

# **BULLETIN 3**

EUROPEAN YOUTH ORIENTEERING CHAMPIONSHIPS SZCZECIN 21-24/06/2024

### WELCOME

Once in a while such a prestigious event are organised in country like Poland, so it's our duty to provide best terrain we have, for such an event and in case of EYOC 2024, I'm pretty sure we did it. In less than few weeks you, athletes will experience it for yourself, physically and technically demanding terrain of Beech Forest.

For long distance you should expect a hilly, moraine terrain which creates a perfect condition for course full of route choices. As you surely know runnability in Beech Forest is in general good, but there will be places

where you should take your foot off the gas pedal, as visibility and runnability will get worse. It will be race where real long distance skills will come to play, with proper route choice, strength and stamina.

Relay is different scenario, terrain varied from semi open, sandy terrain, through some bushy part, into open, but still tricky terrain, where you will be able to speed up. Careful map reading, appropriate speed adjustment and focus on your orienteering will play the main role as there will be plenty of controls and plenty of runners.

It's going to be a real fun Event with interesting terrain, perfectly suited for European Youth Orienteering Championships. Good Luck to all of you and let the best wins.

# Wojciech Dwojak & Jacek Morawski

Mapmakers - forest stages



# **HELLO**

I would like to say a very warm ,hi' to all the young orienteers coming to Szczecin to make their sports dreams come true. I had the pleasure to prepare the sprint map and sprint courses for you. My motto while setting courses is to make them as fun and as challenging as I would personally like them to be prepared for me. You can be sure that the coming European Youth Orienteering Champions in sprint not only have to be the fastest, but also the brightest. You can expect to be tested both physically and technically

while navigating through beautiful alleys of Szczecin old town. I wish all the best to all of you coming to Szczecin and I hope you are all going to leave Poland with wide smiles on your faces. Have a great time in Poland and good luck!

# Rafał Podziński

Mapmaker and Course setter - sprint stage

### **EVENT DATES**

Friday, 21st June - Monday, 24th June 2024



### **ORGANISERS**

Polish Orienteering Federation Klub Orientacji Sportowej BnO Szczecin Zachodniopomorski Okręgowy Związek Orientacji Sportowej





### **CO-ORGANISERS**

The City of Szczecin Western Pomerania Nadleśnictwo Gryfino





#### **PARTNERS**

CX 80
Etcetera Reklama Szczecin
Zazu Sports
Szczecin Floating Garden
Hitmark = Robotics
Vulcan Hotel
Forystek i Partnerzy
SP47

















### **ORGANISING COMMITTEE**

Event Director Aleksandra Mazan mazan.aleksandra@wp.pl

Course Setters Bartłomiej Mazan (relay&long) Rafał Podziński (sprint)

> IOF Senior Event Adviser Kell Sønnichsen (DEN)

> > National Controller Wojciech Dwojak Karol Galicz

# **JURY**

Milka Reponen, FIN Elena Roos, SUI Ida Bobach, DEN

# **CONTACTS**

eyoc2024.pl +48 721 121 141 kontakt@bno.szczecin.pl



### **EVENT VENUE**

The capital and largest city of the West Pomeranian Voivodeship in northwestern Poland. Located near the Baltic Sea and the German border, it is a major seaport and Poland's seventh-largest city.

Szczecin is located between the broads of the Oder River with an open perspective on the Szczecin Reservoir and Lake Dąbie, and the sailing route to the Baltic Sea. There are many monuments worth visiting in Szczecin.

# **EVENT CENTRE**

Hotel Vulcan Franciszka Ksawerego Druckiego-Lubeckiego 6A street 71-643 Szczecin

Event office contacts: eyoc@bno.szczecin.pl telephone +48 885646633

GPS Coordinates: 53.44793626190982, 14.576659643506101



### **DISTANCES AND OVERVIEW MAP**

Nearest international airports Szczecin/Goleniów – 0,5 h drive time (45 km) Berlin – 2 h drive time (190 km) Poznań – 2,5 h drive time (260 km)

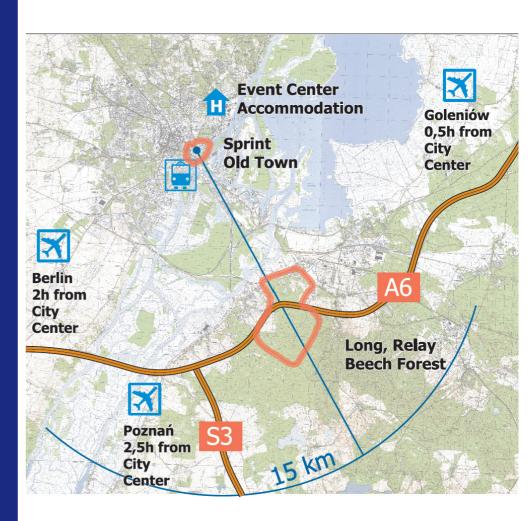
### **CLIMATE**

June is an agreeable month in Szczecin, Poland, with an average temperature fluctuating between 22°C and 12°C while maximum temperatures up to 30°C is possible. June is one of the rainiest months of the year with an average of 13 rainy days and an average monthly rainfall amount of 69 mm in Szczecin.

# **HAZARDS**

Ticks are found in large numbers in forested areas. Some ticks are infected with TBE.





