
| | 0:58 (0:58) | 0:47 (1:45) | 1:28 (3:13) | 1:15 (4:28) | 0:49 (5:17) | 0:37 (5:54) |
| | 2:12 (8:06) | 2:03 (10:09) | 1:38 (11:47) | 1:44 (13:31) | 0:49 (14:20) | 0:16 (14:36) |
| 2. | Renate Tröbe | SV TU Ilmenau | 15:35 | +0:59 | | |
| | 0:58 (0:58) | 0:57 (1:55) | 1:24 (3:19) | 1:23 (4:42) | 0:51 (5:33) | 0:41 (6:14) |
| | 2:23 (8:37) | 2:11 (10:48) | 1:36 (12:24) | 1:54 (14:18) | 0:58 (15:16) | 0:19 (15:35) |
| 3. | Antje Sobczak | MTV Soltau | 18:51 | +4:15 | | |
| | 1:31 (1:31) | 0:54 (2:25) | 1:43 (4:08) | 1:30 (5:38) | 1:10 (6:48) | 1:35 (8:23) |
| | 2:48 (11:11) | 2:14 (13:25) | 2:05 (15:30) | 2:00 (17:30) | 1:03 (18:33) | 0:18 (18:51) |
| 4. | Sigrid Wenzel | SSV Planeta Radebeul | 21:41 | +7:05 | | |
| | 1:11 (1:11) | 1:12 (2:23) | 2:52 (5:15) | 1:38 (6:53) | 0:54 (7:47) | 0:45 (8:32) |
| | 2:50 (11:22) | 3:59 (15:21) | 2:23 (17:44) | 2:22 (20:06) | 1:10 (21:16) | 0:25 (21:41) |
| 5. | Helga Lucke | Post SV Dresden | 27:45 | +13:09 | | |
| | 1:27 (1:27) | 1:09 (2:36) | 4:58 (7:34) | 2:01 (9:35) | 1:20 (10:55) | 1:39 (12:34) |
| | 3:11 (15:45) | 3:58 (19:43) | 3:18 (23:01) | 2:58 (25:59) | 1:21 (27:20) | 0:25 (27:45) |
| 6. | Valentina Schlei | OLV Steinberg | 39:04 | +24:28 | | |
| | 3:16 (3:16) | 0:54 (4:10) | 16:40 (20:50) | 1:40 (22:30) | 1:06 (23:36) | 0:53 (24:29) |
| | 2:48 (27:17) | 2:04 (29:21) | 3:48 (33:09) | 4:42 (37:51) | 0:55 (38:46) | 0:18 (39:04) |
| | Bärbel Busch | Post SV Dresden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

| D75 | | (2 / 4) | Zeit | Rückstand | | |
|------------|-----------------|-----------------|--------------|------------------|--------------|--------------|
| 1. | Beatrix Haenelt | OL-Team Filder | 15:31 | | | |
| | 2:10 (2:10) | 1:05 (3:15) | 1:33 (4:48) | 0:56 (5:44) | 2:43 (8:27) | 1:16 (9:43) |
| | 0:58 (10:41) | 1:39 (12:20) | 0:51 (13:11) | 0:51 (14:02) | 0:49 (14:51) | 0:23 (15:14) |
| | 0:17 (15:31) | | | | | |
| 2. | Monika Weber | Post SV Dresden | 16:43 | +1:12 | | |
| | 2:27 (2:27) | 1:03 (3:30) | 1:32 (5:02) | 1:01 (6:03) | 3:08 (9:11) | 1:17 (10:28) |
| | 1:18 (11:46) | 1:25 (13:11) | 0:59 (14:10) | 0:50 (15:00) | 1:02 (16:02) | 0:23 (16:25) |
| | 0:18 (16:43) | | | | | |

| D80 | | (3 / 5) | Zeit | Rückstand | | |
|------------|--------------------|-------------------|--------------|------------------|--------------|--------------|
| 1. | Birgitt Michel | TV Jahn Wolfsburg | 18:02 | | | |
| | 2:02 (2:02) | 1:09 (3:11) | 1:48 (4:59) | 1:06 (6:05) | 3:10 (9:15) | 1:37 (10:52) |
| | 1:30 (12:22) | 1:33 (13:55) | 1:04 (14:59) | 1:00 (15:59) | 1:04 (17:03) | 0:28 (17:31) |
| | 0:31 (18:02) | | | | | |
| 2. | Brigitte Burkhardt | Post SV Dresden | 22:53 | +4:51 | | |
| | 3:23 (3:23) | 2:08 (5:31) | 1:57 (7:28) | 1:09 (8:37) | 3:53 (12:30) | 1:48 (14:18) |
| | 1:33 (15:51) | 2:40 (18:31) | 1:09 (19:40) | 1:03 (20:43) | 1:26 (22:09) | 0:25 (22:34) |
| | 0:19 (22:53) | | | | | |
| 3. | Ingrid Grosse | USV TU Dresden | 24:54 | +6:52 | | |
| | 6:08 (6:08) | 1:20 (7:28) | 1:57 (9:25) | 1:06 (10:31) | 3:57 (14:28) | 1:46 (16:14) |
| | 1:33 (17:47) | 2:41 (20:28) | 1:06 (21:34) | 1:06 (22:40) | 1:26 (24:06) | 0:26 (24:32) |
| | 0:22 (24:54) | | | | | |

| M21-1 | | (22 / 24) | Zeit | Rückstand | | |
|--------------|------------------|---------------------|--------------|------------------|--------------|--------------|
| 1. | Jakub Glonek | OK Kamenice | 12:17 | | | |
| | 1:26 (1:26) | 0:22 (1:48) | 2:08 (3:56) | 0:25 (4:21) | 0:40 (5:01) | 0:38 (5:39) |
| | 0:39 (6:18) | 2:18 (8:36) | 0:28 (9:04) | 0:24 (9:28) | 0:37 (10:05) | 0:27 (10:32) |
| | 0:23 (10:55) | 0:52 (11:47) | 0:19 (12:06) | 0:11 (12:17) | | |
| 2. | Marek Pompe | SV Robotron Dresden | 13:27 | +1:10 | | |
| | 1:36 (1:36) | 0:22 (1:58) | 2:11 (4:09) | 0:27 (4:36) | 0:42 (5:18) | 0:41 (5:59) |
| | 0:49 (6:48) | 2:38 (9:26) | 0:31 (9:57) | 0:27 (10:24) | 0:40 (11:04) | 0:29 (11:33) |
| | 0:26 (11:59) | 0:57 (12:56) | 0:21 (13:17) | 0:10 (13:27) | | |
| 3. | Marek Siegert | USV TU Dresden | 14:23 | +2:06 | | |
| | 1:41 (1:41) | 0:23 (2:04) | 2:28 (4:32) | 0:38 (5:10) | 0:43 (5:53) | 0:42 (6:35) |
| | 0:51 (7:26) | 2:45 (10:11) | 0:31 (10:42) | 0:28 (11:10) | 0:41 (11:51) | 0:36 (12:27) |
| | 0:27 (12:54) | 1:02 (13:56) | 0:19 (14:15) | 0:08 (14:23) | | |
| 3. | Nico Bauerfeld | OL-Team Filder | 14:23 | +2:06 | | |
| | 1:40 (1:40) | 0:25 (2:05) | 2:24 (4:29) | 0:36 (5:05) | 0:41 (5:46) | 0:43 (6:29) |
| | 0:49 (7:18) | 2:51 (10:09) | 0:32 (10:41) | 0:27 (11:08) | 0:42 (11:50) | 0:31 (12:21) |
| | 0:28 (12:49) | 1:02 (13:51) | 0:22 (14:13) | 0:10 (14:23) | | |
| 5. | Till Finkenstädt | OLV Uslar | 14:31 | +2:14 | | |
| | 1:45 (1:45) | 0:23 (2:08) | 2:20 (4:28) | 0:36 (5:04) | 0:44 (5:48) | 0:54 (6:42) |
| | 0:49 (7:31) | 2:42 (10:13) | 0:35 (10:48) | 0:32 (11:20) | 0:39 (11:59) | 0:39 (12:38) |
| | 0:27 (13:05) | 0:58 (14:03) | 0:20 (14:23) | 0:08 (14:31) | | |
| 6. | Ivan Martemyanov | OLV Steinberg | 14:40 | +2:23 | | |
| | 1:36 (1:36) | 0:25 (2:01) | 2:23 (4:24) | 0:31 (4:55) | 0:50 (5:45) | 0:44 (6:29) |
| | 0:55 (7:24) | 2:57 (10:21) | 0:30 (10:51) | 0:28 (11:19) | 0:41 (12:00) | 0:32 (12:32) |
| | 0:30 (13:02) | 1:10 (14:12) | 0:19 (14:31) | 0:09 (14:40) | | |
| 7. | Malte Borrmann | OL Görlitz | 14:41 | +2:24 | | |

| | | | | | | |
|--------------|--------------------|-----------------------|--------------|------------------|--------------|--------------|
| | 1:35 (1:35) | 0:23 (1:58) | 2:23 (4:21) | 0:28 (4:49) | 0:53 (5:42) | 0:41 (6:23) |
| | 0:50 (7:13) | 3:15 (10:28) | 0:33 (11:01) | 0:27 (11:28) | 0:39 (12:07) | 0:30 (12:37) |
| | 0:27 (13:04) | 1:07 (14:11) | 0:20 (14:31) | 0:10 (14:41) | | |
| 8. | Marvin Goericke | SV IHW Alex 78 Berlin | 14:48 | +2:31 | | |
| | 1:51 (1:51) | 0:27 (2:18) | 2:19 (4:37) | 0:31 (5:08) | 0:40 (5:48) | 0:47 (6:35) |
| | 0:50 (7:25) | 2:52 (10:17) | 0:31 (10:48) | 0:28 (11:16) | 0:43 (11:59) | 0:31 (12:30) |
| | 0:29 (12:59) | 1:14 (14:13) | 0:23 (14:36) | 0:12 (14:48) | | |
| 9. | Dennis Bräuer | SV Lengfeld | 15:12 | +2:55 | | |
| | 1:41 (1:41) | 0:25 (2:06) | 2:21 (4:27) | 0:38 (5:05) | 0:36 (5:41) | 0:43 (6:24) |
| | 0:51 (7:15) | 3:08 (10:23) | 0:35 (10:58) | 0:32 (11:30) | 0:45 (12:15) | 0:40 (12:55) |
| | 0:27 (13:22) | 1:18 (14:40) | 0:21 (15:01) | 0:11 (15:12) | | |
| 10. | Emil Sasse | USV TU Dresden | 15:22 | +3:05 | | |
| | 1:43 (1:43) | 0:23 (2:06) | 2:40 (4:46) | 0:39 (5:25) | 0:50 (6:15) | 0:43 (6:58) |
| | 0:51 (7:49) | 2:46 (10:35) | 0:45 (11:20) | 0:38 (11:58) | 0:42 (12:40) | 0:38 (13:18) |
| | 0:33 (13:51) | 1:01 (14:52) | 0:20 (15:12) | 0:10 (15:22) | | |
| 11. | Marek Klein | USV TU Dresden | 15:37 | +3:20 | | |
| | 2:16 (2:16) | 0:26 (2:42) | 2:45 (5:27) | 0:34 (6:01) | 0:39 (6:40) | 0:50 (7:30) |
| | 0:54 (8:24) | 2:55 (11:19) | 0:33 (11:52) | 0:28 (12:20) | 0:45 (13:05) | 0:31 (13:36) |
| | 0:28 (14:04) | 1:01 (15:05) | 0:22 (15:27) | 0:10 (15:37) | | |
| 12. | Fabian Ulbrich | OLV Uslar | 15:47 | +3:30 | | |
| | 1:53 (1:53) | 0:28 (2:21) | 2:39 (5:00) | 0:30 (5:30) | 0:45 (6:15) | 0:49 (7:04) |
| | 0:55 (7:59) | 3:10 (11:09) | 0:43 (11:52) | 0:29 (12:21) | 0:47 (13:08) | 0:32 (13:40) |
| | 0:30 (14:10) | 1:05 (15:15) | 0:22 (15:37) | 0:10 (15:47) | | |
| 13. | Arved Pfeil | Berliner Turnerschaft | 16:19 | +4:02 | | |
| | 1:33 (1:33) | 0:23 (1:56) | 2:27 (4:23) | 0:49 (5:12) | 0:48 (6:00) | 0:49 (6:49) |
| | 0:59 (7:48) | 2:53 (10:41) | 0:54 (11:35) | 0:31 (12:06) | 1:23 (13:29) | 0:39 (14:08) |
| | 0:31 (14:39) | 1:06 (15:45) | 0:23 (16:08) | 0:11 (16:19) | | |
| 14. | Stefan Schmäling | Preetzer TSV | 16:39 | +4:22 | | |
| | 2:00 (2:00) | 0:25 (2:25) | 2:49 (5:14) | 0:37 (5:51) | 0:51 (6:42) | 0:49 (7:31) |
| | 1:13 (8:44) | 3:07 (11:51) | 0:34 (12:25) | 0:34 (12:59) | 0:46 (13:45) | 0:32 (14:17) |
| | 0:33 (14:50) | 1:17 (16:07) | 0:23 (16:30) | 0:09 (16:39) | | |
| 15. | Marcel Pflock | OLV Weimar | 17:25 | +5:08 | | |
| | 1:57 (1:57) | 0:26 (2:23) | 2:48 (5:11) | 0:39 (5:50) | 1:44 (7:34) | 0:49 (8:23) |
| | 0:58 (9:21) | 3:08 (12:29) | 0:39 (13:08) | 0:34 (13:42) | 0:48 (14:30) | 0:46 (15:16) |
| | 0:34 (15:50) | 1:03 (16:53) | 0:21 (17:14) | 0:11 (17:25) | | |
| 16. | Leon Kollenbach | Ski-Club Helsa | 17:49 | +5:32 | | |
| | 1:50 (1:50) | 0:29 (2:19) | 3:22 (5:41) | 0:33 (6:14) | 1:05 (7:19) | 0:45 (8:04) |
| | 1:04 (9:08) | 3:34 (12:42) | 0:42 (13:24) | 0:37 (14:01) | 0:50 (14:51) | 0:35 (15:26) |
| | 0:30 (15:56) | 1:15 (17:11) | 0:28 (17:39) | 0:10 (17:49) | | |
| 17. | Simeon Doetsch | OLV Steinberg | 18:05 | +5:48 | | |
| | 2:03 (2:03) | 0:27 (2:30) | 2:52 (5:22) | 0:48 (6:10) | 0:55 (7:05) | 0:54 (7:59) |
| | 1:08 (9:07) | 3:27 (12:34) | 0:42 (13:16) | 0:41 (13:57) | 0:56 (14:53) | 0:47 (15:40) |
| | 0:34 (16:14) | 1:13 (17:27) | 0:26 (17:53) | 0:12 (18:05) | | |
| 18. | Lorenz Brandl | OLG Regensburg | 18:34 | +6:17 | | |
| | 1:57 (1:57) | 0:28 (2:25) | 2:58 (5:23) | 0:44 (6:07) | 1:00 (7:07) | 1:01 (8:08) |
| | 1:06 (9:14) | 3:49 (13:03) | 0:45 (13:48) | 0:36 (14:24) | 0:53 (15:17) | 0:48 (16:05) |
| | 0:35 (16:40) | 1:16 (17:56) | 0:26 (18:22) | 0:12 (18:34) | | |
| 19. | Martin Friebe | USV Jena | 21:50 | +9:33 | | |
| | 2:05 (2:05) | 0:33 (2:38) | 3:19 (5:57) | 1:52 (7:49) | 1:12 (9:01) | 0:58 (9:59) |
| | 1:12 (11:11) | 4:06 (15:17) | 1:00 (16:17) | 0:36 (16:53) | 1:31 (18:24) | 0:53 (19:17) |
| | 0:34 (19:51) | 1:21 (21:12) | 0:27 (21:39) | 0:11 (21:50) | | |
| | AK Patrick Kudraß | SG Zittau Süd | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | Klaus Van Bentum | TV Oberbexbach | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | Till Geiler | USV Jena | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| M21–2 | | (21 / 23) | Zeit | Rückstand | | |
| 1. | Ole Hensseler | MTV Seesen | 13:15 | | | |
| | 0:38 (0:38) | 1:15 (1:53) | 1:05 (2:58) | 2:01 (4:59) | 0:17 (5:16) | 0:22 (5:38) |
| | 0:57 (6:35) | 2:21 (8:56) | 0:43 (9:39) | 0:15 (9:54) | 1:01 (10:55) | 0:13 (11:08) |
| | 0:40 (11:48) | 0:57 (12:45) | 0:22 (13:07) | 0:08 (13:15) | | |
| 2. | Konstantin Kunckel | USV TU Dresden | 13:31 | +0:16 | | |
| | 0:34 (0:34) | 1:05 (1:39) | 1:03 (2:42) | 1:57 (4:39) | 0:21 (5:00) | 0:24 (5:24) |
| | 1:02 (6:26) | 2:28 (8:54) | 0:43 (9:37) | 0:15 (9:52) | 1:00 (10:52) | 0:21 (11:13) |
| | 0:43 (11:56) | 1:01 (12:57) | 0:22 (13:19) | 0:12 (13:31) | | |
| 3. | Markus Grätsch | USV TU Dresden | 14:02 | +0:47 | | |
| | 0:38 (0:38) | 1:13 (1:51) | 1:08 (2:59) | 2:15 (5:14) | 0:18 (5:32) | 0:24 (5:56) |
| | 1:01 (6:57) | 2:26 (9:23) | 0:47 (10:10) | 0:16 (10:26) | 1:01 (11:27) | 0:15 (11:42) |
| | 0:45 (12:27) | 1:01 (13:28) | 0:23 (13:51) | 0:11 (14:02) | | |
| 4. | Hendrik Holzhauer | OSC Kassel | 14:17 | +1:02 | | |
| | 0:46 (0:46) | 1:11 (1:57) | 1:07 (3:04) | 2:03 (5:07) | 0:19 (5:26) | 0:26 (5:52) |
| | 1:05 (6:57) | 2:48 (9:45) | 0:44 (10:29) | 0:17 (10:46) | 1:00 (11:46) | 0:14 (12:00) |
| | 0:43 (12:43) | 1:07 (13:50) | 0:18 (14:08) | 0:09 (14:17) | | |

| | | | | | | |
|-----|----------------------|-----------------------|--------------|--------------|--------------|--------------|
| 5. | Sebastian Fleiß | Berliner Turnerschaft | 15:01 | +1:46 | | |
| | 0:37 (0:37) | 1:19 (1:56) | 1:08 (3:04) | 2:12 (5:16) | 0:21 (5:37) | 0:34 (6:11) |
| | 1:08 (7:19) | 2:59 (10:18) | 0:43 (11:01) | 0:17 (11:18) | 1:00 (12:18) | 0:24 (12:42) |
| | 0:44 (13:26) | 1:07 (14:33) | 0:19 (14:52) | 0:09 (15:01) | | |
| 6. | Henning Kapischke | OK Mark Brandenburg | 15:13 | +1:58 | | |
| | 0:35 (0:35) | 1:11 (1:46) | 1:07 (2:53) | 2:06 (4:59) | 0:25 (5:24) | 0:36 (6:00) |
| | 1:00 (7:00) | 2:59 (9:59) | 0:50 (10:49) | 0:16 (11:05) | 0:58 (12:03) | 0:58 (13:01) |
| | 0:42 (13:43) | 0:59 (14:42) | 0:22 (15:04) | 0:09 (15:13) | | |
| 7. | Karsten Blume | Berliner TSC | 15:19 | +2:04 | | |
| | 0:41 (0:41) | 1:23 (2:04) | 1:12 (3:16) | 2:18 (5:34) | 0:23 (5:57) | 0:30 (6:27) |
| | 1:10 (7:37) | 2:53 (10:30) | 0:46 (11:16) | 0:16 (11:32) | 1:08 (12:40) | 0:29 (13:09) |
| | 0:48 (13:57) | 0:55 (14:52) | 0:18 (15:10) | 0:09 (15:19) | | |
| 8. | Kristaps Grahl | Preetzer TSV | 15:43 | +2:28 | | |
| | 0:50 (0:50) | 1:26 (2:16) | 1:19 (3:35) | 2:21 (5:56) | 0:25 (6:21) | 0:28 (6:49) |
| | 1:06 (7:55) | 2:54 (10:49) | 0:56 (11:45) | 0:15 (12:00) | 1:01 (13:01) | 0:19 (13:20) |
| | 0:47 (14:07) | 1:05 (15:12) | 0:22 (15:34) | 0:09 (15:43) | | |
| 9. | Anton Knoll | Bielefelder TG | 15:46 | +2:31 | | |
| | 1:29 (1:29) | 1:10 (2:39) | 1:19 (3:58) | 2:11 (6:09) | 0:23 (6:32) | 0:25 (6:57) |
| | 1:08 (8:05) | 2:22 (10:27) | 0:46 (11:13) | 0:17 (11:30) | 1:05 (12:35) | 0:55 (13:30) |
| | 0:43 (14:13) | 1:03 (15:16) | 0:20 (15:36) | 0:10 (15:46) | | |
| 10. | Matthias Kretzschmar | Post SV Dresden | 15:53 | +2:38 | | |
| | 0:40 (0:40) | 1:17 (1:57) | 1:16 (3:13) | 2:30 (5:43) | 0:22 (6:05) | 0:26 (6:31) |
| | 1:00 (7:31) | 3:29 (11:00) | 0:49 (11:49) | 0:16 (12:05) | 1:01 (13:06) | 0:13 (13:19) |
| | 0:48 (14:07) | 1:14 (15:21) | 0:22 (15:43) | 0:10 (15:53) | | |
| 11. | Julian Nürnberger | OLG Regensburg | 16:13 | +2:58 | | |
| | 0:47 (0:47) | 1:31 (2:18) | 1:15 (3:33) | 2:17 (5:50) | 0:25 (6:15) | 0:30 (6:45) |
| | 1:07 (7:52) | 2:43 (10:35) | 0:49 (11:24) | 0:19 (11:43) | 1:12 (12:55) | 0:49 (13:44) |
| | 0:47 (14:31) | 1:07 (15:38) | 0:24 (16:02) | 0:11 (16:13) | | |
| 12. | Lukas Fonk | Preetzer TSV | 16:45 | +3:30 | | |
| | 0:53 (0:53) | 1:20 (2:13) | 1:21 (3:34) | 2:36 (6:10) | 0:28 (6:38) | 0:30 (7:08) |
| | 1:08 (8:16) | 2:57 (11:13) | 0:53 (12:06) | 0:22 (12:28) | 1:09 (13:37) | 0:22 (13:59) |
| | 0:55 (14:54) | 1:17 (16:11) | 0:24 (16:35) | 0:10 (16:45) | | |
| 13. | Wilhelm Holfeld | USV TU Dresden | 17:56 | +4:41 | | |
| | 0:41 (0:41) | 1:27 (2:08) | 2:25 (4:33) | 2:35 (7:08) | 0:30 (7:38) | 0:32 (8:10) |
| | 1:16 (9:26) | 3:00 (12:26) | 0:53 (13:19) | 0:19 (13:38) | 1:12 (14:50) | 0:17 (15:07) |
| | 0:57 (16:04) | 1:14 (17:18) | 0:26 (17:44) | 0:12 (17:56) | | |
| 14. | Alexander Büchner | BSV Halle-Ammendorf | 17:58 | +4:43 | | |
| | 0:48 (0:48) | 1:39 (2:27) | 1:26 (3:53) | 2:45 (6:38) | 0:29 (7:07) | 0:34 (7:41) |
| | 1:21 (9:02) | 3:00 (12:02) | 0:56 (12:58) | 0:22 (13:20) | 1:15 (14:35) | 0:29 (15:04) |
| | 1:00 (16:04) | 1:15 (17:19) | 0:26 (17:45) | 0:13 (17:58) | | |
| 15. | Valtteri Kolehmainen | OLG Regensburg | 19:38 | +6:23 | | |
| | 0:49 (0:49) | 1:39 (2:28) | 1:38 (4:06) | 3:15 (7:21) | 0:28 (7:49) | 0:35 (8:24) |
| | 1:18 (9:42) | 3:30 (13:12) | 1:08 (14:20) | 0:20 (14:40) | 1:19 (15:59) | 0:19 (16:18) |
| | 1:01 (17:19) | 1:40 (18:59) | 0:26 (19:25) | 0:13 (19:38) | | |
| 16. | Sebastian Knitsch | USV TU Dresden | 19:47 | +6:32 | | |
| | 1:16 (1:16) | 1:37 (2:53) | 1:30 (4:23) | 2:55 (7:18) | 0:29 (7:47) | 0:37 (8:24) |
| | 1:20 (9:44) | 3:07 (12:51) | 0:59 (13:50) | 0:21 (14:11) | 1:14 (15:25) | 1:24 (16:49) |
| | 1:01 (17:50) | 1:17 (19:07) | 0:27 (19:34) | 0:13 (19:47) | | |
| 17. | Nico Pöhlmann | USV Jena | 22:03 | +8:48 | | |
| | 0:57 (0:57) | 1:57 (2:54) | 1:52 (4:46) | 3:04 (7:50) | 0:25 (8:15) | 0:29 (8:44) |
| | 1:23 (10:07) | 6:00 (16:07) | 0:54 (17:01) | 0:22 (17:23) | 1:25 (18:48) | 0:23 (19:11) |
| | 1:02 (20:13) | 1:14 (21:27) | 0:26 (21:53) | 0:10 (22:03) | | |
| 18. | Martin Gorecki | USV Jena | 24:58 | +11:43 | | |
| | 1:08 (1:08) | 2:07 (3:15) | 2:04 (5:19) | 3:47 (9:06) | 0:33 (9:39) | 0:47 (10:26) |
| | 1:42 (12:08) | 4:14 (16:22) | 1:23 (17:45) | 0:27 (18:12) | 1:33 (19:45) | 1:15 (21:00) |
| | 1:12 (22:12) | 1:54 (24:06) | 0:36 (24:42) | 0:16 (24:58) | | |
| | Konrad Stamer | Preetzer TSV | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | Moritz Döllgast | Post SV Dresden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | Philipp Schwarck | OLG Regensburg | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