### ACCREDITATION

In the Event Center in Hotel Vulcan. The parking will be available to use for the EYOC teams. Team managers must check-in for accreditation at the EYOC Event Office between 12:00-21:00 on Friday (21 June). Accreditation for any EYOC participant is only possible if all incurred costs are settled. A EYOC ID card will be handed out to everyone accredited and this must be worn at all relevant times and be presented for access to all restricted areas and activities (accommodation, catering, quarantine, team zone, etc.).

Event office contacts eyoc@bno.szczecin.pl telephone +48 885646633



### **ACCOMODATION**

	1	
Name	Address	Team
Hotel Ibis Styles	Panieńska 10 street 70-535 Szczecin	Sweden, Denmark, Estonia, New Zeland, Isra- el, Australia
Hotel Ibis	Dworcowa 16 street 70-206 Szczecin	Croatia, Norway, Turkey
Hotel Vulcan	Franciszka Ksa- werego Druckie- go-Lubeckiego 6A 71-643 Szczecin	Germany, Finland, Lithuania, Hunga- ry, Austria, Swi- tzerland, Ireland, France, Great Britain, Poland
Hotel Campanile	Wyszyńskiego 30 , 70-203 Szczecin	Italy
Szkolne Schronisko Młodzieżowe "Cuma"	Monte Cassino 19A 70-467 Szczecin	Portugal, Spain, Serbia, Bulgaria, Latvia, Belgium, Czechia, Slovenia, Romania, USA
Szkoła Podstawo- wa nr 47	Jagiellońska 59 70-382 Szczecin	Netherlands

### **CATERING**

Breakfast and dinner will be served in buffet style with a free choice of a range of meals.

A hot lunch will be served at the competition center. The EYOC ID card must be shown to receive the lunch.

All meals will be served individually to each team member.

### **TEAM OFFICIAL MEETING**

All Team Officials' Meetings (TOM) will be held only in in-person format at the Event Center. Questions in advance can be emailed to: eyoc@bno. szczecin.pl at least 1 hour prior to each meeting. The final presentation slides (including Q&A) will be uploaded to IOF Eventor within 30 minutes of the closure of the meeting.

# **CEREMONIES INFORMATIONS**

# **Opening ceremony**

All teams should line up on the boulevard (Bulwary Szczecińskie - GPS: 53.42218996562524, 14.56190822759157) at 18:25. Every team will be represented with their flag and will have to go to the place where there will be a prize-giving ceremony and friendship party.

# **Friendship party**

The Friendship party (beach party) will be held at Wyspa Grodzka for all EYOC participants. There will be music, snacks, drinks and open space area for dancing and fun. All participants should wear their EYOC ID in order to be able to enter snacks & drinks zone.

### **Prize-giving ceremonies**

Long - The prize-giving ceremony will be held at Wyspa Grodzka after the opening ceremony.

Sprint - The prize-giving ceremony will be held at the competition center (Sprint Arena).

Relay - the prize giving ceremony will be held at the competition center after the end of the competition.

### **Closing ceremony**

Closing ceremony will be held according to IOF protocol after the end of the prize-giving ceremony of the Relay competition.

### **PROGRAMME:**

# 21 st June 2024 (Friday)

12:00 - Deadline for start group allocation in Eventor for Long Distance

#### **TEAMS ARRIVAL**

12:00 – 21:00 – Accreditation in Event center (Hotel Vulcan)

14:00 - 18:00 - Model Event

17:00 - 18:00 - Technical Model Event

18:00 - 19:00- Dinner (hotels)

19:00 - Team Official Meeting - Long&Sprint (Hotel Vulcan)

# 22 nd June 2024 (Saturday)

12:00 - Deadline for start group allocation in Eventor for Sprint

#### **LONG DISTANCE** Arena: 53°21'25.9"N 14°36'42.3"E

6:00-9:00 - Breakfast (hotels)

8:00-9:00 - Event office is open (competition center)

8:30-9:00 - Quarantine entrance

9:00 - Quarantines closes

09:30 - First start

12:30-14:30 - Lunch (competition center)

15:00 - Flower ceremony

14:30-17:00 - EYOC Tour competition(Grand Prix Polonia)

17:30-18:30 - Dinner (hotels)

19:00 – Opening ceremony & Prize-giving ceremony

# 23 rd June 2024 (Sunday)

13:00: Deadline for name entries for Relay in Eventor

#### **SPRINT**

Arena: 53°25'32.3"N 14°33'18.1"E

7:00-10:00 - Breakfast (hotels)

10:00-13:00 - Event office is open (Hotel Vulcan)

13:45-14:30 - Quarantine entrance

14:30 - Quarantines close

15:00 - First start

17:30 - Prize-giving ceremony (competition center)

17:45 - EYOC Tour competition (Grand Prix Polonia)

17:45-19:15 - Dinner (hotels)

20:00 - Team official meeting - Relay (Hotel Vulcan)



# 24 th June 2024 (Monday)

#### **RELAY**

Arena: 53°21'25.9"N 14°36'42.3"E

6:00-9:00 - Breakfast (hotels)

8:00-9:00 - Event office is open (competition center)

9:00-9:40 - Quarantine entrance for all legs

9:40 - Quarantines closes

10:00 - Start M18

10:05 - Start W18

10:10 - Start M16

10:15 - Start W16

12:30 -EYOC Tour competition(Grand Prix Polonia)

12:00 - 13:30- Lunch

13:00 - Prize-giving Ceremony Relay, Team Score ceremony & Closing Ceremony (competition center)

14:00 - Team departure





### **COMPETITIONS RULES**

The Competition Rules for IOF Foot Orienteering Events (version 2023 v1.21 valid from 30.01.2023) shall be applied to participation in the European Youth Orienteering Championships 2024, with special attention to Appendix 8.

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYOC.

Competitors representing other member Federations of the IOF can participate in EYOC but will not be eligible for European titles, medals or diplomas.

### **CLASSES AND RESTRICTIONS**

M16/W16 – Men/Women born in 2008 or later M18/W18 – Men/Women born in 2006 or later

\* Each country may enter a maximum number of 4 competitors in each class and one relay team/class. A maximum number of officials per team is not limited. All participants must be full passport holding citizens of the country they are representing.

#### **START INTERVAL**

Sprint Distance - 1 min Long distance - 2 min Relay - Mass start

# **START DRAWS**

For Sprint and Long competitions, starting time is drawn randomly in 4 starting groups (1 – early, 4 – late). Each Federation may allocate a maximum of 1 athlete in each starting group. If a Federation fails to allocate its competitors to starting groups, the organiser shall decide the allocation. Competitors from the same Federation shall not start consecutively. In the Relay, all teams in the same class start together.

### **FAIRNESS**

It is not allowed to use mobile phones, radios, computers or any other communication devices in the quarantine areas.

It is not allowed to bring in old orienteering maps of the competition area. It is not allowed to use music players.

It is strictly forbidden to bring any electronic devices (except for watches) to toilets in the quarantine zones – no matter if the device is turned on or off.

Competitors must not use or carry communication devices that can transmit or receive information, to or from a remote source, between entering the quarantine zone (or the start area if there is no quarantine zone) and reaching the finish in a race, unless the equipment is approved by the organiser.

GPS-enabled devices (watches etc.) can be carried provided that:

- they have no map display
- they have no communication capability other than receiving GPS data
- they are not used for navigation purposes.

Coaching, i.e. handover of information, equipment, material, drinks etc. is only allowed in the designated coaching zones. Transferring information regarding the remainder of the courses is strictly forbidden. Competitors and coaches are not allowed to visit the arena of the individual races before going to the start area. Team officials and non-competing runners are not allowed to enter the competition terrain before or during the competition. A competitor or team who breaks any rule, or who benefits from the breaking of any rule, may be disqualified.

# **QUARANTINES**

The qurantine zones and organisation is different for each competition. Please check each discipline specific information for more details. For Sprint and Long distances, the quarantines include outside and inside area with toilets available. There will be a warm-up map for both Sprint and Long distances. Competitors should only walk/run within the map. In case of leaving the warm up map for any reason, the competitor will be disqualified.

If a competitor or team leader exits the quarantine after it is closed, they won't be able to come back in.

# **GPS DEVICES**

GPS devices will be handed out at the start zone. There will be a GPS tracker for all competitors. All competitors should take their GPS device at least 20 minutes before their start. There will be printed start list in the Quarantine zones. The competitors' start time is called up at the pre-start. It is the competitors' responsibility to watch out for their start time. There will be an option to place any bags and luggage to be transported to the Finish arena in certain time intervals. Team officials who leave the quarantine once, cannot go back in.

### **START PROCEDURE**

At the start of the individual races, the maps will be placed facing down on a table at the start line. At the moment of start, an official releases the competitor by taking his hand off the competitor's shoulder. The start triangle is marked in the terrain by a start flag. The route to this flag is marked with corridors or tapes. Competitors must follow this marked route to the start point. The map issue point with the taped route to the map start is marked on the maps.

Individual races start procedure: athletes enter the start proper 3 minutes before their real start time.

At -3 min athletes clear, check and test their SIACs.

At -2 min athletes get their control description.

At -1 min athletes line up to the start line with maps placed face-down on a table.

There will be a signal for start and an official holding the competitor shoulder. After the signal, competitor should take their map and start.

The relay start procedure and the description of the map board is explained in the Relay competition section.

### **LATE START**

Competitors who are late for their start must check-in at the pre-start callup. The competitor will be allowed to proceed to the start line. If – upon arrival at the start line – the competitor is less than half the start interval after his/her start time, he/she will be allowed to start immediately. If the competitor arrives more than half the start interval after his/her start time, he/she will have to wait until the half start interval after the next starter. In all cases of lateness caused by the competitor, his/her original start time will count for timing. If a competitor is late through the fault of the organiser, he/she will be timed with the real start time.

# **MAXIMUM RUNNINNG TIME**

The competition instructions state the maximum running time for each competition. If the time limit is exceeded, the athlete will be disqualified.

### **EXTRA CONTROLS**

In the competition area - apart from the controls from the EYOC courses, there will be additional controls for the Grand Prix Polonia competition.



# TIME-KEEPING

SI AIR+ system will be used in all races. The organisers can provide AIR+SI cards (SIAC) upon request - please state that within your entry form.

Renting SIAC is 10 EUR for all races per card. SIACs can be tested during Technical model event. In the unlikely situation of a SIAC failing to register in touch free mode, the competitor must make a manual punch by placing the SIAC chip into the SPORTident station. In the unlikely situation of an SI station failing to respond with direct punch (neither a feedback beep nor a light feedback signal), the competitor must punch manually on the map using the pin-punch on the control stand. If a competitor has pin-punched any control on the map, he/she must hand the map in at the SI-readout and tell which control is pin-punched.