M21-3

| | | (21 / 23) | Zeit | Rückstand | | |
|----|-------------------|------------------|--------------|--------------|--------------|--------------|
| 1. | Riccardo Casanova | OLG Regensburg | 13:20 | | | |
| | 1:19 (1:19) | 0:51 (2:10) | 1:57 (4:07) | 0:33 (4:40) | 0:52 (5:32) | 0:30 (6:02) |
| | 2:19 (8:21) | 0:53 (9:14) | 0:16 (9:30) | 0:23 (9:53) | 0:41 (10:34) | 0:29 (11:03) |
| | 0:42 (11:45) | 1:07 (12:52) | 0:18 (13:10) | 0:10 (13:20) | | |
| 2. | Timon Lorenz | OLG Regensburg | 13:59 | +0:39 | | |
| | 1:29 (1:29) | 1:27 (2:56) | 2:06 (5:02) | 0:38 (5:40) | 0:36 (6:16) | 0:26 (6:42) |
| | 2:19 (9:01) | 0:54 (9:55) | 0:16 (10:11) | 0:22 (10:33) | 0:39 (11:12) | 0:28 (11:40) |
| | 0:43 (12:23) | 1:07 (13:30) | 0:20 (13:50) | 0:09 (13:59) | | |
| 3. | Tom Buchholz | MTK Bad Harzburg | 14:13 | +0:53 | | |
| | 1:19 (1:19) | 1:11 (2:30) | 2:08 (4:38) | 0:39 (5:17) | 0:45 (6:02) | 0:30 (6:32) |
| | 2:33 (9:05) | 0:52 (9:57) | 0:17 (10:14) | 0:23 (10:37) | 0:45 (11:22) | 0:31 (11:53) |
| | 0:45 (12:38) | 1:03 (13:41) | 0:22 (14:03) | 0:10 (14:13) | | |

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|-----|--------------------|----------------------------|--------------|--------------|--------------|--------------|
| 4. | Martin Scheuermann | SSV Planeta Radebeul | 14:28 | +1:08 | | |
| | 1:27 (1:27) | 0:57 (2:24) | 2:09 (4:33) | 0:37 (5:10) | 0:37 (5:47) | 0:27 (6:14) |
| | 2:55 (9:09) | 0:54 (10:03) | 0:16 (10:19) | 0:22 (10:41) | 0:58 (11:39) | 0:32 (12:11) |
| | 0:43 (12:54) | 1:02 (13:56) | 0:22 (14:18) | 0:10 (14:28) | | |
| 5. | Lars Maiwald | TV Mönchweiler | 14:30 | +1:10 | | |
| | 1:14 (1:14) | 1:01 (2:15) | 1:56 (4:11) | 0:41 (4:52) | 0:39 (5:31) | 0:41 (6:12) |
| | 2:18 (8:30) | 0:56 (9:26) | 0:18 (9:44) | 0:26 (10:10) | 0:50 (11:00) | 1:20 (12:20) |
| | 0:41 (13:01) | 0:58 (13:59) | 0:22 (14:21) | 0:09 (14:30) | | |
| 6. | Immanuel Berger | USV TU Dresden | 14:45 | +1:25 | | |
| | 1:19 (1:19) | 1:18 (2:37) | 2:07 (4:44) | 0:38 (5:22) | 0:36 (5:58) | 0:27 (6:25) |
| | 2:51 (9:16) | 1:01 (10:17) | 0:17 (10:34) | 0:27 (11:01) | 0:45 (11:46) | 0:37 (12:23) |
| | 0:44 (13:07) | 1:04 (14:11) | 0:24 (14:35) | 0:10 (14:45) | | |
| 7. | Erik Scheuermann | SSV Planeta Radebeul | 14:47 | +1:27 | | |
| | 1:26 (1:26) | 1:00 (2:26) | 2:25 (4:51) | 0:46 (5:37) | 0:42 (6:19) | 0:28 (6:47) |
| | 2:30 (9:17) | 0:57 (10:14) | 0:19 (10:33) | 0:24 (10:57) | 0:47 (11:44) | 0:37 (12:21) |
| | 0:48 (13:09) | 1:05 (14:14) | 0:22 (14:36) | 0:11 (14:47) | | |
| 8. | Florian Pasda | USV Jena | 15:12 | +1:52 | | |
| | 1:30 (1:30) | 1:01 (2:31) | 2:15 (4:46) | 0:39 (5:25) | 0:42 (6:07) | 0:27 (6:34) |
| | 3:04 (9:38) | 1:00 (10:38) | 0:18 (10:56) | 0:25 (11:21) | 0:46 (12:07) | 0:37 (12:44) |
| | 0:49 (13:33) | 1:05 (14:38) | 0:24 (15:02) | 0:10 (15:12) | | |
| 9. | Jonas Lange | SV IHW Alex 78 Berlin | 15:13 | +1:53 | | |
| | 1:24 (1:24) | 1:21 (2:45) | 2:07 (4:52) | 0:43 (5:35) | 0:42 (6:17) | 0:36 (6:53) |
| | 2:46 (9:39) | 0:58 (10:37) | 0:18 (10:55) | 0:27 (11:22) | 0:45 (12:07) | 0:35 (12:42) |
| | 0:50 (13:32) | 1:07 (14:39) | 0:23 (15:02) | 0:11 (15:13) | | |
| 10. | Nilas Stamer | MTK Bad Harzburg | 15:26 | +2:06 | | |
| | 1:24 (1:24) | 0:56 (2:20) | 2:27 (4:47) | 0:42 (5:29) | 0:47 (6:16) | 0:30 (6:46) |
| | 2:47 (9:33) | 0:59 (10:32) | 0:21 (10:53) | 0:28 (11:21) | 0:56 (12:17) | 0:32 (12:49) |
| | 0:51 (13:40) | 1:11 (14:51) | 0:24 (15:15) | 0:11 (15:26) | | |
| 11. | Jan Klose | MTV Seesen | 16:17 | +2:57 | | |
| | 1:27 (1:27) | 1:01 (2:28) | 2:18 (4:46) | 0:48 (5:34) | 0:40 (6:14) | 0:31 (6:45) |
| | 2:42 (9:27) | 1:02 (10:29) | 0:17 (10:46) | 0:29 (11:15) | 0:46 (12:01) | 1:50 (13:51) |
| | 0:48 (14:39) | 1:07 (15:46) | 0:22 (16:08) | 0:09 (16:17) | | |
| 12. | Leo Graumann | ESV Lok Berlin-Schöneweide | 16:39 | +3:19 | | |
| | 1:39 (1:39) | 1:22 (3:01) | 2:33 (5:34) | 0:49 (6:23) | 0:45 (7:08) | 0:33 (7:41) |
| | 3:05 (10:46) | 1:03 (11:49) | 0:23 (12:12) | 0:27 (12:39) | 0:49 (13:28) | 0:33 (14:01) |
| | 0:51 (14:52) | 1:11 (16:03) | 0:25 (16:28) | 0:11 (16:39) | | |
| 13. | Cedrik Klein | USV TU Dresden | 16:45 | +3:25 | | |
| | 1:36 (1:36) | 1:23 (2:59) | 2:27 (5:26) | 0:46 (6:12) | 0:45 (6:57) | 0:30 (7:27) |
| | 2:56 (10:23) | 1:06 (11:29) | 0:22 (11:51) | 0:26 (12:17) | 0:51 (13:08) | 0:54 (14:02) |
| | 0:51 (14:53) | 1:20 (16:13) | 0:22 (16:35) | 0:10 (16:45) | | |
| 14. | Stefan Buhler | USV TU Dresden | 18:31 | +5:11 | | |
| | 1:43 (1:43) | 1:10 (2:53) | 2:44 (5:37) | 0:47 (6:24) | 0:46 (7:10) | 0:34 (7:44) |
| | 3:55 (11:39) | 1:12 (12:51) | 0:23 (13:14) | 0:32 (13:46) | 1:03 (14:49) | 0:38 (15:27) |
| | 0:57 (16:24) | 1:31 (17:55) | 0:25 (18:20) | 0:11 (18:31) | | |
| 15. | Florian Weinert | Post SV Dresden | 19:16 | +5:56 | | |
| | 1:33 (1:33) | 1:09 (2:42) | 3:02 (5:44) | 0:48 (6:32) | 0:50 (7:22) | 0:59 (8:21) |
| | 3:15 (11:36) | 1:12 (12:48) | 0:22 (13:10) | 0:31 (13:41) | 1:02 (14:43) | 1:37 (16:20) |
| | 0:55 (17:15) | 1:27 (18:42) | 0:23 (19:05) | 0:11 (19:16) | | |
| 16. | Johannes Gorecki | USV Jena | 19:33 | +6:13 | | |
| | 2:05 (2:05) | 1:18 (3:23) | 3:08 (6:31) | 0:57 (7:28) | 0:54 (8:22) | 0:42 (9:04) |
| | 3:24 (12:28) | 1:18 (13:46) | 0:28 (14:14) | 0:32 (14:46) | 0:56 (15:42) | 0:39 (16:21) |
| | 1:00 (17:21) | 1:34 (18:55) | 0:27 (19:22) | 0:11 (19:33) | | |
| 17. | Henry Stephan | TV Oberbexbach | 20:19 | +6:59 | | |
| | 1:40 (1:40) | 1:36 (3:16) | 3:12 (6:28) | 1:05 (7:33) | 0:55 (8:28) | 0:43 (9:11) |
| | 3:32 (12:43) | 1:30 (14:13) | 0:21 (14:34) | 0:50 (15:24) | 1:10 (16:34) | 0:45 (17:19) |
| | 0:52 (18:11) | 1:30 (19:41) | 0:27 (20:08) | 0:11 (20:19) | | |
| 18. | Jens Patommel | Post SV Dresden | 20:27 | +7:07 | | |
| | 1:57 (1:57) | 1:16 (3:13) | 2:50 (6:03) | 1:08 (7:11) | 0:59 (8:10) | 0:36 (8:46) |
| | 4:27 (13:13) | 1:13 (14:26) | 0:28 (14:54) | 0:32 (15:26) | 1:06 (16:32) | 0:44 (17:16) |
| | 1:00 (18:16) | 1:38 (19:54) | 0:23 (20:17) | 0:10 (20:27) | | |
| 19. | Philippe Richter | ESV Lok Berlin-Schöneweide | 22:04 | +8:44 | | |
| | 1:55 (1:55) | 1:45 (3:40) | 3:14 (6:54) | 0:56 (7:50) | 0:56 (8:46) | 0:40 (9:26) |
| | 3:45 (13:11) | 1:13 (14:24) | 0:26 (14:50) | 0:34 (15:24) | 1:18 (16:42) | 1:44 (18:26) |
| | 1:05 (19:31) | 1:42 (21:13) | 0:34 (21:47) | 0:17 (22:04) | | |
| 20. | Nils Heinert | OLV Weimar | 24:15 | +10:55 | | |
| | 1:36 (1:36) | 1:13 (2:49) | 3:46 (6:35) | 0:53 (7:28) | 0:59 (8:27) | 0:49 (9:16) |
| | 4:02 (13:18) | 1:46 (15:04) | 0:24 (15:28) | 0:51 (16:19) | 0:58 (17:17) | 1:52 (19:09) |
| | 2:08 (21:17) | 2:15 (23:32) | 0:31 (24:03) | 0:12 (24:15) | | |
| | Moritz Lucke | Post SV Dresden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

H14-1 (13 / 14) Zeit Rückstand

| | | | | | | |
|----|------------------------------|----------------|-------------|--------------|--------------|--------------|
| 1. | Jacob Imbsweiler | TV Oberbexbach | 11:07 | | | |
| | 0:58 (0:58) | 0:36 (1:34) | 0:47 (2:21) | 1:20 (3:41) | 1:16 (4:57) | 1:08 (6:05) |
| | 1:04 (7:09) | 0:35 (7:44) | 0:42 (8:26) | 0:50 (9:16) | 0:57 (10:13) | 0:43 (10:56) |
| | 0:11 (11:07) | | | | | |
| 2. | Constantin Jacob Freudenfeld | TSV Worpswede | 12:27 | +1:20 | | |
| | 0:57 (0:57) | 0:54 (1:51) | 0:51 (2:42) | 1:23 (4:05) | 1:31 (5:36) | 1:20 (6:56) |
| | 1:32 (8:28) | 0:37 (9:05) | 0:42 (9:47) | 0:58 (10:45) | 0:52 (11:37) | 0:41 (12:18) |
| | 0:09 (12:27) | | | | | |

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|-----|--------------------|------------------|--------------|--------------|--------------|--------------|
| 3. | Mike Martemyanov | OLV Steinberg | 13:15 | +2:08 | | |
| | 1:02 (1:02) | 1:02 (2:04) | 1:00 (3:04) | 1:29 (4:33) | 1:18 (5:51) | 1:25 (7:16) |
| | 1:22 (8:38) | 0:46 (9:24) | 0:53 (10:17) | 0:50 (11:07) | 1:06 (12:13) | 0:51 (13:04) |
| | 0:11 (13:15) | | | | | |
| 4. | Lukas Oechler | OLV Landshut | 14:27 | +3:20 | | |
| | 1:07 (1:07) | 1:13 (2:20) | 1:06 (3:26) | 1:35 (5:01) | 1:30 (6:31) | 1:25 (7:56) |
| | 1:25 (9:21) | 0:51 (10:12) | 1:18 (11:30) | 1:04 (12:34) | 1:00 (13:34) | 0:45 (14:19) |
| | 0:08 (14:27) | | | | | |
| 5. | Gustav Bader | Post SV Dresden | 15:34 | +4:27 | | |
| | 1:25 (1:25) | 0:52 (2:17) | 1:06 (3:23) | 1:40 (5:03) | 1:55 (6:58) | 1:42 (8:40) |
| | 1:32 (10:12) | 0:51 (11:03) | 0:59 (12:02) | 1:14 (13:16) | 1:12 (14:28) | 0:54 (15:22) |
| | 0:12 (15:34) | | | | | |
| 6. | Maxim Hirschmann | OLV Potsdam | 17:15 | +6:08 | | |
| | 1:19 (1:19) | 1:01 (2:20) | 1:03 (3:23) | 1:54 (5:17) | 2:21 (7:38) | 1:56 (9:34) |
| | 1:45 (11:19) | 0:45 (12:04) | 0:52 (12:56) | 1:55 (14:51) | 1:27 (16:18) | 0:48 (17:06) |
| | 0:09 (17:15) | | | | | |
| 7. | Malte Stutzki | USV Jena | 17:17 | +6:10 | | |
| | 1:44 (1:44) | 0:58 (2:42) | 1:16 (3:58) | 1:56 (5:54) | 1:28 (7:22) | 1:58 (9:20) |
| | 1:52 (11:12) | 1:00 (12:12) | 1:01 (13:13) | 1:17 (14:30) | 1:29 (15:59) | 1:07 (17:06) |
| | 0:11 (17:17) | | | | | |
| 8. | Lucas Pascal Mache | OLV Potsdam | 17:56 | +6:49 | | |
| | 1:27 (1:27) | 1:03 (2:30) | 1:08 (3:38) | 1:55 (5:33) | 1:46 (7:19) | 2:13 (9:32) |
| | 2:11 (11:43) | 0:49 (12:32) | 1:21 (13:53) | 1:03 (14:56) | 1:51 (16:47) | 1:00 (17:47) |
| | 0:09 (17:56) | | | | | |
| 9. | Max Wunsch | Post-SV Chemnitz | 19:08 | +8:01 | | |
| | 0:58 (0:58) | 4:05 (5:03) | 1:18 (6:21) | 2:15 (8:36) | 1:07 (9:43) | 1:27 (11:10) |
| | 1:15 (12:25) | 1:10 (13:35) | 0:41 (14:16) | 1:36 (15:52) | 2:24 (18:16) | 0:42 (18:58) |
| | 0:10 (19:08) | | | | | |
| 10. | Liam Wollmuth | OLV Weimar | 21:30 | +10:23 | | |
| | 1:27 (1:27) | 2:49 (4:16) | 1:23 (5:39) | 2:09 (7:48) | 2:31 (10:19) | 2:33 (12:52) |
| | 2:03 (14:55) | 1:11 (16:06) | 1:02 (17:08) | 1:32 (18:40) | 1:31 (20:11) | 1:08 (21:19) |
| | 0:11 (21:30) | | | | | |
| 11. | Gustav Töpfer | USV Jena | 21:53 | +10:46 | | |
| | 1:36 (1:36) | 1:12 (2:48) | 1:23 (4:11) | 2:11 (6:22) | 3:00 (9:22) | 2:24 (11:46) |
| | 3:28 (15:14) | 1:05 (16:19) | 1:12 (17:31) | 1:31 (19:02) | 1:28 (20:30) | 1:11 (21:41) |
| | 0:12 (21:53) | | | | | |
| 12. | Raphael Stärz | USV TU Dresden | 23:59 | +12:52 | | |
| | 1:35 (1:35) | 2:29 (4:04) | 1:20 (5:24) | 2:21 (7:45) | 2:44 (10:29) | 2:56 (13:25) |
| | 2:33 (15:58) | 1:16 (17:14) | 1:56 (19:10) | 1:38 (20:48) | 1:46 (22:34) | 1:12 (23:46) |
| | 0:13 (23:59) | | | | | |
| 13. | Finn Senkler | OLV Weimar | 28:02 | +16:55 | | |
| | 7:49 (7:49) | 1:41 (9:30) | 1:20 (10:50) | 2:12 (13:02) | 2:46 (15:48) | 2:49 (18:37) |
| | 2:39 (21:16) | 1:26 (22:42) | 1:08 (23:50) | 1:24 (25:14) | 1:23 (26:37) | 1:13 (27:50) |
| | 0:12 (28:02) | | | | | |

| H14-2 | | (12 / 14) | Zeit | Rückstand | | |
|--------------|-------------------|-----------------------|--------------|------------------|--------------|--------------|
| 1. | Michael Schlei | OLV Steinberg | 11:14 | | | |
| | 0:56 (0:56) | 1:03 (1:59) | 0:14 (2:13) | 0:29 (2:42) | 0:26 (3:08) | 0:56 (4:04) |
| | 1:50 (5:54) | 1:32 (7:26) | 0:42 (8:08) | 1:05 (9:13) | 0:22 (9:35) | 1:00 (10:35) |
| | 0:20 (10:55) | 0:10 (11:05) | 0:09 (11:14) | | | |
| 2. | Emil Prolingheuer | TuS Karlsruhe-Rüppurr | 13:31 | +2:17 | | |
| | 1:03 (1:03) | 1:46 (2:49) | 0:15 (3:04) | 0:38 (3:42) | 0:31 (4:13) | 1:06 (5:19) |
| | 2:08 (7:27) | 1:47 (9:14) | 0:48 (10:02) | 1:11 (11:13) | 0:23 (11:36) | 1:15 (12:51) |
| | 0:20 (13:11) | 0:10 (13:21) | 0:10 (13:31) | | | |
| 3. | Anton Kattwinkel | OLV Weimar | 14:45 | +3:31 | | |
| | 1:11 (1:11) | 1:39 (2:50) | 0:19 (3:09) | 0:40 (3:49) | 0:31 (4:20) | 1:16 (5:36) |
| | 2:30 (8:06) | 1:47 (9:53) | 0:56 (10:49) | 1:17 (12:06) | 0:27 (12:33) | 1:22 (13:55) |
| | 0:27 (14:22) | 0:13 (14:35) | 0:10 (14:45) | | | |
| 4. | Aiko Klein | USV TU Dresden | 15:21 | +4:07 | | |
| | 1:15 (1:15) | 1:37 (2:52) | 0:23 (3:15) | 0:41 (3:56) | 0:29 (4:25) | 1:06 (5:31) |
| | 2:40 (8:11) | 1:52 (10:03) | 1:05 (11:08) | 1:23 (12:31) | 0:28 (12:59) | 1:26 (14:25) |
| | 0:29 (14:54) | 0:14 (15:08) | 0:13 (15:21) | | | |
| 5. | Johannes Gerstl | OLG Regensburg | 15:51 | +4:37 | | |
| | 2:09 (2:09) | 1:48 (3:57) | 0:17 (4:14) | 0:46 (5:00) | 0:29 (5:29) | 1:08 (6:37) |
| | 2:08 (8:45) | 1:45 (10:30) | 0:51 (11:21) | 1:44 (13:05) | 0:27 (13:32) | 1:17 (14:49) |
| | 0:44 (15:33) | 0:10 (15:43) | 0:08 (15:51) | | | |
| 6. | Marius Lange | USV TU Dresden | 17:05 | +5:51 | | |
| | 1:23 (1:23) | 1:55 (3:18) | 0:18 (3:36) | 0:46 (4:22) | 0:41 (5:03) | 1:12 (6:15) |
| | 3:00 (9:15) | 2:06 (11:21) | 0:59 (12:20) | 1:37 (13:57) | 0:33 (14:30) | 1:38 (16:08) |
| | 0:28 (16:36) | 0:16 (16:52) | 0:13 (17:05) | | | |
| 7. | Moritz Großmann | USV TU Dresden | 17:06 | +5:52 | | |
| | 1:31 (1:31) | 1:42 (3:13) | 0:25 (3:38) | 1:00 (4:38) | 0:34 (5:12) | 1:12 (6:24) |
| | 2:39 (9:03) | 2:09 (11:12) | 1:29 (12:41) | 1:46 (14:27) | 0:27 (14:54) | 1:22 (16:16) |
| | 0:26 (16:42) | 0:14 (16:56) | 0:10 (17:06) | | | |
| 8. | Gero Böhm | TV Oberbexbach | 19:31 | +8:17 | | |
| | 1:16 (1:16) | 1:50 (3:06) | 0:17 (3:23) | 0:51 (4:14) | 0:38 (4:52) | 1:34 (6:26) |
| | 2:39 (9:05) | 3:00 (12:05) | 1:14 (13:19) | 3:32 (16:51) | 0:21 (17:12) | 1:30 (18:42) |
| | 0:24 (19:06) | 0:15 (19:21) | 0:10 (19:31) | | | |
| 9. | Raffael Post | OLV Weimar | 21:08 | +9:54 | | |
| | 1:37 (1:37) | 2:01 (3:38) | 0:33 (4:11) | 1:29 (5:40) | 0:39 (6:19) | 1:28 (7:47) |
| | 3:48 (11:35) | 2:45 (14:20) | 1:17 (15:37) | 1:59 (17:36) | 0:34 (18:10) | 1:50 (20:00) |
| | 0:38 (20:38) | 0:21 (20:59) | 0:09 (21:08) | | | |

| | | | | | |
|--------------------|----------------|--------------|--------------|--------------|--------------|
| 10. Emilian Köhler | TV Oberbexbach | 22:01 | +10:47 | | |
| 6:43 (6:43) | 1:47 (8:30) | 0:15 (8:45) | 0:43 (9:28) | 0:47 (10:15) | 2:00 (12:15) |
| 2:05 (14:20) | 2:08 (16:28) | 1:17 (17:45) | 1:32 (19:17) | 0:29 (19:46) | 1:29 (21:15) |
| 0:22 (21:37) | 0:14 (21:51) | 0:10 (22:01) | | | |
| 11. Benjamin Haag | USV TU Dresden | 22:09 | +10:55 | | |
| 1:42 (1:42) | 1:55 (3:37) | 0:25 (4:02) | 1:07 (5:09) | 0:38 (5:47) | 1:45 (7:32) |
| 3:50 (11:22) | 3:09 (14:31) | 1:46 (16:17) | 2:01 (18:18) | 0:32 (18:50) | 1:51 (20:41) |
| 0:57 (21:38) | 0:20 (21:58) | 0:11 (22:09) | | | |
| Laurin Ahlbrecht | OLG Regensburg | Fehlst. | | | |
| 0:54 (0:54) | 1:11 (2:05) | 0:33 (2:38) | 0:37 (3:15) | 0:28 (3:43) | 1:33 (5:16) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (15:15) | | | |