Time will be rounded down to whole seconds in all competitions. For each individual competition, there will be a time-keeping finish line that will stop the runner's time upon passing. In the Relay competition, event officials will decide placings for the 3rd leg runners in case of a close run-in. GPS Tracking will be used for all competitors/teams.



#### **ABANDONING THE COMPETITION**

In case of abandoning the competition, the competitor must immediately go to the finish area to report, give-out their map and read-out his/her Slcard.

#### FINISHING PROCEDURE

Time will be measured in the moment of crossing the finish line (when the SIAC transponder crosses the finish line). No punch is needed at the finish line. Upon crossing the finish line, athletes enter a restricted-access area for SIcard read-out and removal of GPS units and vests. Coaches are allowed in this area, there are drinks available and there is access to first aid if needed. Cool-down is possible within the arena limits – see arena plans.

### **COMPLAINTS AND PROTESTS**

Any complaint shall be made in written form and handed over at the Arena Info Desk as soon as possible. Complaints regarding the results shall be made no later than 15 minutes after the publication of the provisional result list.

A written protest can be made against the Jury's decision about a complaint. Written protests shall be delivered personally to the Event Office along with the protest fee of 50 EUR in cash. Complaint / protest forms will be available at the Arena Info Desk.

# **MEDICAL CARE**

During all competitions there will be an ambulance available at the arena for all EYOC participants, team officials and guests. The phone number for emergencies in Poland is 112. Free massage for athletes will be available after all races in special tents.

### **TOILETS**

Please check each arena and quarantine map for all available facilities.

There will be toilets in each arena and quarantine.

Long - Finish arena - 8 toilets; Quarantine - 6 toilets; Pre-Start

Zone - 2 toilets

Sprint - Finish arena - 8 toilets; Quarantine - 8-10 toilets

Relay - Finish arena - 8 toilets; Quarantine - 8 toilets

### **TRANSPORTATION**

Teams are encouraged to use their own transportation. For the sprint race, we recommend using public transport.

# **BIB NUMBERS**

There will be bibs numbers. Bibs will be placed in the team envelope during accreditation.

### **LIVE COVERAGE SERVICE**

There will be TV screen at the Finish arenas for each competition.

Live results and GPS service (provided by Trackcourse) will be available.

You can follow the competition live at https://eyoc2024.pl/

# **LONG - 22nd June 2024**

Finish arena location: <u>GPS 53.357237, 14.610139</u> Quarantine location: <u>GPS 53.316151, 14.635053</u> Stanica Harcerska "Bukowina" Hufiec Szczecin ZHP

# **Transportation to quarantine**

Competitors and team officials use their own transportation and park near the quarantine zone. Due to the limited number of parking spaces in the quarantine zone, some cars will have to park along the forest access road. We also encourage the teams to share their cars, if possible.

Team Officials can go from the Quarantine to the Pre-start and back using organiser's buses (5 min by car). They are not allowed to enter the Quarantine when they come back. Team Officials going from Quarantine to the Arena can go by own car or get a lift with the luggage transport.

# **Competitors bags and luggages**

There will be a place inside the quarantine to leave one bag per competitor to be transported to the Finish arena. Tags will be provided in team bags to mark the luggage

#### **Pre-Start**

Transport from the quarantine to the pre-start zone will be by buses provided by the organiser.

Four buses will run regularly.

The distance from the quarantine zone to the pre-start zone is 6 minutes by bus.

The competitor decides when she/he wants to go to the pre-start zone. 9-passenger buses will run every 4 minutes.

A warm-up map on a scale of 1:10 000 will be available in the pre-start area.

# **Starting procedure**

Competitors go to the pre-start zone from the quarantine when they decide they want to go. There will be taped boxes as shown in the scheme below.



First start: 9:30 Start interval: 2 min

Maximum running time: 150 min

# **Map information and size**

Printed on waterproof paper without plastic bag

Laser-printed maps - approved by IOF

Map size: 350x260mm

Mapmakers: Wojciech Dwojak & Jacek Morawski

Course setter: Bartłomiej Mazan

Contours: 5 m

Map specification: ISOM 2017-2

# **Control description size:**

M18 - 151 mm x 51 mm

M16 - 127 mm x 51 mm

W18 - 133 mm x 51 mm

W16 - 115 mm x 51 mm

	Winning time	Length	СР	Climb	Refr. point
W16	45 min	5,7 km	14	280 m	2
W18	55 min	7,1 km	18	375 m	2
M16	45 min	6,7 km	16	320 m	2
M18	55 min	9,1 km	20	420 m	2

# **Vegetation information**

Vegetation varies from very good to limited due to rich undergrowth. Mostly deciduous forest (beech) with good visibility.

## **Arena facilities**

There will be mobile toilets in the Finish arena.

There will be a TV screen with live results/GPS tracking at the Finish arena.

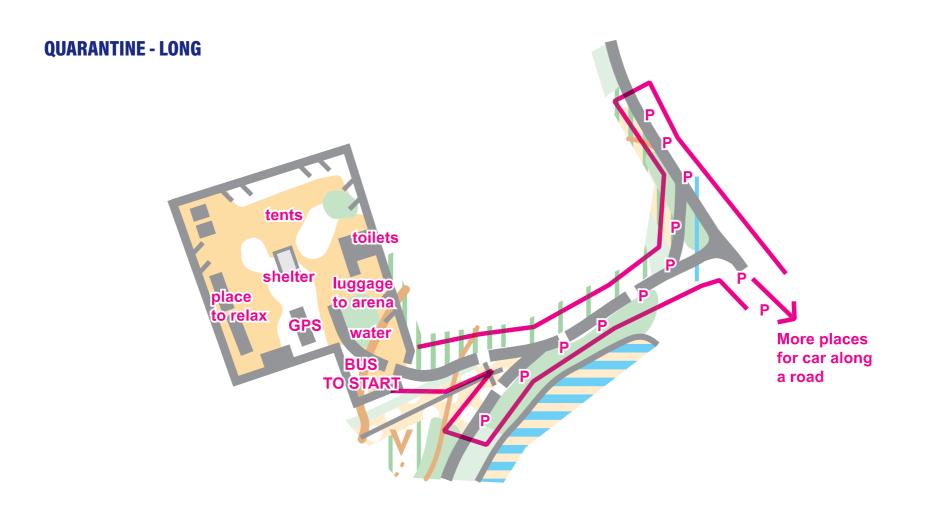
Competitors are not allowed to enter the terrain after the competition as it is still under embargo for the Relay. Cool down should be done outside the embargo area.

# **Flower ceremony**

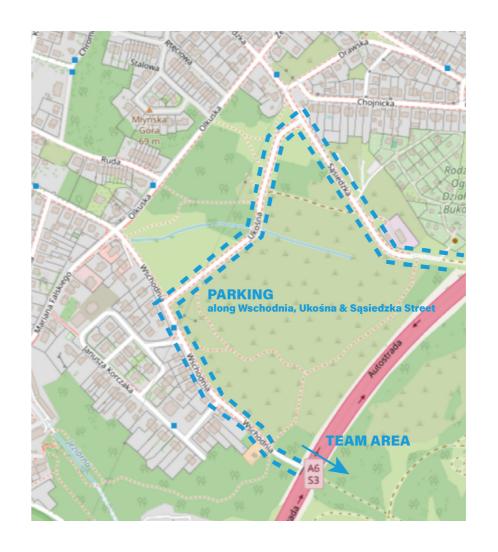
Will be held in the arena right after the last finished runner with the chance of finishing in Top 3.

# **Prize - giving ceremony**

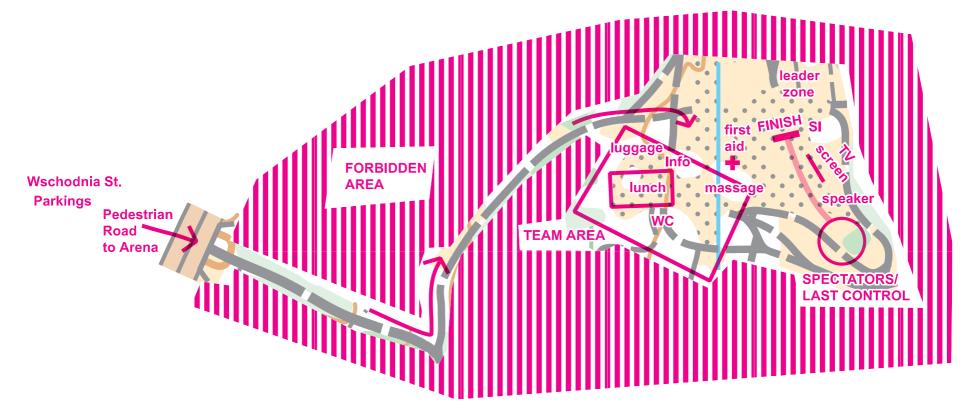
Will be held the same day in the evening on Wyspa Grodzka. See the detailed schedule in the Ceremonies section above.



# **PARKING PLACES - LONG**



# **COMPETITION CENTER - LONG**



# SPRINT - 23rd June 2024

Quarantine: GPS 53.421653, 14.549314

Finish arena sprint location

Plac Orła Białego GPS: 53.425428, 14.554864

# **Quarantine location**

Due to the small number of free parking spaces and the paid parking zone, we recommend access to the quarantine zone by public transport.

There will be a marked route from Quarantine to the Finish arena Sprint. This marking route mustbe used by Team Officials.

Each competitor enters the quarantine with their EYOC ID.

# **Transportation**

We recommend the use of public transport.

Meeting point will be at the Brama Portowa tram station. There will be a marked route from there to the Quarantine and the Arena. Team Officials going from Quarantine to the Arena will go back to Brama Portowa and follow the marked route to the Arena from there.

# **Competitors bags and luggages**

There will be a place inside the quarantine to leave bags and personal luggage to be transported to the Finish arena.

# **Warm up**

Warm-up map can be picked up in the quarantine. The warm-up map shows the borders of the quarantine zone. Leaving the warm-up area is strictly forbidden and will lead to disqualification.