| H16-1 | | (13 / 13) | Zeit | Rückstand | |
|--------------------------|-----------------------|------------------|--------------|------------------|--------------|
| 1. Lionel Kumbier | Berliner Turnerschaft | 11:09 | | | |
| 0:23 (0:23) | 1:13 (1:36) | 2:25 (4:01) | 0:52 (4:53) | 2:08 (7:01) | 1:09 (8:10) |
| 0:20 (8:30) | 0:19 (8:49) | 0:59 (9:48) | 0:54 (10:42) | 0:19 (11:01) | 0:08 (11:09) |
| 2. Julian Doetsch | OLV Steinberg | 11:38 | +0:29 | | |
| 0:25 (0:25) | 1:20 (1:45) | 2:30 (4:15) | 0:52 (5:07) | 2:13 (7:20) | 1:11 (8:31) |
| 0:19 (8:50) | 0:20 (9:10) | 0:59 (10:09) | 0:56 (11:05) | 0:22 (11:27) | 0:11 (11:38) |
| 3. Raphael Kunckel | USV TU Dresden | 12:54 | +1:45 | | |
| 0:27 (0:27) | 1:26 (1:53) | 2:57 (4:50) | 0:50 (5:40) | 2:11 (7:51) | 1:20 (9:11) |
| 0:21 (9:32) | 0:26 (9:58) | 1:25 (11:23) | 1:01 (12:24) | 0:21 (12:45) | 0:09 (12:54) |
| 4. Timm Dielitzsch | OL Görlitz | 13:03 | +1:54 | | |
| 0:25 (0:25) | 1:37 (2:02) | 2:50 (4:52) | 0:58 (5:50) | 2:33 (8:23) | 1:23 (9:46) |
| 0:20 (10:06) | 0:22 (10:28) | 1:07 (11:35) | 0:58 (12:33) | 0:21 (12:54) | 0:09 (13:03) |
| 5. Maximilian Kainzbauer | OLG Regensburg | 14:19 | +3:10 | | |
| 0:35 (0:35) | 1:43 (2:18) | 2:50 (5:08) | 1:03 (6:11) | 2:46 (8:57) | 1:58 (10:55) |
| 0:22 (11:17) | 0:24 (11:41) | 1:06 (12:47) | 1:02 (13:49) | 0:22 (14:11) | 0:08 (14:19) |
| 6. Valentin Brill | OL Görlitz | 14:49 | +3:40 | | |
| 0:27 (0:27) | 1:35 (2:02) | 3:05 (5:07) | 0:58 (6:05) | 3:23 (9:28) | 1:31 (10:59) |
| 0:26 (11:25) | 0:23 (11:48) | 1:08 (12:56) | 1:18 (14:14) | 0:24 (14:38) | 0:11 (14:49) |
| 7. Gil Badia Landefeld | OC München | 14:50 | +3:41 | | |
| 0:29 (0:29) | 1:42 (2:11) | 2:58 (5:09) | 1:10 (6:19) | 2:50 (9:09) | 1:53 (11:02) |
| 0:22 (11:24) | 0:24 (11:48) | 1:16 (13:04) | 1:06 (14:10) | 0:28 (14:38) | 0:12 (14:50) |
| 8. Tim Weinert | Post SV Dresden | 15:29 | +4:20 | | |
| 0:29 (0:29) | 1:36 (2:05) | 2:52 (4:57) | 1:01 (5:58) | 4:23 (10:21) | 1:23 (11:44) |
| 0:25 (12:09) | 0:30 (12:39) | 1:11 (13:50) | 1:05 (14:55) | 0:24 (15:19) | 0:10 (15:29) |
| 9. Arthur Klotz | SV Robotron Dresden | 15:52 | +4:43 | | |
| 0:36 (0:36) | 1:53 (2:29) | 3:15 (5:44) | 0:59 (6:43) | 2:52 (9:35) | 2:02 (11:37) |
| 0:23 (12:00) | 0:40 (12:40) | 1:10 (13:50) | 1:29 (15:19) | 0:24 (15:43) | 0:09 (15:52) |
| 10. Ole Winter | SV Robotron Dresden | 17:07 | +5:58 | | |
| 1:27 (1:27) | 1:34 (3:01) | 3:43 (6:44) | 1:08 (7:52) | 3:27 (11:19) | 1:39 (12:58) |
| 0:23 (13:21) | 0:55 (14:16) | 1:09 (15:25) | 1:09 (16:34) | 0:24 (16:58) | 0:09 (17:07) |
| 11. Julius Lucke | Post SV Dresden | 18:04 | +6:55 | | |
| 0:30 (0:30) | 1:59 (2:29) | 3:37 (6:06) | 1:15 (7:21) | 3:22 (10:43) | 2:16 (12:59) |
| 0:26 (13:25) | 0:28 (13:53) | 2:07 (16:00) | 1:19 (17:19) | 0:31 (17:50) | 0:14 (18:04) |
| 12. Espen Post | OLV Weimar | 26:00 | +14:51 | | |
| 0:54 (0:54) | 2:52 (3:46) | 5:33 (9:19) | 2:00 (11:19) | 5:38 (16:57) | 2:52 (19:49) |
| 0:44 (20:33) | 0:52 (21:25) | 2:21 (23:46) | 1:37 (25:23) | 0:28 (25:51) | 0:09 (26:00) |
| Moritz Oechler | OLV Landshut | Nicht Ang. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

| H16-2 | | (13 / 13) | Zeit | Rückstand | |
|-------------------------|-----------------------|------------------|--------------|------------------|--------------|
| 1. Karl Rudolf Jobke | USV TU Dresden | 11:18 | | | |
| 1:46 (1:46) | 0:24 (2:10) | 2:15 (4:25) | 0:34 (4:59) | 0:27 (5:26) | 0:37 (6:03) |
| 1:38 (7:41) | 1:09 (8:50) | 0:26 (9:16) | 0:23 (9:39) | 1:07 (10:46) | 0:22 (11:08) |
| 0:10 (11:18) | | | | | |
| 2. Daniel Schmidt | TSG Wiesloch | 11:27 | +0:09 | | |
| 1:49 (1:49) | 0:24 (2:13) | 2:11 (4:24) | 0:35 (4:59) | 0:25 (5:24) | 0:43 (6:07) |
| 1:46 (7:53) | 1:14 (9:07) | 0:21 (9:28) | 0:21 (9:49) | 1:07 (10:56) | 0:21 (11:17) |
| 0:10 (11:27) | | | | | |
| 3. Emil Saupe | Post SV Dresden | 12:24 | +1:06 | | |
| 1:49 (1:49) | 0:22 (2:11) | 2:01 (4:12) | 0:42 (4:54) | 0:32 (5:26) | 1:25 (6:51) |
| 1:47 (8:38) | 1:20 (9:58) | 0:21 (10:19) | 0:24 (10:43) | 1:12 (11:55) | 0:21 (12:16) |
| 0:08 (12:24) | | | | | |
| 4. Moritz Kuntze | OLV Weimar | 12:33 | +1:15 | | |
| 1:51 (1:51) | 0:22 (2:13) | 2:05 (4:18) | 0:41 (4:59) | 0:34 (5:33) | 0:43 (6:16) |
| 1:40 (7:56) | 1:18 (9:14) | 0:32 (9:46) | 0:29 (10:15) | 1:46 (12:01) | 0:23 (12:24) |
| 0:09 (12:33) | | | | | |
| 5. Louis Antoine Krüger | Berliner Turnerschaft | 12:41 | +1:23 | | |
| 1:56 (1:56) | 0:29 (2:25) | 2:21 (4:46) | 0:47 (5:33) | 0:26 (5:59) | 0:35 (6:34) |
| 2:10 (8:44) | 1:21 (10:05) | 0:29 (10:34) | 0:21 (10:55) | 1:14 (12:09) | 0:23 (12:32) |
| 0:09 (12:41) | | | | | |
| 6. Maik Schweizer | MTV Seesen | 12:56 | +1:38 | | |
| 1:45 (1:45) | 0:22 (2:07) | 2:43 (4:50) | 0:57 (5:47) | 0:31 (6:18) | 0:43 (7:01) |
| 1:59 (9:00) | 1:27 (10:27) | 0:20 (10:47) | 0:26 (11:13) | 1:14 (12:27) | 0:21 (12:48) |
| 0:08 (12:56) | | | | | |

| | | | | | | |
|-----|------------------|---------------------|--------------|--------------|--------------|--------------|
| 7. | Paul Köhler | TSC Strausberg | 14:03 | +2:45 | | |
| | 1:59 (1:59) | 0:26 (2:25) | 2:32 (4:57) | 0:51 (5:48) | 0:31 (6:19) | 0:53 (7:12) |
| | 2:11 (9:23) | 1:24 (10:47) | 0:25 (11:12) | 0:23 (11:35) | 1:52 (13:27) | 0:27 (13:54) |
| | 0:09 (14:03) | | | | | |
| 8. | Ben Barchfeld | Post SV Dresden | 14:20 | +3:02 | | |
| | 1:55 (1:55) | 0:25 (2:20) | 2:37 (4:57) | 0:44 (5:41) | 0:30 (6:11) | 0:54 (7:05) |
| | 2:53 (9:58) | 1:21 (11:19) | 0:25 (11:44) | 0:23 (12:07) | 1:39 (13:46) | 0:23 (14:09) |
| | 0:11 (14:20) | | | | | |
| 9. | Aleksey Schwenn | SV Robotron Dresden | 14:46 | +3:28 | | |
| | 2:12 (2:12) | 0:26 (2:38) | 2:32 (5:10) | 0:58 (6:08) | 0:35 (6:43) | 0:55 (7:38) |
| | 2:11 (9:49) | 1:37 (11:26) | 0:25 (11:51) | 0:30 (12:21) | 1:52 (14:13) | 0:24 (14:37) |
| | 0:09 (14:46) | | | | | |
| 10. | Gustav Dübner | SV Lengfeld | 17:17 | +5:59 | | |
| | 3:19 (3:19) | 0:38 (3:57) | 3:19 (7:16) | 1:04 (8:20) | 0:38 (8:58) | 1:16 (10:14) |
| | 2:03 (12:17) | 1:40 (13:57) | 0:38 (14:35) | 0:28 (15:03) | 1:32 (16:35) | 0:32 (17:07) |
| | 0:10 (17:17) | | | | | |
| 11. | Valentin Schram | TSV Jetzendorf | 18:20 | +7:02 | | |
| | 2:07 (2:07) | 0:30 (2:37) | 3:11 (5:48) | 1:04 (6:52) | 0:36 (7:28) | 3:20 (10:48) |
| | 2:20 (13:08) | 2:03 (15:11) | 0:29 (15:40) | 0:31 (16:11) | 1:26 (17:37) | 0:33 (18:10) |
| | 0:10 (18:20) | | | | | |
| | Gunnar Schälicke | TSC Strausberg | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | | | | | |
| | Leander Fischer | OLV Potsdam | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | | | | | |

| H18 | | (21 / 23) | Zeit | Rückstand | | |
|-----|-------------------|-----------------------------|--------------|--------------|--------------|--------------|
| 1. | Niklas Wetzel | SV Robotron Dresden | 13:10 | | | |
| | 0:21 (0:21) | 1:24 (1:45) | 0:45 (2:30) | 2:12 (4:42) | 0:33 (5:15) | 0:25 (5:40) |
| | 0:41 (6:21) | 2:50 (9:11) | 0:35 (9:46) | 0:19 (10:05) | 0:40 (10:45) | 0:30 (11:15) |
| | 1:07 (12:22) | 0:26 (12:48) | 0:11 (12:59) | 0:11 (13:10) | | |
| 2. | Loic Dequiedt | SV Robotron Dresden | 13:14 | +0:04 | | |
| | 0:23 (0:23) | 1:22 (1:45) | 0:45 (2:30) | 2:07 (4:37) | 0:39 (5:16) | 0:25 (5:41) |
| | 0:44 (6:25) | 2:54 (9:19) | 0:30 (9:49) | 0:18 (10:07) | 0:38 (10:45) | 0:31 (11:16) |
| | 1:07 (12:23) | 0:29 (12:52) | 0:12 (13:04) | 0:10 (13:14) | | |
| 3. | Vincent Kunckel | USV TU Dresden | 13:39 | +0:29 | | |
| | 0:20 (0:20) | 1:12 (1:32) | 0:45 (2:17) | 2:20 (4:37) | 0:38 (5:15) | 0:30 (5:45) |
| | 0:38 (6:23) | 2:55 (9:18) | 0:35 (9:53) | 0:17 (10:10) | 0:40 (10:50) | 0:54 (11:44) |
| | 1:07 (12:51) | 0:29 (13:20) | 0:11 (13:31) | 0:08 (13:39) | | |
| 4. | Petru Tulban | Berliner Turnerschaft | 14:17 | +1:07 | | |
| | 0:28 (0:28) | 1:28 (1:56) | 0:54 (2:50) | 2:00 (4:50) | 0:42 (5:32) | 0:31 (6:03) |
| | 0:56 (6:59) | 3:16 (10:15) | 0:37 (10:52) | 0:17 (11:09) | 0:41 (11:50) | 0:41 (12:31) |
| | 1:02 (13:33) | 0:26 (13:59) | 0:10 (14:09) | 0:08 (14:17) | | |
| 5. | Jakob Drechsler | Post SV Dresden | 14:22 | +1:12 | | |
| | 0:26 (0:26) | 1:21 (1:47) | 0:53 (2:40) | 2:05 (4:45) | 0:42 (5:27) | 0:27 (5:54) |
| | 0:38 (6:32) | 3:07 (9:39) | 0:31 (10:10) | 0:20 (10:30) | 1:07 (11:37) | 0:42 (12:19) |
| | 1:09 (13:28) | 0:34 (14:02) | 0:10 (14:12) | 0:10 (14:22) | | |
| 6. | Jonas Kögler | USV TU Dresden | 14:36 | +1:26 | | |
| | 0:25 (0:25) | 1:21 (1:46) | 0:48 (2:34) | 2:44 (5:18) | 0:40 (5:58) | 0:29 (6:27) |
| | 0:44 (7:11) | 3:06 (10:17) | 0:32 (10:49) | 0:22 (11:11) | 0:47 (11:58) | 0:34 (12:32) |
| | 1:13 (13:45) | 0:29 (14:14) | 0:11 (14:25) | 0:11 (14:36) | | |
| 7. | Ole Baath | TSV Jetzendorf | 14:48 | +1:38 | | |
| | 0:22 (0:22) | 1:20 (1:42) | 0:52 (2:34) | 2:19 (4:53) | 0:36 (5:29) | 0:28 (5:57) |
| | 0:45 (6:42) | 3:10 (9:52) | 0:30 (10:22) | 0:20 (10:42) | 0:43 (11:25) | 0:39 (12:04) |
| | 1:50 (13:54) | 0:31 (14:25) | 0:11 (14:36) | 0:12 (14:48) | | |
| 8. | Noah Lezius | TV Oberbexbach | 15:06 | +1:56 | | |
| | 0:37 (0:37) | 1:29 (2:06) | 0:52 (2:58) | 2:11 (5:09) | 0:40 (5:49) | 0:30 (6:19) |
| | 0:48 (7:07) | 3:24 (10:31) | 0:41 (11:12) | 0:25 (11:37) | 0:47 (12:24) | 0:43 (13:07) |
| | 1:13 (14:20) | 0:27 (14:47) | 0:11 (14:58) | 0:08 (15:06) | | |
| 8. | Tomas Schäfer | SV Robotron Dresden | 15:06 | +1:56 | | |
| | 0:25 (0:25) | 1:26 (1:51) | 0:48 (2:39) | 2:30 (5:09) | 0:45 (5:54) | 0:46 (6:40) |
| | 0:48 (7:28) | 3:21 (10:49) | 0:38 (11:27) | 0:21 (11:48) | 0:48 (12:36) | 0:33 (13:09) |
| | 1:12 (14:21) | 0:27 (14:48) | 0:10 (14:58) | 0:08 (15:06) | | |
| 10. | Fidelius Cain | OLV Potsdam | 15:33 | +2:23 | | |
| | 0:27 (0:27) | 1:21 (1:48) | 0:54 (2:42) | 2:59 (5:41) | 0:39 (6:20) | 0:28 (6:48) |
| | 0:50 (7:38) | 3:21 (10:59) | 0:38 (11:37) | 0:20 (11:57) | 0:46 (12:43) | 0:42 (13:25) |
| | 1:23 (14:48) | 0:26 (15:14) | 0:10 (15:24) | 0:09 (15:33) | | |
| 11. | Lennart Mühlstädt | SV Robotron Dresden | 16:00 | +2:50 | | |
| | 0:28 (0:28) | 1:28 (1:56) | 0:54 (2:50) | 2:41 (5:31) | 0:56 (6:27) | 0:38 (7:05) |
| | 0:50 (7:55) | 3:38 (11:33) | 0:38 (12:11) | 0:20 (12:31) | 0:45 (13:16) | 0:34 (13:50) |
| | 1:17 (15:07) | 0:30 (15:37) | 0:12 (15:49) | 0:11 (16:00) | | |
| 12. | Mikuláš Janda | Gundelfinger Turnerschaft | 16:22 | +3:12 | | |
| | 0:28 (0:28) | 1:16 (1:44) | 0:53 (2:37) | 2:09 (4:46) | 1:39 (6:25) | 0:29 (6:54) |
| | 0:50 (7:44) | 3:57 (11:41) | 0:39 (12:20) | 0:20 (12:40) | 0:42 (13:22) | 0:56 (14:18) |
| | 1:17 (15:35) | 0:27 (16:02) | 0:11 (16:13) | 0:09 (16:22) | | |
| 13. | Janik Keller | ESV Lok Berlin-Schöneeweide | 17:16 | +4:06 | | |
| | 0:28 (0:28) | 1:32 (2:00) | 0:54 (2:54) | 2:20 (5:14) | 0:49 (6:03) | 0:33 (6:36) |
| | 0:54 (7:30) | 3:41 (11:11) | 0:41 (11:52) | 0:20 (12:12) | 0:48 (13:00) | 1:38 (14:38) |
| | 1:47 (16:25) | 0:31 (16:56) | 0:11 (17:07) | 0:09 (17:16) | | |

| | | | | | | |
|-----|-----------------|-----------------------|--------------|--------------|--------------|--------------|
| 14. | Nevio Raml | SV IHW Alex 78 Berlin | 17:56 | +4:46 | | |
| | 0:31 (0:31) | 2:00 (2:31) | 0:57 (3:28) | 3:03 (6:31) | 0:44 (7:15) | 0:41 (7:56) |
| | 0:51 (8:47) | 3:49 (12:36) | 0:49 (13:25) | 0:24 (13:49) | 0:47 (14:36) | 0:51 (15:27) |
| | 1:34 (17:01) | 0:35 (17:36) | 0:11 (17:47) | 0:09 (17:56) | | |
| 15. | Gergely Knuth | OLV Potsdam | 18:33 | +5:23 | | |
| | 0:29 (0:29) | 1:35 (2:04) | 1:02 (3:06) | 2:46 (5:52) | 0:47 (6:39) | 0:35 (7:14) |
| | 1:01 (8:15) | 5:04 (13:19) | 0:50 (14:09) | 0:24 (14:33) | 0:54 (15:27) | 0:47 (16:14) |
| | 1:25 (17:39) | 0:32 (18:11) | 0:12 (18:23) | 0:10 (18:33) | | |
| 16. | Yannis Lauer | OLG Regensburg | 18:56 | +5:46 | | |
| | 0:30 (0:30) | 1:42 (2:12) | 1:00 (3:12) | 2:35 (5:47) | 0:46 (6:33) | 0:35 (7:08) |
| | 1:12 (8:20) | 4:06 (12:26) | 0:36 (13:02) | 0:26 (13:28) | 1:29 (14:57) | 0:54 (15:51) |
| | 2:04 (17:55) | 0:37 (18:32) | 0:13 (18:45) | 0:11 (18:56) | | |
| 17. | Linus Löffler | SV Robotron Dresden | 19:52 | +6:42 | | |
| | 0:33 (0:33) | 1:49 (2:22) | 1:03 (3:25) | 3:09 (6:34) | 0:46 (7:20) | 0:38 (7:58) |
| | 1:21 (9:19) | 4:32 (13:51) | 0:48 (14:39) | 0:29 (15:08) | 1:35 (16:43) | 0:44 (17:27) |
| | 1:28 (18:55) | 0:34 (19:29) | 0:15 (19:44) | 0:08 (19:52) | | |
| 18. | Maciej Biernat | Ski-Club Helsa | 20:43 | +7:33 | | |
| | 1:18 (1:18) | 1:40 (2:58) | 1:10 (4:08) | 2:52 (7:00) | 1:14 (8:14) | 0:44 (8:58) |
| | 1:04 (10:02) | 4:21 (14:23) | 0:51 (15:14) | 0:25 (15:39) | 0:53 (16:32) | 1:19 (17:51) |
| | 1:49 (19:40) | 0:38 (20:18) | 0:15 (20:33) | 0:10 (20:43) | | |
| | David Saupe | Post SV Dresden | Fehlst. | | | |
| | 0:25 (0:25) | 1:20 (1:45) | 0:54 (2:39) | 2:16 (4:55) | 0:37 (5:32) | 0:30 (6:02) |
| | – (–) | – (9:32) | 0:37 (10:09) | 0:18 (10:27) | 0:41 (11:08) | 0:32 (11:40) |
| | 1:15 (12:55) | 0:29 (13:24) | 0:11 (13:35) | 0:11 (13:46) | | |
| | Alexander Preuß | TSV Jetzendorf | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | | |
| | Jack Hay | OC München | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | | |
| | – (–) | – (–) | – (–) | – (–) | | |

H35

| | | (11 / 13) | Zeit | Rückstand | | |
|-----|------------------------|----------------------------|--------------|--------------|--------------|--------------|
| 1. | Wieland Kundisch | USV TU Dresden | 12:58 | | | |
| | 0:23 (0:23) | 1:25 (1:48) | 0:49 (2:37) | 2:07 (4:44) | 0:33 (5:17) | 0:24 (5:41) |
| | 0:36 (6:17) | 2:47 (9:04) | 0:29 (9:33) | 0:19 (9:52) | 0:39 (10:31) | 0:32 (11:03) |
| | 1:08 (12:11) | 0:26 (12:37) | 0:11 (12:48) | 0:10 (12:58) | | |
| 2. | Sören Lösch | USV Jena | 14:15 | +1:17 | | |
| | 0:24 (0:24) | 1:21 (1:45) | 0:49 (2:34) | 2:05 (4:39) | 0:38 (5:17) | 0:28 (5:45) |
| | 0:42 (6:27) | 3:17 (9:44) | 0:33 (10:17) | 0:21 (10:38) | 1:04 (11:42) | 0:36 (12:18) |
| | 1:07 (13:25) | 0:27 (13:52) | 0:12 (14:04) | 0:11 (14:15) | | |
| 3. | Martin Weisbrich | SSV Planeta Radebeul | 14:51 | +1:53 | | |
| | 0:32 (0:32) | 1:33 (2:05) | 0:48 (2:53) | 2:29 (5:22) | 0:46 (6:08) | 0:28 (6:36) |
| | 0:42 (7:18) | 3:09 (10:27) | 0:37 (11:04) | 0:21 (11:25) | 0:43 (12:08) | 0:41 (12:49) |
| | 1:15 (14:04) | 0:27 (14:31) | 0:10 (14:41) | 0:10 (14:51) | | |
| 4. | Moritz Torgau | TV Oberbexbach | 16:39 | +3:41 | | |
| | 0:32 (0:32) | 1:28 (2:00) | 1:00 (3:00) | 2:20 (5:20) | 0:47 (6:07) | 0:36 (6:43) |
| | 0:55 (7:38) | 3:42 (11:20) | 0:45 (12:05) | 0:21 (12:26) | 1:12 (13:38) | 0:45 (14:23) |
| | 1:20 (15:43) | 0:32 (16:15) | 0:13 (16:28) | 0:11 (16:39) | | |
| 5. | Roland Ramm | USV Jena | 17:07 | +4:09 | | |
| | 0:35 (0:35) | 1:24 (1:59) | 0:56 (2:55) | 2:09 (5:04) | 0:40 (5:44) | 0:34 (6:18) |
| | 1:30 (7:48) | 4:04 (11:52) | 0:37 (12:29) | 0:22 (12:51) | 0:50 (13:41) | 0:55 (14:36) |
| | 1:36 (16:12) | 0:31 (16:43) | 0:13 (16:56) | 0:11 (17:07) | | |
| 6. | Paul Leidinger | Post SV Dresden | 17:25 | +4:27 | | |
| | 0:33 (0:33) | 1:53 (2:26) | 1:05 (3:31) | 2:59 (6:30) | 0:43 (7:13) | 0:33 (7:46) |
| | 0:51 (8:37) | 3:47 (12:24) | 0:41 (13:05) | 0:24 (13:29) | 0:50 (14:19) | 0:38 (14:57) |
| | 1:27 (16:24) | 0:34 (16:58) | 0:14 (17:12) | 0:13 (17:25) | | |
| 7. | Sebastian Hörnig | Post SV Dresden | 17:26 | +4:28 | | |
| | 0:29 (0:29) | 1:52 (2:21) | 1:01 (3:22) | 2:29 (5:51) | 0:54 (6:45) | 0:38 (7:23) |
| | 0:49 (8:12) | 3:40 (11:52) | 0:39 (12:31) | 0:28 (12:59) | 0:49 (13:48) | 0:50 (14:38) |
| | 1:48 (16:26) | 0:36 (17:02) | 0:12 (17:14) | 0:12 (17:26) | | |
| 8. | Mikhail Martemyanov | OLV Steinberg | 17:41 | +4:43 | | |
| | 0:33 (0:33) | 1:50 (2:23) | 1:06 (3:29) | 2:53 (6:22) | 0:45 (7:07) | 0:33 (7:40) |
| | 0:46 (8:26) | 3:53 (12:19) | 0:51 (13:10) | 0:25 (13:35) | 0:54 (14:29) | 0:54 (15:23) |
| | 1:25 (16:48) | 0:28 (17:16) | 0:12 (17:28) | 0:13 (17:41) | | |
| 9. | Sascha Boeck | Kaulsdorfer OLV Berlin | 18:38 | +5:40 | | |
| | 0:31 (0:31) | 2:03 (2:34) | 1:07 (3:41) | 2:55 (6:36) | 0:48 (7:24) | 0:37 (8:01) |
| | 0:54 (8:55) | 4:07 (13:02) | 0:49 (13:51) | 0:26 (14:17) | 1:00 (15:17) | 0:43 (16:00) |
| | 1:35 (17:35) | 0:36 (18:11) | 0:14 (18:25) | 0:13 (18:38) | | |
| 10. | David Manuel Schachner | OLV Potsdam | 20:37 | +7:39 | | |
| | 0:37 (0:37) | 1:45 (2:22) | 1:06 (3:28) | 4:36 (8:04) | 0:46 (8:50) | 0:47 (9:37) |
| | 1:01 (10:38) | 3:53 (14:31) | 0:49 (15:20) | 0:29 (15:49) | 0:57 (16:46) | 0:53 (17:39) |
| | 1:51 (19:30) | 0:37 (20:07) | 0:15 (20:22) | 0:15 (20:37) | | |
| | Bodo Graumann | ESV Lok Berlin-Schöneweide | Nicht Ang. | | | |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | | |