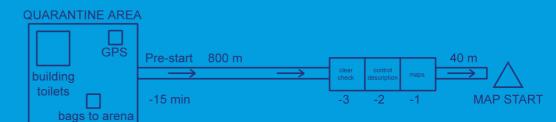
# **Terrain**

Compact urban development with a dense network of streets with car traffic in some places. There are significant elevation gains. The terrain consists mostly of paved areas

# **Start procedure**

First start: 15:00 Start interval: 1 min

Maximum running time: 40 min



# **Map information and size**

Laser-printed maps - approved by IOF

Paper - waterproof paper without plastic bag

Map size: A4 Scale: 1:4 000 Countours: 2 m

Map specification: ISSprOM2019-2

Mapmaker: Rafał Podziński Course setter: Rafał Podziński

# **Control description size:**

M18 - 157 mm x 51 mm

M16 - 151 mm x 51 mm

W18 - 133 mm x 51 mm

W16 - 139 mm x 51 mm

	Winning time	Length	СР	Climb
W16	12 min	2,6 km	17	30 m
W18	12 min	2,7 km	16	40 m
M16	12 min	2,9 km	19	40 m
M18	12 min	3,1 km	20	40 m

The course lengths are given as the length of the shortestpossible route from the start via the controls to the finish. Shoes with metal spikes or studs are not allowed. Private areas and flower beds marked as olive green (ISSprOM 520), uncrossable walls (515), uncrossable fences (518) and out-of-bounds and forbidden areas (709) are forbidden to enter or cross under the penalty of disqualification, as described in the IOF Competition Rules. Where there is a possibility that such areas or objects may be crossed by mistake, these will be marked by red-and-white tapes in the terrain. Taping will be demonstrated in the Technical Model Event.

The special features symbol (531) marks playground infrastructure facilities, such as swings and other like photos below:



### **Arena facilities**

There will be mobile toilets in the Finish arena.

There will be TV screens with live results/GPS tracking at the Finish arena.

Competitors are not allowed to leave the Finish arena and enter the competition terrain until the finish of the last competitor.

Cool down should be done within the shown area on the scheme below.

Entering the Finish arena should be done only by the allowed roads. (see the scheme)

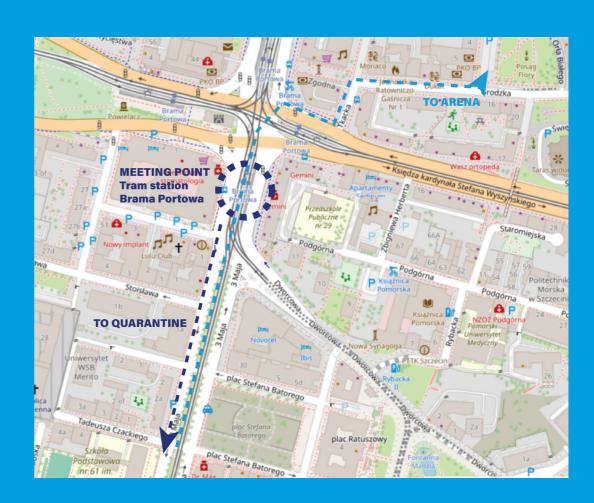
# **Embargo area**

A hard embargo is put up 2 hours before the first start at 13:00. The teams living inside the embargo have to leave hotels and go outside the embargoed area or go into quarantine. Team must leave their hotel and be outside before the embargo starts.

After the end of the competition, the Embargo area of the Sprint will be opened for everyone.

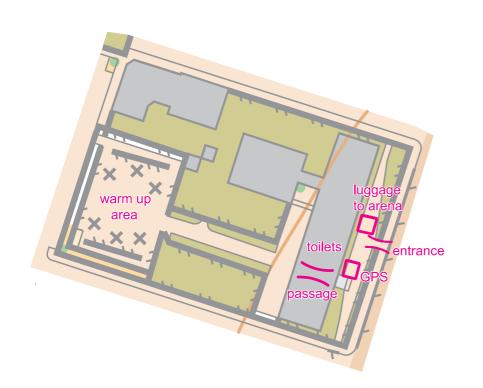
# **Prize - giving ceremony**

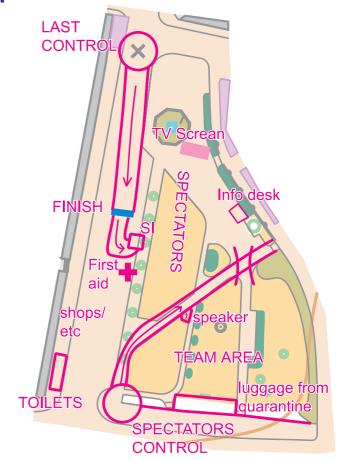
Will be held at the arena right after the last finished runner with the chance of finishing in Top 6.



# **QUARANTINE - SPRINT**

# **TEAM AREA - SPRINT**





# **RELAY - 24th June 2024**

Finish arena location: GPS 53.357237, 14.610139

### **Quarantine location**

Within the final arena for Relay. Quarantine is for all legs as well as for Team Officials who enter within the allowed timeframe.

# **Transportation to Finish arena**

Competitors and team officials use their own transportation and park at the allocated places near the Finish arena.

# **Competitors bags and luggages**

There will be a place inside the quarantine to leave bags and personal luggage to be moved from the quarantine to the Team Area.

# Warm up arena

Competitors should warm up within the quarantine zone at the Finish arena.

2nd and 3rd legs runners that haven't yet started are not allowed to talk or communicate with competitors, Team officials and spectators outside the quarantine area.

# **Starting procedure**

There will be a mass start for all 1st leg runners according to the schedule below. All 2nd and 3rd legs stay in the quarantine and follow their team mates at the Spectator's control (visible from the quarantine). Each 2nd and 3rd leg runner should clear, check, test their SIAC and align in the changeover zone only after they see their team mate at the Spectator's control. Competitors follow a marked corridor to the changeover zone. Each competitor receive their map folded as a roll-up with a rubber band. Competitors are allowed to remove the rubber band when they see their team mate in the run in and open their map after the change over has taken place. Runners should have a physical touch in order for the changeover to be successful. Starting runners should follow the marked route to the map start.