H40

| | | (16 / 19) | Zeit | Rückstand | | |
|----|------------|-----------------|-------|-----------|--|--|
| 1. | Leif Bader | Post SV Dresden | 13:13 | | | |

| | | | | | | |
|-----|--------------------|-----------------------|--------------|--------------|--------------|--------------|
| | 0:26 (0:26) | 1:24 (1:50) | 0:46 (2:36) | 2:11 (4:47) | 0:33 (5:20) | 0:25 (5:45) |
| | 0:35 (6:20) | 2:52 (9:12) | 0:29 (9:41) | 0:21 (10:02) | 0:42 (10:44) | 0:33 (11:17) |
| | 1:07 (12:24) | 0:27 (12:51) | 0:10 (13:01) | 0:12 (13:13) | | |
| 2. | Josef Neumann | USV TU Dresden | 14:17 | +1:04 | | |
| | 0:24 (0:24) | 1:32 (1:56) | 0:48 (2:44) | 2:19 (5:03) | 0:37 (5:40) | 0:27 (6:07) |
| | 0:42 (6:49) | 3:11 (10:00) | 0:32 (10:32) | 0:23 (10:55) | 0:43 (11:38) | 0:41 (12:19) |
| | 1:12 (13:31) | 0:26 (13:57) | 0:11 (14:08) | 0:09 (14:17) | | |
| 3. | Anatolii Dunaev | SC Königstein | 14:18 | +1:05 | | |
| | 0:26 (0:26) | 1:32 (1:58) | 0:51 (2:49) | 2:18 (5:07) | 0:40 (5:47) | 0:29 (6:16) |
| | 0:55 (7:11) | 3:05 (10:16) | 0:29 (10:45) | 0:21 (11:06) | 0:45 (11:51) | 0:32 (12:23) |
| | 1:12 (13:35) | 0:25 (14:00) | 0:09 (14:09) | 0:09 (14:18) | | |
| 4. | Freddy Burghardt | Post SV Dresden | 14:20 | +1:07 | | |
| | 0:29 (0:29) | 1:28 (1:57) | 0:51 (2:48) | 2:09 (4:57) | 0:38 (5:35) | 0:30 (6:05) |
| | 0:50 (6:55) | 3:09 (10:04) | 0:41 (10:45) | 0:21 (11:06) | 0:41 (11:47) | 0:32 (12:19) |
| | 1:11 (13:30) | 0:29 (13:59) | 0:12 (14:11) | 0:09 (14:20) | | |
| 5. | Frank Lehmann | USV TU Dresden | 14:41 | +1:28 | | |
| | 0:28 (0:28) | 1:27 (1:55) | 0:48 (2:43) | 2:13 (4:56) | 0:43 (5:39) | 0:33 (6:12) |
| | 0:41 (6:53) | 3:06 (9:59) | 0:40 (10:39) | 0:20 (10:59) | 0:42 (11:41) | 0:42 (12:23) |
| | 1:28 (13:51) | 0:30 (14:21) | 0:10 (14:31) | 0:10 (14:41) | | |
| 6. | Alexander Richter | Post SV Dresden | 15:00 | +1:47 | | |
| | 0:27 (0:27) | 1:24 (1:51) | 0:55 (2:46) | 2:32 (5:18) | 0:44 (6:02) | 0:29 (6:31) |
| | 0:43 (7:14) | 3:10 (10:24) | 0:40 (11:04) | 0:22 (11:26) | 0:49 (12:15) | 0:35 (12:50) |
| | 1:17 (14:07) | 0:33 (14:40) | 0:10 (14:50) | 0:10 (15:00) | | |
| 6. | Friedmar Richter | USV TU Dresden | 15:00 | +1:47 | | |
| | 0:28 (0:28) | 1:36 (2:04) | 0:56 (3:00) | 2:31 (5:31) | 0:44 (6:15) | 0:29 (6:44) |
| | 0:41 (7:25) | 3:17 (10:42) | 0:32 (11:14) | 0:23 (11:37) | 0:44 (12:21) | 0:33 (12:54) |
| | 1:16 (14:10) | 0:28 (14:38) | 0:11 (14:49) | 0:11 (15:00) | | |
| 8. | Sebastian Moraweck | Post SV Dresden | 15:05 | +1:52 | | |
| | 0:30 (0:30) | 1:16 (1:46) | 0:49 (2:35) | 2:05 (4:40) | 0:45 (5:25) | 0:30 (5:55) |
| | 0:51 (6:46) | 3:07 (9:53) | 0:40 (10:33) | 0:19 (10:52) | 0:45 (11:37) | 0:54 (12:31) |
| | 1:44 (14:15) | 0:29 (14:44) | 0:10 (14:54) | 0:11 (15:05) | | |
| 9. | Tommi Käriäinen | USV TU Dresden | 15:08 | +1:55 | | |
| | 0:29 (0:29) | 1:33 (2:02) | 0:51 (2:53) | 2:30 (5:23) | 0:37 (6:00) | 0:28 (6:28) |
| | 0:48 (7:16) | 3:24 (10:40) | 0:32 (11:12) | 0:24 (11:36) | 0:46 (12:22) | 0:37 (12:59) |
| | 1:18 (14:17) | 0:29 (14:46) | 0:11 (14:57) | 0:11 (15:08) | | |
| 10. | Jan von Dalowski | Post SV Dresden | 15:26 | +2:13 | | |
| | 0:28 (0:28) | 1:25 (1:53) | 0:55 (2:48) | 2:32 (5:20) | 0:43 (6:03) | 0:35 (6:38) |
| | 0:50 (7:28) | 3:25 (10:53) | 0:42 (11:35) | 0:20 (11:55) | 0:49 (12:44) | 0:39 (13:23) |
| | 1:19 (14:42) | 0:26 (15:08) | 0:09 (15:17) | 0:09 (15:26) | | |
| 11. | Matthias Schwartz | Berliner Turnerschaft | 16:35 | +3:22 | | |
| | 0:32 (0:32) | 1:34 (2:06) | 0:52 (2:58) | 2:22 (5:20) | 0:46 (6:06) | 0:34 (6:40) |
| | 0:49 (7:29) | 3:22 (10:51) | 0:37 (11:28) | 0:21 (11:49) | 1:54 (13:43) | 0:50 (14:33) |
| | 1:17 (15:50) | 0:27 (16:17) | 0:11 (16:28) | 0:07 (16:35) | | |
| 12. | Bernhard Schmidt | SSV Planeta Radebeul | 16:52 | +3:39 | | |
| | 0:30 (0:30) | 1:29 (1:59) | 1:03 (3:02) | 2:16 (5:18) | 0:55 (6:13) | 0:40 (6:53) |
| | 0:47 (7:40) | 3:25 (11:05) | 0:46 (11:51) | 0:24 (12:15) | 1:03 (13:18) | 0:48 (14:06) |
| | 1:36 (15:42) | 0:47 (16:29) | 0:12 (16:41) | 0:11 (16:52) | | |
| 13. | Stefan Meyer | BSV Halle-Ammendorf | 17:18 | +4:05 | | |
| | 0:33 (0:33) | 1:36 (2:09) | 0:54 (3:03) | 2:18 (5:21) | 1:23 (6:44) | 1:14 (7:58) |
| | 0:58 (8:56) | 3:21 (12:17) | 0:38 (12:55) | 0:21 (13:16) | 1:01 (14:17) | 0:47 (15:04) |
| | 1:18 (16:22) | 0:33 (16:55) | 0:11 (17:06) | 0:12 (17:18) | | |
| 14. | Serhii Ponikarov | OLV Steinberg | 17:57 | +4:44 | | |
| | 0:34 (0:34) | 1:43 (2:17) | 0:56 (3:13) | 3:00 (6:13) | 0:45 (6:58) | 0:35 (7:33) |
| | 0:58 (8:31) | 3:37 (12:08) | 0:50 (12:58) | 0:24 (13:22) | 0:51 (14:13) | 0:45 (14:58) |
| | 2:02 (17:00) | 0:33 (17:33) | 0:13 (17:46) | 0:11 (17:57) | | |
| 15. | Karsten Rößler | SSV Planeta Radebeul | 18:15 | +5:02 | | |
| | 0:32 (0:32) | 1:38 (2:10) | 0:58 (3:08) | 2:27 (5:35) | 1:06 (6:41) | 0:39 (7:20) |
| | 1:17 (8:37) | 3:53 (12:30) | 0:40 (13:10) | 0:24 (13:34) | 0:54 (14:28) | 0:50 (15:18) |
| | 1:57 (17:15) | 0:39 (17:54) | 0:10 (18:04) | 0:11 (18:15) | | |
| 16. | Andrej Olunczek | USV TU Dresden | 20:53 | +7:40 | | |
| | 1:15 (1:15) | 2:09 (3:24) | 1:11 (4:35) | 3:10 (7:45) | 0:47 (8:32) | 0:45 (9:17) |
| | 1:04 (10:21) | 4:23 (14:44) | 0:47 (15:31) | 0:27 (15:58) | 1:01 (16:59) | 0:59 (17:58) |
| | 1:43 (19:41) | 0:42 (20:23) | 0:15 (20:38) | 0:15 (20:53) | | |

| H45 | | (17 / 20) | | Zeit | Rückstand | |
|-----|------------------|-----------------|--------------|--------------|--------------|--------------|
| 1. | Wieland Kärger | OK Leipzig | 14:27 | | | |
| | 2:13 (2:13) | 0:46 (2:59) | 0:47 (3:46) | 0:22 (4:08) | 0:42 (4:50) | 0:45 (5:35) |
| | 0:28 (6:03) | 2:40 (8:43) | 0:45 (9:28) | 0:48 (10:16) | 1:05 (11:21) | 0:42 (12:03) |
| | 0:24 (12:27) | 1:23 (13:50) | 0:25 (14:15) | 0:12 (14:27) | | |
| 2. | Ronny Natho | OC München | 15:02 | +0:35 | | |
| | 2:13 (2:13) | 0:49 (3:02) | 0:57 (3:59) | 0:22 (4:21) | 0:44 (5:05) | 0:44 (5:49) |
| | 0:31 (6:20) | 2:46 (9:06) | 0:38 (9:44) | 0:52 (10:36) | 1:05 (11:41) | 0:44 (12:25) |
| | 0:22 (12:47) | 1:39 (14:26) | 0:24 (14:50) | 0:12 (15:02) | | |
| 3. | Christian Rietze | TV 1881 Altdorf | 15:03 | +0:36 | | |
| | 1:59 (1:59) | 0:46 (2:45) | 0:58 (3:43) | 0:17 (4:00) | 0:42 (4:42) | 0:41 (5:23) |
| | 0:32 (5:55) | 2:46 (8:41) | 0:39 (9:20) | 0:46 (10:06) | 1:22 (11:28) | 0:48 (12:16) |
| | 0:21 (12:37) | 1:54 (14:31) | 0:22 (14:53) | 0:10 (15:03) | | |
| 4. | Nikita Golovizin | SC Königstein | 15:08 | +0:41 | | |
| | 2:13 (2:13) | 0:47 (3:00) | 1:10 (4:10) | 0:18 (4:28) | 0:38 (5:06) | 0:42 (5:48) |
| | 0:28 (6:16) | 3:02 (9:18) | 0:53 (10:11) | 0:53 (11:04) | 1:04 (12:08) | 0:37 (12:45) |
| | 0:21 (13:06) | 1:32 (14:38) | 0:21 (14:59) | 0:09 (15:08) | | |

| | | | | | | | |
|-----|-------------------|--------------|------------------------|--------------|--------------|--------------|--|
| 5. | Uwe Möser | | Post SV Dresden | 15:21 | +0:54 | | |
| | 2:09 (2:09) | 0:52 (3:01) | 0:53 (3:54) | 0:22 (4:16) | 0:44 (5:00) | 0:46 (5:46) | |
| | 0:31 (6:17) | 2:55 (9:12) | 0:45 (9:57) | 0:50 (10:47) | 1:13 (12:00) | 0:46 (12:46) | |
| | 0:24 (13:10) | 1:29 (14:39) | 0:28 (15:07) | 0:14 (15:21) | | | |
| 6. | Christian Töpfer | | USV Jena | 15:39 | +1:12 | | |
| | 2:09 (2:09) | 1:11 (3:20) | 0:50 (4:10) | 0:27 (4:37) | 0:46 (5:23) | 0:50 (6:13) | |
| | 0:29 (6:42) | 2:49 (9:31) | 0:40 (10:11) | 0:48 (10:59) | 1:01 (12:00) | 0:46 (12:46) | |
| | 0:21 (13:07) | 1:53 (15:00) | 0:26 (15:26) | 0:13 (15:39) | | | |
| 7. | Ronny Krüger | | Berliner Turnerschaft | 16:15 | +1:48 | | |
| | 2:06 (2:06) | 0:52 (2:58) | 0:57 (3:55) | 0:30 (4:25) | 0:58 (5:23) | 0:42 (6:05) | |
| | 0:32 (6:37) | 3:12 (9:49) | 0:40 (10:29) | 0:54 (11:23) | 1:18 (12:41) | 1:04 (13:45) | |
| | 0:24 (14:09) | 1:32 (15:41) | 0:25 (16:06) | 0:09 (16:15) | | | |
| 8. | Lars Fremder | | OL-Team Wehrsdorf | 16:46 | +2:19 | | |
| | 2:07 (2:07) | 1:01 (3:08) | 0:49 (3:57) | 0:26 (4:23) | 1:00 (5:23) | 0:50 (6:13) | |
| | 0:53 (7:06) | 3:05 (10:11) | 0:40 (10:51) | 0:49 (11:40) | 1:59 (13:39) | 0:43 (14:22) | |
| | 0:25 (14:47) | 1:23 (16:10) | 0:27 (16:37) | 0:09 (16:46) | | | |
| 9. | Eike Bruns | | MTK Bad Harzburg | 16:56 | +2:29 | | |
| | 2:09 (2:09) | 0:51 (3:00) | 0:56 (3:56) | 0:21 (4:17) | 0:51 (5:08) | 0:53 (6:01) | |
| | 0:34 (6:35) | 3:31 (10:06) | 0:41 (10:47) | 0:49 (11:36) | 1:10 (12:46) | 1:01 (13:47) | |
| | 0:23 (14:10) | 2:09 (16:19) | 0:26 (16:45) | 0:11 (16:56) | | | |
| 10. | Lukáš Faltejsek | | SV Mietraching | 17:31 | +3:04 | | |
| | 2:42 (2:42) | 0:50 (3:32) | 1:41 (5:13) | 0:45 (5:58) | 0:57 (6:55) | 0:47 (7:42) | |
| | 0:35 (8:17) | 3:05 (11:22) | 0:43 (12:05) | 0:43 (12:48) | 1:22 (14:10) | 0:58 (15:08) | |
| | 0:25 (15:33) | 1:22 (16:55) | 0:25 (17:20) | 0:11 (17:31) | | | |
| 11. | Christian Appelt | | Kaulsdorfer OLV Berlin | 17:35 | +3:08 | | |
| | 3:04 (3:04) | 0:48 (3:52) | 1:06 (4:58) | 0:22 (5:20) | 0:52 (6:12) | 0:52 (7:04) | |
| | 0:35 (7:39) | 3:28 (11:07) | 0:44 (11:51) | 1:02 (12:53) | 1:19 (14:12) | 1:02 (15:14) | |
| | 0:25 (15:39) | 1:22 (17:01) | 0:24 (17:25) | 0:10 (17:35) | | | |
| 12. | Jan Knaup | | Braunschweiger MTV | 17:37 | +3:10 | | |
| | 2:31 (2:31) | 0:57 (3:28) | 1:03 (4:31) | 0:27 (4:58) | 0:52 (5:50) | 0:54 (6:44) | |
| | 0:35 (7:19) | 3:48 (11:07) | 0:53 (12:00) | 0:54 (12:54) | 1:11 (14:05) | 0:47 (14:52) | |
| | 0:25 (15:17) | 1:45 (17:02) | 0:24 (17:26) | 0:11 (17:37) | | | |
| 13. | Lars Nowack | | OL Görlitz | 18:30 | +4:03 | | |
| | 2:48 (2:48) | 0:57 (3:45) | 1:04 (4:49) | 0:21 (5:10) | 0:56 (6:06) | 0:47 (6:53) | |
| | 0:33 (7:26) | 3:45 (11:11) | 0:40 (11:51) | 1:01 (12:52) | 1:26 (14:18) | 1:18 (15:36) | |
| | 0:28 (16:04) | 1:51 (17:55) | 0:25 (18:20) | 0:10 (18:30) | | | |
| 14. | Matthias Jamet | | ohne | 19:20 | +4:53 | | |
| | 4:38 (4:38) | 0:52 (5:30) | 1:01 (6:31) | 0:27 (6:58) | 0:55 (7:53) | 0:50 (8:43) | |
| | 0:38 (9:21) | 3:02 (12:23) | 0:38 (13:01) | 0:47 (13:48) | 1:28 (15:16) | 1:11 (16:27) | |
| | 0:26 (16:53) | 1:52 (18:45) | 0:23 (19:08) | 0:12 (19:20) | | | |
| 15. | Mindaugas Sapalas | | OLG Regensburg | 20:30 | +6:03 | | |
| | 2:27 (2:27) | 1:10 (3:37) | 1:09 (4:46) | 0:26 (5:12) | 0:55 (6:07) | 1:01 (7:08) | |
| | 0:38 (7:46) | 3:55 (11:41) | 0:47 (12:28) | 1:02 (13:30) | 1:37 (15:07) | 1:16 (16:23) | |
| | 0:29 (16:52) | 2:59 (19:51) | 0:27 (20:18) | 0:12 (20:30) | | | |
| 16. | Sven Göbel | | Gymnasion Offenbach | 24:18 | +9:51 | | |
| | 3:41 (3:41) | 1:12 (4:53) | 1:17 (6:10) | 0:30 (6:40) | 1:05 (7:45) | 1:11 (8:56) | |
| | 0:58 (9:54) | 6:08 (16:02) | 0:56 (16:58) | 1:12 (18:10) | 1:35 (19:45) | 1:03 (20:48) | |
| | 0:39 (21:27) | 1:59 (23:26) | 0:35 (24:01) | 0:17 (24:18) | | | |
| 17. | Michael Peukert | | SV Schorfheide | 27:11 | +12:44 | | |
| | 3:43 (3:43) | 1:23 (5:06) | 1:23 (6:29) | 0:34 (7:03) | 1:22 (8:25) | 1:10 (9:35) | |
| | 0:53 (10:28) | 6:09 (16:37) | 1:16 (17:53) | 1:26 (19:19) | 2:08 (21:27) | 1:16 (22:43) | |
| | 0:58 (23:41) | 2:32 (26:13) | 0:41 (26:54) | 0:17 (27:11) | | | |

| H50-1 | | (15 / 16) | | Zeit | Rückstand | | |
|-------|-----------------------|--------------|------------------------|--------------|--------------|--------------|--|
| 1. | Christoph Freudenfeld | | TSV Worpswede | 13:38 | | | |
| | 2:02 (2:02) | 0:36 (2:38) | 0:53 (3:31) | 0:47 (4:18) | 1:14 (5:32) | 1:30 (7:02) | |
| | 1:18 (8:20) | 0:56 (9:16) | 0:41 (9:57) | 0:47 (10:44) | 0:09 (10:53) | 0:52 (11:45) | |
| | 1:13 (12:58) | 0:29 (13:27) | 0:11 (13:38) | | | | |
| 2. | Martin Hensseler | | MTV Seesen | 15:06 | +1:28 | | |
| | 2:45 (2:45) | 0:42 (3:27) | 1:00 (4:27) | 0:47 (5:14) | 1:26 (6:40) | 1:43 (8:23) | |
| | 1:22 (9:45) | 1:01 (10:46) | 0:41 (11:27) | 0:51 (12:18) | 0:09 (12:27) | 0:52 (13:19) | |
| | 1:10 (14:29) | 0:27 (14:56) | 0:10 (15:06) | | | | |
| 3. | Michael Löhning | | USV TU Dresden | 15:20 | +1:42 | | |
| | 2:13 (2:13) | 0:33 (2:46) | 0:54 (3:40) | 0:52 (4:32) | 1:25 (5:57) | 1:57 (7:54) | |
| | 1:27 (9:21) | 1:09 (10:30) | 0:49 (11:19) | 0:53 (12:12) | 0:13 (12:25) | 1:03 (13:28) | |
| | 1:04 (14:32) | 0:35 (15:07) | 0:13 (15:20) | | | | |
| 4. | Peter Weinig | | OC München | 15:47 | +2:09 | | |
| | 2:04 (2:04) | 0:37 (2:41) | 1:09 (3:50) | 0:50 (4:40) | 1:35 (6:15) | 1:44 (7:59) | |
| | 1:31 (9:30) | 1:10 (10:40) | 0:50 (11:30) | 0:53 (12:23) | 0:12 (12:35) | 1:00 (13:35) | |
| | 1:22 (14:57) | 0:38 (15:35) | 0:12 (15:47) | | | | |
| 4. | Sven Klose | | USV TU Dresden | 15:47 | +2:09 | | |
| | 2:06 (2:06) | 0:46 (2:52) | 1:12 (4:04) | 0:49 (4:53) | 1:46 (6:39) | 1:33 (8:12) | |
| | 1:33 (9:45) | 1:06 (10:51) | 0:56 (11:47) | 0:52 (12:39) | 0:16 (12:55) | 0:53 (13:48) | |
| | 1:15 (15:03) | 0:32 (15:35) | 0:12 (15:47) | | | | |
| 6. | Thies Knoll | | Bielefelder TG | 16:01 | +2:23 | | |
| | 2:11 (2:11) | 0:41 (2:52) | 2:10 (5:02) | 1:02 (6:04) | 1:27 (7:31) | 1:32 (9:03) | |
| | 1:19 (10:22) | 1:01 (11:23) | 0:45 (12:08) | 0:49 (12:57) | 0:09 (13:06) | 1:05 (14:11) | |
| | 1:04 (15:15) | 0:35 (15:50) | 0:11 (16:01) | | | | |
| 7. | Henry Jobst | | Kaulsdorfer OLV Berlin | 16:03 | +2:25 | | |
| | 2:29 (2:29) | 0:45 (3:14) | 1:00 (4:14) | 0:54 (5:08) | 1:43 (6:51) | 1:40 (8:31) | |
| | 1:28 (9:59) | 1:05 (11:04) | 0:47 (11:51) | 0:52 (12:43) | 0:24 (13:07) | 0:55 (14:02) | |
| | 1:16 (15:18) | 0:35 (15:53) | 0:10 (16:03) | | | | |

| | | | | | | |
|-----|------------------|-----------------------|--------------|--------------|--------------|--------------|
| 8. | Jens Lucke | Post SV Dresden | 16:27 | +2:49 | | |
| | 2:19 (2:19) | 0:39 (2:58) | 0:58 (3:56) | 0:56 (4:52) | 1:43 (6:35) | 2:21 (8:56) |
| | 1:30 (10:26) | 1:14 (11:40) | 0:46 (12:26) | 0:55 (13:21) | 0:11 (13:32) | 0:54 (14:26) |
| | 1:10 (15:36) | 0:37 (16:13) | 0:14 (16:27) | | | |
| 9. | Stefan Wedlich | OL-Team Wehrsdorf | 16:38 | +3:00 | | |
| | 2:22 (2:22) | 0:49 (3:11) | 1:01 (4:12) | 0:57 (5:09) | 1:37 (6:46) | 1:55 (8:41) |
| | 1:37 (10:18) | 1:26 (11:44) | 0:47 (12:31) | 0:57 (13:28) | 0:11 (13:39) | 0:57 (14:36) |
| | 1:13 (15:49) | 0:36 (16:25) | 0:13 (16:38) | | | |
| 10. | Torsten Kaufmann | USV TU Dresden | 16:47 | +3:09 | | |
| | 2:11 (2:11) | 0:49 (3:00) | 1:08 (4:08) | 0:54 (5:02) | 1:38 (6:40) | 2:07 (8:47) |
| | 1:36 (10:23) | 1:13 (11:36) | 0:58 (12:34) | 0:56 (13:30) | 0:12 (13:42) | 1:04 (14:46) |
| | 1:15 (16:01) | 0:35 (16:36) | 0:11 (16:47) | | | |
| 11. | Frank Sickert | SSV Planeta Radebeul | 17:05 | +3:27 | | |
| | 2:11 (2:11) | 0:39 (2:50) | 1:13 (4:03) | 0:54 (4:57) | 1:33 (6:30) | 2:07 (8:37) |
| | 1:36 (10:13) | 1:16 (11:29) | 0:55 (12:24) | 1:02 (13:26) | 0:12 (13:38) | 0:58 (14:36) |
| | 1:35 (16:11) | 0:40 (16:51) | 0:14 (17:05) | | | |
| 12. | Sven Borrmann | OL Görlitz | 17:28 | +3:50 | | |
| | 2:26 (2:26) | 0:53 (3:19) | 1:14 (4:33) | 0:57 (5:30) | 1:46 (7:16) | 1:44 (9:00) |
| | 1:46 (10:46) | 1:11 (11:57) | 1:02 (12:59) | 1:04 (14:03) | 0:13 (14:16) | 1:06 (15:22) |
| | 1:19 (16:41) | 0:35 (17:16) | 0:12 (17:28) | | | |
| 13. | Matthias Forberg | SV IHW Alex 78 Berlin | 19:26 | +5:48 | | |
| | 2:35 (2:35) | 0:50 (3:25) | 1:18 (4:43) | 0:59 (5:42) | 2:02 (7:44) | 2:05 (9:49) |
| | 2:01 (11:50) | 1:46 (13:36) | 1:01 (14:37) | 0:58 (15:35) | 0:18 (15:53) | 1:29 (17:22) |
| | 1:21 (18:43) | 0:33 (19:16) | 0:10 (19:26) | | | |
| 14. | Volker Caspari | OL Team Lippe | 19:30 | +5:52 | | |
| | 2:32 (2:32) | 0:49 (3:21) | 1:20 (4:41) | 1:40 (6:21) | 2:04 (8:25) | 2:19 (10:44) |
| | 1:54 (12:38) | 1:28 (14:06) | 0:53 (14:59) | 1:05 (16:04) | 0:14 (16:18) | 1:10 (17:28) |
| | 1:19 (18:47) | 0:33 (19:20) | 0:10 (19:30) | | | |
| 15. | Ludwig Lehmann | OL-Team Wehrsdorf | 20:35 | +6:57 | | |
| | 3:02 (3:02) | 0:56 (3:58) | 1:19 (5:17) | 1:14 (6:31) | 2:01 (8:32) | 2:15 (10:47) |
| | 1:49 (12:36) | 1:22 (13:58) | 2:00 (15:58) | 0:58 (16:56) | 0:15 (17:11) | 1:08 (18:19) |
| | 1:24 (19:43) | 0:39 (20:22) | 0:13 (20:35) | | | |