First start: 10:00

Start interval: mass start

Maximum running time: 240 min

M18	10:00
W18	10:05
M16	10:10
W16	10:15

# **Map information and size**

Printed on waterproof paper without plastic bag A4 size for all category..

Laser-printed maps - approved by IOF

Control description is printed on the front of the map.

There won't be an additional control description for the

competitors.

Mapmakers: Wojciech Dwojak & Jacek Morawski

Course setter: Bartłomiej Mazan

Scale: 1: 10 000 Contours: 5 m

Map specification: ISOM 2017-2

Class	Winning time	Length	СР	Climb	Refr. point
W16	90 min	4,4 km	15	165 m	1
W18	105 min	4,9 km	18	200 m	1
M16	90 min	5,0 km	17	195 m	1
M18	105 min	5,9 km	20	250 m	1

# **Vegetation**

There are three types of forest, the first part is semiopen mixed forest with decent runnability and limited visiblity, second is thick forest with limited runnability and the third one is typical Beech Forest terrain with good runnability and visibility.

#### **Team official Race**

There will be a mass start race for all team officials on the same terrain right after the finish of the Relay. All Team Officials who want to participate should just show up before the start and will receive a map right before the start.

### **Arena facilities**

There will be mobile toilets in the Finish arena.

There will be TV screens with live results/GPS tracking at the Finish arena.

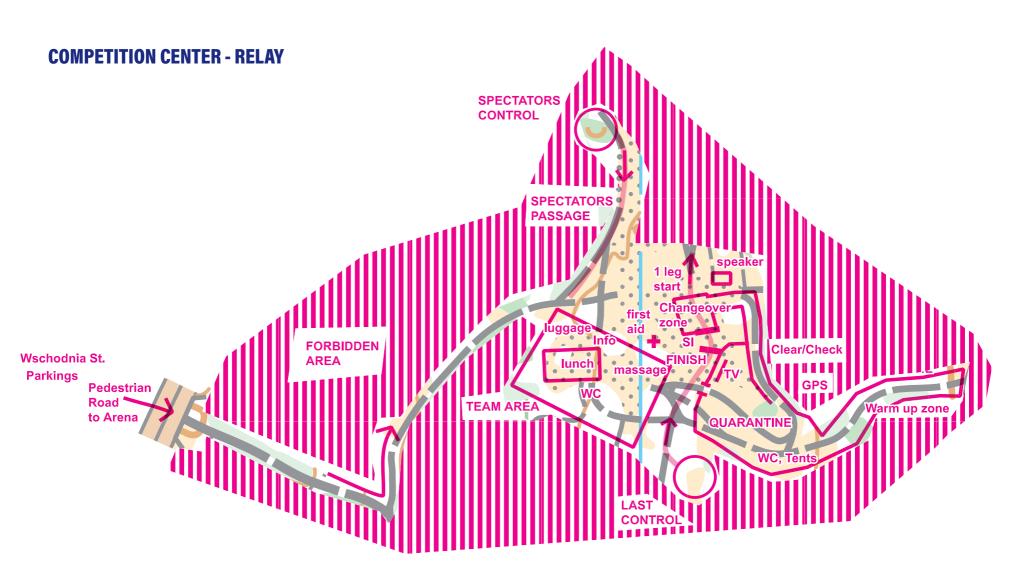
Competition maps will be distributed at 12:50.

# **Prize-giving ceremony**

Will be held at the arena right before the Closing ceremony according to the competition program.

# **Cool down**

Competitors are not allowed to enter the competition terrain until the finish of the last competitor and relay team. Cool down should be done outside the embargo area and away from the quarantine zone



### **ENTRIES**

Entries shall be made exclusively through IOF Eventor. For the Long Distance and Sprint competitions, the required start group must be selected and the SIAC number must be checked (rented SIAC number must be entered) for each competitor. For the Relay competition, the team members in correct running order (Leg 1-2-3) must be selected and SIAC numbers must be checked (rented SIAC numbers entered). In case of facing problems, please contact the Event Office immediately. If a team has problems with internet connection, ask for assistance at the Event Office at the Event Centre or at the Arena Info Desk. Changes for relay - only for valid reasons (illness, injury) up to 8:30 a.m. on 24 June (Monday).

#### Team names deadline:

11th June 2024

### **Payment surcharge:**

**According to IOF Competition Rule 7.4.** 

21st April to 11th June: surcharge 20% on new entries and withdrawals receive an 80% refund.

12th June to 21st June: surcharge of 50% on new entries, withdrawals receive a 50% refund. Name changes in this period cost 20 €.

The entry fee should be transferred to the bank account:

Stowarzyszenie Klub Orientacji Sportowej BnO Szczecin IBAN PL27 1090 2806 0000 0001 4992 9495 SWIFT WBKPPLPP Santander Bank Polska In the transfer title please enter: EYOC 2024 and the name of Federation

#### **ENTRY PACKAGES**

**A)** 290 €/participant (competitor or team official) in accommodation **A** 

- Start fee for three stages of EYOC and a model event
- Accommodation type A and full board from dinner on 21 June until lunch on 24 June 2024
- Friendship Party

Type A accommodation includes: 3 star hotels. Rooms have their own bathrooms, wi-fi, sauna, fitness facilities.

**B)** 230 €/participant (competitor or team official) in accommodation B

- Start fee for three stages of EYOC and a model event
- Accommodation type B and full board from dinner on 21 June until lunch on 24 June 2024
- Friendship Party

Type B accomodation includes: youth hostel. Rooms with shared bathrooms (4-10 person rooms).

**C)** 195 €/participant (competitor or team official)

- Start fee for three stages of EYOC and a model event
- Accommodation type C and full board from dinner on 21 June until lunch on 24 June 2024
- Friendship Party

Type C accomodation icludes: hard floor in gym with own eping equipment.

### **Entry fee DOES NOT include:**

Cost of local transport Hiring of SI Air+ cards

#### Important note:

Teams that would like to organise their own accommodation and food must register and pay Package C.

Please make your reservation up to 21st April 2024 here: <a href="https://forms.gle/RPfQzH4NfRV9rjSW8">https://forms.gle/RPfQzH4NfRV9rjSW8</a>



#### **TRANSPORT**

Teams are recommended to use their own transport throughout the competition. If any of the teams need transportation and cannot organise it on their own, the organisers can support and organise transportation during EYOC only after a prior request.

### **VISA**

Please check the following link with a list of citizens of countries, who need visa to enter Poland:

https://www.gov.pl/web/diplomacy/visas

### **MEDIA**

Media representatives are welcome to cover the EYOC 2024 competitions.

Media representatives will receive a special "Press" ID card at the Event Center. Media representatives are encouraged to bring their own internet enabled devices, as neither computers, nor WiFi service will be offered by the organiser.

Contact: Aleksandra Czerwińska ola.sq2gp@gmail.com or +48 725 106 417

# **ENTRIES SUMMARY**

Federation	Men 16	Women 16	Men 18	Women 18	Team Officials	Total
Mastralia Australia	mon ro	Women to	3	2	1	6
Austria	4	3	3	4	3	17
■ Belgium	3	1	2	1	2	9
■ Bulgaria	4	3	4	4	2	17
■ Croatia		3	3	2	1	9
Czechia	4	4	4	4	4	20
<b>■</b> Denmark	4	4	4	2	3	17
== Estonia	4	4	4	4	2	18
+ Finland	4	4	4	4	3	19
<b>■</b> France	4	4	4	4	4	20
Germany	4	4	4	4	4	20
Creat Britain	4	4	4	4	4	20
== Hungary	4	4	4	4	4	20
■ ■ Ireland	4	4	4	1	4	17
■ Israel	4	1		1	2	8
<b>■</b> Italy	4	3	4	3	2	16
<b>L</b> atvia	4	4	4	4	3	19
<b>Lithuania</b>	4	4	4	4	2	18
Moldova, Republic of			1			1
■ Netherlands			2		1	3
Mew Zealand	2	4	4	4	4	18
Norway Norway			4	4	2	10
Poland	4	4	4	4	3	19
■ Portugal	1	1	3	3	2	10
■ Romania	3	2	2	4	1	12
■ Serbia	1	3	2		2	8
Slovakia	3	3	4		2	12
Slovenia Slovenia	4	1	3	2	2	12
<b>Spain</b>	4	4	4	4	2	18
<b>■</b> Sweden			4	4	2	10
<b>★</b> Switzerland	4	4	4	4	4	20
<b>Turkiye</b>	4	4	4	4	5	21
Ukraine	4	4	4	4	2	18
United States	3			1	1	5
Sum	100	92	112	98	85	487

# **EMBARGOED AND TRAINING AREAS**

Visit our Google map to see all embargoed and training areas.

https://tinyurl.com/eyoc2024-map

The embargoed areas for **Sprint** – indicated with orange colour – are permitted for access for competitors, team officials and other persons but may not be used for orienteering trainings or routechoice testing. It is prohibited to stay there with a map, to orienteer (reconnoitre) through the embargoed area or to test route choices running or walking. No organised orienteering of any kind may take place in these embargoed area until after EYOC 2024.

The embargoed area for the **Long** Distance and the **Relay** competitions –indicated with red colour: Competitors, team officials, and other persons, who, through knowledge of the terrain may influence the results of the competition, are not allowed to enter these embargoed areas.

Travelling along Highway A6 is allowed.

### **MODEL EVENTS**

Model events will provide relevant examples of cartography, terrain, control placement and control descriptions. Model event maps will be distributed in the team bag received during accreditation. Model events will be supervised and model controls (flags only) will be set only during the marked periods, however it is allowed to visit the model event areas also outside this timeframe. Model event maps are maps with all control points (no courses). There will be only flags at the controls.

Sprint & Technical model events GPS: 53.42511451937649, 14.54906791791223 Map maker: Rafał Podziński

The Technical Model Event will demonstrate control equipment used during the races, SI Air+ punching system, refreshment control, sprint taping, start and finish procedure, quarantine procedure, etc.

Forest model event GPS: 53.334932, 14.664572

Map makers: Wojciech Dwojak & Jacek Morawski

### **PUBLIC EVENT**

There will be an officially organisedorganized public event during EYOC 2024 - Grand Prix Polonia in the same terrains.

More information available here: <a href="https://bno.szczecin.pl/grand-prix-polonia-2024/">https://bno.szczecin.pl/grand-prix-polonia-2024/</a>

# **PREVIOUS MAPS OF EMBARGOED AREAS**

Visit our site to see all previous maps: <a href="https://eyoc2024.pl/#previous-maps">https://eyoc2024.pl/#previous-maps</a>

# **HEALTH INSURANCE**

The Event Organiser will not bear any responsibility related to the cost of medical services for the participants. Each Federation is responsible for the health insurance of all their delegates.