| H50-2 | | (15 / 16) | Zeit | Rückstand | | |
|-------|---------------------|---------------------------|--------------|--------------|--------------|--------------|
| 1. | Rolf Wüstenhagen | Gundelfinger Turnerschaft | 13:56 | | | |
| | 2:04 (2:04) | 0:15 (2:19) | 0:37 (2:56) | 0:36 (3:32) | 0:23 (3:55) | 3:08 (7:03) |
| | 1:10 (8:13) | 0:45 (8:58) | 0:32 (9:30) | 0:14 (9:44) | 1:14 (10:58) | 0:47 (11:45) |
| | 0:41 (12:26) | 1:08 (13:34) | 0:11 (13:45) | 0:11 (13:56) | | |
| 2. | Joachim Stamer | MTK Bad Harzburg | 14:53 | +0:57 | | |
| | 3:09 (3:09) | 0:13 (3:22) | 0:34 (3:56) | 0:38 (4:34) | 0:24 (4:58) | 3:08 (8:06) |
| | 1:17 (9:23) | 0:47 (10:10) | 0:16 (10:26) | 0:14 (10:40) | 1:18 (11:58) | 0:46 (12:44) |
| | 0:40 (13:24) | 1:06 (14:30) | 0:11 (14:41) | 0:12 (14:53) | | |
| 3. | Philippe Imbsweiler | TV Oberbexbach | 15:19 | +1:23 | | |
| | 2:19 (2:19) | 0:15 (2:34) | 0:35 (3:09) | 0:34 (3:43) | 0:27 (4:10) | 3:01 (7:11) |
| | 1:14 (8:25) | 0:49 (9:14) | 1:27 (10:41) | 0:17 (10:58) | 1:11 (12:09) | 0:44 (12:53) |
| | 0:49 (13:42) | 1:14 (14:56) | 0:11 (15:07) | 0:12 (15:19) | | |
| 4. | Dmitry Ushakov | SV Schorfheide | 15:29 | +1:33 | | |
| | 2:19 (2:19) | 0:15 (2:34) | 0:49 (3:23) | 0:38 (4:01) | 0:21 (4:22) | 3:26 (7:48) |
| | 1:21 (9:09) | 0:47 (9:56) | 0:58 (10:54) | 0:17 (11:11) | 1:17 (12:28) | 0:45 (13:13) |
| | 0:42 (13:55) | 1:13 (15:08) | 0:11 (15:19) | 0:10 (15:29) | | |
| 5. | Oliver Hillebrandt | OLV Uslar | 15:48 | +1:52 | | |
| | 2:12 (2:12) | 0:18 (2:30) | 0:34 (3:04) | 0:51 (3:55) | 0:28 (4:23) | 3:21 (7:44) |
| | 1:24 (9:08) | 0:59 (10:07) | 0:30 (10:37) | 0:17 (10:54) | 1:33 (12:27) | 0:52 (13:19) |
| | 0:50 (14:09) | 1:14 (15:23) | 0:13 (15:36) | 0:12 (15:48) | | |
| 6. | Christian Stamer | Preetzer TSV | 15:50 | +1:54 | | |
| | 2:23 (2:23) | 0:17 (2:40) | 0:39 (3:19) | 0:42 (4:01) | 0:24 (4:25) | 3:48 (8:13) |
| | 1:16 (9:29) | 0:55 (10:24) | 0:24 (10:48) | 0:16 (11:04) | 1:20 (12:24) | 0:50 (13:14) |
| | 0:46 (14:00) | 1:27 (15:27) | 0:11 (15:38) | 0:12 (15:50) | | |
| 7. | Udo Lange | SV IHW Alex 78 Berlin | 16:44 | +2:48 | | |
| | 2:12 (2:12) | 0:14 (2:26) | 0:44 (3:10) | 0:46 (3:56) | 0:49 (4:45) | 3:31 (8:16) |
| | 1:15 (9:31) | 0:59 (10:30) | 1:14 (11:44) | 0:18 (12:02) | 1:15 (13:17) | 0:55 (14:12) |
| | 0:43 (14:55) | 1:25 (16:20) | 0:13 (16:33) | 0:11 (16:44) | | |
| 8. | Martin Gertenbach | Ski-Club Helsa | 17:10 | +3:14 | | |
| | 2:13 (2:13) | 0:15 (2:28) | 0:39 (3:07) | 0:40 (3:47) | 0:32 (4:19) | 3:48 (8:07) |
| | 1:55 (10:02) | 1:01 (11:03) | 1:02 (12:05) | 0:15 (12:20) | 1:27 (13:47) | 0:49 (14:36) |
| | 0:42 (15:18) | 1:28 (16:46) | 0:12 (16:58) | 0:12 (17:10) | | |
| 9. | Uwe Röhner | SV IHW Alex 78 Berlin | 17:11 | +3:15 | | |
| | 2:37 (2:37) | 0:17 (2:54) | 0:39 (3:33) | 0:49 (4:22) | 0:27 (4:49) | 3:37 (8:26) |
| | 1:29 (9:55) | 0:54 (10:49) | 0:46 (11:35) | 0:25 (12:00) | 1:39 (13:39) | 0:58 (14:37) |
| | 0:49 (15:26) | 1:19 (16:45) | 0:13 (16:58) | 0:13 (17:11) | | |
| 10. | Andreas Lenk | USV TU Dresden | 17:53 | +3:57 | | |
| | 2:35 (2:35) | 0:19 (2:54) | 0:38 (3:32) | 0:47 (4:19) | 0:31 (4:50) | 3:38 (8:28) |
| | 1:24 (9:52) | 0:58 (10:50) | 1:54 (12:44) | 0:17 (13:01) | 1:25 (14:26) | 0:47 (15:13) |
| | 0:49 (16:02) | 1:27 (17:29) | 0:12 (17:41) | 0:12 (17:53) | | |
| 11. | Christian Kehlmaier | Post SV Dresden | 18:21 | +4:25 | | |
| | 2:27 (2:27) | 0:16 (2:43) | 0:40 (3:23) | 0:54 (4:17) | 0:22 (4:39) | 3:31 (8:10) |
| | 1:27 (9:37) | 1:38 (11:15) | 0:15 (11:30) | 0:12 (11:42) | 2:56 (14:38) | 0:55 (15:33) |
| | 0:50 (16:23) | 1:34 (17:57) | 0:13 (18:10) | 0:11 (18:21) | | |
| 12. | Mirko Hoppe | USV Jena | 18:56 | +5:00 | | |
| | 2:45 (2:45) | 0:19 (3:04) | 0:42 (3:46) | 0:53 (4:39) | 0:35 (5:14) | 3:35 (8:49) |
| | 1:32 (10:21) | 1:02 (11:23) | 1:31 (12:54) | 0:14 (13:08) | 1:56 (15:04) | 1:00 (16:04) |
| | 0:52 (16:56) | 1:33 (18:29) | 0:15 (18:44) | 0:12 (18:56) | | |

| | | | | | |
|----------------------|-----------------------|--------------|--------------|--------------|--------------|
| 13. Mike Heinert | OLV Weimar | 23:44 | +9:48 | | |
| 3:48 (3:48) | 0:23 (4:11) | 0:58 (5:09) | 0:45 (5:54) | 0:45 (6:39) | 4:56 (11:35) |
| 2:09 (13:44) | 1:08 (14:52) | 1:45 (16:37) | 0:22 (16:59) | 2:02 (19:01) | 1:29 (20:30) |
| 1:06 (21:36) | 1:36 (23:12) | 0:16 (23:28) | 0:16 (23:44) | | |
| Markus Prolyingheuer | TuS Karlsruhe-Rüppurr | Fehlst. | | | |
| 2:13 (2:13) | 0:14 (2:27) | 0:36 (3:03) | 0:48 (3:51) | 0:23 (4:14) | – (–) |
| – (8:03) | 1:00 (9:03) | 1:14 (10:17) | 0:24 (10:41) | 1:20 (12:01) | 1:12 (13:13) |
| 0:43 (13:56) | 1:26 (15:22) | 0:12 (15:34) | 0:11 (15:45) | | |
| Torsten Eilke | SSV Planeta Radebeul | Nicht Ang. | | | |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |

| H55–1 | (17 / 19) | Zeit | Rückstand | | |
|------------------------|------------------------|--------------|--------------|--------------|--------------|
| 1. Andreas Lückmann | Post SV Dresden | 13:49 | | | |
| 0:31 (0:31) | 1:39 (2:10) | 3:05 (5:15) | 0:58 (6:13) | 2:40 (8:53) | 1:19 (10:12) |
| 0:24 (10:36) | 0:27 (11:03) | 1:04 (12:07) | 1:07 (13:14) | 0:23 (13:37) | 0:12 (13:49) |
| 2. Alexander Lubs | USV TU Dresden | 14:27 | +0:38 | | |
| 0:27 (0:27) | 1:30 (1:57) | 3:01 (4:58) | 0:56 (5:54) | 3:08 (9:02) | 1:25 (10:27) |
| 0:23 (10:50) | 0:38 (11:28) | 1:08 (12:36) | 1:13 (13:49) | 0:26 (14:15) | 0:12 (14:27) |
| 3. Rainer Wichmann | OLV Weimar | 15:03 | +1:14 | | |
| 0:35 (0:35) | 1:53 (2:28) | 3:08 (5:36) | 1:07 (6:43) | 2:42 (9:25) | 1:30 (10:55) |
| 0:29 (11:24) | 0:27 (11:51) | 1:16 (13:07) | 1:15 (14:22) | 0:28 (14:50) | 0:13 (15:03) |
| 4. Sven Demmig | Kaulsdorfer OLV Berlin | 15:22 | +1:33 | | |
| 0:34 (0:34) | 1:37 (2:11) | 2:53 (5:04) | 0:59 (6:03) | 3:52 (9:55) | 1:32 (11:27) |
| 0:23 (11:50) | 0:23 (12:13) | 1:30 (13:43) | 1:03 (14:46) | 0:24 (15:10) | 0:12 (15:22) |
| 5. Peter Depta | OLG Siegerland | 15:41 | +1:52 | | |
| 0:33 (0:33) | 1:56 (2:29) | 3:26 (5:55) | 1:09 (7:04) | 2:55 (9:59) | 1:37 (11:36) |
| 0:29 (12:05) | 0:31 (12:36) | 1:13 (13:49) | 1:12 (15:01) | 0:27 (15:28) | 0:13 (15:41) |
| 6. Björn Finkenstaedt | OLV Potsdam | 15:59 | +2:10 | | |
| 0:28 (0:28) | 1:47 (2:15) | 3:06 (5:21) | 1:00 (6:21) | 3:14 (9:35) | 1:32 (11:07) |
| 0:26 (11:33) | 0:35 (12:08) | 2:00 (14:08) | 1:13 (15:21) | 0:26 (15:47) | 0:12 (15:59) |
| 7. Kay-Uwe Kaufmann | USV TU Dresden | 16:18 | +2:29 | | |
| 0:30 (0:30) | 1:51 (2:21) | 3:15 (5:36) | 1:10 (6:46) | 3:55 (10:41) | 1:32 (12:13) |
| 0:25 (12:38) | 0:30 (13:08) | 1:16 (14:24) | 1:14 (15:38) | 0:27 (16:05) | 0:13 (16:18) |
| 8. Heiko Gossel | USV TU Dresden | 16:27 | +2:38 | | |
| 0:31 (0:31) | 1:36 (2:07) | 3:07 (5:14) | 1:02 (6:16) | 3:58 (10:14) | 1:29 (11:43) |
| 0:24 (12:07) | 0:25 (12:32) | 1:20 (13:52) | 1:57 (15:49) | 0:27 (16:16) | 0:11 (16:27) |
| 9. Peter Kollenbach | Ski-Club Helsa | 16:35 | +2:46 | | |
| 0:36 (0:36) | 2:05 (2:41) | 3:31 (6:12) | 1:10 (7:22) | 3:04 (10:26) | 1:44 (12:10) |
| 0:28 (12:38) | 0:29 (13:07) | 1:31 (14:38) | 1:18 (15:56) | 0:28 (16:24) | 0:11 (16:35) |
| 10. Burkhard Cerbe | USV TU Dresden | 16:38 | +2:49 | | |
| 0:29 (0:29) | 1:39 (2:08) | 3:15 (5:23) | 1:05 (6:28) | 2:52 (9:20) | 1:25 (10:45) |
| 0:26 (11:11) | 2:26 (13:37) | 1:10 (14:47) | 1:14 (16:01) | 0:25 (16:26) | 0:12 (16:38) |
| 11. Markus Burgmair | OLG Regensburg | 16:59 | +3:10 | | |
| 0:35 (0:35) | 1:50 (2:25) | 3:49 (6:14) | 1:10 (7:24) | 3:02 (10:26) | 1:34 (12:00) |
| 0:26 (12:26) | 0:27 (12:53) | 1:25 (14:18) | 1:54 (16:12) | 0:36 (16:48) | 0:11 (16:59) |
| 12. Thomas Bauerfeld | OL-Team Filder | 17:20 | +3:31 | | |
| 0:35 (0:35) | 2:09 (2:44) | 3:42 (6:26) | 1:25 (7:51) | 3:27 (11:18) | 1:36 (12:54) |
| 0:29 (13:23) | 0:32 (13:55) | 1:30 (15:25) | 1:15 (16:40) | 0:29 (17:09) | 0:11 (17:20) |
| 13. Stefan Bleidorn | SV IHW Alex 78 Berlin | 17:49 | +4:00 | | |
| 0:30 (0:30) | 1:39 (2:09) | 5:00 (7:09) | 0:57 (8:06) | 4:18 (12:24) | 1:29 (13:53) |
| 0:25 (14:18) | 0:22 (14:40) | 1:15 (15:55) | 1:16 (17:11) | 0:26 (17:37) | 0:12 (17:49) |
| 14. Torsten Mättig | USV TU Dresden | 18:45 | +4:56 | | |
| 0:38 (0:38) | 2:12 (2:50) | 4:05 (6:55) | 1:20 (8:15) | 3:29 (11:44) | 2:06 (13:50) |
| 0:29 (14:19) | 0:28 (14:47) | 1:33 (16:20) | 1:41 (18:01) | 0:31 (18:32) | 0:13 (18:45) |
| 15. Jörg Eppendorfer | OL Görlitz | 21:16 | +7:27 | | |
| 0:35 (0:35) | 1:47 (2:22) | 7:17 (9:39) | 1:02 (10:41) | 3:50 (14:31) | 1:24 (15:55) |
| 0:25 (16:20) | 0:24 (16:44) | 1:09 (17:53) | 2:44 (20:37) | 0:26 (21:03) | 0:13 (21:16) |
| 16. AK_Vidar Pettersen | Larvik OK | 23:26 | +9:37 | | |
| 0:40 (0:40) | 2:34 (3:14) | 5:01 (8:15) | 1:38 (9:53) | 3:55 (13:48) | 2:33 (16:21) |
| 0:37 (16:58) | 0:33 (17:31) | 2:26 (19:57) | 2:33 (22:30) | 0:39 (23:09) | 0:17 (23:26) |
| 17. Valerio Casanova | OLG Regensburg | 26:50 | +13:01 | | |
| 0:33 (0:33) | 1:53 (2:26) | 3:05 (5:31) | 0:58 (6:29) | 9:30 (15:59) | 2:54 (18:53) |
| 0:52 (19:45) | 0:50 (20:35) | 2:26 (23:01) | 2:19 (25:20) | 1:01 (26:21) | 0:29 (26:50) |

| H55–2 | (16 / 18) | Zeit | Rückstand | | |
|----------------------|---------------------------|--------------|--------------|--------------|--------------|
| 1. Raik Zschäckel | SV IHW Alex 78 Berlin | 12:38 | | | |
| 1:52 (1:52) | 0:23 (2:15) | 2:24 (4:39) | 0:51 (5:30) | 0:30 (6:00) | 0:43 (6:43) |
| 1:55 (8:38) | 1:20 (9:58) | 0:24 (10:22) | 0:22 (10:44) | 1:16 (12:00) | 0:25 (12:25) |
| 0:13 (12:38) | | | | | |
| 2. Jörn Saß | OLF Mainz | 12:40 | +0:02 | | |
| 2:15 (2:15) | 0:25 (2:40) | 2:16 (4:56) | 0:38 (5:34) | 0:31 (6:05) | 0:50 (6:55) |
| 1:50 (8:45) | 1:18 (10:03) | 0:24 (10:27) | 0:23 (10:50) | 1:14 (12:04) | 0:26 (12:30) |
| 0:10 (12:40) | | | | | |
| 3. Nils Schmiedeberg | SV Turbine Neubrandenburg | 12:53 | +0:15 | | |
| 1:57 (1:57) | 0:24 (2:21) | 2:28 (4:49) | 0:41 (5:30) | 0:29 (5:59) | 0:41 (6:40) |
| 1:54 (8:34) | 1:31 (10:05) | 0:25 (10:30) | 0:22 (10:52) | 1:23 (12:15) | 0:25 (12:40) |
| 0:13 (12:53) | | | | | |

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|-----|----------------------|-----------------------|--------------|--------------|--------------|--------------|
| 4. | Michael Finkenstaedt | OSC Hamburg | 12:59 | +0:21 | | |
| | 1:51 (1:51) | 0:24 (2:15) | 2:14 (4:29) | 0:40 (5:09) | 0:30 (5:39) | 0:49 (6:28) |
| | 1:57 (8:25) | 1:20 (9:45) | 0:26 (10:11) | 0:24 (10:35) | 1:48 (12:23) | 0:24 (12:47) |
| | 0:12 (12:59) | | | | | |
| 5. | Klemens Janischowsky | OLG Regensburg | 14:39 | +2:01 | | |
| | 2:08 (2:08) | 0:26 (2:34) | 2:56 (5:30) | 0:51 (6:21) | 0:35 (6:56) | 0:57 (7:53) |
| | 2:13 (10:06) | 1:29 (11:35) | 0:25 (12:00) | 0:36 (12:36) | 1:24 (14:00) | 0:27 (14:27) |
| | 0:12 (14:39) | | | | | |
| 6. | Thilo Bruns | MTK Bad Harzburg | 14:42 | +2:04 | | |
| | 2:10 (2:10) | 0:28 (2:38) | 2:42 (5:20) | 0:44 (6:04) | 0:36 (6:40) | 0:48 (7:28) |
| | 2:06 (9:34) | 2:18 (11:52) | 0:26 (12:18) | 0:24 (12:42) | 1:21 (14:03) | 0:27 (14:30) |
| | 0:12 (14:42) | | | | | |
| 7. | Marcus Schmidt | TSG Wiesloch | 14:59 | +2:21 | | |
| | 2:15 (2:15) | 0:31 (2:46) | 2:59 (5:45) | 0:49 (6:34) | 0:35 (7:09) | 0:50 (7:59) |
| | 2:14 (10:13) | 1:44 (11:57) | 0:27 (12:24) | 0:28 (12:52) | 1:26 (14:18) | 0:28 (14:46) |
| | 0:13 (14:59) | | | | | |
| 8. | Jürgen Scheuermann | SSV Planeta Radebeul | 15:44 | +3:06 | | |
| | 2:13 (2:13) | 0:29 (2:42) | 2:54 (5:36) | 0:53 (6:29) | 0:43 (7:12) | 1:16 (8:28) |
| | 2:07 (10:35) | 1:30 (12:05) | 0:26 (12:31) | 0:30 (13:01) | 2:05 (15:06) | 0:27 (15:33) |
| | 0:11 (15:44) | | | | | |
| 9. | Andrej Zelenin | USG Chemnitz | 16:35 | +3:57 | | |
| | 2:38 (2:38) | 0:31 (3:09) | 4:04 (7:13) | 0:51 (8:04) | 0:34 (8:38) | 0:54 (9:32) |
| | 2:18 (11:50) | 1:39 (13:29) | 0:31 (14:00) | 0:26 (14:26) | 1:26 (15:52) | 0:29 (16:21) |
| | 0:14 (16:35) | | | | | |
| 9. | Hans Breckle | TuS Karlsruhe-Rüppurr | 16:35 | +3:57 | | |
| | 2:13 (2:13) | 0:34 (2:47) | 3:26 (6:13) | 0:52 (7:05) | 0:43 (7:48) | 0:52 (8:40) |
| | 2:19 (10:59) | 1:53 (12:52) | 0:31 (13:23) | 0:27 (13:50) | 2:05 (15:55) | 0:28 (16:23) |
| | 0:12 (16:35) | | | | | |
| 11. | Rolf Weinert | Post SV Dresden | 16:52 | +4:14 | | |
| | 2:23 (2:23) | 0:30 (2:53) | 3:29 (6:22) | 0:56 (7:18) | 0:42 (8:00) | 1:00 (9:00) |
| | 2:35 (11:35) | 1:47 (13:22) | 0:31 (13:53) | 0:28 (14:21) | 1:46 (16:07) | 0:32 (16:39) |
| | 0:13 (16:52) | | | | | |
| 12. | Jörg Hänsel | SV Lengfeld | 17:48 | +5:10 | | |
| | 2:32 (2:32) | 0:29 (3:01) | 3:16 (6:17) | 1:06 (7:23) | 0:44 (8:07) | 1:51 (9:58) |
| | 2:27 (12:25) | 1:55 (14:20) | 0:36 (14:56) | 0:25 (15:21) | 1:42 (17:03) | 0:31 (17:34) |
| | 0:14 (17:48) | | | | | |
| 13. | Uwe Heinert | OLV Weimar | 18:47 | +6:09 | | |
| | 2:29 (2:29) | 0:35 (3:04) | 3:54 (6:58) | 0:57 (7:55) | 0:43 (8:38) | 0:57 (9:35) |
| | 2:27 (12:02) | 1:59 (14:01) | 0:28 (14:29) | 0:33 (15:02) | 2:56 (17:58) | 0:33 (18:31) |
| | 0:16 (18:47) | | | | | |
| 14. | Tobias Wolf | USV Jena | 19:04 | +6:26 | | |
| | 4:36 (4:36) | 0:30 (5:06) | 3:28 (8:34) | 0:50 (9:24) | 0:39 (10:03) | 2:21 (12:24) |
| | 2:16 (14:40) | 1:30 (16:10) | 0:27 (16:37) | 0:27 (17:04) | 1:19 (18:23) | 0:29 (18:52) |
| | 0:12 (19:04) | | | | | |
| 15. | Thomas Rothkegel | Post SV Dresden | 21:00 | +8:22 | | |
| | 3:03 (3:03) | 0:37 (3:40) | 4:03 (7:43) | 1:02 (8:45) | 0:58 (9:43) | 1:16 (10:59) |
| | 3:30 (14:29) | 2:20 (16:49) | 0:36 (17:25) | 0:35 (18:00) | 2:01 (20:01) | 0:41 (20:42) |
| | 0:18 (21:00) | | | | | |
| 16. | David Knuth | OLV Potsdam | 22:58 | +10:20 | | |
| | 5:06 (5:06) | 0:38 (5:44) | 3:43 (9:27) | 1:31 (10:58) | 1:08 (12:06) | 1:17 (13:23) |
| | 2:40 (16:03) | 2:16 (18:19) | 0:40 (18:59) | 0:34 (19:33) | 2:42 (22:15) | 0:30 (22:45) |
| | 0:13 (22:58) | | | | | |

H60

| | | (19 / 22) | Zeit | Rückstand | | |
|----|---------------------|----------------------------|--------------|------------------|--------------|--------------|
| 1. | Michael Bohsmann | OL-Team Filder | 13:41 | | | |
| | 0:31 (0:31) | 1:38 (2:09) | 2:46 (4:55) | 0:58 (5:53) | 2:47 (8:40) | 1:22 (10:02) |
| | 0:24 (10:26) | 0:23 (10:49) | 1:13 (12:02) | 1:02 (13:04) | 0:25 (13:29) | 0:12 (13:41) |
| 2. | Hagen Nieke | USV TU Dresden | 14:40 | +0:59 | | |
| | 0:32 (0:32) | 1:48 (2:20) | 3:09 (5:29) | 1:08 (6:37) | 2:34 (9:11) | 1:29 (10:40) |
| | 0:26 (11:06) | 0:31 (11:37) | 1:15 (12:52) | 1:12 (14:04) | 0:24 (14:28) | 0:12 (14:40) |
| 3. | Mario Gorecki | USV Jena | 15:09 | +1:28 | | |
| | 0:31 (0:31) | 1:38 (2:09) | 3:01 (5:10) | 1:04 (6:14) | 2:53 (9:07) | 1:29 (10:36) |
| | 0:24 (11:00) | 0:26 (11:26) | 1:18 (12:44) | 1:44 (14:28) | 0:29 (14:57) | 0:12 (15:09) |
| 4. | Bernd Käding | Kaulsdorfer OLV Berlin | 15:15 | +1:34 | | |
| | 0:35 (0:35) | 1:47 (2:22) | 3:18 (5:40) | 1:05 (6:45) | 2:51 (9:36) | 1:37 (11:13) |
| | 0:29 (11:42) | 0:25 (12:07) | 1:16 (13:23) | 1:15 (14:38) | 0:26 (15:04) | 0:11 (15:15) |
| 4. | Michael Schwien | SC Klecken | 15:15 | +1:34 | | |
| | 0:34 (0:34) | 1:22 (1:56) | 3:07 (5:03) | 1:09 (6:12) | 3:03 (9:15) | 1:37 (10:52) |
| | 0:31 (11:23) | 0:31 (11:54) | 1:20 (13:14) | 1:19 (14:33) | 0:33 (15:06) | 0:09 (15:15) |
| 6. | Matthias Müller | Post SV Dresden | 16:29 | +2:48 | | |
| | 0:31 (0:31) | 1:47 (2:18) | 3:53 (6:11) | 1:03 (7:14) | 3:15 (10:29) | 1:47 (12:16) |
| | 0:25 (12:41) | 0:30 (13:11) | 1:33 (14:44) | 1:06 (15:50) | 0:27 (16:17) | 0:12 (16:29) |
| 7. | Klaus Hempel | USV TU Dresden | 17:16 | +3:35 | | |
| | 0:35 (0:35) | 1:48 (2:23) | 3:25 (5:48) | 1:09 (6:57) | 4:41 (11:38) | 1:31 (13:09) |
| | 0:28 (13:37) | 0:27 (14:04) | 1:12 (15:16) | 1:21 (16:37) | 0:28 (17:05) | 0:11 (17:16) |
| 8. | Frank-Peter Frenzel | TOLF Berlin | 17:45 | +4:04 | | |
| | 0:38 (0:38) | 1:43 (2:21) | 4:00 (6:21) | 1:04 (7:25) | 3:29 (10:54) | 2:21 (13:15) |
| | 0:28 (13:43) | 0:32 (14:15) | 1:27 (15:42) | 1:24 (17:06) | 0:28 (17:34) | 0:11 (17:45) |
| 9. | Lutz Wohlrabe | ESV Lok Berlin-Schöneweide | 18:00 | +4:19 | | |
| | 0:48 (0:48) | 2:07 (2:55) | 3:39 (6:34) | 1:16 (7:50) | 3:32 (11:22) | 1:42 (13:04) |
| | 0:33 (13:37) | 0:35 (14:12) | 1:59 (16:11) | 1:14 (17:25) | 0:26 (17:51) | 0:09 (18:00) |

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|-----|---|--|-----------------------------|--|------------------------------|------------------------------|
| 10. | Nico Kümmling 0:36 (0:36) 0:29 (13:59) | USG Chemnitz 1:59 (2:35) 0:30 (14:29) | 4:26 (7:01) 1:29 (15:58) | 18:10 +4:29 1:28 (8:29) 1:27 (17:25) | 3:17 (11:46) 0:32 (17:57) | 1:44 (13:30) 0:13 (18:10) |
| 11. | Harald Juras 0:38 (0:38) 0:27 (13:25) | OL Görlich 2:05 (2:43) 0:27 (13:52) | 3:27 (6:10) 1:16 (15:08) | 18:29 +4:48 1:30 (7:40) 2:46 (17:54) | 3:40 (11:20) 0:25 (18:19) | 1:38 (12:58) 0:10 (18:29) |
| 12. | Lutz Kraemer 0:42 (0:42) 0:32 (13:07) | Post SV Dresden 2:02 (2:44) 0:28 (13:35) | 3:45 (6:29) 1:30 (15:05) | 18:31 +4:50 1:09 (7:38) 2:41 (17:46) | 3:11 (10:49) 0:31 (18:17) | 1:46 (12:35) 0:14 (18:31) |
| 13. | Bernd Graumann 0:42 (0:42) 0:29 (14:20) | ESV Lok Berlin-Schöneeweide 1:55 (2:37) 0:39 (14:59) | 3:23 (6:00) 1:43 (16:42) | 18:41 +5:00 1:28 (7:28) 1:23 (18:05) | 4:35 (12:03) 0:26 (18:31) | 1:48 (13:51) 0:10 (18:41) |
| 14. | Ari Kolehmainen 0:55 (0:55) 0:36 (14:51) | OC München 2:13 (3:08) 0:49 (15:40) | 3:47 (6:55) 1:32 (17:12) | 19:25 +5:44 1:21 (8:16) 1:34 (18:46) | 3:22 (11:38) 0:28 (19:14) | 2:37 (14:15) 0:11 (19:25) |
| 15. | Peter Richling 0:37 (0:37) 0:36 (14:41) | USG Chemnitz 2:02 (2:39) 0:33 (15:14) | 3:27 (6:06) 1:47 (17:01) | 19:31 +5:50 1:10 (7:16) 1:48 (18:49) | 4:24 (11:40) 0:30 (19:19) | 2:25 (14:05) 0:12 (19:31) |
| 16. | Erich Nürnberger 0:37 (0:37) 0:31 (16:15) | OLG Regensburg 1:57 (2:34) 0:31 (16:46) | 5:54 (8:28) 1:33 (18:19) | 20:18 +6:37 1:20 (9:48) 1:16 (19:35) | 3:42 (13:30) 0:31 (20:06) | 2:14 (15:44) 0:12 (20:18) |
| | Frank Wiedenfeld 0:30 (0:30) 0:26 (13:01) | SSV Planeta Radebeul 1:56 (2:26) 0:32 (13:33) | 3:42 (6:08) 1:59 (15:32) | Fehlst. 1:07 (7:15) – (–) | 3:27 (10:42) – (17:22) | 1:53 (12:35) 0:14 (17:36) |
| | Gerd Zimmermann 0:38 (0:38) 0:29 (12:40) | SSV Planeta Radebeul 1:52 (2:30) – (–) | 3:13 (5:43) – (14:09) | Fehlst. 1:02 (6:45) 1:10 (15:19) | 3:32 (10:17) 0:26 (15:45) | 1:54 (12:11) 0:14 (15:59) |
| | Johannes Matthews – (–) – (–) | OLV Potsdam – (–) – (–) | – (–) – (–) | Fehlst. – (11:00) – (–) | – (–) – (21:47) | – (–) 0:16 (22:03) |

| H65 | | (12 / 13) | | Zeit | Rückstand | |
|-----|--|--|-----------------------------|---|------------------------------|------------------------------|
| 1. | Arne Kristensen 1:15 (1:15) 1:01 (7:46) 0:14 (12:18) | SC Klecken 1:27 (2:42) 0:35 (8:21) | 0:53 (3:35) 0:28 (8:49) | 12:18 0:36 (4:11) 1:27 (10:16) | 1:31 (5:42) 1:34 (11:50) | 1:03 (6:45) 0:14 (12:04) |
| 2. | Horst von Gaza 1:11 (1:11) 1:24 (8:54) 0:13 (13:25) | OLV Uslar 1:39 (2:50) 0:31 (9:25) | 0:51 (3:41) 0:26 (9:51) | 13:25 +1:07 0:41 (4:22) 1:42 (11:33) | 1:33 (5:55) 1:27 (13:00) | 1:35 (7:30) 0:12 (13:12) |
| 3. | Dietmar Fuchs 1:16 (1:16) 1:18 (8:41) 0:15 (13:35) | Post SV Dresden 1:43 (2:59) 0:37 (9:18) | 0:59 (3:58) 0:28 (9:46) | 13:35 +1:17 0:38 (4:36) 1:39 (11:25) | 1:40 (6:16) 1:40 (13:05) | 1:07 (7:23) 0:15 (13:20) |
| 4. | Jens Leibiger 1:17 (1:17) 1:12 (9:21) 0:14 (13:53) | Post SV Dresden 2:51 (4:08) 0:30 (9:51) | 0:46 (4:54) 0:28 (10:19) | 13:53 +1:35 0:36 (5:30) 1:30 (11:49) | 1:34 (7:04) 1:36 (13:25) | 1:05 (8:09) 0:14 (13:39) |
| 5. | Michael Möser 1:30 (1:30) 1:20 (9:28) 0:13 (14:35) | USV TU Dresden 1:53 (3:23) 0:50 (10:18) | 0:57 (4:20) 0:27 (10:45) | 14:35 +2:17 0:37 (4:57) 1:40 (12:25) | 1:44 (6:41) 1:42 (14:07) | 1:27 (8:08) 0:15 (14:22) |
| 6. | Udo Sobczak 1:28 (1:28) 1:27 (9:56) 0:14 (14:38) | MTV Soltau 1:35 (3:03) 0:34 (10:30) | 0:53 (3:56) 0:28 (10:58) | 14:38 +2:20 0:37 (4:33) 1:36 (12:34) | 1:49 (6:22) 1:37 (14:11) | 2:07 (8:29) 0:13 (14:24) |
| 7. | Diethard Kundisch 1:20 (1:20) 1:27 (9:13) 0:14 (14:47) | USV TU Dresden 1:47 (3:07) 0:39 (9:52) | 0:55 (4:02) 0:52 (10:44) | 14:47 +2:29 0:41 (4:43) 1:45 (12:29) | 1:48 (6:31) 1:48 (14:17) | 1:15 (7:46) 0:16 (14:33) |
| 8. | Norbert Zenker 1:30 (1:30) 1:23 (9:26) 0:15 (15:04) | USV TU Dresden 1:44 (3:14) 0:39 (10:05) | 0:59 (4:13) 0:30 (10:35) | 15:04 +2:46 0:38 (4:51) 2:00 (12:35) | 1:54 (6:45) 1:59 (14:34) | 1:18 (8:03) 0:15 (14:49) |
| 9. | Uwe Dresel 1:51 (1:51) 1:27 (10:17) 0:16 (16:04) | SC Klecken 1:52 (3:43) 0:42 (10:59) | 1:00 (4:43) 0:32 (11:31) | 16:04 +3:46 0:40 (5:23) 2:02 (13:33) | 1:55 (7:18) 1:57 (15:30) | 1:32 (8:50) 0:18 (15:48) |
| 10. | Dietmar Fremder 1:58 (1:58) 2:01 (14:39) 0:20 (22:30) | OL-Team Wehrsdorf 2:33 (4:31) 0:50 (15:29) | 1:20 (5:51) 0:47 (16:16) | 22:30 +10:12 0:57 (6:48) 2:37 (18:53) | 2:40 (9:28) 2:54 (21:47) | 3:10 (12:38) 0:23 (22:10) |
| 11. | Hans-Joachim Paprotta 1:39 (1:39) 2:08 (19:05) 0:12 (25:17) | HSG Merseburg 2:01 (3:40) 0:52 (19:57) | 1:08 (4:48) 0:32 (20:29) | 25:17 +12:59 0:43 (5:31) 2:00 (22:29) | 7:59 (13:30) 2:19 (24:48) | 3:27 (16:57) 0:17 (25:05) |
| | Uwe Krausbauer – (–) – (–) – (–) | CTG Koblenz – (–) – (–) | – (–) – (–) | Nicht Ang. – (–) – (–) | – (–) – (–) | – (–) – (–) |

| H70 | (7 / 9) | | Zeit | Rückstand | | |
|-----|------------------------|------------------------|--------------|--------------|--------------|--------------|
| 1. | Gerhard Brettschneider | Kaulsdorfer OLV Berlin | 14:13 | | | |
| | 1:14 (1:14) | 1:42 (2:56) | 0:54 (3:50) | 0:36 (4:26) | 2:03 (6:29) | 1:06 (7:35) |
| | 1:08 (8:43) | 0:44 (9:27) | 0:26 (9:53) | 1:39 (11:32) | 2:12 (13:44) | 0:15 (13:59) |
| | 0:14 (14:13) | | | | | |
| 2. | Jürgen Jankowski | ASG Teutoburger Wald | 14:56 | +0:43 | | |
| | 1:33 (1:33) | 1:48 (3:21) | 0:59 (4:20) | 0:43 (5:03) | 1:58 (7:01) | 1:15 (8:16) |
| | 1:15 (9:31) | 0:37 (10:08) | 0:32 (10:40) | 1:38 (12:18) | 2:04 (14:22) | 0:17 (14:39) |
| | 0:17 (14:56) | | | | | |
| 3. | Bernd Döhler | TuS Karlsruhe-Rüppurr | 15:18 | +1:05 | | |
| | 1:32 (1:32) | 2:07 (3:39) | 0:57 (4:36) | 0:47 (5:23) | 1:57 (7:20) | 1:16 (8:36) |
| | 1:15 (9:51) | 0:36 (10:27) | 0:38 (11:05) | 1:51 (12:56) | 1:50 (14:46) | 0:16 (15:02) |
| | 0:16 (15:18) | | | | | |
| 4. | Lutz Tröße | SV TU Ilmenau | 16:56 | +2:43 | | |
| | 1:28 (1:28) | 2:12 (3:40) | 1:38 (5:18) | 0:41 (5:59) | 2:02 (8:01) | 1:23 (9:24) |
| | 1:21 (10:45) | 0:47 (11:32) | 0:33 (12:05) | 2:08 (14:13) | 2:09 (16:22) | 0:20 (16:42) |
| | 0:14 (16:56) | | | | | |
| 5. | Karl-Heinz Seefeld | OLV Uslar | 17:32 | +3:19 | | |
| | 1:54 (1:54) | 2:12 (4:06) | 1:08 (5:14) | 0:41 (5:55) | 2:07 (8:02) | 1:31 (9:33) |
| | 1:44 (11:17) | 0:44 (12:01) | 0:39 (12:40) | 2:03 (14:43) | 2:12 (16:55) | 0:19 (17:14) |
| | 0:18 (17:32) | | | | | |
| 6. | Thomas Schoepf | OSC Kassel | 18:25 | +4:12 | | |
| | 1:47 (1:47) | 2:18 (4:05) | 1:08 (5:13) | 0:58 (6:11) | 2:20 (8:31) | 1:40 (10:11) |
| | 1:44 (11:55) | 0:45 (12:40) | 0:39 (13:19) | 2:15 (15:34) | 2:15 (17:49) | 0:18 (18:07) |
| | 0:18 (18:25) | | | | | |
| 7. | Frank Paschka | SSV Planeta Radebeul | 25:48 | +11:35 | | |
| | 2:12 (2:12) | 3:14 (5:26) | 1:40 (7:06) | 1:06 (8:12) | 3:06 (11:18) | 2:06 (13:24) |
| | 2:57 (16:21) | 1:02 (17:23) | 1:11 (18:34) | 3:20 (21:54) | 3:05 (24:59) | 0:27 (25:26) |
| | 0:22 (25:48) | | | | | |

| H75 | (9 / 11) | | Zeit | Rückstand | | |
|-----|----------------------|----------------------|--------------|--------------|--------------|--------------|
| 1. | Nikolaus Risch | ASG Teutoburger Wald | 14:14 | | | |
| | 0:57 (0:57) | 0:48 (1:45) | 2:26 (4:11) | 1:11 (5:22) | 0:44 (6:06) | 0:32 (6:38) |
| | 1:53 (8:31) | 1:32 (10:03) | 1:51 (11:54) | 1:22 (13:16) | 0:44 (14:00) | 0:14 (14:14) |
| 2. | Helmut Conrad | USV TU Dresden | 15:10 | +0:56 | | |
| | 0:58 (0:58) | 0:44 (1:42) | 1:55 (3:37) | 1:13 (4:50) | 0:43 (5:33) | 0:35 (6:08) |
| | 2:03 (8:11) | 1:36 (9:47) | 2:24 (12:11) | 1:55 (14:06) | 0:48 (14:54) | 0:16 (15:10) |
| 3. | Ludwig Genderjahn | Post SV Dresden | 17:34 | +3:20 | | |
| | 1:02 (1:02) | 0:53 (1:55) | 2:48 (4:43) | 1:14 (5:57) | 2:20 (8:17) | 0:46 (9:03) |
| | 2:21 (11:24) | 1:34 (12:58) | 1:39 (14:37) | 1:43 (16:20) | 0:57 (17:17) | 0:17 (17:34) |
| 4. | Rolf Krüpfanz | Post-SV Chemnitz | 17:57 | +3:43 | | |
| | 1:13 (1:13) | 0:58 (2:11) | 1:27 (3:38) | 1:27 (5:05) | 0:58 (6:03) | 0:37 (6:40) |
| | 2:30 (9:10) | 2:32 (11:42) | 2:07 (13:49) | 2:44 (16:33) | 1:05 (17:38) | 0:19 (17:57) |
| 5. | Jürgen Schwanitz | OLA TSV Deggendorf | 18:20 | +4:06 | | |
| | 1:19 (1:19) | 0:43 (2:02) | 2:33 (4:35) | 1:18 (5:53) | 0:53 (6:46) | 0:34 (7:20) |
| | 2:04 (9:24) | 2:04 (11:28) | 3:36 (15:04) | 2:13 (17:17) | 0:49 (18:06) | 0:14 (18:20) |
| 6. | Hans Christian Strib | SC Klecken | 18:49 | +4:35 | | |
| | 1:00 (1:00) | 0:42 (1:42) | 1:50 (3:32) | 1:28 (5:00) | 0:56 (5:56) | 0:45 (6:41) |
| | 3:03 (9:44) | 2:11 (11:55) | 2:51 (14:46) | 2:19 (17:05) | 1:15 (18:20) | 0:29 (18:49) |
| 7. | Karl-Heinz Huke | OL - Bad Schandau | 22:19 | +8:05 | | |
| | 1:06 (1:06) | 1:16 (2:22) | 4:16 (6:38) | 1:47 (8:25) | 1:38 (10:03) | 0:56 (10:59) |
| | 2:29 (13:28) | 2:06 (15:34) | 2:04 (17:38) | 3:26 (21:04) | 0:59 (22:03) | 0:16 (22:19) |
| 8. | Wolfgang Weber | Post SV Dresden | 37:54 | +23:40 | | |
| | 5:55 (5:55) | 1:12 (7:07) | 2:16 (9:23) | 2:04 (11:27) | 2:50 (14:17) | 1:15 (15:32) |
| | 3:34 (19:06) | 6:12 (25:18) | 3:25 (28:43) | 7:20 (36:03) | 1:22 (37:25) | 0:29 (37:54) |
| | Hans Lange | OLV Weimar | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

| H80 | (3 / 5) | | Zeit | Rückstand | | |
|-----|---------------|-----------------------------|--------------|--------------|--------------|--------------|
| 1. | Dieter Conrad | SV Wissenschaft Quedlinburg | 15:08 | | | |
| | 1:16 (1:16) | 0:39 (1:55) | 2:12 (4:07) | 1:11 (5:18) | 0:44 (6:02) | 0:36 (6:38) |
| | 2:07 (8:45) | 1:45 (10:30) | 1:37 (12:07) | 1:53 (14:00) | 0:51 (14:51) | 0:17 (15:08) |
| 2. | Viktor Jarkov | OLG Regensburg | 19:43 | +4:35 | | |
| | 1:08 (1:08) | 0:50 (1:58) | 3:13 (5:11) | 1:20 (6:31) | 1:01 (7:32) | 0:34 (8:06) |
| | 3:17 (11:23) | 1:58 (13:21) | 2:44 (16:05) | 2:07 (18:12) | 1:08 (19:20) | 0:23 (19:43) |
| 3. | Udo Schindler | SSV Planeta Radebeul | 20:56 | +5:48 | | |
| | 1:40 (1:40) | 0:59 (2:39) | 5:22 (8:01) | 1:22 (9:23) | 0:52 (10:15) | 0:38 (10:53) |
| | 2:20 (13:13) | 2:06 (15:19) | 2:14 (17:33) | 2:11 (19:44) | 0:55 (20:39) | 0:17 (20:56) |

| D12 | (21 / 22) | | Zeit | Rückstand | | |
|-----|---------------|---------------------|--------------|--------------|-------------|-------------|
| 1. | Merle Richter | Post SV Dresden | 9:51 | | | |
| | 1:05 (1:05) | 0:28 (1:33) | 0:21 (1:54) | 0:33 (2:27) | 0:22 (2:49) | 1:10 (3:59) |
| | 1:14 (5:13) | 0:17 (5:30) | 1:36 (7:06) | 0:26 (7:32) | 0:25 (7:57) | 0:25 (8:22) |
| | 0:38 (9:00) | 0:28 (9:28) | 0:13 (9:41) | 0:10 (9:51) | | |
| 2. | Antonia Pompe | SV Robotron Dresden | 10:23 | +0:32 | | |
| | 1:18 (1:18) | 0:30 (1:48) | 0:24 (2:12) | 0:40 (2:52) | 0:25 (3:17) | 1:14 (4:31) |
| | 1:19 (5:50) | 0:21 (6:11) | 1:17 (7:28) | 0:30 (7:58) | 0:27 (8:25) | 0:27 (8:52) |
| | 0:42 (9:34) | 0:26 (10:00) | 0:13 (10:13) | 0:10 (10:23) | | |

| | | | | | | |
|-----|--------------------|-----------------------|--------------|--------------|--------------|--------------|
| 3. | Johanna Wiedenfeld | Post SV Dresden | 10:40 | +0:49 | | |
| | 1:18 (1:18) | 0:39 (1:57) | 0:25 (2:22) | 0:41 (3:03) | 0:26 (3:29) | 1:20 (4:49) |
| | 1:20 (6:09) | 0:24 (6:33) | 1:08 (7:41) | 0:27 (8:08) | 0:28 (8:36) | 0:25 (9:01) |
| | 0:44 (9:45) | 0:30 (10:15) | 0:13 (10:28) | 0:12 (10:40) | | |
| 4. | Náya Livia Krüger | Berliner Turnerschaft | 11:58 | +2:07 | | |
| | 1:19 (1:19) | 0:33 (1:52) | 0:29 (2:21) | 0:45 (3:06) | 0:28 (3:34) | 1:40 (5:14) |
| | 1:28 (6:42) | 0:17 (6:59) | 1:32 (8:31) | 0:45 (9:16) | 0:38 (9:54) | 0:29 (10:23) |
| | 0:43 (11:06) | 0:31 (11:37) | 0:11 (11:48) | 0:10 (11:58) | | |
| 5. | Selma Löffler | SV Robotron Dresden | 13:32 | +3:41 | | |
| | 1:44 (1:44) | 0:40 (2:24) | 0:30 (2:54) | 0:36 (3:30) | 0:26 (3:56) | 1:22 (5:18) |
| | 1:33 (6:51) | 0:24 (7:15) | 1:57 (9:12) | 0:35 (9:47) | 1:35 (11:22) | 0:24 (11:46) |
| | 0:49 (12:35) | 0:33 (13:08) | 0:14 (13:22) | 0:10 (13:32) | | |
| 6. | Anna Knaup | Braunschweiger MTV | 13:35 | +3:44 | | |
| | 1:35 (1:35) | 0:37 (2:12) | 0:36 (2:48) | 0:59 (3:47) | 0:39 (4:26) | 1:23 (5:49) |
| | 1:42 (7:31) | 0:30 (8:01) | 1:27 (9:28) | 0:40 (10:08) | 0:34 (10:42) | 0:51 (11:33) |
| | 0:52 (12:25) | 0:39 (13:04) | 0:20 (13:24) | 0:11 (13:35) | | |
| 7. | Tyra Bader | Post SV Dresden | 13:52 | +4:01 | | |
| | 2:14 (2:14) | 0:36 (2:50) | 0:31 (3:21) | 0:54 (4:15) | 0:29 (4:44) | 1:14 (5:58) |
| | 2:23 (8:21) | 0:21 (8:42) | 1:35 (10:17) | 0:32 (10:49) | 0:47 (11:36) | 0:27 (12:03) |
| | 0:50 (12:53) | 0:30 (13:23) | 0:17 (13:40) | 0:12 (13:52) | | |
| 8. | Linda Lange | SV IHW Alex 78 Berlin | 14:21 | +4:30 | | |
| | 1:45 (1:45) | 0:40 (2:25) | 0:25 (2:50) | 1:12 (4:02) | 0:26 (4:28) | 1:19 (5:47) |
| | 1:35 (7:22) | 0:28 (7:50) | 1:28 (9:18) | 1:07 (10:25) | 1:58 (12:23) | 0:22 (12:45) |
| | 0:43 (13:28) | 0:29 (13:57) | 0:15 (14:12) | 0:09 (14:21) | | |
| 9. | Lotte Hölzer | OLV Weimar | 14:57 | +5:06 | | |
| | 1:34 (1:34) | 0:40 (2:14) | 0:39 (2:53) | 1:04 (3:57) | 0:30 (4:27) | 1:29 (5:56) |
| | 1:40 (7:36) | 0:31 (8:07) | 1:25 (9:32) | 1:52 (11:24) | 0:53 (12:17) | 0:24 (12:41) |
| | 1:21 (14:02) | 0:25 (14:27) | 0:19 (14:46) | 0:11 (14:57) | | |
| 10. | Lotte Richter | Post SV Dresden | 15:02 | +5:11 | | |
| | 1:40 (1:40) | 0:54 (2:34) | 0:33 (3:07) | 0:49 (3:56) | 0:35 (4:31) | 1:31 (6:02) |
| | 1:44 (7:46) | 0:32 (8:18) | 1:51 (10:09) | 0:49 (10:58) | 1:29 (12:27) | 0:34 (13:01) |
| | 0:51 (13:52) | 0:37 (14:29) | 0:21 (14:50) | 0:12 (15:02) | | |
| 10. | Serafina Quabeck | Berliner Turnerschaft | 15:02 | +5:11 | | |
| | 1:34 (1:34) | 0:51 (2:25) | 0:36 (3:01) | 1:19 (4:20) | 0:32 (4:52) | 1:26 (6:18) |
| | 1:48 (8:06) | 0:49 (8:55) | 1:35 (10:30) | 0:44 (11:14) | 0:41 (11:55) | 0:57 (12:52) |
| | 0:59 (13:51) | 0:34 (14:25) | 0:28 (14:53) | 0:09 (15:02) | | |
| 12. | Tamara Ramm | USV Jena | 15:37 | +5:46 | | |
| | 2:49 (2:49) | 0:50 (3:39) | 0:29 (4:08) | 1:06 (5:14) | 0:30 (5:44) | 1:21 (7:05) |
| | 1:57 (9:02) | 0:31 (9:33) | 1:44 (11:17) | 0:42 (11:59) | 0:35 (12:34) | 0:35 (13:09) |
| | 1:15 (14:24) | 0:33 (14:57) | 0:26 (15:23) | 0:14 (15:37) | | |
| 13. | Tira Heidrich | OLV Potsdam | 16:20 | +6:29 | | |
| | 2:12 (2:12) | 0:47 (2:59) | 0:42 (3:41) | 1:19 (5:00) | 0:32 (5:32) | 1:39 (7:11) |
| | 1:56 (9:07) | 0:35 (9:42) | 1:40 (11:22) | 1:27 (12:49) | 0:38 (13:27) | 0:43 (14:10) |
| | 1:02 (15:12) | 0:37 (15:49) | 0:19 (16:08) | 0:12 (16:20) | | |
| 14. | Charlotte Häcker | Post SV Dresden | 16:43 | +6:52 | | |
| | 1:50 (1:50) | 0:56 (2:46) | 0:35 (3:21) | 1:00 (4:21) | 0:31 (4:52) | 1:38 (6:30) |
| | 2:26 (8:56) | 0:29 (9:25) | 1:51 (11:16) | 0:37 (11:53) | 0:41 (12:34) | 1:47 (14:21) |
| | 1:08 (15:29) | 0:40 (16:09) | 0:22 (16:31) | 0:12 (16:43) | | |
| 15. | Dora von Dalowski | Post SV Dresden | 17:04 | +7:13 | | |
| | 1:35 (1:35) | 0:47 (2:22) | 0:55 (3:17) | 1:46 (5:03) | 0:35 (5:38) | 1:31 (7:09) |
| | 1:51 (9:00) | 0:30 (9:30) | 1:41 (11:11) | 0:50 (12:01) | 1:08 (13:09) | 1:50 (14:59) |
| | 0:51 (15:50) | 0:41 (16:31) | 0:22 (16:53) | 0:11 (17:04) | | |
| 16. | Lina Peukert | SV Schorfheide | 19:33 | +9:42 | | |
| | 1:30 (1:30) | 0:52 (2:22) | 0:46 (3:08) | 1:11 (4:19) | 0:30 (4:49) | 1:55 (6:44) |
| | 2:04 (8:48) | 0:32 (9:20) | 1:45 (11:05) | 0:51 (11:56) | 4:59 (16:55) | 0:31 (17:26) |
| | 0:45 (18:11) | 0:55 (19:06) | 0:16 (19:22) | 0:11 (19:33) | | |
| 17. | Lotta Käriäinen | USV TU Dresden | 21:53 | +12:02 | | |
| | 5:12 (5:12) | 1:03 (6:15) | 1:09 (7:24) | 1:05 (8:29) | 0:39 (9:08) | 2:38 (11:46) |
| | 2:02 (13:48) | 0:34 (14:22) | 2:01 (16:23) | 0:44 (17:07) | 1:18 (18:25) | 0:41 (19:06) |
| | 1:06 (20:12) | 0:59 (21:11) | 0:27 (21:38) | 0:15 (21:53) | | |
| 18. | Ella Sperling | OLV Potsdam | 25:07 | +15:16 | | |
| | 3:12 (3:12) | 0:58 (4:10) | 0:44 (4:54) | 1:14 (6:08) | 0:39 (6:47) | 2:05 (8:52) |
| | 2:11 (11:03) | 0:30 (11:33) | 8:15 (19:48) | 1:40 (21:28) | 0:46 (22:14) | 0:26 (22:40) |
| | 1:28 (24:08) | 0:26 (24:34) | 0:19 (24:53) | 0:14 (25:07) | | |
| 19. | Rebecca Vogt | Berliner Turnerschaft | 25:08 | +15:17 | | |
| | 2:24 (2:24) | 0:42 (3:06) | 1:23 (4:29) | 1:26 (5:55) | 0:51 (6:46) | 8:40 (15:26) |
| | 1:36 (17:02) | 0:35 (17:37) | 1:55 (19:32) | 0:39 (20:11) | 0:59 (21:10) | 1:47 (22:57) |
| | 0:54 (23:51) | 0:41 (24:32) | 0:25 (24:57) | 0:11 (25:08) | | |
| | Kamilla Knuth | OLV Potsdam | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | Lotta Vock | Post SV Dresden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

H12 (32 / 35) Zeit Rückstand

| | | | | | | |
|----|-------------|---------------------|-------------|-------------|-------------|-------------|
| 1. | Anton Weiß | OK Mark Brandenburg | 9:03 | | | |
| | 1:08 (1:08) | 0:29 (1:37) | 0:23 (2:00) | 0:38 (2:38) | 0:24 (3:02) | 1:06 (4:08) |
| | 1:10 (5:18) | 0:17 (5:35) | 0:57 (6:32) | 0:24 (6:56) | 0:25 (7:21) | 0:23 (7:44) |
| | 0:37 (8:21) | 0:23 (8:44) | 0:10 (8:54) | 0:09 (9:03) | | |

| | | | | | | | | |
|-----|----------------------|--------------|-----------------------------|--------------|--------------|--------------|--|--|
| 2. | Theo Götz | | USV Jena | 10:02 | +0:59 | | | |
| | 1:14 (1:14) | 0:37 (1:51) | 0:28 (2:19) | 0:36 (2:55) | 0:22 (3:17) | 1:16 (4:33) | | |
| | 1:18 (5:51) | 0:17 (6:08) | 1:06 (7:14) | 0:33 (7:47) | 0:24 (8:11) | 0:26 (8:37) | | |
| | 0:41 (9:18) | 0:21 (9:39) | 0:13 (9:52) | 0:10 (10:02) | | | | |
| 3. | Erik Bruns | | MTK Bad Harzburg | 10:29 | +1:26 | | | |
| | 1:18 (1:18) | 0:30 (1:48) | 0:30 (2:18) | 0:41 (2:59) | 0:26 (3:25) | 1:14 (4:39) | | |
| | 1:23 (6:02) | 0:21 (6:23) | 1:13 (7:36) | 0:30 (8:06) | 0:24 (8:30) | 0:27 (8:57) | | |
| | 0:45 (9:42) | 0:24 (10:06) | 0:12 (10:18) | 0:11 (10:29) | | | | |
| 4. | Konrad Grünig | | SV Robotron Dresden | 10:31 | +1:28 | | | |
| | 1:18 (1:18) | 0:28 (1:46) | 0:27 (2:13) | 0:37 (2:50) | 0:25 (3:15) | 1:12 (4:27) | | |
| | 1:28 (5:55) | 0:21 (6:16) | 1:16 (7:32) | 0:30 (8:02) | 0:28 (8:30) | 0:28 (8:58) | | |
| | 0:46 (9:44) | 0:26 (10:10) | 0:11 (10:21) | 0:10 (10:31) | | | | |
| 5. | Theodor Herr | | SV Robotron Dresden | 11:04 | +2:01 | | | |
| | 1:12 (1:12) | 0:31 (1:43) | 0:38 (2:21) | 0:44 (3:05) | 0:29 (3:34) | 1:13 (4:47) | | |
| | 1:34 (6:21) | 0:26 (6:47) | 1:14 (8:01) | 0:25 (8:26) | 0:28 (8:54) | 0:25 (9:19) | | |
| | 0:48 (10:07) | 0:33 (10:40) | 0:14 (10:54) | 0:10 (11:04) | | | | |
| 6. | Friedrich Bellaire | | TV Oberbexbach | 12:31 | +3:28 | | | |
| | 1:28 (1:28) | 0:42 (2:10) | 0:31 (2:41) | 0:40 (3:21) | 0:30 (3:51) | 1:19 (5:10) | | |
| | 1:44 (6:54) | 0:26 (7:20) | 1:35 (8:55) | 0:35 (9:30) | 0:38 (10:08) | 0:30 (10:38) | | |
| | 0:51 (11:29) | 0:35 (12:04) | 0:17 (12:21) | 0:10 (12:31) | | | | |
| 6. | Kurt Jobke | | USV TU Dresden | 12:31 | +3:28 | | | |
| | 3:02 (3:02) | 0:32 (3:34) | 0:27 (4:01) | 0:42 (4:43) | 0:27 (5:10) | 1:12 (6:22) | | |
| | 1:16 (7:38) | 0:20 (7:58) | 1:03 (9:01) | 0:30 (9:31) | 0:29 (10:00) | 0:26 (10:26) | | |
| | 1:07 (11:33) | 0:38 (12:11) | 0:11 (12:22) | 0:09 (12:31) | | | | |
| 8. | Otto Kääriäinen | | USV TU Dresden | 12:40 | +3:37 | | | |
| | 1:39 (1:39) | 0:38 (2:17) | 0:38 (2:55) | 0:48 (3:43) | 0:36 (4:19) | 1:24 (5:43) | | |
| | 1:43 (7:26) | 0:37 (8:03) | 1:25 (9:28) | 0:31 (9:59) | 0:28 (10:27) | 0:29 (10:56) | | |
| | 0:47 (11:43) | 0:26 (12:09) | 0:15 (12:24) | 0:16 (12:40) | | | | |
| 9. | Gabriel Nowack | | OL Görlitz | 12:59 | +3:56 | | | |
| | 2:41 (2:41) | 0:35 (3:16) | 0:31 (3:47) | 0:49 (4:36) | 0:38 (5:14) | 1:20 (6:34) | | |
| | 1:31 (8:05) | 0:25 (8:30) | 1:23 (9:53) | 0:34 (10:27) | 0:34 (11:01) | 0:25 (11:26) | | |
| | 0:46 (12:12) | 0:25 (12:37) | 0:13 (12:50) | 0:09 (12:59) | | | | |
| 10. | Liam Fremder | | OL-Team Wehrsdorf | 13:38 | +4:35 | | | |
| | 1:17 (1:17) | 0:33 (1:50) | 0:25 (2:15) | 0:36 (2:51) | 0:26 (3:17) | 1:15 (4:32) | | |
| | 1:36 (6:08) | 0:25 (6:33) | 2:00 (8:33) | 0:33 (9:06) | 0:44 (9:50) | 2:01 (11:51) | | |
| | 0:53 (12:44) | 0:32 (13:16) | 0:11 (13:27) | 0:11 (13:38) | | | | |
| 11. | Edgar Hallbauer | | SV Robotron Dresden | 14:28 | +5:25 | | | |
| | 1:43 (1:43) | 0:44 (2:27) | 0:30 (2:57) | 1:11 (4:08) | 0:34 (4:42) | 1:35 (6:17) | | |
| | 1:41 (7:58) | 0:23 (8:21) | 2:35 (10:56) | 0:31 (11:27) | 0:34 (12:01) | 0:42 (12:43) | | |
| | 0:49 (13:32) | 0:27 (13:59) | 0:16 (14:15) | 0:13 (14:28) | | | | |
| 12. | Finjas Cain | | OLV Potsdam | 14:31 | +5:28 | | | |
| | 5:02 (5:02) | 0:44 (5:46) | 0:29 (6:15) | 0:46 (7:01) | 0:23 (7:24) | 1:10 (8:34) | | |
| | 1:25 (9:59) | 0:24 (10:23) | 1:05 (11:28) | 0:34 (12:02) | 0:35 (12:37) | 0:26 (13:03) | | |
| | 0:36 (13:39) | 0:29 (14:08) | 0:12 (14:20) | 0:11 (14:31) | | | | |
| 13. | Emil Fritzsche | | SV Robotron Dresden | 15:10 | +6:07 | | | |
| | 1:39 (1:39) | 0:47 (2:26) | 0:33 (2:59) | 1:49 (4:48) | 0:27 (5:15) | 1:35 (6:50) | | |
| | 2:05 (8:55) | 0:24 (9:19) | 1:23 (10:42) | 0:40 (11:22) | 1:26 (12:48) | 0:26 (13:14) | | |
| | 0:50 (14:04) | 0:32 (14:36) | 0:17 (14:53) | 0:17 (15:10) | | | | |
| 14. | Janne Barthold | | ohne | 16:19 | +7:16 | | | |
| | 3:42 (3:42) | 0:55 (4:37) | 0:27 (5:04) | 1:07 (6:11) | 0:26 (6:37) | 1:18 (7:55) | | |
| | 1:26 (9:21) | 0:26 (9:47) | 3:20 (13:07) | 0:38 (13:45) | 0:27 (14:12) | 0:31 (14:43) | | |
| | 0:42 (15:25) | 0:29 (15:54) | 0:14 (16:08) | 0:11 (16:19) | | | | |
| 15. | Jesper Bruns | | MTK Bad Harzburg | 16:45 | +7:42 | | | |
| | 1:28 (1:28) | 0:44 (2:12) | 0:34 (2:46) | 0:53 (3:39) | 0:24 (4:03) | 1:54 (5:57) | | |
| | 1:51 (7:48) | 0:27 (8:15) | 1:31 (9:46) | 1:52 (11:38) | 0:47 (12:25) | 2:34 (14:59) | | |
| | 0:56 (15:55) | 0:27 (16:22) | 0:12 (16:34) | 0:11 (16:45) | | | | |
| 16. | Liam Richter | | ESV Lok Berlin-Schöneeweide | 17:23 | +8:20 | | | |
| | 1:54 (1:54) | 0:50 (2:44) | 0:33 (3:17) | 0:59 (4:16) | 0:50 (5:06) | 1:30 (6:36) | | |
| | 2:27 (9:03) | 0:23 (9:26) | 2:26 (11:52) | 0:56 (12:48) | 1:03 (13:51) | 1:08 (14:59) | | |
| | 1:01 (16:00) | 0:42 (16:42) | 0:28 (17:10) | 0:13 (17:23) | | | | |
| 17. | Jonas Jurk | | SV Robotron Dresden | 17:24 | +8:21 | | | |
| | 1:50 (1:50) | 0:43 (2:33) | 0:32 (3:05) | 0:55 (4:00) | 0:40 (4:40) | 1:44 (6:24) | | |
| | 1:57 (8:21) | 0:21 (8:42) | 1:53 (10:35) | 0:47 (11:22) | 0:49 (12:11) | 0:36 (12:47) | | |
| | 1:54 (14:41) | 2:06 (16:47) | 0:24 (17:11) | 0:13 (17:24) | | | | |
| 18. | Justus Sperling | | OLV Potsdam | 17:33 | +8:30 | | | |
| | 1:40 (1:40) | 0:34 (2:14) | 0:26 (2:40) | 0:53 (3:33) | 0:36 (4:09) | 6:23 (10:32) | | |
| | 1:35 (12:07) | 0:21 (12:28) | 1:33 (14:01) | 0:39 (14:40) | 0:40 (15:20) | 0:29 (15:49) | | |
| | 0:46 (16:35) | 0:34 (17:09) | 0:13 (17:22) | 0:11 (17:33) | | | | |
| 19. | Anton Müller | | USV Jena | 18:54 | +9:51 | | | |
| | 3:28 (3:28) | 0:42 (4:10) | 0:33 (4:43) | 0:59 (5:42) | 0:25 (6:07) | 1:49 (7:56) | | |
| | 1:54 (9:50) | 0:29 (10:19) | 1:33 (11:52) | 1:51 (13:43) | 0:41 (14:24) | 2:42 (17:06) | | |
| | 0:52 (17:58) | 0:27 (18:25) | 0:14 (18:39) | 0:15 (18:54) | | | | |
| 20. | Oskar Krüger | | Post SV Dresden | 19:04 | +10:01 | | | |
| | 3:57 (3:57) | 0:42 (4:39) | 0:35 (5:14) | 1:06 (6:20) | 0:41 (7:01) | 1:27 (8:28) | | |
| | 1:51 (10:19) | 0:29 (10:48) | 1:32 (12:20) | 0:32 (12:52) | 4:04 (16:56) | 0:32 (17:28) | | |
| | 0:43 (18:11) | 0:25 (18:36) | 0:16 (18:52) | 0:12 (19:04) | | | | |
| 21. | Hugo David Schachner | | OLV Potsdam | 19:33 | +10:30 | | | |
| | 1:50 (1:50) | 0:41 (2:31) | 0:41 (3:12) | 2:26 (5:38) | 0:24 (6:02) | 2:04 (8:06) | | |
| | 1:40 (9:46) | 0:28 (10:14) | 1:31 (11:45) | 4:38 (16:23) | 0:46 (17:09) | 0:34 (17:43) | | |
| | 0:43 (18:26) | 0:36 (19:02) | 0:18 (19:20) | 0:13 (19:33) | | | | |

| | | | | | |
|---------------------------|-----------------------|--------------|---------------|--------------|--------------|
| 22. Finn Anders | USV TU Dresden | 20:59 | +11:56 | | |
| 2:42 (2:42) | 0:52 (3:34) | 1:01 (4:35) | 2:43 (7:18) | 0:28 (7:46) | 2:09 (9:55) |
| 1:42 (11:37) | 0:38 (12:15) | 2:02 (14:17) | 0:46 (15:03) | 1:21 (16:24) | 1:32 (17:56) |
| 1:31 (19:27) | 1:01 (20:28) | 0:19 (20:47) | 0:12 (20:59) | | |
| 23. Per Löwinger | SSV Planeta Radebeul | 21:29 | +12:26 | | |
| 5:11 (5:11) | 0:37 (5:48) | 0:27 (6:15) | 1:17 (7:32) | 0:25 (7:57) | 6:08 (14:05) |
| 2:07 (16:12) | 0:44 (16:56) | 1:01 (17:57) | 0:35 (18:32) | 0:40 (19:12) | 0:24 (19:36) |
| 0:43 (20:19) | 0:37 (20:56) | 0:20 (21:16) | 0:13 (21:29) | | |
| 24. Franz Pablo Schachner | OLV Potsdam | 27:33 | +18:30 | | |
| 2:19 (2:19) | 0:47 (3:06) | 0:54 (4:00) | 1:53 (5:53) | 8:45 (14:38) | 1:31 (16:09) |
| 1:40 (17:49) | 0:26 (18:15) | 1:31 (19:46) | 4:37 (24:23) | 0:48 (25:11) | 0:33 (25:44) |
| 0:43 (26:27) | 0:36 (27:03) | 0:18 (27:21) | 0:12 (27:33) | | |
| 25. Rafael Weisbrich | SSV Planeta Radebeul | 36:01 | +26:58 | | |
| 2:38 (2:38) | 4:25 (7:03) | 0:49 (7:52) | 1:20 (9:12) | 0:44 (9:56) | 2:44 (12:40) |
| 1:43 (14:23) | 0:45 (15:08) | 6:26 (21:34) | 0:45 (22:19) | 3:00 (25:19) | 1:10 (26:29) |
| 1:26 (27:55) | 7:28 (35:23) | 0:24 (35:47) | 0:14 (36:01) | | |
| 26. Artemii Seryy | Berliner Turnerschaft | 41:19 | +32:16 | | |
| 2:13 (2:13) | 0:34 (2:47) | 0:40 (3:27) | 1:18 (4:45) | 9:43 (14:28) | 1:43 (16:11) |
| 2:40 (18:51) | 0:59 (19:50) | 1:56 (21:46) | 9:38 (31:24) | 0:20 (31:44) | 2:18 (34:02) |
| 6:14 (40:16) | 0:37 (40:53) | 0:13 (41:06) | 0:13 (41:19) | | |
| Hannes Barchfeld | Post SV Dresden | Fehlst. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | | |
| Linnéo Étienne Krüger | Berliner Turnerschaft | Fehlst. | | | |
| 5:32 (5:32) | 1:58 (7:30) | 0:56 (8:26) | 2:31 (10:57) | 1:49 (12:46) | 1:46 (14:32) |
| 1:57 (16:29) | 0:23 (16:52) | 1:29 (18:21) | 0:33 (18:54) | 4:03 (22:57) | 0:33 (23:30) |
| 0:44 (24:14) | - (-) | - (25:16) | 0:13 (25:29) | | |
| Samuel Friebe | USV Jena | Fehlst. | | | |
| 4:14 (4:14) | 0:32 (4:46) | 0:40 (5:26) | 1:17 (6:43) | 9:47 (16:30) | 1:46 (18:16) |
| 2:33 (20:49) | 1:00 (21:49) | 1:57 (23:46) | 10:28 (34:14) | - (-) | - (36:07) |
| 7:46 (43:53) | 1:19 (45:12) | 0:42 (45:54) | 0:39 (46:33) | | |
| Jakob Vogt | Berliner Turnerschaft | Aufg. | | | |
| 1:45 (1:45) | 0:39 (2:24) | 1:09 (3:33) | 0:51 (4:24) | 0:37 (5:01) | 1:35 (6:36) |
| 1:53 (8:29) | 0:31 (9:00) | 1:27 (10:27) | 1:02 (11:29) | 3:59 (15:28) | 0:27 (15:55) |
| 1:25 (17:20) | 0:45 (18:05) | 0:18 (18:23) | - (-) | | |
| Anton Bellmann | USV TU Dresden | Nicht Ang. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | | |
| Raik Wolfram | SG Zittau Süd | Nicht Ang. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | | |

| DirKL | (16 / 24) | Zeit | Rückstand | | |
|---------------------|-----------------------|--------------|--------------|-------------|--------------|
| 1. Veikko Baath | TSV Jetzendorf | 8:13 | | | |
| 0:50 (0:50) | 1:12 (2:02) | 0:31 (2:33) | 1:20 (3:53) | 0:40 (4:33) | 0:56 (5:29) |
| 0:58 (6:27) | 0:48 (7:15) | 0:43 (7:58) | 0:15 (8:13) | | |
| 2. Frida Maaß | TSV Nusse | 11:27 | +3:14 | | |
| 1:17 (1:17) | 1:53 (3:10) | 0:34 (3:44) | 1:35 (5:19) | 1:00 (6:19) | 1:24 (7:43) |
| 1:20 (9:03) | 1:03 (10:06) | 1:02 (11:08) | 0:19 (11:27) | | |
| 3. Doreen Winter | OK Mark Brandenburg | 11:30 | +3:17 | | |
| 1:21 (1:21) | 1:41 (3:02) | 0:36 (3:38) | 1:41 (5:19) | 1:02 (6:21) | 1:25 (7:46) |
| 1:27 (9:13) | 0:59 (10:12) | 1:01 (11:13) | 0:17 (11:30) | | |
| 4. Arno Preusche | SV Robotron Dresden | 11:38 | +3:25 | | |
| 3:18 (3:18) | 1:34 (4:52) | 0:27 (5:19) | 1:24 (6:43) | 0:56 (7:39) | 1:05 (8:44) |
| 1:06 (9:50) | 0:39 (10:29) | 0:56 (11:25) | 0:13 (11:38) | | |
| 5. Björn Löwinger | SSV Planeta Radebeul | 11:52 | +3:39 | | |
| 3:25 (3:25) | 1:16 (4:41) | 0:31 (5:12) | 1:14 (6:26) | 0:50 (7:16) | 0:59 (8:15) |
| 1:36 (9:51) | 0:58 (10:49) | 0:51 (11:40) | 0:12 (11:52) | | |
| 6. Johannes Treppe | USV TU Dresden | 12:18 | +4:05 | | |
| 1:24 (1:24) | 1:24 (2:48) | 0:36 (3:24) | 2:36 (6:00) | 1:19 (7:19) | 1:07 (8:26) |
| 1:41 (10:07) | 1:05 (11:12) | 0:52 (12:04) | 0:14 (12:18) | | |
| 7. Konrad Hurlebaus | SV Robotron Dresden | 12:31 | +4:18 | | |
| 1:28 (1:28) | 2:19 (3:47) | 0:30 (4:17) | 1:46 (6:03) | 1:05 (7:08) | 1:05 (8:13) |
| 1:37 (9:50) | 1:16 (11:06) | 1:13 (12:19) | 0:12 (12:31) | | |
| 8. Elisa Beug | Post SV Dresden | 13:49 | +5:36 | | |
| 1:17 (1:17) | 2:38 (3:55) | 1:00 (4:55) | 1:58 (6:53) | 1:03 (7:56) | 1:10 (9:06) |
| 1:46 (10:52) | 1:21 (12:13) | 1:17 (13:30) | 0:19 (13:49) | | |
| 9. Ole Voßberg | SV Robotron Dresden | 13:53 | +5:40 | | |
| 1:24 (1:24) | 1:21 (2:45) | 0:33 (3:18) | 1:53 (5:11) | 1:21 (6:32) | 1:06 (7:38) |
| 1:12 (8:50) | 3:37 (12:27) | 1:10 (13:37) | 0:16 (13:53) | | |
| 10. Lorenz Hofbauer | SV Robotron Dresden | 14:33 | +6:20 | | |
| 1:15 (1:15) | 1:34 (2:49) | 0:33 (3:22) | 1:33 (4:55) | 0:52 (5:47) | 1:01 (6:48) |
| 5:34 (12:22) | 1:12 (13:34) | 0:44 (14:18) | 0:15 (14:33) | | |
| 11. Moses Nohn | Berliner Turnerschaft | 16:13 | +8:00 | | |
| 2:46 (2:46) | 1:45 (4:31) | 1:09 (5:40) | 1:46 (7:26) | 2:06 (9:32) | 1:03 (10:35) |
| 3:03 (13:38) | 1:04 (14:42) | 1:15 (15:57) | 0:16 (16:13) | | |

| | | | | | | |
|-----------------------|----------------|--------------|--------------|--------------|--------------|--|
| 12. Dieter Schubert | | | 18:17 | +10:04 | | |
| 2:47 (2:47) | 2:22 (5:09) | 1:00 (6:09) | 2:44 (8:53) | 1:40 (10:33) | 1:42 (12:15) | |
| 2:12 (14:27) | 1:33 (16:00) | 1:44 (17:44) | 0:33 (18:17) | | | |
| 13. Peter Martemyanov | OLV Steinberg | | 21:12 | +12:59 | | |
| 4:02 (4:02) | 3:19 (7:21) | 1:29 (8:50) | 1:43 (10:33) | 1:26 (11:59) | 2:38 (14:37) | |
| 3:52 (18:29) | 1:25 (19:54) | 1:01 (20:55) | 0:17 (21:12) | | | |
| 14. Robin von Gaza | OLV Uslar | | 35:35 | +27:22 | | |
| 5:31 (5:31) | 9:22 (14:53) | 1:04 (15:57) | 2:40 (18:37) | 2:13 (20:50) | 0:58 (21:48) | |
| 4:15 (26:03) | 8:22 (34:25) | 0:55 (35:20) | 0:15 (35:35) | | | |
| Marek Müller | ohne | | Nicht Ang. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| - (-) | - (-) | - (-) | - (-) | | | |
| Moritz Bellmann | USV TU Dresden | | Nicht Ang. | | | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| - (-) | - (-) | - (-) | - (-) | | | |

| DirML | (31 / 32) | | Zeit | Rückstand | | |
|-----------------------|---------------------------|--------------|--------------|--------------|--------------|--|
| 1. Luukas Länsivuori | ohne | | 14:20 | | | |
| 1:55 (1:55) | 1:08 (3:03) | 0:45 (3:48) | 2:33 (6:21) | 2:12 (8:33) | 0:29 (9:02) | |
| 1:46 (10:48) | 1:05 (11:53) | 0:27 (12:20) | 1:32 (13:52) | 0:15 (14:07) | 0:13 (14:20) | |
| 2. Anton Quabeck | Berliner Turnerschaft | | 15:06 | +0:46 | | |
| 1:46 (1:46) | 0:58 (2:44) | 1:00 (3:44) | 2:24 (6:08) | 3:01 (9:09) | 0:44 (9:53) | |
| 1:40 (11:33) | 1:02 (12:35) | 0:31 (13:06) | 1:35 (14:41) | 0:14 (14:55) | 0:11 (15:06) | |
| 3. Alexandra Bartsch | Berliner Turnerschaft | | 15:39 | +1:19 | | |
| 2:29 (2:29) | 1:24 (3:53) | 0:58 (4:51) | 2:35 (7:26) | 2:34 (10:00) | 0:37 (10:37) | |
| 1:27 (12:04) | 0:52 (12:56) | 0:32 (13:28) | 1:40 (15:08) | 0:16 (15:24) | 0:15 (15:39) | |
| 4. Tobias Krampfl | SV Robotron Dresden | | 16:33 | +2:13 | | |
| 3:18 (3:18) | 0:59 (4:17) | 1:07 (5:24) | 2:23 (7:47) | 2:12 (9:59) | 0:30 (10:29) | |
| 1:57 (12:26) | 1:23 (13:49) | 0:23 (14:12) | 1:56 (16:08) | 0:14 (16:22) | 0:11 (16:33) | |
| 5. Henrike Kärger | OK Leipzig | | 16:48 | +2:28 | | |
| 2:38 (2:38) | 1:10 (3:48) | 0:56 (4:44) | 2:58 (7:42) | 2:26 (10:08) | 1:36 (11:44) | |
| 1:30 (13:14) | 0:55 (14:09) | 0:28 (14:37) | 1:40 (16:17) | 0:16 (16:33) | 0:15 (16:48) | |
| 6. Heiko Sperling | OLV Potsdam | | 17:19 | +2:59 | | |
| 2:54 (2:54) | 1:09 (4:03) | 1:03 (5:06) | 2:46 (7:52) | 2:40 (10:32) | 0:35 (11:07) | |
| 2:09 (13:16) | 1:17 (14:33) | 0:38 (15:11) | 1:36 (16:47) | 0:20 (17:07) | 0:12 (17:19) | |
| 7. Yegor Bieliakov | USV TU Dresden | | 17:30 | +3:10 | | |
| 2:21 (2:21) | 1:00 (3:21) | 1:02 (4:23) | 2:35 (6:58) | 2:56 (9:54) | 0:28 (10:22) | |
| 1:26 (11:48) | 1:08 (12:56) | 1:51 (14:47) | 2:08 (16:55) | 0:22 (17:17) | 0:13 (17:30) | |
| 8. Arne Liscovius | USV TU Dresden | | 17:35 | +3:15 | | |
| 2:38 (2:38) | 1:19 (3:57) | 1:10 (5:07) | 2:58 (8:05) | 2:51 (10:56) | 0:32 (11:28) | |
| 1:56 (13:24) | 1:12 (14:36) | 0:34 (15:10) | 1:42 (16:52) | 0:27 (17:19) | 0:16 (17:35) | |
| 8. Christin Köckritz | ohne | | 17:35 | +3:15 | | |
| 2:32 (2:32) | 1:22 (3:54) | 1:10 (5:04) | 3:00 (8:04) | 2:44 (10:48) | 0:37 (11:25) | |
| 2:12 (13:37) | 1:03 (14:40) | 0:39 (15:19) | 1:42 (17:01) | 0:17 (17:18) | 0:17 (17:35) | |
| 10. Oliver Eckstädt | SV Robotron Dresden | | 17:46 | +3:26 | | |
| 2:25 (2:25) | 1:22 (3:47) | 1:08 (4:55) | 3:05 (8:00) | 2:56 (10:56) | 0:30 (11:26) | |
| 1:37 (13:03) | 1:39 (14:42) | 0:31 (15:13) | 2:06 (17:19) | 0:14 (17:33) | 0:13 (17:46) | |
| 11. Romy Wiedenfeld | SSV Planeta Radebeul | | 17:55 | +3:35 | | |
| 2:41 (2:41) | 1:19 (4:00) | 1:12 (5:12) | 3:03 (8:15) | 2:47 (11:02) | 0:37 (11:39) | |
| 1:35 (13:14) | 1:06 (14:20) | 0:37 (14:57) | 2:29 (17:26) | 0:15 (17:41) | 0:14 (17:55) | |
| 12. Dana Klein | USV TU Dresden | | 19:34 | +5:14 | | |
| 2:27 (2:27) | 1:13 (3:40) | 1:03 (4:43) | 3:13 (7:56) | 2:24 (10:20) | 0:33 (10:53) | |
| 1:46 (12:39) | 1:03 (13:42) | 0:34 (14:16) | 4:48 (19:04) | 0:17 (19:21) | 0:13 (19:34) | |
| 13. Katrin Taubeneck | USV TU Dresden | | 20:11 | +5:51 | | |
| 2:53 (2:53) | 1:28 (4:21) | 1:26 (5:47) | 3:22 (9:09) | 3:26 (12:35) | 0:48 (13:23) | |
| 2:19 (15:42) | 1:18 (17:00) | 0:42 (17:42) | 1:51 (19:33) | 0:20 (19:53) | 0:18 (20:11) | |
| 14. Annette Rubo | OLV Potsdam | | 21:08 | +6:48 | | |
| 2:15 (2:15) | 1:11 (3:26) | 0:56 (4:22) | 7:48 (12:10) | 2:34 (14:44) | 0:38 (15:22) | |
| 2:02 (17:24) | 1:09 (18:33) | 0:28 (19:01) | 1:39 (20:40) | 0:16 (20:56) | 0:12 (21:08) | |
| 15. Thomas Freyer | Gymnasion Offenbach | | 21:10 | +6:50 | | |
| 3:09 (3:09) | 1:23 (4:32) | 1:21 (5:53) | 3:49 (9:42) | 3:02 (12:44) | 0:40 (13:24) | |
| 2:57 (16:21) | 1:12 (17:33) | 0:47 (18:20) | 2:17 (20:37) | 0:18 (20:55) | 0:15 (21:10) | |
| 16. Wolfgang Börner | SV Lengfeld | | 22:12 | +7:52 | | |
| 3:02 (3:02) | 1:37 (4:39) | 1:30 (6:09) | 4:01 (10:10) | 3:12 (13:22) | 0:41 (14:03) | |
| 2:25 (16:28) | 1:11 (17:39) | 0:51 (18:30) | 2:56 (21:26) | 0:24 (21:50) | 0:22 (22:12) | |
| 17. Ivan Ufimtsev | SV Lengfeld | | 22:50 | +8:30 | | |
| 3:00 (3:00) | 1:30 (4:30) | 1:36 (6:06) | 3:50 (9:56) | 3:57 (13:53) | 0:39 (14:32) | |
| 2:43 (17:15) | 1:21 (18:36) | 0:39 (19:15) | 2:55 (22:10) | 0:23 (22:33) | 0:17 (22:50) | |
| 18. Berit Sperling | OLV Potsdam | | 22:59 | +8:39 | | |
| 4:38 (4:38) | 1:10 (5:48) | 1:08 (6:56) | 3:44 (10:40) | 2:52 (13:32) | 0:39 (14:11) | |
| 2:15 (16:26) | 1:11 (17:37) | 0:36 (18:13) | 4:03 (22:16) | 0:25 (22:41) | 0:18 (22:59) | |
| 19. Anke Schmiedeberg | SV Turbine Neubrandenburg | | 25:14 | +10:54 | | |
| 3:23 (3:23) | 1:30 (4:53) | 1:28 (6:21) | 4:07 (10:28) | 3:28 (13:56) | 0:53 (14:49) | |
| 4:12 (19:01) | 1:33 (20:34) | 0:50 (21:24) | 3:04 (24:28) | 0:27 (24:55) | 0:19 (25:14) | |
| 19. Evelyn Stöcker | OK Leipzig | | 25:14 | +10:54 | | |
| 4:03 (4:03) | 1:43 (5:46) | 1:25 (7:11) | 4:52 (12:03) | 3:53 (15:56) | 0:44 (16:40) | |
| 2:23 (19:03) | 1:35 (20:38) | 0:43 (21:21) | 3:08 (24:29) | 0:25 (24:54) | 0:20 (25:14) | |
| 21. Tchikov Joana | USZ Halle | | 26:41 | +12:21 | | |
| 4:50 (4:50) | 1:37 (6:27) | 1:33 (8:00) | 3:46 (11:46) | 3:22 (15:08) | 0:46 (15:54) | |
| 2:12 (18:06) | 3:23 (21:29) | 0:30 (21:59) | 4:00 (25:59) | 0:25 (26:24) | 0:17 (26:41) | |

| | | | | | | |
|-----|--------------------|-----------------------|--------------|---------------|---------------|--------------|
| 22. | Christofer Helwing | OLV Weimar | 27:31 | +13:11 | | |
| | 6:11 (6:11) | 2:56 (9:07) | 1:47 (10:54) | 3:03 (13:57) | 3:33 (17:30) | 0:36 (18:06) |
| | 1:37 (19:43) | 4:14 (23:57) | 0:31 (24:28) | 2:34 (27:02) | 0:19 (27:21) | 0:10 (27:31) |
| 23. | Janna Mehrtens | Gymnasion Offenbach | 28:41 | +14:21 | | |
| | 3:23 (3:23) | 1:30 (4:53) | 1:29 (6:22) | 4:23 (10:45) | 3:33 (14:18) | 1:59 (16:17) |
| | 5:35 (21:52) | 2:34 (24:26) | 0:45 (25:11) | 2:22 (27:33) | 0:22 (27:55) | 0:46 (28:41) |
| 24. | Ida Nohn | Berliner Turnerschaft | 28:48 | +14:28 | | |
| | 3:26 (3:26) | 1:31 (4:57) | 1:31 (6:28) | 3:20 (9:48) | 3:42 (13:30) | 0:41 (14:11) |
| | 6:29 (20:40) | 3:28 (24:08) | 0:33 (24:41) | 3:03 (27:44) | 0:38 (28:22) | 0:26 (28:48) |
| 25. | Marcus Beug | Post SV Dresden | 28:49 | +14:29 | | |
| | 13:45 (13:45) | 1:28 (15:13) | 1:06 (16:19) | 2:47 (19:06) | 2:56 (22:02) | 0:47 (22:49) |
| | 1:45 (24:34) | 1:17 (25:51) | 0:35 (26:26) | 1:51 (28:17) | 0:18 (28:35) | 0:14 (28:49) |
| 26. | Dagmar Behrendt | BSV Halle-Ammendorf | 28:59 | +14:39 | | |
| | 3:41 (3:41) | 1:43 (5:24) | 1:37 (7:01) | 8:22 (15:23) | 5:06 (20:29) | 0:49 (21:18) |
| | 2:37 (23:55) | 1:19 (25:14) | 0:45 (25:59) | 2:19 (28:18) | 0:23 (28:41) | 0:18 (28:59) |
| 27. | Xavier Burger | OLV Potsdam | 31:51 | +17:31 | | |
| | 3:54 (3:54) | 2:17 (6:11) | 1:56 (8:07) | 10:29 (18:36) | 3:42 (22:18) | 0:50 (23:08) |
| | 2:15 (25:23) | 1:57 (27:20) | 1:12 (28:32) | 2:39 (31:11) | 0:24 (31:35) | 0:16 (31:51) |
| 28. | Nataliia Kovriha | SV Lengefeld | 32:19 | +17:59 | | |
| | 3:54 (3:54) | 1:27 (5:21) | 1:24 (6:45) | 3:41 (10:26) | 12:39 (23:05) | 0:41 (23:46) |
| | 2:26 (26:12) | 1:43 (27:55) | 0:44 (28:39) | 2:58 (31:37) | 0:22 (31:59) | 0:20 (32:19) |
| 29. | Alban Jansen | OLV Potsdam | 32:54 | +18:34 | | |
| | 4:56 (4:56) | 2:13 (7:09) | 1:54 (9:03) | 10:32 (19:35) | 3:46 (23:21) | 0:46 (24:07) |
| | 2:18 (26:25) | 1:58 (28:23) | 1:06 (29:29) | 2:41 (32:10) | 0:27 (32:37) | 0:17 (32:54) |
| 30. | Tim Schauzu | MTV Seesen | 35:05 | +20:45 | | |
| | 3:19 (3:19) | 1:40 (4:59) | 1:05 (6:04) | 7:20 (13:24) | 13:54 (27:18) | 0:37 (27:55) |
| | 2:11 (30:06) | 1:13 (31:19) | 0:37 (31:56) | 2:36 (34:32) | 0:21 (34:53) | 0:12 (35:05) |
| | Arved Barthold | ohne | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |

| DirLL | | (28 / 33) | | Zeit | Rückstand | |
|--------------|---------------------|----------------------------|--------------|--------------|------------------|--------------|
| 1. | Robin Zschäckel | SV IHW Alex 78 Berlin | 14:48 | | | |
| | 1:53 (1:53) | 0:31 (2:24) | 2:47 (5:11) | 0:19 (5:30) | 0:28 (5:58) | 3:09 (9:07) |
| | 1:03 (10:10) | 0:17 (10:27) | 0:31 (10:58) | 1:09 (12:07) | 0:25 (12:32) | 0:18 (12:50) |
| | 1:38 (14:28) | 0:11 (14:39) | 0:09 (14:48) | | | |
| 2. | Anton Ryzhov | ESV Dresden | 17:39 | +2:51 | | |
| | 2:30 (2:30) | 0:46 (3:16) | 3:03 (6:19) | 0:23 (6:42) | 0:28 (7:10) | 4:00 (11:10) |
| | 1:20 (12:30) | 0:25 (12:55) | 0:25 (13:20) | 1:38 (14:58) | 0:25 (15:23) | 0:26 (15:49) |
| | 1:31 (17:20) | 0:10 (17:30) | 0:09 (17:39) | | | |
| 3. | Kai Müller | ohne | 18:39 | +3:51 | | |
| | 2:00 (2:00) | 0:46 (2:46) | 3:09 (5:55) | 0:23 (6:18) | 0:29 (6:47) | 4:13 (11:00) |
| | 1:53 (12:53) | 0:24 (13:17) | 0:36 (13:53) | 1:55 (15:48) | 0:27 (16:15) | 0:28 (16:43) |
| | 1:35 (18:18) | 0:11 (18:29) | 0:10 (18:39) | | | |
| 4. | Dmytro Kovriha | SV Lengefeld | 20:08 | +5:20 | | |
| | 2:19 (2:19) | 0:50 (3:09) | 3:38 (6:47) | 0:25 (7:12) | 0:31 (7:43) | 4:35 (12:18) |
| | 1:32 (13:50) | 0:29 (14:19) | 0:40 (14:59) | 1:57 (16:56) | 0:20 (17:16) | 0:23 (17:39) |
| | 1:57 (19:36) | 0:15 (19:51) | 0:17 (20:08) | | | |
| 4. | Karoline Weisbrich | SSV Planeta Radebeul | 20:08 | +5:20 | | |
| | 2:43 (2:43) | 0:56 (3:39) | 4:00 (7:39) | 0:33 (8:12) | 0:29 (8:41) | 4:44 (13:25) |
| | 1:15 (14:40) | 0:28 (15:08) | 0:29 (15:37) | 1:30 (17:07) | 0:21 (17:28) | 0:25 (17:53) |
| | 1:46 (19:39) | 0:15 (19:54) | 0:14 (20:08) | | | |
| 6. | Hanka Straube | SV Lengefeld | 20:13 | +5:25 | | |
| | 2:14 (2:14) | 0:52 (3:06) | 3:28 (6:34) | 0:24 (6:58) | 1:16 (8:14) | 4:57 (13:11) |
| | 1:33 (14:44) | 0:26 (15:10) | 0:29 (15:39) | 1:27 (17:06) | 0:22 (17:28) | 0:25 (17:53) |
| | 1:54 (19:47) | 0:13 (20:00) | 0:13 (20:13) | | | |
| 7. | Julian Langenhan | ESV Lok Berlin-Schöneweide | 21:00 | +6:12 | | |
| | 2:13 (2:13) | 0:52 (3:05) | 3:50 (6:55) | 0:36 (7:31) | 0:46 (8:17) | 5:05 (13:22) |
| | 2:08 (15:30) | 0:26 (15:56) | 0:34 (16:30) | 1:26 (17:56) | 0:30 (18:26) | 0:26 (18:52) |
| | 1:39 (20:31) | 0:17 (20:48) | 0:12 (21:00) | | | |
| 8. | Tommy Barthold | ohne | 21:36 | +6:48 | | |
| | 2:27 (2:27) | 0:48 (3:15) | 3:20 (6:35) | 0:29 (7:04) | 0:57 (8:01) | 4:28 (12:29) |
| | 1:35 (14:04) | 0:27 (14:31) | 0:35 (15:06) | 3:02 (18:08) | 0:24 (18:32) | 0:31 (19:03) |
| | 1:46 (20:49) | 0:16 (21:05) | 0:31 (21:36) | | | |
| 9. | Daniel Janischowsky | OLG Regensburg | 22:04 | +7:16 | | |
| | 2:22 (2:22) | 1:05 (3:27) | 5:11 (8:38) | 0:32 (9:10) | 0:32 (9:42) | 4:46 (14:28) |
| | 2:36 (17:04) | 0:24 (17:28) | 0:26 (17:54) | 1:23 (19:17) | 0:20 (19:37) | 0:25 (20:02) |
| | 1:33 (21:35) | 0:15 (21:50) | 0:14 (22:04) | | | |
| 10. | Katie Truslove | ohne | 22:19 | +7:31 | | |
| | 3:16 (3:16) | 0:46 (4:02) | 3:13 (7:15) | 0:36 (7:51) | 0:50 (8:41) | 6:30 (15:11) |
| | 1:21 (16:32) | 0:24 (16:56) | 0:26 (17:22) | 1:58 (19:20) | 0:25 (19:45) | 0:25 (20:10) |
| | 1:42 (21:52) | 0:14 (22:06) | 0:13 (22:19) | | | |
| 11. | Mario Ulbrich | SG Aufbau Mitte Dresden | 23:26 | +8:38 | | |
| | 2:43 (2:43) | 0:55 (3:38) | 3:46 (7:24) | 0:41 (8:05) | 0:54 (8:59) | 5:08 (14:07) |
| | 1:44 (15:51) | 0:29 (16:20) | 1:14 (17:34) | 2:08 (19:42) | 0:28 (20:10) | 0:27 (20:37) |
| | 2:00 (22:37) | 0:35 (23:12) | 0:14 (23:26) | | | |
| 12. | Linus Appelt | Kaulsdorfer OLV Berlin | 25:30 | +10:42 | | |
| | 2:28 (2:28) | 0:55 (3:23) | 4:35 (7:58) | 0:38 (8:36) | 0:40 (9:16) | 8:01 (17:17) |
| | 1:42 (18:59) | 0:26 (19:25) | 1:06 (20:31) | 1:56 (22:27) | 0:21 (22:48) | 0:24 (23:12) |
| | 2:01 (25:13) | 0:09 (25:22) | 0:08 (25:30) | | | |

| | | | | | | |
|-----|--------------------|------------------------|---------------|--------------|--------------|--------------|
| 13. | Swenja Sickert | SSV Planeta Radebeul | 26:25 | +11:37 | | |
| | 2:59 (2:59) | 1:04 (4:03) | 5:05 (9:08) | 0:48 (9:56) | 0:40 (10:36) | 6:20 (16:56) |
| | 1:55 (18:51) | 0:36 (19:27) | 0:41 (20:08) | 2:20 (22:28) | 0:27 (22:55) | 0:31 (23:26) |
| | 2:28 (25:54) | 0:16 (26:10) | 0:15 (26:25) | | | |
| 14. | Karsten Stöcker | OK Leipzig | 27:05 | +12:17 | | |
| | 3:04 (3:04) | 1:15 (4:19) | 4:58 (9:17) | 0:42 (9:59) | 0:49 (10:48) | 7:03 (17:51) |
| | 2:10 (20:01) | 0:35 (20:36) | 0:52 (21:28) | 1:47 (23:15) | 0:30 (23:45) | 0:41 (24:26) |
| | 2:07 (26:33) | 0:17 (26:50) | 0:15 (27:05) | | | |
| 15. | Frank Edelhäuser | ohne | 30:53 | +16:05 | | |
| | 3:54 (3:54) | 1:23 (5:17) | 5:23 (10:40) | 0:37 (11:17) | 0:52 (12:09) | 7:49 (19:58) |
| | 1:55 (21:53) | 0:45 (22:38) | 0:48 (23:26) | 2:16 (25:42) | 0:48 (26:30) | 0:45 (27:15) |
| | 2:46 (30:01) | 0:26 (30:27) | 0:26 (30:53) | | | |
| 16. | Joachim Strobel | USV TU Dresden | 31:27 | +16:39 | | |
| | 3:07 (3:07) | 1:17 (4:24) | 5:12 (9:36) | 0:45 (10:21) | 1:18 (11:39) | 7:13 (18:52) |
| | 3:17 (22:09) | 0:34 (22:43) | 1:17 (24:00) | 2:19 (26:19) | 1:12 (27:31) | 0:40 (28:11) |
| | 2:36 (30:47) | 0:21 (31:08) | 0:19 (31:27) | | | |
| 17. | Konrad Tonn | SSV Planeta Radebeul | 32:00 | +17:12 | | |
| | 3:26 (3:26) | 1:10 (4:36) | 6:46 (11:22) | 0:36 (11:58) | 0:43 (12:41) | 7:11 (19:52) |
| | 1:31 (21:23) | 0:38 (22:01) | 0:56 (22:57) | 2:03 (25:00) | 3:27 (28:27) | 0:35 (29:02) |
| | 2:23 (31:25) | 0:19 (31:44) | 0:16 (32:00) | | | |
| 18. | Carola Schipke | Kaulsdorfer OLV Berlin | 32:48 | +18:00 | | |
| | 3:29 (3:29) | 1:12 (4:41) | 4:56 (9:37) | 0:33 (10:10) | 0:50 (11:00) | 6:36 (17:36) |
| | 2:27 (20:03) | 0:29 (20:32) | 5:48 (26:20) | 1:57 (28:17) | 0:41 (28:58) | 0:36 (29:34) |
| | 2:43 (32:17) | 0:18 (32:35) | 0:13 (32:48) | | | |
| 19. | Levin Weidig | USV Jena | 34:42 | +19:54 | | |
| | 2:37 (2:37) | 1:48 (4:25) | 11:40 (16:05) | 0:41 (16:46) | 0:41 (17:27) | 6:52 (24:19) |
| | 1:39 (25:58) | 0:25 (26:23) | 1:06 (27:29) | 2:57 (30:26) | 0:51 (31:17) | 0:35 (31:52) |
| | 2:18 (34:10) | 0:19 (34:29) | 0:13 (34:42) | | | |
| 20. | Uta Schulz-Coppi | USV TU Dresden | 35:25 | +20:37 | | |
| | 4:09 (4:09) | 1:09 (5:18) | 5:39 (10:57) | 0:42 (11:39) | 1:23 (13:02) | 8:44 (21:46) |
| | 2:05 (23:51) | 0:39 (24:30) | 1:08 (25:38) | 5:26 (31:04) | 0:26 (31:30) | 0:52 (32:22) |
| | 2:22 (34:44) | 0:22 (35:06) | 0:19 (35:25) | | | |
| 21. | Sonja Weidig | USV Jena | 37:56 | +23:08 | | |
| | 3:31 (3:31) | 1:11 (4:42) | 13:14 (17:56) | 0:38 (18:34) | 0:48 (19:22) | 7:37 (26:59) |
| | 2:09 (29:08) | 0:36 (29:44) | 0:57 (30:41) | 2:19 (33:00) | 1:01 (34:01) | 0:38 (34:39) |
| | 2:38 (37:17) | 0:22 (37:39) | 0:17 (37:56) | | | |
| | Carsten Keller | HSV Zwönitz | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Irma Shmidt | Eskapaden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Katharina Keller | HSV Zwönitz | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Lukas Janischowsky | OLG Regensburg | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Magdalena Keller | HSV Zwönitz | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Malte Barthold | ohne | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |
| | Stephan Kunckel | USV TU Dresden | Nicht Ang. | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | | | |